

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Place of examination: Aster Hospital, Ibra		Date: 11/1/2022		Surname: KHALID ABDALLAH SALIM	
If a dependant enter employee's name here:		Project: TRUCKMAN NORTH LLC		Forenames: ABDALLAH ALABDULI	
Birth date: 1/9/1978		Nationality: Omani		Address:	
☒ Male ☐ Female		☐ Married ☐ Single ☐ Separated /Divorced		Home telephone number: 96221125	
Reason for examination Pre-Employment ☐ Job: Pre-Overseas ☐ Area:		Country of birth: Omani		Religion: Al. Muslim	
Name and address of family doctor		List your last 3 jobs (1)		Relationship to employee ☐ Wife ☐ Son ☐ Daughter	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐		Number of children:	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
Y		N		Y	
1. Sinus trouble		☒		21. Cancer	
2. Neck swelling/glands		☒		22. Heart Disease	
3. Difficulty in vision		☒		23. Rheumatic fever	
4. Any ear discharge		☒		24. Abnormal heartbeat	
5. Asthma/bronchitis		☒		25. High blood pressure	
6. Hayfever /other significant allergy		☒		26. Stroke	
7. Any skin trouble		☒		27. Serious chest pain	
8. Tuberculosis		☒		28. Any blood disease	
9. Shortness of breath		☒		29. Kidney disease	
10. Coughed/vomited blood		☒		30. Blood in urine	
11. Severe abdominal pain		☒		31. Diabetes	
12. Stomach ulcer		☒		32. Headaches/migraine	
13. Recurrent indigestion		☒		33. Dizziness/fainting	
14. Jaundice or hepatitis		☒		34. Epilepsy	
15. Gall Bladder disease		☒		35. Joints/spinal trouble	
16. Marked change in bowel habits		☒		36. Surgical operation	
17. Blood in stools (motions)		☒		37. Serious accident/fracture	
18. Marked change in weight		☒		38. Tropical disease	
19. Varicose veins		☒		39. Fear of heights	
20. Lump in breast/armpit		☒			
How much tobacco each day?		Average daily alcohol consumption		HAVE YOU EVER BEEN:-	
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs				40. Rejected for employment or insurance for medical reasons	
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()				41. Awarded benefits for industrial injury/illness	
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()				42. Treated for a mental condition, e.g. depression	
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				43. Treated for problem drinking or drug abuse	
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details about my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				44. Exposed to toxic substance or noise	
Date: 11/1/2022		Signature of Applicant: [Signature]		FOR WOMEN ONLY	
				Have you ever had:-	
				45. An abnormal smear	
				46. Any gynaecological treatment	
				47. Are you pregnant?	
				48. Have you had an illness not mentioned above	



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION									
N	A												
✓		1. Eyes & Pupils		} cont.									
✓		2. E.N.T.											
		3. Teeth & Mouth											
✓		4. Lungs & Chest											
		5. Cardiovascular System											
✓		6. Abdo. Viscera											
✓		7. Hernial Orifices											
		8. Anus & Rectum											
✓		9. Genito-urinary											
✓		10. Extremities											
		11. Musculo-skeletal											
✓		12. Skin & Varicose Vns.											
		13. C.N.S.											
HEIGHT 170 cm		WEIGHT 82 kg		BMI 28.3	B.P. 150/90	PULSE 90/min.	HEARING L R	VISION		Colour Vision	Blood Group		
								DISTANT				NEAR	
								R	L			R	L
								Uncorrected				6/6 6/8	
								Corrected					
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A						
✓		1. Urinalysis						7. Audiogram					
✓		2. Hb, Bloodcount, ESR						8. Lung Function					
✓		3. LFT, RFT, RBS				✓		9. Chest X-Ray					
		4. Drug Screen				✓		10. ECG					
✓		5. Lipids (40 years +)						11. CVS risk for 40 yrs. & above					
✓		6. Sickle Cell test						12. HIV, Hepatitis screening					

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

Advised to check BP after 1 week.

