Aster HOSPITAL
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مستشفى أستر
نحن نعتني بك دائما

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Surname	Nabil Jama Rajab Al Makhani
Forenames	
Address:	
Home telephone number	99765537

Place of examination: Aster Hospital, Ibri	Date: 23/7/22	Project:	
If a dependant enter employee's name here:			
Birth date: 2/6/1973	Nationality: Omani	Country of birth: Sur	Religion: Muck Amap Al Makhani
☐ Male ☑ Female	☐ Married ☐ Single ☐ Separated /Divorced	Relationship to employee: ☐ Wife ☐ Son ☐ Daughter	Number of children:
Reason for examination: Pre-Employment ☐ Job:			
Pre-Overseas ☐ Area:			
Name and address of family doctor		List your last 3 jobs	
		(1)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1. Sinus trouble		✓	21. Cancer			HAVE YOU EVER BEEN:-		
2. Neck swelling/glands		✓	22. Heart Disease		✓	40. Rejected for employment or insurance for medical reasons		✓
3. Difficulty in vision		✓	23. Rheumatic fever		✓			
4. Any ear discharge		✓	24. Abnormal heartbeat		✓	41. Awarded benefits for industrial injury/illness		✓
5. Asthma/bronchitis		✓	25. High blood pressure		✓			
6. Hayfever /other significant allergy		✓	26. Stroke		✓	42. Treated for a mental condition, e.g. depression		✓
7. Any skin trouble		✓	27. Serious chest pain		✓			
8. Tuberculosis		✓	28. Any blood disease		✓	43. Treated for problem drinking or drug abuse		✓
9. Shortness of breath		✓	29. Kidney disease		✓			
10. Coughed/vomited blood		✓	30. Blood in urine		✓	44. Exposed to toxic substance or noise		✓
11. Severe abdominal pain		✓	31. Diabetes		✓			
12. Stomach ulcer		✓	32. Headaches/migraine		✓	FOR WOMEN ONLY		
13. Recurrent indigestion		✓	33. Dizziness/fainting			Have you ever had:-		
14. Jaundice or hepatitis		✓	34. Epilepsy		✓	45. An abnormal smear		
15. Gall Bladder disease		✓	35. Joints/spinal trouble		✓	46. Any gynaecological treatment		
16. Marked change in bowel habits		✓	36. Surgical operation		✓			
17. Blood in stools (motions)		✓	37. Serious accident/fracture		✓	47. Are you pregnant?		
18. Marked change in weight		✓	38. Tropical disease		✓	48. Have you had an illness not mentioned above		
19. Varicose veins		✓	39. Fear of heights		✓			
20. Lump in breast/armpit		✓			✓			

How much tobacco each day? | Average daily alcohol consumption

Have you ever taken elicited drugs? ( ) PDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes ( ) Tuberculosis ( ) Epilepsy ( ) Asthma ( ) Eczema ( )
Heart disease ( ) High blood pressure ( ) Stroke ( ) Blood Disease ( ) Cancer ( )

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. **I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.**

Date: 23/7/2022 **Signature of Applicant:**

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نقال: ٩٦٨+ ٩٣٩٩٠٧٢/٧٦٥٥٩٩٧٧

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N	A	N = Normal A = Abnormal (please describe)	PHYSICAL EXAMINATION
✓		1. Eyes & Pupils	
✓		2. E.N.T.	
✓		3. Teeth & Mouth	
✓		4. Lungs & Chest	
✓		5. Cardiovascular System	
✓		6. Abdo. Viscera	
✓		7. Hernial Orifices	
✓		8. Anus & Rectum	
✓		9. Genito-urinary	
✓		10. Extremities	
✓		11. Musculo-skeletal	
✓		12. Skin & Varicose Vns.	
✓		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group
							DISTANT		NEAR		
							R	L	R	L	
166	85	30.8	140/90	98	L	Uncorrected	6/6		6/6		
					R	Corrected					

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis		✓		7. Audiogram
✓		2. Hb, Bloodcount, ESR				8. Lung Function
✓		3. LFT, RFT, RBS		✓		9. Chest X-Ray
		4. Drug Screen		✓		10. ECG
✓		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☑ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ EMPORARY UNFIT ☐ UNFIT

Date: 23/7/2022 Name (Block Capitals): Dr. RAJ Signature:

DR. RAJESH SARASWATHI
GENERAL PRACTITIONER

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. Signature:

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فاكس: ٠٠٩٦٨٢٥٦٨٨٠٢٥
نقال: ٠٠٩٦٨٩٨٩٩٧٧٣/٧١٥٥٩٩٧٧

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Nabil Isma Kgab Al Mukhaini
Emp #: 222483
Date of Assessment: 23/7/2012.

