

11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)



Petroroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname: Muhammed Amer		Forenames: Sohail	
Address: 9535 9120		Home telephone number: 9535 9120	
Place of examination: 17/1/2023	Date: 17/1/2023		
If a dependant enter employee's name here: Surname: 16/4/1995		Forenames: Pake Omar	
Birth date: 16/4/1995	Nationality: Pakistani	Country of birth: Pakistan	Religion: Muslim
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	Relationship to employee: ☐ Wife ☐ Son ☐ Daughter	
Reason for examination: ☐ Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area:		Number of children: 1	
Name and address of family doctor:		List your last 3 jobs:	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	
1. Sinus trouble		☒	21. Cancer
2. Neck swelling/glands		☒	22. Heart Disease
3. Difficulty in vision		☒	23. Rheumatic fever
4. Any ear discharge		☒	24. Abnormal heartbeat
5. Asthma/bronchitis		☒	25. High blood pressure
6. Hayfever /other significant allergy		☒	26. Stroke
7. Any skin trouble		☒	27. Serious chest pain
8. Tuberculosis		☒	28. Any blood disease
9. Shortness of breath		☒	29. Kidney disease
10. Coughed/vomited blood		☒	30. Blood in urine
11. Severe abdominal pain		☒	31. Diabetes
12. Stomach ulcer		☒	32. Headaches/migraine
13. Recurrent indigestion		☒	33. Dizziness/fainting
14. Jaundice or hepatitis		☒	34. Epilepsy
15. Gall Bladder disease		☒	35. Joints/spinal trouble
16. Marked change in bowel habits		☒	36. Surgical operation
17. Blood in stools (motions)		☒	37. Serious accident/fracture
18. Marked change in weight		☒	38. Tropical disease
19. Varicose veins		☒	39. Fear of heights
20. Lump in breast/armpit		☒	
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Employer if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 17/1/2023		Signature of Applicant: [Signature]	

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 17/1/2023
Name: Mohammad Amer Shari	Department/Company: T.O.	
I.D No. 107709168	Tel # 953592	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
 - 1 Slight chance of dozing
 - 2 Moderate chance of dozing
 - 3 High chance of dozing
-
- ☐ sitting and reading
 - ☐ watching TV
 - ☐ sitting inactive in a public place (e.g. theatre or meeting)
 - ☐ as a passenger in the car for an hour without a break
 - ☐ Lying down to rest in the afternoon when circumstances permit
 - ☐ Sitting & talking with someone
 - ☐ Sitting quietly after lunch without alcohol
 - ☐ In a car, while stopped for a few minutes in traffic
- Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Mohammad Amer Shari (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Amer Shari

Date: 17/1/2023



Fitness to Work Certificate

Employee Data		Date	17/1/2023
Name		Mehmmad Amer Shai	
ID No.	107709168	Age	34/yr
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		✓	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature	Date	17/1/2023



DEPARTMENT OF LABORATORY MEDICINE

File No: 0218743
Name: MUHAMMAD AMER SOHAIL

Address:
Gender: M Age: 27 Y Nationality: PAKISTANI
GSM No.: 95359120 ID Card No.: 107709168
Ref. By: EXTERNAL DOCTOR

Report No: 0645628
Sample Date: 17/01/2023 Time: 17:14
Received By: SREERAJ
Received Date: 17/01/2023 Time: 17:35
Report Date: 17/01/2023 Time: 18:31
Bill No: 0880292 Bill Date: 17/01/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckoman)		
FBS (FASTING BLOOD SUGAR)	4.75 mmol/L	3.9 - 6.1
Method :- Hexokinase	85.5 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.16 mmol/L	1 - 5.1
Method:-Enzymatic	199.49 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.850 mmol/L	0.777 - 1.813
Method:-Enzymatic	32.86 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.19 mmol/L	1.295 - 4.54
Method:-Calculation	123.26 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.12 mmol/L	0.259 - 1.036
Method:-Calculation	43.37 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	6.07	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	2.45 mmol/L	0.584 - 2.146
Method : Enzymatic	216.825 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.431 mg/dL	0.1 - 1
Method : Diazo	7.37 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.120 mg/dL	0.1 - 0.5
Method : Diazo	2.05 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	20.75 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	41.11 U/L	Male: 10-50 Female: 10-35

Processed By:
SREERAJ
Lab Technologist

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist

DR. SHAYFA P
Specialist Pathologist

MOH License No: 6644

MOH License No: 6644

MOH LIC NO: 13475

Electronically Signed at: 17/01/2023 6:32:00 PM

Printed at: 17/01/2023 6:32:31 PM

Page 1 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0218743	Report No: 0645628
Name: MUHAMMAD AMER SOHAIL	Sample Date: 17/01/2023 Time: 17:14
	Received By: SREERAJ
Address:	Received Date: 17/01/2023 Time: 17:35
Gender: M Age: 27 Y Nationality: PAKISTANI	Report Date: 17/01/2023 Time: 18:31
GSM No.: 95359120 ID Card No.: 107709168	Bill No: 0860292 Bill Date: 17/01/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	87.55 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	8.13 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.87 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.26 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.49	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	49.89 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.56 mmol/L	1.7 - 8.3
Method : Kinetic Assay	27.39 mg/dL	10.2 - 49.8
CREATININE - SERUM	80.32 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.91 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	11620 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	49.5 %	40-75%

Processed By:
SREERAJ
Lab Technologist

Approved By:
SREERAJ
Lab Technologist

SREERAJ
Medical Lab Technologist
MCH No. 6644
Released By:
SREERAJ
Lab Technologist