ASSESSMENT: Over weight. Advised weight reduction

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: _____

11/1/22

Name (Block Capitals): Dr

DR. RACT

REVIEW/CONSULTATION

Signatures

Date: _____

Name (Block Capitals): Dr

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: KHOUW ABDULLAH RAHM ABDULLAH ALABDLI
 Emp #: 8924635
 Date of Assessment: 11/1/2022

1	Age	Years	43
2	Gender	Female/Male	Male
3	Total Cholesterol	mmol/L	5.23
4	HDL Cholesterol	mmol/L	1.88
5	Smoker	Yes/No	No
6	Diabetes	Yes/No	No
7	Systolic Blood pressure	mm Hg	150
8	Is the patient being treated for High blood pressure?	Yes/No	No

Framingham Risk score: 5.6 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 11/1/2022
Name: KHALID ABDALLAH SALIM ABDULLAH ALABDI		Department/Company: TRUCKMON NORTH LLC
I. D No. 8724835	Tel # 96221125	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- 0 sitting and reading
- 0 watching TV
- 0 sitting inactive in a public place (e.g. theatre or meeting)
- 1 as a passenger in the car for an hour without a break
- 1 Lying down to rest in the afternoon when circumstances permit
- 0 Sitting a talking with someone
- 0 Sitting quietly after lunch without alcohol
- 0 In a car, while stopped for a few minutes in traffic

Total 2

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 11/1/2022

Fitness to Work Certificate

Employee Data		Date	11/1/2022
Name	KHALID ABDULLAH SALIM ABDULLAH ALBADI		Department/Company
ID No.	8724835	Age	43.4
Type of Medical Evaluation		Occupation	
Mark those applying ✓			
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers - group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers - group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		✓	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of Health Advisor	Signature	Date	11/1/2022



DEPARTMENT OF LABORATORY MEDICINE

File No: 0243377	Report No: 0596623
Name: KHALID ABDALLAH SALIM ABDALLAH ALABDLI	Sample Date: 11/01/2022 Time: 11:05
Address:	Received By: JIBI
Gender: M Age: 43 Y Nationality: OMANI	Received Date: 11/01/2022 Time: 11:09
GSM No.: 96221125 ID Card No.: 8724835	Report Date: 11/01/2022 Time: 15:19
Ref. By: EXTERNAL DOCTOR	Bill No: 0803749 Bill Date: 11/01/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.60 mmol/L	3.9 - 6.1
Method :- Hexokinase	100.8 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.23 mmol/L	1 - 5.1
Method:-Enzymatic	202.19 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.82 mmol/L	0.777 - 1.813
" "	70.36 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.11 mmol/L	1.295 - 4.54
" "	120.15	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.3 mmol/L	0.259 - 1.036
" "	11.68 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	2.87	3.8 - 5.9
TRIGLYCERIDES	0.66 mmol/L	0.584 - 2.146
Method : Enzymatic	58.41 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.486 mg/dL	0.1 - 1
Method : Diazo	8.31 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.187 mg/dL	0.1 - 0.5
Method : Diazo	3.2 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	26.49 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	30.57 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	50.34 U/L	Adult : Men -40-129

Processed By:
JIBI
Lab Technologist

MOH LIC No: 4384

Approved By:
JIBI
Lab Technologist

Lab Technologist

Released By:
JIBI
Lab Technologist

MOH LIC No: 4384



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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.05 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.36 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.69 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.62	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	66.65 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	3.34 mmol/L	1.7 - 8.3
Method : Kinetic Assay	20.06 mg/dL	10.2 - 49.8
CREATININE - SERUM	67.00 µmol/L	44.2 - 123.7
Method :-Jaffé Method	0.76 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	4780 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	44.2 %	40-75%
LYMPHOCYTES	41.0 %	20-45%
EOSINOPHILS	2.6 %	2-6 %
MONOCYTES	11.4 %	2-8 %

Processed By:

