



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname		Alkhatir	
Forenames		Ali	
Address			
Home telephone number		96412900	
Place of examination	Date 5/9/23		
If a dependant enter employee's name here:			
Surname		Forenames	
Birth date 22/1/1975		Country of birth Pakistan	
Nationality Pakistani		Religion Muslim	
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	☐ Wife ☐ Son ☐ Daughter	Relationship to employee
Reason for examination		Number of children	
Pre-Employment ☐ Job:			
Pre-Overseas ☐ Area:			
Name and address of family doctor		List your last 3 jobs	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	
1. Sinus trouble			21. Cancer
2. Neck swelling/glands			22. Heart Disease
3. Difficulty in vision			23. Rheumatic fever
4. Any ear discharge			24. Abnormal heartbeat
5. Asthma/bronchitis			25. High blood pressure
6. Hayfever /other significant allergy			26. Stroke
7. Any skin trouble			27. Serious chest pain
8. Tuberculosis			28. Any blood disease
9. Shortness of breath			29. Kidney disease
10. Coughed/vomited blood			30. Blood in urine
11. Severe abdominal pain			31. Diabetes
12. Stomach ulcer			32. Headaches/migraine
13. Recurrent indigestion			33. Dizziness/fainting
14. Jaundice or hepatitis			34. Epilepsy
15. Gall Bladder disease			35. Joints/spinal trouble
16. Marked change in bowel habits			36. Surgical operation
17. Blood in stools (motions)			37. Serious accident/fracture
18. Marked change in weight			38. Tropical disease
19. Varicose veins			39. Fear of heights
20. Lump in breast/arm/pit			
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the results sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 5/9/23		Signature: [Signature]	

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION			
N	A						
☒		1. Eyes & Pupils					
☒		2. E.N.T.					
☒		3. Teeth & Mouth					
☒		4. Lungs & Chest					
☒		5. Cardiovascular System					
☒		6. Abdo. Viscera					
☒		7. Hemial Orifices					
☒		8. Anus & Rectum					
☒		9. Genito-urinary					
☒		10. Extremities					
☒		11. Musculo-skeletal					
☒		12. Skin & Varicose Vns.					
		13. C.N.S.					
HEIGHT cm 170	WEIGHT kg 90	BMI 31.1	B.P. 156 94	PULSE 76 /mins.	HEARING L R	VISION DISTANT R L Uncorrected Corrected 6/6 6/6	Colour Vision Blood Group
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A
☒		1. Urinalysis			☒	7. Audiogram	
☒		2. Hb, Bloodcount, ESR			☒	8. Lung Function	
☒		3. LFT, RFT, RBS			☒	9. Chest X-Ray	
☒		4. Drug Screen			☒	10. ECG	
☒		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above	
☒		6. Sickle Cell test				12. HIV, Hepatitis screening	

OTHER FINDINGS (Physique, soars, disabilities, mental stability including behaviour, etc.)

BP high. Advised to re-check after 1 week.

High RBS, Advised medicines and to do FBS, PPBS after 10 days.

ASSESSMENT:

☒ on medication & regular follow up☒ FIT ALL AREAS☐ FIT WITH RESTRICTION☐ TEMPORARY UNFIT☐ UNFIT

Date: 5/2/2023

Name (Block Capitals): DR. NARADANA PANDI

Signature:

REVIEW/CONSULTATION



Date:

Name (Block Capitals): DR. NURSE

Signature:

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Akhbar Ali

Emp #:

Date of Assessment: 105916921
5/1/2023

1	Age	Years	48
2	Gender	Female/Male	Male
3	Total Cholesterol	mmol/L	4.71
4	HDL Cholesterol	mmol/L	1.58
5	Smoker	Yes/No	No
6	Diabetes	Yes/No	No
7	Systolic Blood pressure	mm Hg	156
8	Is the patient being treated for High blood pressure?	Yes/No	No

Framingham Risk score: 11.2 %

Framingham Risk Rating (Circle the appropriate score):

Low

☒ Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:

[Signature]

د. ناندانا پامبا
DR. NANDANA PAMPA
رقم الترخيص: 15972
LICENCE NO: 15972
طبيب عام
GENERAL PRACTITIONER