1	Age	Years 48	
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L 4.78	
4	HDL Cholesterol	mmol/L 1.75	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg 140	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 11.2 %

Framingham Risk Rating (Circle the appropriate score):

Low **Medium** **High**

Any further action or recommendations?

Assessment or Examination conducted by:

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Epworth Screening Quest. for Sleep Apnoea

Employee Data			Date: 23/7/2022
Name: Nabil Juma Rajab Mukhaini			Department/Company: Oman Oman
I. D No. 2225483	Tel # 99763537		Occupation: Super Visor

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0	sitting and reading
0	watching TV
0	sitting inactive in a public place (e.g. theatre or meeting)
1	as a passenger in the car for an hour without a break
1	Lying down to rest in the afternoon when circumstances permit
0	Sitting a talking with someone
0	Sitting quietly after lunch without alcohol
0	In a car, while stopped for a few minutes in traffic
Total	2

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Nabil Juma (Print Name) certify that to the best of my knowledge the above information supplied by me is true and **correct**.

OMAN AL-KHAIR HOSPITAL

Signature: _____ **Date:** 23/7/2022

Fitness to Work Certificate

Employee Data		**Date**	23/7/2022
Name	Nabil Juma Yaqoob Al Mukhaini	**Department/Company**	Tyre Omani
I.D No.	2223483	**Age** 48/4	**Occupation** Supervisor

Type of Medical Evaluation		Mark those applying √	
A1	Aircraft refuelling	A6	Fire / Emergency response team work
A2	Breathing apparatus	A7	Professional driving
A3	Business traveller	A8	Remote location work
A4	Catering and food preparation	A9	Transfers – group A country
A5	Crane or forklift driving & all heavy vehicles	A10	Transfers – group B country

Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.

Fit with no restrictions			✓
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	***Temporary restriction***	***Permanent restriction***	
Work near moving machinery or sharp edges			
Working at height			
Puling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			**Date**
Name of health advisor DR. RKM	**Signature**	**Date** 23/7/2022	

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مستشفى عمان الخير ش.م.م
ص.ب ٤٠٠ الرمز البريدي ٥١١
عبري سلطنة عمان

DEPARTMENT OF LABORATORY MEDICINE

File No:	0254343	**Report No:**	0622981		
Name:	NABIL JUMA RAJAB AL MUKHAINI	**Sample Date:**	23/07/2022	**Time:**	17:15
		Received By:	JIBI		
Address:		**Received Date:**	23/07/2022	**Time:**	17:21
Gender:	M **Age:** 48 Y **Nationality:** OMANI	**Report Date:**	23/07/2022	**Time:**	18:19
GSM No.:	99765537 **ID Card No.:** 2222483	**Bill No:**	0832892	**Bill Date:**	23/07/2022
Ref. By:	EXTERNAL DOCTOR	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.95 mmol/L	3.9 - 6.1
Method :- Hexokinase	107.1 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	4.78 mmol/L	1 - 5.1
Method:-Enzymatic	184.79 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.75 mmol/L	0.777 - 1.813
" "	67.66 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.53 mmol/L	1.295 - 4.54
" "	97.84	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.5 mmol/L	0.259 - 1.036
" "	19.29 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	**2.73**	3.8 - 5.9
TRIGLYCERIDES	1.09 mmol/L	0.564 - 2.146
Method : Enzymatic	96.465 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.310 mg/dL	0.1 - 1
Method : Diazo	5.3 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.142 mg/dL	0.1 - 0.5
Method : Diazo	2.43 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	12.84 U/L	Male: up to 40.0 Female: up to32.0
SGPT (ALT)-SERUM (IFCC)	22.91 U/L	Male: 10-50 Female:10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	113.25 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269

