



MEDICAL FITNESS CERTIFICATE FOR TRUCKOMAN

NAME		AKHTAR ALI	
AGE/D.O.B	45Y ,02.02.1975	DATE	30.12.2020
PASS/ID NO:	105916921	GENDER	MALE
VISION-RT-EYE	6/6 WITHOUT GLASSES	HEIGHT	176CM
LT-EYE	6/6 WITHOUT GLASSES	WEIGHT	90KG
HEART	NORMAL	BP	116/78 mmHg
LUNGS	NORMAL	PULSE	72/ Min
ABDOMEN	NORMAL	CNS	NORMAL
SKIN	NORMAL	ENT	NORMAL

INVESTIGATIONS

FBS	IFG
BLOOD GROUP	B POSITIVE
HAEMOGRAM	NORMAL
LFT	NORMAL
RFT	NORMAL
LIPID PROFILE	NORMAL
SICKLING TEST	NEGATIVE
URINE ROUTINE	NORMAL
ECG	NORMAL
AUDIOGRAM	Normal hearing threshold with mild dip at 4000Hz B/L
FRAMINGHAM SCORE	Probability of developing cardiovascular disease in next 10 years is 1.7%

COMMENTS * To use adequate ear protection in high noise environment
* IFG-Dābetic diet Advised lifestyle modification

CONCLUSION **MEDICALLY FIT**

Signature:

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

FIT





File No: 3331783
Name: AKHTAR ALI
Age: 45 Y Sex: M
Nationality: PAKISTANI
GSM No.: 96112900
Ref. By: DR. VENKATESH KUMAR

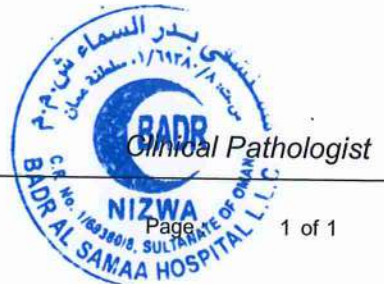
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Test	Result	Normal Range
BLOOD GROUP	B	
Rh	POSITIVE	
HAEMOGRAM		
TOTAL COUNT(W B C)	9.2 K/uL	4.0 - 11.0 K/uL
DIFFERENTIAL COUNT		
NEUTROPHILS	51 %	40- 75 %
LYMPHOCYTES	38 %	20 -45 %
EOSINOPHILS	07 %	01 - 06 %
MONOCYTS	04 %	02 - 10 %
BASOPHILS	00 %	
HAEMOGLOBIN	16.3 gm/dl	Male : 14 - 18 gm/dl Female - 12-16 gm/dl
R B C COUNT	6.0 mil/ul	3.8 - 5.8 mil/ul
PCV	47.0 %	37 - 47 %
M C V	78.1 fL	78 - 93 fL
M C H	27.1 pg	27 - 32 pg
M C H C	34.7 gm/dL	31 - 35 gm/dL
PLATELET COUNT	152 k/UI	150 - 400 k/UI
SICKLING TEST	NEGATIVE	
RENAL FUNCTION TEST		
UREA	3.49 mmol/L (21 mg/dl)	1.66 - 7.47 mmol/L 10 - 45 mg/dl
CREATININE	77.79 umol/L (0.88 mg/dl)	61.88-123.76 umol/L 0.7 - 1.4 mg/dl
URIC ACID	321.19 umol/L (5.4 mg/dl)	Male:202-416 umol/L , Male:3.4-7.0 mg/dl, Female:149-357 umol/L Female:2.5-6.0mg/dl

Medical Technologist
Out of Normal Range

Out of Critical Range

Requisitioning Doctor:



Collected Date And Time:

Reported Date And Time:

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION							
N	A										
☒		1. Eyes & Pupils		Normal & Reactive							
☒		2. E.N.T.									
☒		3. Teeth & Mouth									
☒		4. Lungs & Chest		Normal							
☒		5. Cardiovascular System		S.H.P., No murmur							
☒		6. Abdo. Viscera		Soft, ms @							
☒		7. Hernial Orifices		Normal							
☒		8. Anus & Rectum		Normal							
☒		9. Genito-urinary		Normal							
☒		10. Extremities		Normal							
☒		11. Musculo-skeletal		Normal							
☒		12. Skin & Varicose Vns.		Normal							
☒		13. C.N.S.		Normal							
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group
176	90.9	29.3	116 78	72/min.	L R	DISTANT	NEAR	R L R L		(N)	B+ve
						Uncorrected		6/6 6/6 N6 N6			
						Corrected					
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A				
☒		1. Urinalysis							7. Audiogram	Bilateral hearing sensitivity within normal limit	
☒		2. Hb, Bloodcount, ESR							8. Lung Function	within normal limit	
☒		3. LFT, RFT, RBS							9. Chest X-Ray	with severe dip @ 4 kHz	
☒		4. Drug Screen							10. ECG		
☒		5. Lipids (40 years +)							11. CVS risk for 40 yrs. & above		
☒		6. Sick Cell test							12. HIV, Hepatitis screening		
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)											
ASSESSMENT:											
FIT ALL AREAS ☒ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT ☐											
Date:		Name (Block Capitals): Dr. / Nurse				Signature: FIT					
REVIEW/CONSULTATION											
Date:		Name (Block Capitals): Dr. / Nurse				Signature:					

Take ear protection in noisy environment.

Sajila
Dr. SAJILA P.P
 MBBS., DNB (ENT) , DLO.
 Specialist Ent Surgeon
 MOH Lic No.: 18387

