



MEDICAL FITNESS CERTIFICATE FOR TRUCKOMAN

NAME SULTAN MUBARAK KADUR KHAMIS AL MAQBALI

AGE/D.O.B	37 Y, 06.10.1982	DATE	19.02.2020
PASS/ID NO:	6249594	GENDER	MALE
VISION-RT-EYE	6/6 WITHOUT GLASSES	HEIGHT	167 CM
LT-EYE	6/6 WITHOUT GLASSES	WEIGHT	57 KG
HEART	NORMAL	BP	110/70 mmHg
LUNGS	NORMAL	PULSE	80/ Min
ABDOMEN	NORMAL	CNS	NORMAL
SKIN	NORMAL	ENT	NORMAL

INVESTIGATIONS

FBS	NORMAL
BLOOD GROUP	O POSITIVE
HAEMOGRAM	NORMAL
LFT	NORMAL
RFT	NORMAL
LIPID PROFILE	NORMAL
SICKLING TEST	NEGATIVE
URINE ROUTINE	NORMAL
AUDIOGRAM	Normal audiometric threshold
FRAMINGHAM SCORE	Probability of developing cardiovascular disease in next 10 years is 1.85%

COMMENTS

CONCLUSION MEDICALLY FIT

Signature:

DR. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

SEAL

FIT





File No: 3306312
Name: SULTAN MUBARAK KADUR KHAMIS AL MAQBALI
Age: 37 Y **Sex:** M
Nationality: OMANI
GSM No.: 92208491
Ref. By: DR. VENKATESH KUMAR

Doc No: 3449174
Date: 19/02/2020 **Time:** 10:46
Bill No: 03946891
Chs No:
ID No:

Test	Result	Normal Range
BLOOD GROUP	O	
Rh	POSITIVE	
HAEMOGRAM		
TOTAL COUNT(W B C)	5.4 K/uL	4.0 - 11.0 K/uL
DIFFERENTIAL COUNT		
NEUTROPHILS	70 %	40- 75 %
LYMPHOCYTES	22 %	20 -45 %
EOSINOPHILS	02 %	01 - 06 %
MONOCYTS	06 %	02 - 10 %
BASOPHILS	00 %	
HAEMOGLOBIN	14.8 gm/dl	Male : 14 - 18 gm/dl Female - 12-16 gm/dl
R B C COUNT	5.34 mil/uL	3.8 - 5.8 mil/uL
PCV	43.8 %	37 - 47 %
M C V	82.0 fL	78 - 93 fL
M C H	27.7 pg	27 - 32 pg
M C H C	33.8 gm/dL	31 - 35 gm/dL
PLATELET COUNT	169 k/UI	150 - 400 k/UI
SICKLING TEST	NEGATIVE	
BLOOD SUGAR[FASTING]	4.83 mmol/L (87 mg/dl)	Normal: upto 5.55 mmol/l, Impaired fasting glucose:5.55-6.99 mmol/l Diabetic : > 6.99 mmol/l Normal : up to 100 mg/dl Impaired fasting glucose:100-126 mg/dl Diabetic: > 126 mg/dl

Medical Technologist
Out of Normal Range

Requisitioning Doctor:
Out of Critical Range

Clinical Pathologist

Collected Date And Time:

Reported Date And Time:

Headquarters:

CR. No. 1693808, P.B No. 443, P.C. 112,
Ruwi, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765
Al Khuwair : 24488322 | Sohar : 26846660 | Al Khoud : 24546099 | Salalah : 23291830
Barka : 26884910 | Sur : 25546112 | Nizwa : 25447777 | Falaj : 26754131
Email: info@badralsamaahospitals.com

المقر الرئيسي:

س.ت. : ١٩٣٨٠٨، ص. ب. : ٤٤٣، الرمز البريدي : ١١٢
روي، سلطنة عمان. هاتف : ٢٤٧٩٩٧٦٠، فاكس : ٢٤٧٩٩٧٦٥
الخوير : ٢٤٤٨٨٣٢٢ | صحار : ٢٣٨٤٦٦٦٠ | الخوض : ٢٤٥٤٦٠٩٩ | صلالة : ٢٣٢٩١٨٣
بركاء : ٢٦٨٨٤٩١٠ | صور : ٢٥٥٤٦١١٢ | نزوى : ٢٥٤٤٧٧٧٧ | فلج : ٢٦٥٤١٣١
البريد الإلكتروني : info@badroman.com

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION								
N	A											
☒		1. Eyes & Pupils										
☒		2. E.N.T.										
☒		3. Teeth & Mouth										
☒		4. Lungs & Chest										
☒		5. Cardiovascular System										
☒		6. Abdo. Viscera										
☒		7. Hernial Orifices										
☒		8. Anus & Rectum										
☒		9. Genito-urinary										
☒		10. Extremities										
☒		11. Musculo-skeletal										
☒		12. Skin & Varicose Vns.										
☒		13. C.N.S.										
HEIGHT cm		WEIGHT kg		BMI	B.P.	PULSE /mins.	HEARING L ☒ R ☒		VISION DISTANT NEAR Uncorrected Corrected		Colour Vision	Blood Group
167 cm		57 kg		20	110/70	80			R L R L 6/6 6/6 6/6 6/6 Corrected		(N)	O+ve
N	A					LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A	
☒		1. Urinalysis								☒		7. Audiogram
☒		2. Hb, Bloodcount, ESR										8. Lung Function
☒		3. LFT, RFT, RBS										9. Chest X-Ray
☒		4. Drug Screen										10. ECG
☒		5. Lipids (40 years +)										11. CVS risk for 40 yrs. & above
☒		6. Sickle Cell test										12. HIV, Hepatitis screening
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)												
ASSESSMENT: FIT ALL AREAS ☒ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT ☐ Dr. MADHURA NARKAR												
Date: 19/2/20 Name (Block Capitals): Dr. / Nurse Signature: DR. MADHURA RATNAKAR NARKAR MBBS, DNB SPECIALIST - INTERNAL MEDICINE NON-LICENCE # 14832												
REVIEW/CONSULTATION												
Date: Name (Block Capitals): Dr. / Nurse Signature: 												