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 5/2/2023
Name: Akbar Ali	Department/Company: T.O	
I. D No. 105916921	Tel # 96412900	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- ☒ sitting and reading
- ☒ watching TV
- ☒ sitting inactive in a public place (e.g. theatre or meeting)
- ☒ as a passenger in the car for an hour without a break
- ☒ Lying down to rest in the afternoon when circumstances permit
- ☒ Sitting a talking with someone
- ☒ Sitting quietly after lunch without alcohol
- ☒ In a car, while stopped for a few minutes in traffic

Total

1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Akbar Ali (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature:

Date:

5/2/23

Fitness to Work Certificate

Employee Data		Date 5/2/2023	
Name Akhtar Ali		Department/Company T.O.	
ID No. 105916921	Age 48/y.	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers – group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers – group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ✓			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor Dr. Nandana P	Signature 	Date 5/2/2023	Date



د. ناندانا پارودي
DR. NANDANA PARODI
رئيسة التمريض
LICENCE NO: 12532
طبيب عام
GENERAL PRACTITIONER

DEPARTMENT OF LABORATORY MEDICINE

File No: 0211350
Name: AKTHAR ALI
Address:
Gender: M Age: 48 Y Nationality: PAKISTANI
GSM No.: 96412900 ID Card No.: 105916921
Ref. By: EXTERNAL DOCTOR

Report No: 0647565
Sample Date: 05/02/2023 Time: 10:30
Received By: 181773
Received Date: 05/02/2023 Time: 10:36
Report Date: 05/02/2023 Time: 12:40
Bill No: 0862543 Bill Date: 05/02/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	15.21 mmol/L	3.9 - 6.1
Method: - Hexokinase	273.78 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	4.71 mmol/L	1 - 5.1
Method: -Enzymatic	182.09 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.58 mmol/L	0.777 - 1.813
Method: -Enzymatic	61.08 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.5 mmol/L	1.295 - 4.54
Method: -Calculation	96.58 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.63 mmol/L	0.259 - 1.036
Method: -Calculation	24.43 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	2.98	3.8 - 5.9
Method: -Calculation		
TRIGLYCERIDES	1.38 mmol/L	0.564 - 2.146
Method: Enzymatic	122.13 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.498 mg/dL	0.1 - 1
Method: Diazo	8.52 μ mol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.128 mg/dL	0.1 - 0.5
Method: Diazo	2.19 μ mol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	19.70 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	29.30 U/L	Male: 10-50 Female: 10-35

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
181773
Lab Technologist

Released By:
181773
Lab Technologist
MOH License No: 21829

DR. SHAYFA P
Specialist Pathologist
MOH LIC NO: 13475

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Page 1 of 4

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0211350	Report No: 0647565
Name: AKTHAR ALI	Sample Date: 05/02/2023 Time: 10:30
	Received By: 181773
Address:	Received Date: 05/02/2023 Time: 10:36
Gender: M Age: 48 Y Nationality: PAKISTANI	Report Date: 05/02/2023 Time: 12:40
GSM No.: 96412900 ID Card No.: 105916921	Bill No: 0862543 Bill Date: 05/02/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	132.10 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.14 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.36 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.78 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.57	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	44.48 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	3.90 mmol/L	1.7 - 8.3
Method : Kinetic Assay	23.42 mg/dL	10.2 - 49.8
CREATININE - SERUM	87.94 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.99 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	8950 cells/cumm	4000 - 11000 cells/cumm
Method :-Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method :-Fluorescence Flow Cytometry		
NEUTROPHILS	56.0 %	40-75%

Processed By:
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Page 2 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0211360	Report No: 0647566
Name: AKTHAR ALI	Sample Date: 05/02/2023 Time: 10:30
	Received By: 181773
Address:	Received Date: 05/02/2023 Time: 10:36
Gender: M Age: 48 Y Nationality: PAKISTANI	Report Date: 05/02/2023 Time: 12:40
GSM No.: 96412900 ID Card No.: 105916921	Bill No: 0662543 Bill Date: 05/02/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	32.1 %	20-45%
EOSINOPHILS	6.5 %	2-6 %
MONOCYTES	5.0 %	2-8 %
BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	16.3 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	6.28 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	1.48 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	48.60 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	77.40 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	26.00 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	33.50 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL **NEGATIVE**

