

11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

		Petrochem Development Oman MEDICAL DEPARTMENT		Surname: <u>Tasawar Cheema</u>	
PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS				Forenames: _____	
				Address: _____	
Place of examination: _____		Date: <u>17/12/2011</u>		Home telephone number: <u>9695 9730</u>	
If a dependant enter employee's name here					
Surname: _____		Forenames: _____		Relationship to employee: _____	
Birth date: <u>10/9/1988</u>		Nationality: <u>Pakistani</u>		Country of birth: <u>Pakistan</u>	
☐ Male ☐ Female		☐ Married ☐ Single ☐ Separated / Divorced		☐ Wife ☐ Son ☐ Daughter	
Reason for examination: _____		Pre-Employment ☐ Job: _____		Number of children: _____	
		Pre-Overseas ☐ Area: _____			
Name and address of family doctor: _____		List your last 2 jobs:			
		(1) _____			
		(2) _____			
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐			
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
	Y	N		Y	N
1. Sinus trouble		☒	21. Cancer		☒
2. Neck swelling/glands		☒	22. Heart Disease		☒
3. Difficulty in vision		☒	23. Rheumatic fever		☒
4. Any ear discharge		☒	24. Abnormal heartbeat		☒
5. Asthma/bronchitis		☒	25. High blood pressure		☒
6. Hayfever /other significant allergy		☒	26. Stroke		☒
7. Any skin trouble		☒	27. Serious chest pain		☒
8. Tuberculosis		☒	28. Any blood disease		☒
9. Shortness of breath		☒	29. Kidney disease		☒
10. Coughed/vomited blood		☒	30. Blood in urine		☒
11. Severe abdominal pain		☒	31. Diabetes		☒
12. Stomach ulcer		☒	32. Headaches/migraine		☒
13. Recurrent indigestion		☒	33. Dizziness/fainting		☒
14. Jaundice or hepatitis		☒	34. Epilepsy		☒
15. Gall Bladder disease		☒	35. Joints/spinal trouble		☒
16. Marked change in bowel habits		☒	36. Surgical operation		☒
17. Blood in stools (motions)		☒	37. Serious accident/fracture		☒
18. Marked change in weight		☒	38. Tropical disease		☒
19. Varicose veins		☒	39. Fear of heights		☒
20. Lump in breast/arm/pit		☒			☒
How much tobacco each day? _____		Average daily alcohol consumption: _____			
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs					
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()					
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-					
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company. I also agree that PDO reserves the right to dismiss me if it was found that I have purposely withheld important medical information.					
Date: <u>17/12/2011</u>					
Page 80		Specification		Printed	
The controlled version of this document resides online in Livelink. Printed copies are UNCONTROLLED.					

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
☒		1. Eyes & Pupils
☒		2. E.N.T.
☒		3. Teeth & Mouth
☒		4. Lungs & Chest
☒		5. Cardiovascular System
☒		6. Abdo. Viscera
☒		7. Hemal Orifices
☒		8. Anus & Rectum
☒		9. Genitourinary
☒		10. Extremities
☒		11. Musculo-skeletal
☒		12. Skin & Varicose Vns.
☒		13. O.N.S.

HEIGHT cm 172	WEIGHT kg 64	BMI 31.8	B.P. 130/72	PULSE 74/min.	HEARING L R	VISION DISTANT R L Uncorrected 6/6 6/6 Corrected	NEAR R L +	Colour Vision	Blood Group
-------------------------	------------------------	-----------------	--------------------	----------------------	-------------------	--	------------------	---------------	-------------

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATION	N	A
☒		1. Urinalysis	☒	7. Audiogram
☒		2. Hb, Bloodcount, ESR	☒	8. Lung Function
☒		3. LFT, RFT, RBS	☒	9. Chest X-Ray
☒		4. Drug Screen	☒	10. ECG
☒		5. Lipids (40 years +)	☒	11. CVD risk for 40 yrs. & above
☒		6. Sickle Cell test	☒	12. HIV, Hepatitis screening

Baseline total cholesterol, and TG

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Advised diet control and exercise - To check Fasting lipid profile after 3 months

ASSESSMENT

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 17/12/2022

Name (Block Capitals): Dr. / Nurse RASHID

Signature: *[Signature]*

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse

Signature: *[Signature]*

د. راشد بزاز
DR. RASHID BAZZAZ
رشد پزشکی: 111-0-0
LICENCE NO: 10319
مجلس طب
www.petrochem.com

