



MEDICAL FITNESS CERTIFICATE FOR TRUCKOMAN

NAME **UMAIR ASGHAR**

AGE/D.O.B	25Y, 19.12.1994	DATE	10.12.2020
PASS/ID NO:	113216932	GENDER	MALE
VISION-RT-EYE	6/6 WITHOUT GLASSES	HEIGHT	179 CM
LT-EYE	6/6 WITHOUT GLASSES	WEIGHT	88 KG
HEART	NORMAL	BP	116 /78 mmHg
LUNGS	NORMAL	PULSE	70/ Min
ABDOMEN	NORMAL	CNS	NORMAL
SKIN	NORMAL	ENT	NORMAL

INVESTIGATIONS

FBS	NORMAL
BLOOD GROUP	O POSITIVE
HAEMOGRAM	NORMAL
LFT	NORMAL
RFT	NORMAL
LIPID PROFILE	DLP
SICKLING TEST	NEGATIVE
URINE ROUTINE	NORMAL
AUDIOGRAM	Normal hearing threshold with dip at 4khz

COMMENTS

- * DLP - Advised lifestyle modification
- * To use adequate ear protection in high noise environment

CONCLUSION **MEDICALLY FIT**

Signature:

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581





File No: 3330041
Name: UMAIR ASGHAR
Age: 25 Y Sex: M
Nationality: PAKISTANI
GSM No.: 99024256
Ref. By: DR. VENKATESH KUMAR

Doc No: 3487369
Date: 10/12/2020 Time: 10:30
Bill No: 04054665
Chs No:
ID No:

Test	Result	Normal Range
BLOOD GROUP	O	
Rh	POSITIVE	
HAEMOGRAM		
TOTAL COUNT(W B C)	9.1 K/uL	4.0 - 11.0 K/uL
DIFFERENTIAL COUNT		
NEUTROPHILS	54 %	40- 75 %
LYMPHOCYTES	37 %	20 -45 %
EOSINOPHILS	02 %	01 - 06 %
MONOCYTS	07 %	02 - 10 %
BASOPHILS	00 %	
HAEMOGLOBIN	17.5 gm/dl	Male : 14 - 18 gm/dl Female - 12-16 gm/dl
R B C COUNT	6.38 mil/ul	3.8 - 5.8 mil/ul
PCV	51.4 %	37 - 47 %
M C V	80.6 fL	78 - 93 fL
M C H	27.5 pg	27 - 32 pg
M C H C	34.1 gm/dL	31 - 35 gm/dL
PLATELET COUNT	352 k/UI	150 - 400 k/UI
SICKLING TEST	NEGATIVE	
RENAL FUNCTION TEST		
UREA	2.99 mmol/L (18 mg/dl)	1.66 - 7.47 mmol/L 10 - 45 mg/dl
CREATININE	84.86 umol/L (0.96 mg/dl)	61.88-123.76 umol/L 0.7 - 1.4 mg/dl
URIC ACID	339.04 umol/L (5.7 mg/dl)	Male:202-416 umol/L , Male:3.4-7.0 mg/dl, Female:149-357 umol/L Female:2.5-6.0mg/dl

Medical Technologist
Out of Normal Range

Out of Critical Range Requisitioning Doctor:



Clinical Pathologist

Collected Date And Time:

Reported Date And Time:

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N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION				
N	A			<i>Normal & Reactive</i> <i>mm</i> <i>Sitz @ No mm</i> <i>8/10, 1m @</i> <i>normal</i> <i>normal</i> <i>normal</i> <i>normal</i> <i>normal</i> <i>normal</i>				
✓		1. Eyes & Pupils						
✓		2. E.N.T.						
✓		3. Teeth & Mouth						
✓		4. Lungs & Chest						
✓		5. Cardiovascular System						
✓		6. Abdo. Viscera						
✓		7. Hernial Orifices						
✓		8. Anus & Rectum						
✓		9. Genito-urinary						
✓		10. Extremities						
✓		11. Musculo-skeletal						
✓		12. Skin & Varicose Vns.						
✓		13. C.N.S.						
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
179	88.4	27.6	116/88	70/min.	L R	DISTANT NEAR R L R L Uncorrected Corrected	@	O+ve
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS			N	A		
✓		1. Urinalysis					7. Audiogram	<i>Bilateral hearing</i>
✓		2. Hb, Bloodcount, ESR					8. Lung Function	<i>sensitivity normal</i>
✓		3. LFT, RFT, RBS					9. Chest X-Ray	<i>with minimal</i>
		4. Drug Screen					10. ECG	<i>dip @ 4 kHz</i>
✓		5. Lipids (40 years +)					11. CVS risk for 40 yrs. & above	
✓		6. Sickle Cell test					12. HIV, Hepatitis screening	
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)								
ASSESSMENT:								
FIT ALL AREAS ☒ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT ☐								
Date: <i>10/12/2020</i> Name (Block Capitals): Dr. / Nurse Signature: 								
REVIEW/CONSULTATION								
Date: <i>10/12/2020</i> Name (Block Capitals): Dr. / Nurse Signature:								

*Take precautions in
nursing environment.*

Dr. JILA P.P
MBBS., DNB (ENT), DLO
Specialist Ent Surgeon
MOH Lic No.: 18387

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