Method : -Haemoglobin solubility test

Processed By:
JIBI

Lab Technologist

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DR. SHAYKH
Specialist Pathologist
MOH LIC No: 4384

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Page 3 of 4

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0211350	Report No: 0647565
Name: AKTHAR ALI	Sample Date: 05/02/2023 Time: 10:30
	Received By: 181773
Address:	Received Date: 05/02/2023 Time: 10:36
Gender: M Age: 48 Y Nationality: PAKISTANI	Report Date: 05/02/2023 Time: 12:40
GSM No.: 96412900 ID Card No.: 105916921	Bill No: 0862543 Bill Date: 05/02/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
---------------	--------	-----------------

URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	' + + + '	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

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DR. SHAYFA P
Specialist Pathologist
MOH LIC NO:13475

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Page 4 of 4

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X-RAY REPORT

Doc No:	0068062		
Name:	AKTHAR ALI		
Age/DOB:	48 Y	Omani ID/ L.Card No::	105916921
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	05/02/2023		
X-Ray Film No:	PDO		
Bill No:	0862543		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



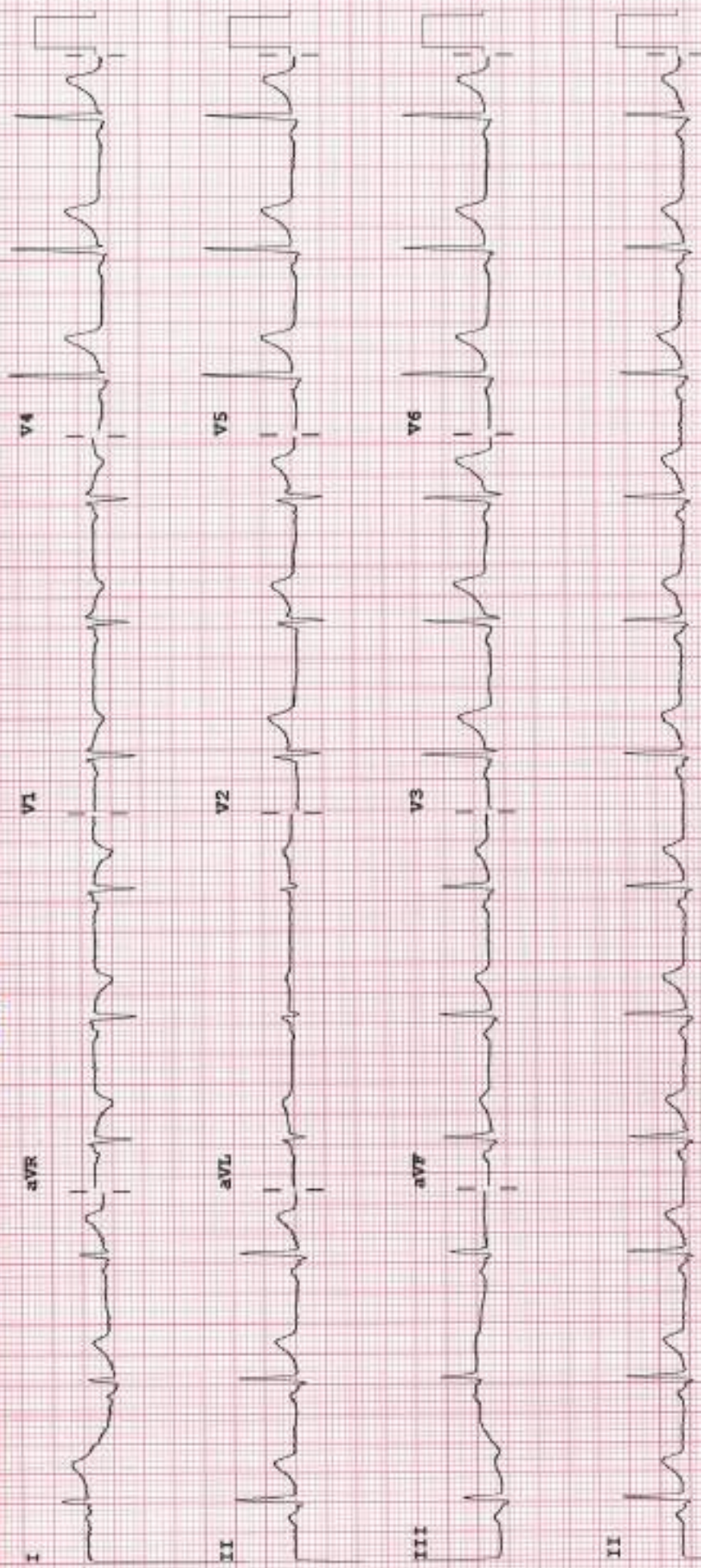
211350

akthar ali

2/5/2023 03:26:47 AM
Aster Hospital IBRI
ECG Room
ECG Room

Rate 72
PR 122
QRS 87
QT 385
QTc 422
--AXIS--
P 69
QRS 64
T 42

12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

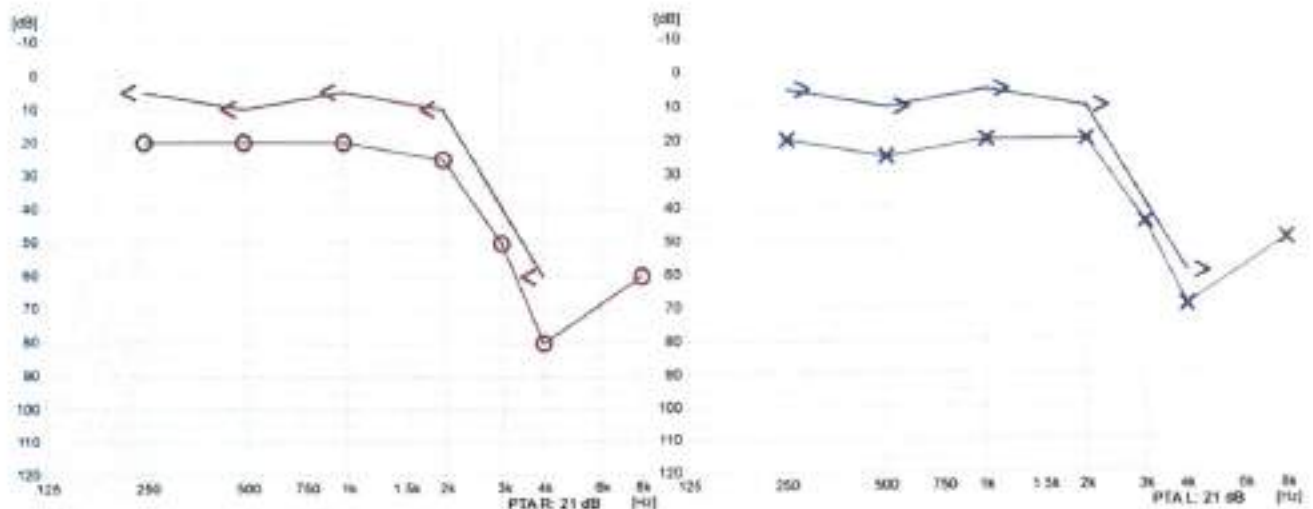
50~ 0.50~ 40 Hz W PH10 L P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0852543	Last name , First name AKTHAR , ALI	Born: 14.06.2021
Test type Tonal audiometry	Test date: 05.02.2023	



PTA

Right :- 21.6 dB HL

Left :- 21.6 dB HL

Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldAided	A	A
Binaural		B
No response		I

Comments

BILATERAL MINIMAL HEARING LOSS WITH SEVERE NOTCH AT 4KHz

Signature:

س. ر. رقم: 1093393
C.R. No: 1093393
Postal Code: 133
Ibri: 3903

Date: 05/02/2023

Noted by Hedera Biomedica Srl 2014 - www.hedera-biomedica.com