Processed By: JIBI
Lab Technologist

Approved By: JIBI
Lab Technologist

Released By: JIBI
Lab Technologist

Specialist Pathologist

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INVESTIGATION	RESULT	REFERENCE RANGE
		7 Years - 12 Years :- <300 13 Years - 17 Years(M) :-<390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.84 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.86 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.98 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	**1.63**	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	59.00 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.03 mmol/L	1.7 - 8.3
Method : Kinetic Assay	24.2 mg/dL	10.2 - 49.8
CREATININE - SERUM	110.92 µmol/L	44.2 - 123.7
Method :-Jaffé Method	1.25 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	10220 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	56.9 %	40-75%
LYMPHOCYTES	33.8 %	20-45%
EOSINOPHILS	1.7 %	2-6 %
MONOCYTES	7.2 %	2-8 %
BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	16.4 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.63 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.68 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	50.70 %	Males : 42% - 52% Females : 37% - 47%

Processed By: JIBI, Lab Technologist

Approved By: JIBI, Lab Technologist

Released By: JIBI, Lab Technologist

Specialist Pathologist

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Ref. By:	EXTERNAL DOCTOR	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
MCV (MEAN CORPUSCULAR VOLUME)	90.10 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	29.10 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.30 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	03 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technolgy		
Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Processed By: JIBI *Lab Technologist*

Approved By: JIBI *Lab Technologist*

Released By: JIBI *Lab Technologist*

Specialist Pathologist

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X-RAY REPORT

Doc No:	0063102
Name:	NABIL JUMA RAJAB AL MUKHAINI
Age/DOB:	48 Y — Omani ID/ L.Card No:: 2222483
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	23/07/2022
X-Ray Filim No:	TRUCK
Bill No:	0832892
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: .....

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI

OMAN AL-KHAIR HOSPITAL

Seal

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ص.ب: ٤٠٠ الرمز البريدي ٥١١
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254343 NABIL JUMA RAJAB 7/23/2022 05:05:31 PM

