

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Surname: <u>Sultan Said Saif</u>		Forenames: <u>Al Rubai</u>				
Address: <u>Ibn. - 99418927</u>		Home telephone number: <u></u>				
Place of examination: <u>Aster Hospital, Irbil</u>		Date: <u>16/2/2012</u>				
If a dependant enter employee's name here: <u></u>						
Birth date: <u>01/1/1981</u>		Project: <u>Thuck o man</u>				
Nationality: <u>Omani</u>		Country of birth: <u>Oman</u>				
Religion: <u>Al. Rubai</u>		Relationship to employee				
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	☐ Wife ☐ Son ☐ Daughter	Number of children: <u></u>			
Reason for examination		Pre-Employment ☐ Job: <u></u>				
Pre-Overseas ☐ Area: <u></u>						
Name and address of family doctor		List your last 3 jobs				
		(1) <u></u>				
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐				
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)						
	Y	N	Y	N	Y	N
1. Sinus trouble		☒	21. Cancer	☒	HAVE YOU EVER BEEN:-	
2. Neck swelling/glands		☒	22. Heart Disease	☒	40. Rejected for employment or insurance for medical reasons	
3. Difficulty in vision		☒	23. Rheumatic fever	☒	41. Awarded benefits for industrial injury/illness	
4. Any ear discharge		☒	24. Abnormal heartbeat	☒	42. Treated for a mental condition, e.g. depression	
5. Asthma/bronchitis		☒	25. High blood pressure	☒	43. Treated for problem drinking or drug abuse	
6. Hayfever /other significant allergy		☒	26. Stroke	☒	44. Exposed to toxic substance or noise	
7. Any skin trouble		☒	27. Serious chest pain	☒	FOR WOMEN ONLY	
8. Tuberculosis		☒	28. Any blood disease	☒	Have you ever had:-	
9. Shortness of breath		☒	29. Kidney disease	☒	45. An abnormal smear	
10. Coughed/vomited blood		☒	30. Blood in urine	☒	46. Any gynaecological treatment	
11. Severe abdominal pain		☒	31. Diabetes	☒	47. Are you pregnant?	
12. Stomach ulcer		☒	32. Headaches/migraine	☒	48. Have you had an illness not mentioned above	
13. Recurrent indigestion		☒	33. Dizziness/fainting	☒		
14. Jaundice or hepatitis		☒	34. Epilepsy	☒		
15. Gall Bladder disease		☒	35. Joints/spinal trouble	☒		
16. Marked change in bowel habits		☒	36. Surgical operation	☒		
17. Blood in stools (motions)		☒	37. Serious accident/fracture	☒		
18. Marked change in weight		☒	38. Tropical disease	☒		
19. Varicose veins		☒	39. Fear of heights	☒		
20. Lump in breast/arm/pit		☒				
How much tobacco each day? <u></u>		Average daily alcohol consumption <u></u>				
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs						
FAMILY HISTORY: Diabetes (☒) Tuberculosis (☒) Epilepsy (☒) Asthma (☒) Eczema (☒)						
Heart disease (☒) High blood pressure (☒) Stroke (☒) Blood Disease (☒) Cancer (☒)						
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-						
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.						
Date: <u>16-2-2012</u>		Signature of Applicant: <u>[Signature]</u>				

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
☒		1. Eyes & Pupils
☒		2. E.N.T.
☒		3. Teeth & Mouth
☒		4. Lungs & Chest
☒		5. Cardiovascular System
☒		6. Abdo. Viscera
☒		7. Hernial Orifices
☒		8. Anus & Rectum
☒		9. Genito-urinary
☒		10. Extremities
☒		11. Musculo-skeletal
☒		12. Skin & Varicose Vns.
☒		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
160	78	30.5	120 70	80 /mins.	L R	DISTANT NEAR Uncorrected Corrected		
						R L R L		
						6/6 6/6		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
☒		1. Urinalysis		☒		7. Audiogram
☒		2. Hb, Bloodcount, ESR		☒		8. Lung Function
☒		3. LFT, RFT, RBS		☒		9. Chest X-Ray
☒		4. Drug Screen		☒		10. ECG
☒		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
☒		6. Sickie Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

TGA Adm diet / (exams)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 16/12/2022 Name (Block Capitals): Dr.