DR. SHAYFA RALLI
Specialist Pathologist

MOH License No: 8644

MOH License No: 6644

MOH LIC NO:13475

Electronically Signed at: 17/01/2023 6:32:00 PM

Printed at: 17/01/2023 6:32:31 PM

Page 2 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0218743	Report No: 0645628
Name: MUHAMMAD AMER SOHAIL	Sample Date: 17/01/2023 Time: 17:14
	Received By: SREERAJ
Address:	Received Date: 17/01/2023 Time: 17:35
Gender: M Age: 27 Y Nationality: PAKISTANI	Report Date: 17/01/2023 Time: 18:31
GSM No.: 95359120 ID Card No.: 107709168	Bill No: 0860292 Bill Date: 17/01/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	33.1 %	20-45%
EOSINOPHILS	7.3 %	2-6 %
MONOCYTES	9.2 %	2-8 %
BASOPHILS	0.9 %	0-1%
HB (HEMOGLOBIN)	14.9 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	6.14 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	4.01 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	47.70 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	77.70 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	24.30 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	31.20 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test

SREERAJ

Processed By:
SREERAJ
Lab Technologist

MOH License No: 6644

Approved By:
SREERAJ
Lab Technologist

SREERAJ
Medical Lab Technologist
Released By:
SREERAJ
Lab Technologist

MOH License No: 6644

DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

Electronically Signed at: 17/01/2023 6:32:00 PM

Printed at: 17/01/2023 8:32:31 PM

Page 3 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0218743	Report No: 0645628
Name: MUHAMMAD AMER SOHAIL	Sample Date: 17/01/2023 Time: 17:14
	Received By: SREERAJ
Address:	Received Date: 17/01/2023 Time: 17:35
Gender: M Age: 27 Y Nationality: PAKISTANI	Report Date: 17/01/2023 Time: 18:31
GSM No.: 95359120 ID Card No.: 107709168	Bill No: 0860292 Bill Date: 17/01/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
---------------	--------	-----------------

URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



Processed By:
SREERAJ
Lab Technologist

MOH License No: 6644

Approved By:
SREERAJ
Lab Technologist

SREERAJ
Medical Lab Technologist
MOH No. 6644

Released By:
SREERAJ
Lab Technologist

MOH License No: 6644



DR. SHAYFA P
Specialist Pathologist

MOH LIC NO: 13475

Electronically Signed at: 17/01/2023 6:32:00 PM

Printed at: 17/01/2023 6:32:31 PM

Page 4 of 4

X-RAY REPORT

Doc No:	0067587		
Name:	MUHAMMAD AMER SOHAIL		
Age/DOB:	27 Y	Omani ID/ L.Card No::	107709168
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	17/01/2023		
X-Ray Film No:	PDO		
Bill No:	0860292		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

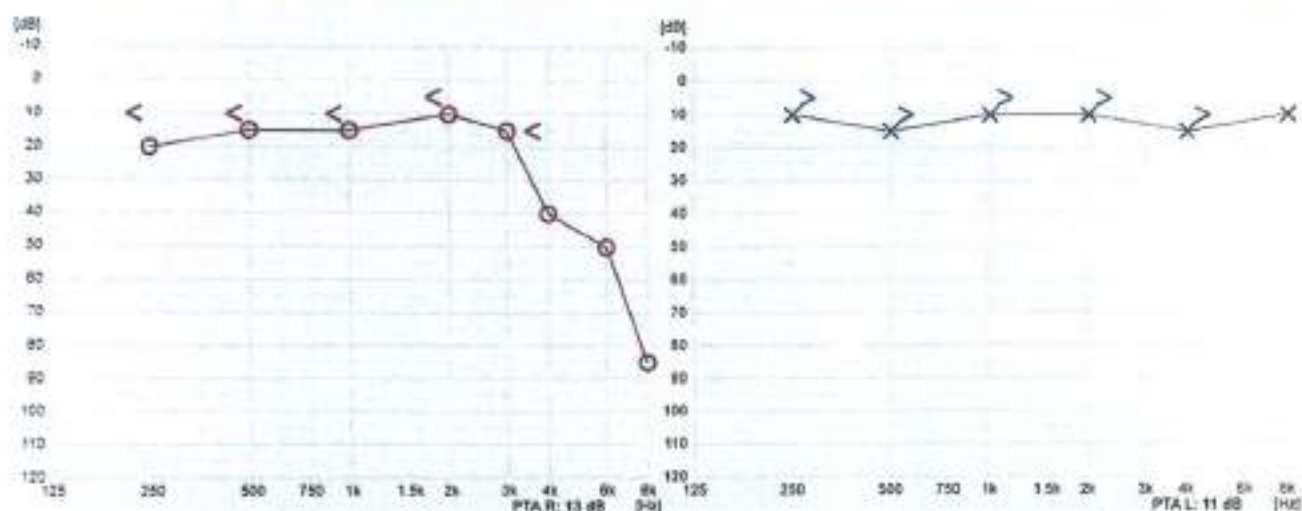
Signature:

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0860292	Last name , First name MUHAMMAD AMER , SCH	Born: 01.01.2023
Test type Tonal audiometry	Test date: 17.01.2023	



Comments
BILATERAL NORMAL HEARING (WITH SEVERE SLOPE AT HIGH FREQUENCY)

Signature:

Helped by Fedora Biomedica - 0860292 - www.fedora-biomedica.com



Date: 17/01/2023