Oman AlKhair Hospital

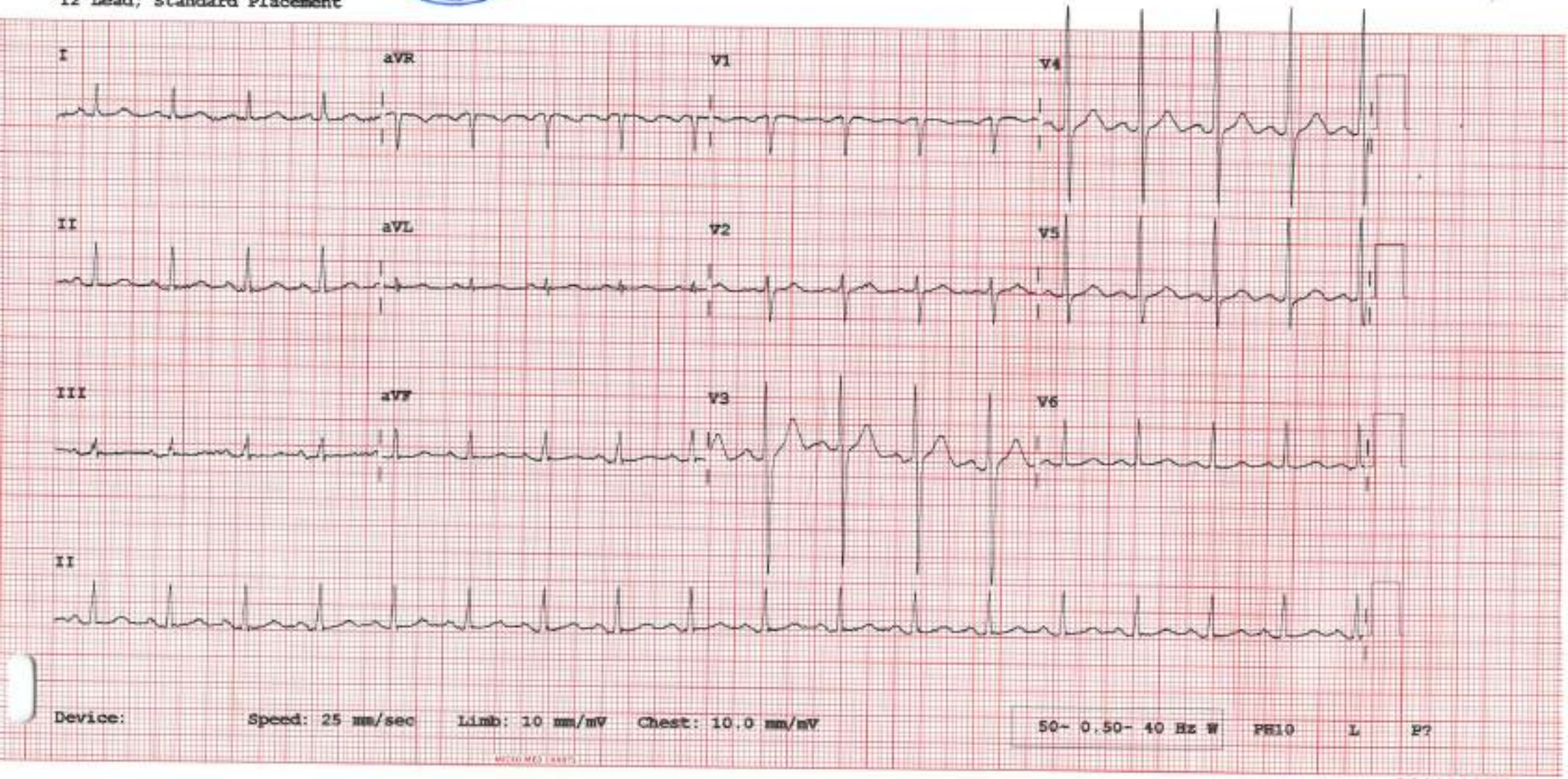
ECG

Rate	106
PR	151
QRSD	92
QT	338
QTc	449

--AXIS--

P	26
QRS	54
T	28

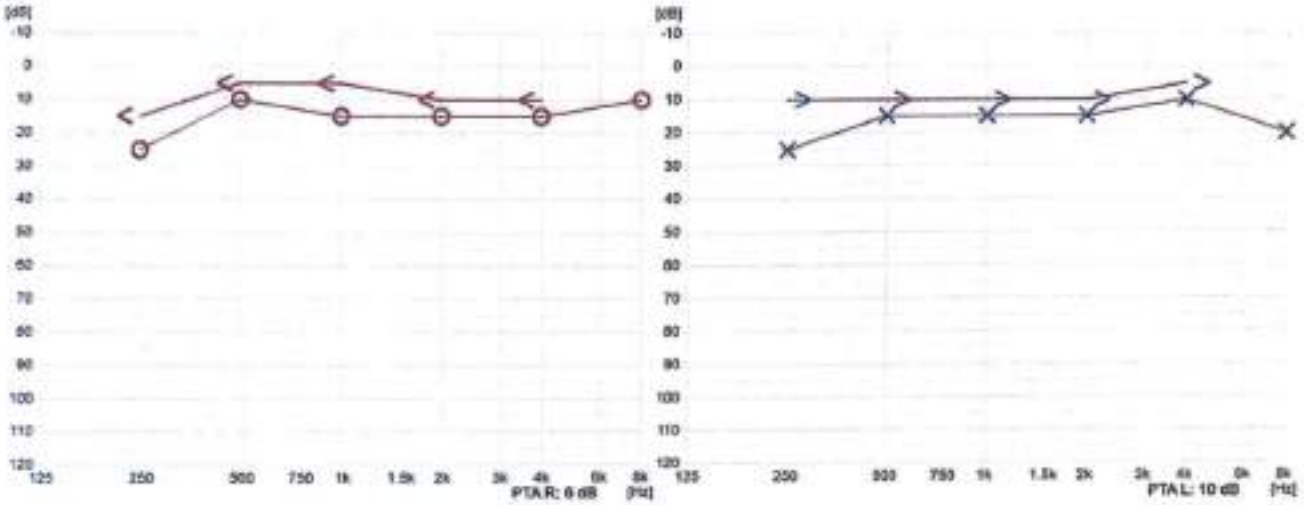
12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV 50~ 0.50~ 40 Hz W PH10 L P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code:	Last name , First name	Born:
0832892	NABIL JUMA RAJAB , AL [redacted]	
Test type	**Test date:**	
Tonal audiometry	23.07.2022	



Legend	R	L
Air	O	X
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊘	%
Free FieldAided	A	A
Binaural		B
No response		∎

PTA

Right: 13dBHL

left: 15dBHL

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:

Date: 23/07/2022