



## MEDICAL FITNESS CERTIFICATE FOR TRUCKOMAN

**NAME** **SUKHDEV SINGH**

**AGE/D.O.B** **48 Y,15.10.1972**

**DATE** **03.06.2021**

**PASS/ID NO:** **77471885**

**GENDER** **MALE**

**VISION-RT-EYE** **6/6 WITHOUT GLASSES**

**HEIGHT** **163 CM**

**LT-EYE** **6/6 WITHOUT GLASSES**

**WEIGHT** **83 KG**

**HEART** **NORMAL**

**BP** **122/76 mmHg**

**LUNGS** **NORMAL**

**PULSE** **72/ Min**

**ABDOMEN** **NORMAL**

**CNS** **NORMAL**

**SKIN** **NORMAL**

**ENT** **NORMAL**

### INVESTIGATIONS

**FBS** **NORMAL**

**BLOOD GROUP** **A POSITIVE**

**HAEMOGRAM** **NORMAL**

**LFT** **NORMAL**

**RFT** **NORMAL**

**LIPID PROFILE** **NORMAL**

**SICKLING TEST** **NEGATIVE**

**URINE ROUTINE** **NORMAL**

**ECG** **NORMAL**

**AUDIOGRAM** **Normal hearing threshold with minimal dip at 4000Hz B/L**

**FRAMINGHAM SCORE** **Probability of developing cardiovascular disease in next 10 years is 4.1%**

**COMMENTS** \* **To use adequate protection in high noise environment**

**CONCLUSION** **MEDICALLY FIT**

Signature: .....

**Dr. B. VENKATESH KUMAR**  
**CARDIOLOGIST**  
**MOH NO#14581**

**FIT**



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المقر الرئيسي :

س. ت. : ١٩٣٨٠٨، ص. ب. : ٤٤٣، الرمز البريدي : ١١٢

روي سلطنة عمان. هاتف : ٢٤٧٩٩٧٦٠، فاكس : ٢٤٧٩٩٧٦٥

الخبير : ٢٤٤٨٣٢٢ | صحار : ٢٦٨٤٦٦٦ | الخوض : ٢٤٥٤٦٠٩٩ | صلالة : ٢٣٢٩١٨٣٠

بركاء : ٢٦٨٨٤٩١٠ | صور : ٢٥٥٤٦١١٢ | نزوى : ٢٥٤٤٧٧٧٧ | فلج : ٢٦٧٥٤١٣١

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## Appendix 32: EX1 Form (Initial Examination Report)

### INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)



**Petroleum Development Oman  
MEDICAL DEPARTMENT**

PLEASE COMPLETE YOUR PERSONAL  
DETAILS IN BLOCK CAPITALS

Place of examination <b>BADR AL SAMAA</b> Date <u>3/6/21</u>		Surname <u>SHIKHDELL SINGHIA</u>							
		Forenames :							
		Address							
		Home telephone number							
If a dependant enter employee's name here: Surname: _____ Forenames: _____ Birth date: <u>15-10-1972</u> Nationality: _____ Country of birth: _____ Religion: _____ <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced <input type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter      Relationship to employee _____ Number of children: _____ Reason for examination Pre-Employment Job: <input type="checkbox"/> Pre-Overseas Area: <input type="checkbox"/> Name and address of family doctor _____ List your last 3 jobs (1) _____ (2) _____ Are you a Registered Disabled Person? (UK only) <input type="checkbox"/> Do you belong to any Medical Insurance Scheme? <input type="checkbox"/> DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)									
Y N		Y N		Y N					
1. Sinus trouble		<input checked="" type="checkbox"/>		21. Cancer		<input checked="" type="checkbox"/>		<b>HAVE YOU EVER BEEN:-</b> 40. Rejected for employment or insurance for medical reasons <input checked="" type="checkbox"/> 41. Awarded benefits for industrial injury/illness <input checked="" type="checkbox"/> 42. Treated for a mental condition, e.g. depression <input checked="" type="checkbox"/> 43. Treated for problem drinking or drug abuse <input checked="" type="checkbox"/> 44. Exposed to toxic substance or noise <input checked="" type="checkbox"/> <b>FOR WOMEN ONLY</b> Have you ever had:- 45. An abnormal smear <input checked="" type="checkbox"/> 46. Any gynaecological treatment <input checked="" type="checkbox"/> 47. Are you pregnant? <input checked="" type="checkbox"/> 48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE <input checked="" type="checkbox"/>	
2. Neck swelling/glands		<input checked="" type="checkbox"/>		22. Heart Disease		<input checked="" type="checkbox"/>			
3. Difficulty in vision		<input checked="" type="checkbox"/>		23. Rheumatic fever		<input checked="" type="checkbox"/>			
4. Any ear discharge		<input checked="" type="checkbox"/>		24. Abnormal heartbeat		<input checked="" type="checkbox"/>			
5. Asthma/bronchitis		<input checked="" type="checkbox"/>		25. High blood pressure		<input checked="" type="checkbox"/>			
6. Hayfever/other significant allergy		<input checked="" type="checkbox"/>		26. Stroke		<input checked="" type="checkbox"/>			
7. Any skin trouble		<input checked="" type="checkbox"/>		27. Serious chest pain		<input checked="" type="checkbox"/>			
8. Tuberculosis		<input checked="" type="checkbox"/>		28. Any blood disease		<input checked="" type="checkbox"/>			
9. Shortness of breath		<input checked="" type="checkbox"/>		29. Kidney disease		<input checked="" type="checkbox"/>			
10. Coughed/vomited blood		<input checked="" type="checkbox"/>		30. Blood in urine		<input checked="" type="checkbox"/>			
11. Severe abdominal pain		<input checked="" type="checkbox"/>		31. Diabetes		<input checked="" type="checkbox"/>			
12. Stomach ulcer		<input checked="" type="checkbox"/>		32. Headaches/migraine		<input checked="" type="checkbox"/>			
13. Recurrent indigestion		<input checked="" type="checkbox"/>		33. Dizziness/fainting		<input checked="" type="checkbox"/>			
14. Jaundice or hepatitis		<input checked="" type="checkbox"/>		34. Epilepsy		<input checked="" type="checkbox"/>			
15. Gall Bladder disease		<input checked="" type="checkbox"/>		35. Joints/spinal trouble		<input checked="" type="checkbox"/>			
16. Marked change in bowel habits		<input checked="" type="checkbox"/>		36. Surgical operation		<input checked="" type="checkbox"/>			
17. Blood in stools (motions)		<input checked="" type="checkbox"/>		37. Serious accident/fracture		<input checked="" type="checkbox"/>			
18. Marked change in weight		<input checked="" type="checkbox"/>		38. Tropical disease		<input checked="" type="checkbox"/>			
19. Varicose veins		<input checked="" type="checkbox"/>		39. Fear of heights		<input checked="" type="checkbox"/>			
20. Lump in breast/armpit		<input checked="" type="checkbox"/>							
How much tobacco each day? <u>Nil</u>		Average daily alcohol consumption <u>Nil</u>							
Have you ever taken elicited drugs? <input checked="" type="checkbox"/> PDO test all new/potential employees for elicited/recreational drugs									
FAMILY HISTORY: Diabetes <input checked="" type="checkbox"/> Tuberculosis <input checked="" type="checkbox"/> Epilepsy <input checked="" type="checkbox"/> Asthma <input checked="" type="checkbox"/> Eczema <input checked="" type="checkbox"/> Heart disease <input checked="" type="checkbox"/> High blood pressure <input checked="" type="checkbox"/> Stroke <input checked="" type="checkbox"/> Blood Disease <input checked="" type="checkbox"/> Cancer <input checked="" type="checkbox"/>									
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:- I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.									
Date: <u>3/6/21</u>		Signature of Applicant: _____							
FOR COMPLETION BY EXAMINING DOCTOR OR NURSE Further details of medical history and recreational activities									

**Dr. B. VENKATESH KULKARNI**  
**CARDIOLOGIST**  
**MOH NO#14581**





N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION			
N	A						
		1. Eyes & Pupils					Normal & Reactive
		2. E.N.T.					ear + nose + throat -> normal
		3. Teeth & Mouth					normal
		4. Lungs & Chest					clear @, no wheeze
		5. Cardiovascular System					BP 122/76, normal
		6. Abdo. Viscera					normal
		7. Hernial Orifices					normal
		8. Anus & Rectum					normal
		9. Genito-urinary					normal
		10. Extremities					normal
		11. Musculo-skeletal					normal
		12. Skin & Varicose Vns.					normal
		13. C.N.S.					normal
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision
163	83.2	31.3	122/76	72 mins.	L R	DISTANT NEAR Uncorrected Corrected	2
						R L R L 6/6 6/6 N6 N6	
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A
✓		1. Urinalysis				7. Audiogram	Bilateral hearing
✓		2. Hb, Bloodcount, ESR				8. Lung Function	normal
✓		3. LFT, RFT, RBS				9. Chest X-Ray	with minimal
		4. Drug Screen				10. ECG	dx @ 4kttz
✓		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above	
✓		6. Sickle Cell test				12. HIV, Hepatitis screening	
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)							
ASSESSMENT:							
<input checked="" type="checkbox"/> FIT ALL AREAS <input type="checkbox"/> FIT WITH RESTRICTION <input type="checkbox"/> TEMPORARY UNFIT <input type="checkbox"/> UNFIT							
Date: 3/6/21 Name (Block Capitals): Dr. / Nurse Signature:							
REVIEW/CONSULTATION							
Date: 3/6/21 Name (Block Capitals): Dr. / Nurse Signature:							

Take ear protection measures  
in noisy environment

*Sajila*

Dr. SAJILA P  
MBBS., DNB (ENT), DLO.  
Specialist Ent Surgeon  
MOH Lic No.: 18387

Dr. B. VENKATESH K  
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