11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname: Sheraz · ASIF ·
Forenames:
Address:
Home telephone number: 71186264

Place of examination: Muck Oman · Date: 8/12/22

If a dependant enter employee's name here: Surname: Forenames:

Birth date: 3/4/1992 Nationality: Pakistani Country of birth: Pakistan Religion:

☐ Male ☐ Female ☐ Married ☐ Single ☐ Separated /Divorced

Relationship to employee: ☐ Wife ☐ Son ☐ Daughter

Number of children:

Reason for examination: Pre-Employment ☐ Job:
Pre-Overseas ☐ Area:

Name and address of family doctor:

List your last 3 jobs:
(1)
(2)

Are you a Registered Disabled Person? (UK only) ☐

Do you belong to any Medical Insurance Scheme? ☐

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1. Sinus trouble		✓	21. Cancer		✓	HAVE YOU EVER BEEN:-		
2. Neck swelling/glands		✓	22. Heart Disease		✓	40. Rejected for employment or insurance for medical reasons		✓
3. Difficulty in vision		✓	23. Rheumatic fever		✓	41. Awarded benefits for industrial injury/illness		✓
4. Any ear discharge		✓	24. Abnormal heartbeat		✓	42. Treated for a mental condition, e.g. depression		✓
5. Asthma/bronchitis		✓	25. High blood pressure		✓	43. Treated for problem drinking or drug abuse		✓
6. Hayfever /other significant allergy		✓	26. Stroke		✓	44. Exposed to toxic substance or noise		✓
7. Any skin trouble		✓	27. Serious chest pain		✓	FOR WOMEN ONLY		
8. Tuberculosis		✓	28. Any blood disease		✓	Have you ever had:-		
9. Shortness of breath		✓	29. Kidney disease		✓	45. An abnormal smear		
10. Coughed/vomited blood		✓	30. Blood in urine		✓	46. Any gynaecological treatment		
11. Severe abdominal pain		✓	31. Diabetes		✓	47. Are you pregnant?		
12. Stomach ulcer		✓	32. Headaches/migraine		✓	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		
13. Recurrent indigestion		✓	33. Dizziness/fainting		✓			
14. Jaundice or hepatitis		✓	34. Epilepsy		✓			
15. Gall Bladder disease		✓	35. Joints/spinal trouble		✓			
16. Marked change in bowel habits		✓	36. Surgical operation		✓			
17. Blood in stools (motions)		✓	37. Serious accident/fracture		✓			
18. Marked change in weight		✓	38. Tropical disease		✓			
19. Varicose veins		✓	39. Fear of heights		✓			
20. Lump in breast/armpit		✓						

How much tobacco each day?

Average daily alcohol consumption

Have you ever taken elicited drugs? ( ) PDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes ( ) Tuberculosis ( ) Epilepsy ( ) Asthma ( ) Eczema ( )
Heart disease ( ) High blood pressure ( ) Stroke ( ) Blood Disease ( ) Cancer ( )

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.

Date: 8/12/2022 Signature of Applicant:

OMAN AL-KHAIR HOSPITAL

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N	A	N = Normal A = Abnormal (please describe)	PHYSICAL EXAMINATION
✓		1. Eyes & Pupils	
✓		2. E.N.T.	
✓		3. Teeth & Mouth	
✓		4. Lungs & Chest	
✓		5. Cardiovascular System	
✓		6. Abdo. Viscera	
✓		7. Hernial Orifices	
✓		8. Anus & Rectum	
✓		9. Genito-urinary	
✓		10. Extremities	
✓		11. Musculo-skeletal	
✓		12. Skin & Varicose Vns.	
✓		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING L / R	VISION DISTANT R L / NEAR R L	Colour Vision	Blood Group
172	107	36.2	140/94	82 /mins.		Uncorrected 6/6 6/6 Corrected		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis		✓		7. Audiogram
✓		2. Hb, Bloodcount, ESR				8. Lung Function
✓		3. LFT, RFT, RBS		✓		9. Chest X-Ray
		4. Drug Screen				10. ECG
✓		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test				12. HIV, Hepatits screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☑ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 8/12/22 Name (Block Capitals): Dr. / Nurse Signature