Signature:

REVIEW/CONSULTATION

Date: 16-12-2022 Name (Block Capitals): Dr.

Signature:

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Sulfan Saif Saif Alrubai

Emp #:

Date of Assessment: 16/2/22

1	Age	Years	
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L	
4	HDL Cholesterol	mmol/L	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 6-7 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 16-12-2022
Name: Sullivan Saul - Al Rubw		Department/Company: Thuck omm
I. D No. 9563414	Tel # 9141893	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

1 Lying down to rest in the afternoon when circumstances permit

0 Sitting a talking with someone

0 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, 9416 (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: _____ Date: 16-12-2022

Fitness to Work Certificate

Employee Data		Date 16-2-2022	
Name Salim AL Rubai		Department/Company Thakoon	
I.D No. 9563414	Age 41-7	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		✓	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature	Date	16-2-2022



DEPARTMENT OF LABORATORY MEDICINE

File No: 0245811	Report No: 0602114
Name: SULTAN SAID SAIF ALRUBAI	Sample Date: 16/02/2022 Time: 11:20
Address:	Received By: ASHWINI
Gender: M Age: 41 Y Nationality: OMANI	Received Date: 16/02/2022 Time: 11:25
GSM No.: 99418977 ID Card No.: 9563414	Report Date: 16/02/2022 Time: 13:18
Ref. By: EXTERNAL DOCTOR	Bill No: 0810447 Bill Date: 16/02/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.40 mmol/L	3.9 - 6.1
Method :- Hexokinase	97.2 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.12 mmol/L	1 - 5.1
Method:-Enzymatic	197.94 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.820 mmol/L	0.777 - 1.813
" "	31.7 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.66 mmol/L	1.295 - 4.54
" "	102.7	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.65 mmol/L	0.259 - 1.036
" "	63.54 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	6.24	3.8 - 5.9
TRIGLYCERIDES	3.59 mmol/L	0.564 - 2.146
Method : Enzymatic	317.715 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.823 mg/dL	0.1 - 1
Method : Diazo	14.07 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.238 mg/dL	0.1 - 0.5
Method : Diazo	4.07 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	21.72 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	19.41 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	75.45 U/L	Adult : Men -40-129

Processed By:

JIBI

Lab Technologist

MOH LIC No: 4384

Approved By:

JIBI

Lab Technologist

Released By:

JIBI

Lab Technologist

MOH LIC No: 4384

Specialist Pathologist

Printed at: 16/02/2022 1:21:08 PM

Page 1 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0245811	Report No: 0602114
Name: SULTAN SAID SAIF ALRUBAI	Sample Date: 16/02/2022 Time: 11:20
Address:	Received By: ASHWINI
Gender: M Age: 41 Y Nationality: OMANI	Received Date: 16/02/2022 Time: 11:25
GSM No.: 99418977 ID Card No.: 9563414	Report Date: 16/02/2022 Time: 13:18
Ref. By: EXTERNAL DOCTOR	Bill No: 0810447 Bill Date: 16/02/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
		Adult: 6.6 - 8.7 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.39 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.42 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.97 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.49	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	47.13 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	3.88 mmol/L	1.7 - 8.3
Method : Kinetic Assay	23.3 mg/dL	10.2 - 49.8
CREATININE - SERUM	72.85 µmol/L	44.2 - 123.7
Method : Jaffe Method	0.82 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	3950 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	35.7 %	40-75%
LYMPHOCYTES	50.9 %	20-45%
EOSINOPHILS	3.8 %	2-6 %
MONOCYTES	9.1 %	2-8 %

Processed By:
JIBI
Lab Technologist

Approved By:
JIBI
Lab Technologist

Released By:
JIBI
Lab Technologist

MOH LIC No: 4384

MOH LIC No: 4384

Specialist Pathologist

Printed at: 16/02/2022 1:21:08 PM

Page 2 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0245811
Name: SULTAN SAID SAIF ALRUBAI
Address:
Gender: M **Age:** 41 Y **Nationality:** OMANI
GSM No.: 99418977 **ID Card No.:** 9563414
Ref. By: EXTERNAL DOCTOR