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date:	17/12/2021
Name: Tasawar Cheema		Department/Company:	
I. D No.	109342857	Tel #	96959730
Occupation:			

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0	Would never doze
1	Slight chance of dozing
2	Moderate chance of dozing
3	High chance of dozing

0	sitting and reading
0	watching TV
0	sitting inactive in a public place (e.g. theatre or meeting)
1	as a passenger in the car for an hour without a break
0	Lying down to rest in the afternoon when circumstances permit
0	Sitting & talking with someone
0	Sitting quietly after lunch without alcohol
0	In a car, while stopped for a few minutes in traffic
Total	

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I Tasawar (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 17/12/2021

Fitness to Work Certificate

Employee Data		Date <u>17/12/2021</u>	
Name <u>Tasawar Cheema</u>		Department/Company <u>10</u>	
I.D No. <u>109342857</u>	Age <u>29/yr</u>	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit		Date	
Name of health advisor <u>Dr. [Signature]</u>	Signature <u>[Signature]</u>	Date <u>17/12/2021</u>	

DEPARTMENT OF LABORATORY MEDICINE

File No: 0263282	Report No: 0641917
Name: TASAWAR CHEEMA	Sample Date: 17/12/2022 Time: 9:16
	Received By: SREERAJ
Address:	Received Date: 17/12/2022 Time: 9:26
Gender: M Age: 29 Y Nationality: PAKISTANI	Report Date: 17/12/2022 Time: 11:12
GSM No.: 96959730 ID Card No.: 109342857	Bill No: 0855863 Bill Date: 17/12/2022
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckoman)		
FBS (FASTING BLOOD SUGAR)	5.15 mmol/L	3.9 - 6.1
Method :- Hexokinase	92.7 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.50 mmol/L	1 - 5.1
Method:-Enzymatic	212.63 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.0 mmol/L	0.777 - 1.813
Method:-Enzymatic	38.66 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.36 mmol/L	1.295 - 4.54
Method:-Calculation	129.72 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.15 mmol/L	0.259 - 1.036
Method:-Calculation	44.25 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	5.5	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	2.50 mmol/L	0.564 - 2.146
Method : Enzymatic	221.25 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.40 mg/dL	0.1 - 1
Method : Diazo	6.84 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.15 mg/dL	0.1 - 0.5
Method : Diazo	2.57 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	24.50 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	41.90 U/L	Male: 10-50 Female: 10-35

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist
MOH License No: 6644

DR. SHAYFA P
Specialist Pathologist
MOH LIC NO:13475
Electronically Signed at: 17/12/2022 11:12:00 AM

Printed at: 17/12/2022 11:13:02 AM

Page 1 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0263282	Report No: 0641917
Name: TASAWAR CHEEMA	Sample Date: 17/12/2022 Time: 9:16
	Received By: SREERAJ
Address:	Received Date: 17/12/2022 Time: 9:28
Gender: M Age: 29 Y Nationality: PAKISTANI	Report Date: 17/12/2022 Time: 11:12
GSM No.: 96959730 ID Card No.: 109342857	Bill No: 0855863 Bill Date: 17/12/2022
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	122.38 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :-<390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	8.18 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.59 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.59 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.28	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	51.02 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.70 mmol/L	1.7 - 8.3
Method : Kinetic Assay	28.23 mg/dL	10.2 - 49.8
CREATININE - SERUM	92.26 µmol/L	44.2 - 123.7
Method :-Jaffe Method	1.04 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	7000 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	51.1 %	40-75%

Processed By:
JIBI
Lab Technologist

MOH LIC No: 4384

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist

MOH License No: 6644



DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

Printed at: 17/12/2022 11:13:02 AM

Page 2 of 4

Electronically Signed at: 17/12/2022 11:12:00 AM

DEPARTMENT OF LABORATORY MEDICINE

File No: 0263282	Report No: 0641917
Name: TASAWAR CHEEMA	Sample Date: 17/12/2022 Time: 9:16
	Received By: SREERAJ
Address:	Received Date: 17/12/2022 Time: 9:26
Gender: M Age: 29 Y Nationality: PAKISTANI	Report Date: 17/12/2022 Time: 11:12
GSM No.: 96959730 ID Card No.: 109342857	Bill No: 0855863 Bill Date: 17/12/2022
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	39.1 %	20-45%
EOSINOPHILS	1.6 %	2-6 %
MONOCYTES	7.6 %	2-8 %
BASOPHILS	0.6 %	0-1%
HB (HEMOGLOBIN)	15.5 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.55 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.76 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	48.20 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	86.80 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	27.90 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.20 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL **NEGATIVE**