JIBI

Lab Technologist

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Specialist Pathologist

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	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.8 %	0-1%
HB (HEMOGLOBIN)	13.6 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.82 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.49 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	44.00 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	75.60 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	23.40 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	30.90 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	03 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL	NEGATIVE
URINE ROUTINE	
URINE BIOCHEMISTRY	
GLUCOSE	NIL
PROTEIN	NIL
KETONE	NIL
BILIRUBIN	NIL
pH	ACIDIC

Processed By:
JIBI

Lab Technologist

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Ref. By: EXTERNAL DOCTOR	Bill No: 0803749 Bill Date: 11/01/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

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Processed By:
JIBI
Lab Technologist

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MOH LIC No: 4384



Specialist Pathologist

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X-RAY REPORT

Doc No:	0059964
Name:	KHALID ABDALLAH SALIM ABDALLAH ALABDLI
Age/DOB:	43 Y Omani ID/ L.Card No:: 8724835
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	11/01/2022
X-Ray Film No:	TO
Bill No:	0803749
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: _____

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



243377

43 Years

KHALID ABDALLAH

Male

11-Jan-22 10:53:52 AM

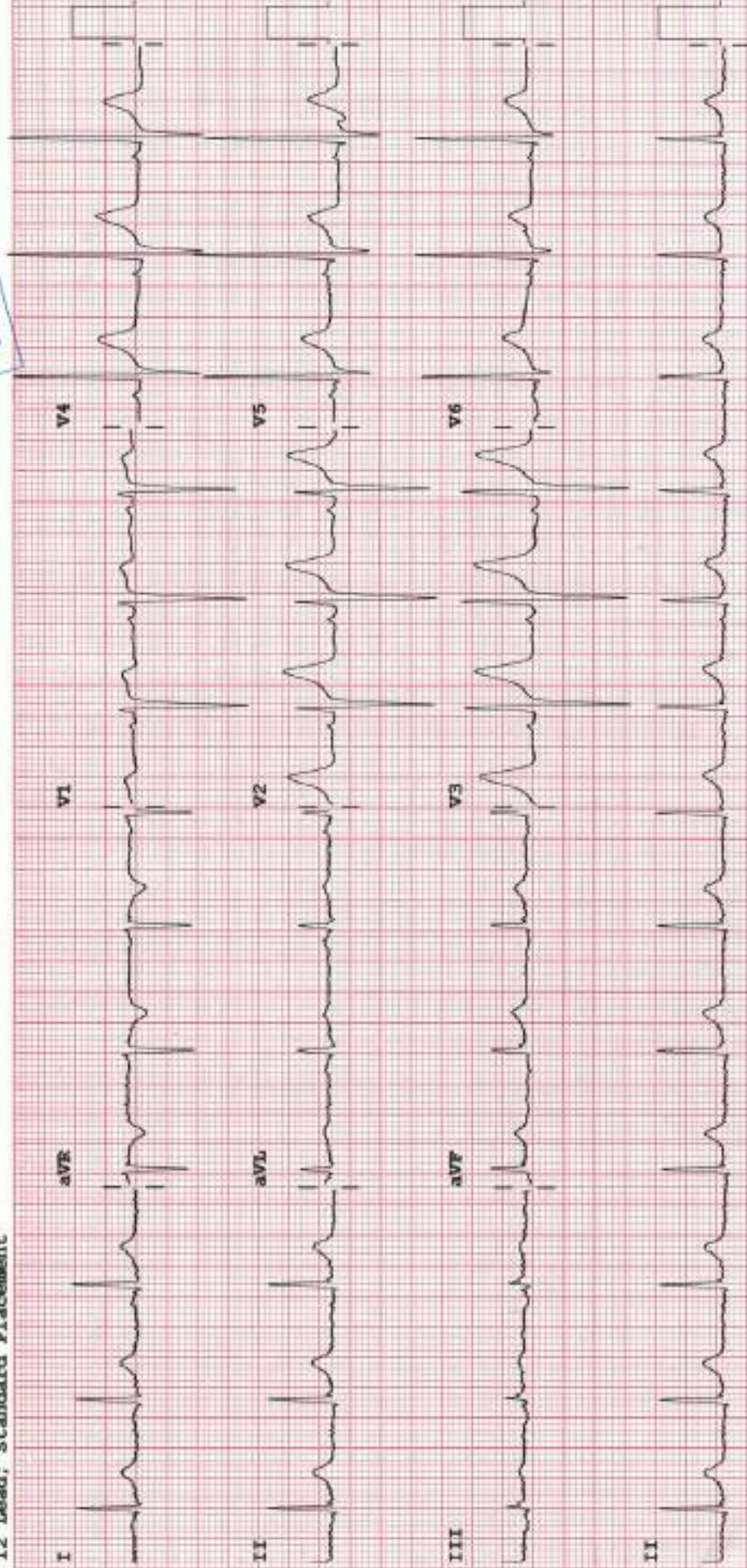
ASTER HOSPITAL IERI (Emergency)