Report No: 0602114
Sample Date: 16/02/2022 **Time:** 11:20
Received By: ASHWINI
Received Date: 16/02/2022 **Time:** 11:25
Report Date: 16/02/2022 **Time:** 13:18
Bill No: 0810447 **Bill Date:** 16/02/2022
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.5 %	0-1%
HB (HEMOGLOBIN)	15.2 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.28 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.93 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	47.70 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	90.30 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	28.80 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	31.90 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	04 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

Processed By:
JIBI

Approved By:
JIBI

Released By:
JIBI

Lab Technologist

Lab Technologist

Lab Technologist

MOH LIC No: 4384

MOH LIC No: 4384

Printed at: 16/02/2022 1:21:08 PM

Page 3 of 4



DEPARTMENT OF LABORATORY MEDICINE

File No: 0245811	Report No: 0802114
Name: SULTAN SAID SAIF ALRUBAI	Sample Date: 16/02/2022 Time: 11:20
Address:	Received By: ASHWINI
Gender: M Age: 41 Y Nationality: OMANI	Received Date: 16/02/2022 Time: 11:25
GSM No.: 99418977 ID Card No.: 9563414	Report Date: 16/02/2022 Time: 13:18
Ref. By: EXTERNAL DOCTOR	Bill No: 0810447 Bill Date: 16/02/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	
NOTE - SLIGHTLY LIPEMIC SAMPLE RECEIVED.		

Jibi
Processed By:
JIBI
Lab Technologist

MOH LIC No: 4384

Jibi
Approved By:
JIBI
Lab Technologist

Jibi
Released By:
JIBI
Lab Technologist

MOH LIC No: 4384



Printed at: 16/02/2022 1:21:08 PM

Page 4 of 4

X-RAY REPORT

Doc No:	0060668
Name:	SULTAN SAID SAIF ALRUBAI
Age/DOB:	41 Y Omani ID/ L.Card No:: 9563414
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	16/02/2022
X-Ray Film No:	TRUCK
Bill No:	0810447
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925