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse Signature

DR. KIRAN RAVEENDRAN NAIR
SENIOR PRACTITIONER

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 08/12/22
Name: Sheraz Asif		Department/Company: T.O.
I. D No. 10653096 9	Tel # 79186264	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0	sitting and reading
0	watching TV
0	sitting inactive in a public place (e.g. theatre or meeting)
0	as a passenger in the car for an hour without a break
1	Lying down to rest in the afternoon when circumstances permit
0	Sitting a talking with someone
0	Sitting quietly after lunch without alcohol
0	In a car, while stopped for a few minutes in traffic
	Total

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, [signature] (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [signature] **Date** 12/12/22

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عبري سلطنة عمان

Fitness to Work Certificate

Employee Data			Date 08/12/22
Name Shehar Asif			Department/Company
I.D No. 10653969	Age 30 YR		Occupation

Type of Medical Evaluation		Mark those applying √			
A1	Aircraft refuelling		A6	Fire / Emergency response team work	
A2	Breathing apparatus		A7	Professional driving	
A3	Business traveller		A8	Remote location work	
A4	Catering and food preparation		A9	Transfers – group A country	
A5	Crane or forklift driving & all heavy vehicles		A10	Transfers – group B country	

Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.

Fit with no restrictions			✓
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	*Temporary restriction*	*Permanent restriction*	
Work near moving machinery or sharp edges			
Working at height			
Puling, pushing, or carrying weight over ____ Kg			
Ascendidescend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			Date
Name of health advisor	Signature		Date 8/12/2022

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DEPARTMENT OF LABORATORY MEDICINE

File No:	0223331	**Report No:**	0640801		
Name:	SHERAZ ASIF	**Sample Date:**	08/12/2022	**Time:**	9:36
		Received By:	181773		
Address:		**Received Date:**	08/12/2022	**Time:**	9:46
Gender:	M **Age:** 30 Y **Nationality:** PAKISTANI	**Report Date:**	08/12/2022	**Time:**	11:31
GSM No.:	79186264 **ID Card No.:** 106530969	**Bill No:**	0854513	**Bill Date:**	08/12/2022
Ref. By:	EXTERNAL DOCTOR	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckoman)		
FBS (FASTING BLOOD SUGAR)	5.21 mmol/L	3.9 - 6.1
Method :- Hexokinase	93.78 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	**5.45 mmol/L**	1 - 5.1
Method:-Enzymatic	**210.7 mg/dl**	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.788 mmol/L	0.777 - 1.813
Method:-Enzymatic	30.46 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.59 mmol/L	1.295 - 4.54
Method:-Calculation	138.64 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	**1.08 mmol/L**	0.259 - 1.036
Method:-Calculation	**41.6 mg/dl**	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	**6.92**	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	**2.35 mmol/L**	0.564 - 2.146
Method : Enzymatic	**207.975 mg/dl**	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.850 mg/dL	0.1 - 1
Method : Diazo	14.54 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.450 mg/dL	0.1 - 0.5
Method : Diazo	7.7 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	29.90 U/L	Male: up to 40.0 Female: up to32.0
SGPT (ALT)-SERUM (IFCC)	45.00 U/L	Male: 10-50 Female: 10-35

Processed By:
181773
Lab Technologist
MOH License No: 21829

Approved By:
ASHWINI
Lab Technologist

Released By:
ASHWINI
Lab Technologist
MOH License No: 16064

DR. SHAYFA P
Specialist Pathologist
MOH LIC NO:13475
Electronically Signed at: 08/12/2022 11:32:00 AM

Printed at: 08/12/2022 11:32:29 AM

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DEPARTMENT OF LABORATORY MEDICINE

File No:	0223331	**Report No:**	0640801		
Name:	SHERAZ ASIF	**Sample Date:**	08/12/2022	**Time:**	9:38
		Received By:	181773		
Address:		**Received Date:**	08/12/2022	**Time:**	9:46
Gender:	M **Age:** 30 Y **Nationality:** PAKISTANI	**Report Date:**	08/12/2022	**Time:**	11:31
GSM No.:	79186264 **ID Card No.:** 106530969	**Bill No:**	0864513	**Bill Date:**	08/12/2022
Ref. By:	EXTERNAL DOCTOR	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	117.17 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :-<390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	8.49 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.88 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	**3.61 gm/dL**	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.35	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	54.89 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	5.30 mmol/L	1.7 - 8.3
Method : Kinetic Assay	31.83 mg/dL	10.2 - 49.8
CREATININE - SERUM	89.19 µmol/L	44.2 - 123.7
Method :-Jaffé Method	1.01 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	7690 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	52.0 %	40-75%