Rate 80
RR 750
PR 118
QRS 95
QT 378
QTc 436

--AXIS--

P -11
QRS 34
T 41

12 Lead: Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50- 0.50- 40 Hz W

PH10

CL

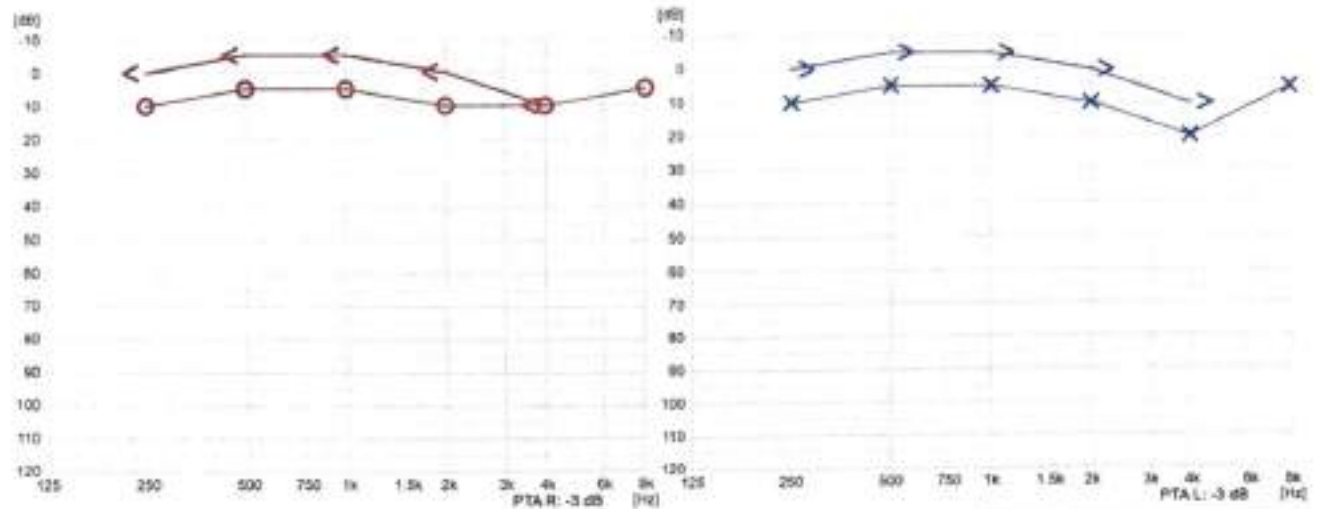
P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0903749	Last name , First name AL ABOLI , KHALID ABDALAH	Born: 11/01/2022
Test type: Tonal audiometry	Test date: 11/01/2022	



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free FieldAided	A	A
Binaural	B	
No response	I	

PTA

Right: -6.6 dBHL

Left: -6.6 dBHL

Comments
BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature:



Date: 11/01/2022