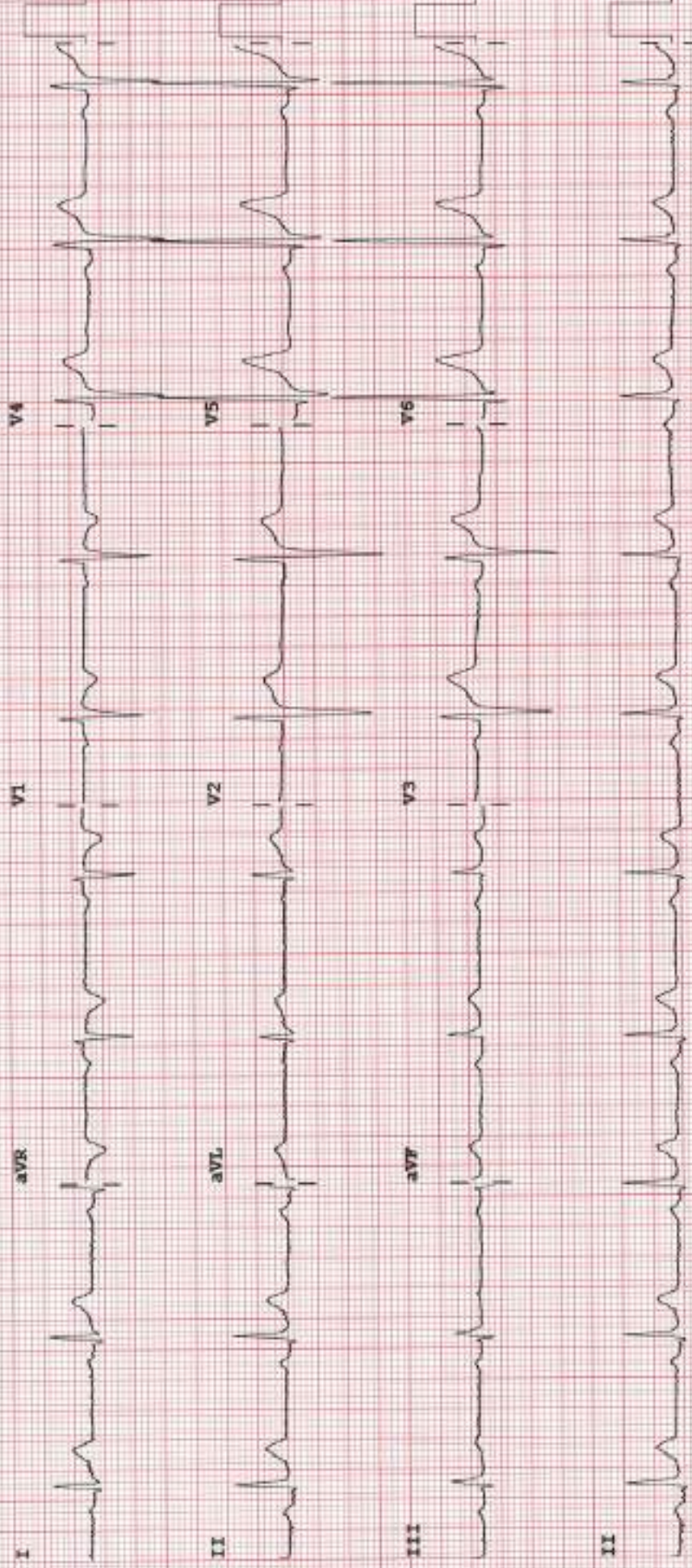


Rate	59
PR	1017
PR	197
QRSD	106
QT	379
QTC	376

--SIX--

P	49
QRS	48
T	29

12 Lead: Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50~ 0.50~ 40 Hz W

4

PHLO

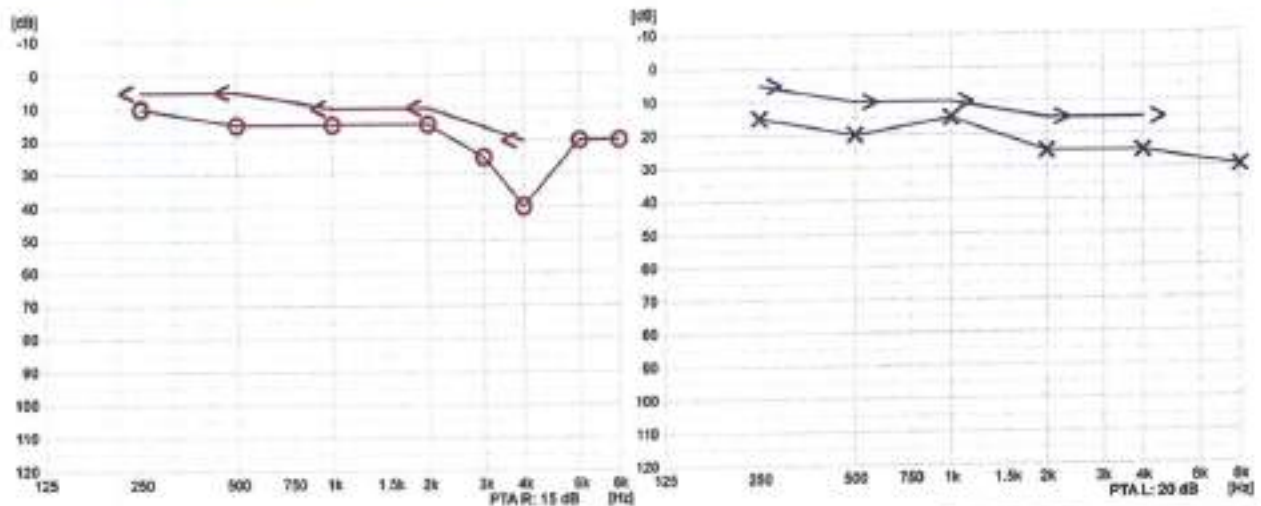
उदा

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0910447	Last name , First name SAID SAIF , SULTAN	Born: 16.02.2022
Test type Tonal audiometry	Test date 16.02.2022	



PTA
Right: 15dB
Left: 20dB

Legend	R	L
Air	○	×
Air/Masked	△	□
Bone	<	>
Bone/Masked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free Field/Masked	A	A
Stimuli		B
No response		I

Comments

RIGHT: NORMAL HEARING WITH MILD DIP AT 4KHZ
LEFT: MINIMAL HEARING LOSS

Signature:

Date: 16/2/2022

Holder: by Hedera Biomedica Srl 2016 - www.hedera-biomedica.com