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0223331
Name: SHERAZ ASIF
Address:
Gender: M **Age:** 30 Y **Nationality:** PAKISTANI
GSM No.: 79186264 **ID Card No.:** 106530969
Ref. By: EXTERNAL DOCTOR

Report No: 0640801
Sample Date: 08/12/2022 **Time:** 9:38
Received By: 181773
Received Date: 08/12/2022 **Time:** 9:46
Report Date: 08/12/2022 **Time:** 11:31
Bill No: 0854513 **Bill Date:** 08/12/2022
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	38.0 %	20-45%
EOSINOPHILS	2.1 %	2-6 %
MONOCYTES	7.5 %	2-8 %
BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	15.7 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.38 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.61 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	47.70 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	88.70 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	29.20 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.90 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
METHOD - MANUAL SEDIMENTATION METHOD.		
SICKLE CELL	NEGATIVE	
Method : -Haemoglobin solubility test		
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		

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DEPARTMENT OF LABORATORY MEDICINE

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Gender:	M **Age:** 30 Y **Nationality:** PAKISTANI	**Report Date:**	08/12/2022	**Time:**	11:31
GSM No.:	79186264 **ID Card No.:** 106530969	**Bill No:**	0854513	**Bill Date:**	08/12/2022
Ref. By:	EXTERNAL DOCTOR	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

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X-RAY REPORT

Doc No:	0066235
Name:	SHERAZ ASIF
Age/DOB:	30 Y
ID Card No	106530969
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	08/12/2022
X-Ray Filim No:	TRUCKOMAN
Bill No:	0854513
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

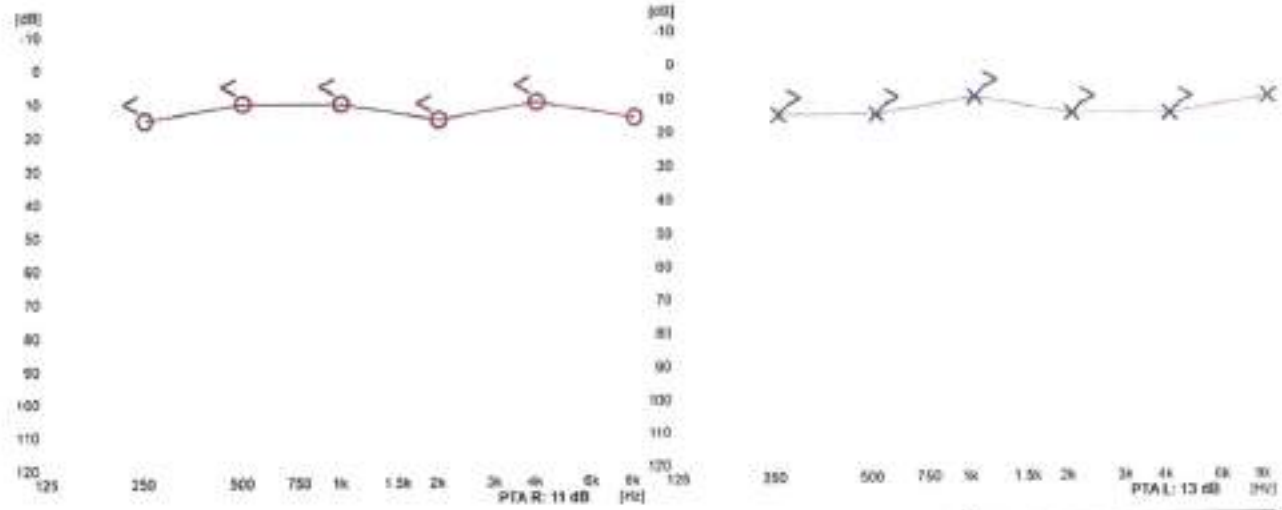
Conclusion: A normal X-ray appearance

Signature: .....

Seal

SUPER QUALITY HEARING AID
AND SPEECH THERAPY CENTER

Code	Last name , First name	Born
0854513	SHERAZ , ASIF	08.12.2022
Test type	**Test date**	
Tonal audiometry	08.12.2022	



Legend	R	L
Air	O	X
Air/Masked	Δ	□
Bone	<	>
Bone/Masked	[	]
MCL	M	M
UCL	m	m
Free Field	Ø	%
Free Field/Aided	A	A
Binaural	B	
No response	↓	

PTA
Right: 11dBHL
left: 13dBHL

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:

Date: 08 / 12 / 2022