Method : -Haemoglobin solubility test

Processed By:

JIBI

Lab Technologist

MOH LIC No: 4384

Approved By:

SREERAJ

Lab Technologist

Released By:

SREERAJ

Lab Technologist

MOH License No: 8644

DR. SHAYFA P

Specialist Pathologist

MOH LIC NO:13475

Printed at: 17/12/2022 11:13:02 AM

Page 3 of 4

Electronically Signed at: 17/12/2022 11:12:00 AM

DEPARTMENT OF LABORATORY MEDICINE

File No: 0263282	Report No: 0641917
Name: TASAWAR CHEEMA	Sample Date: 17/12/2022 Time: 9:16
	Received By: SREERAJ
Address:	Received Date: 17/12/2022 Time: 9:28
Gender: M Age: 29 Y Nationality: PAKISTANI	Report Date: 17/12/2022 Time: 11:12
GSM No.: 96959730 ID Card No.: 109342857	Bill No: 0855863 Bill Date: 17/12/2022
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
---------------	--------	-----------------

URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist
MOH License No: 6644

DR. SHAYFA P
Specialist Pathologist
MOH LIC NO:13475

Printed at: 17/12/2022 11:13:02 AM

Page 4 of 4

Electronically Signed at: 17/12/2022 11:12:00 AM

X-RAY REPORT

Doc No:	0066529		
Name:	TASAWAR CHEEMA		
Age/DOB:	29 Y	ID Card No	109342857
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	17/12/2022		
X-Ray Film No:	TRUCK OMAN		
Bill No:	0855863		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

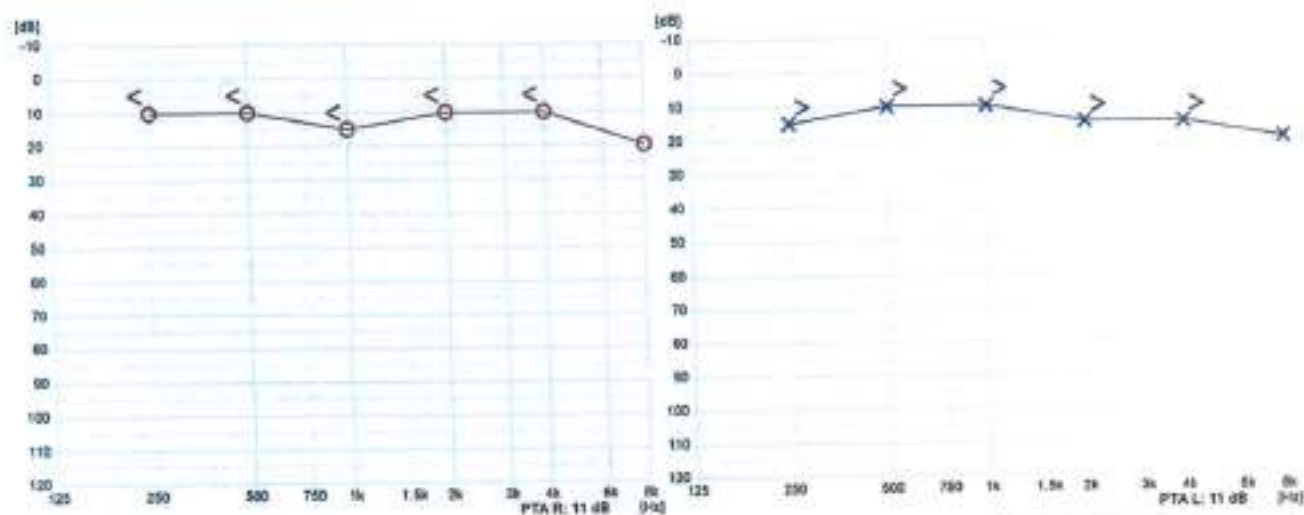
DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0855863
Last name, First name: TASAWAR, CHEEMA
Born: 17.12.2022

Test type: Tonal audiometry
Test date: 17.12.2022



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free Field/Unaided	A	A
Stimulus		B
No response		I

PTA
Right: 11dBHL
Left: 11dBHL

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:

Heard by Heders: 17/12/2022 - www.hederslab.com



Date: 17/12/2022