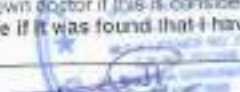


Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Surname: <u>Sulaiman Abdulrah</u>					
Forenames: <u>Abdulrah</u>					
Address: <u>Ibn</u>					
Home telephone number:					
Place of examination: Aster Hospital, ibn	Date: <u>02-3-2021</u>				
If a dependant enter employee's name here:					
Project:					
Birth date: <u>01-11-1978</u>	Nationality: <u>OMAN</u>				
Country of birth:	Religion:				
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced				
Relationship to employee: ☐ Wife ☐ Son ☐ Daughter					
Number of children:					
Reason for examination: ☐ Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area:					
Name and address of family doctor:					
List your last 3 jobs (1):					
Are you a Registered Disabled Person? (UK only) ☐ Do you belong to any Medical Insurance Scheme? ☐					
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments)					
Y	N	Y	N	Y	N
1. Sinus trouble	☒	21. Cancer	☒	HAVE YOU EVER BEEN:-	
2. Neck swelling/glands	☒	22. Heart Disease	☒	40. Rejected for employment or insurance for medical reasons	☒
3. Difficulty in vision	☒	23. Rheumatic fever	☒	41. Awarded benefits for industrial injury/illness	☒
4. Any ear discharge	☒	24. Abnormal heartbeat	☒	42. Treated for a mental condition, e.g. depression	☒
5. Asthma/bronchitis	☒	25. High blood pressure	☒	43. Treated for problem drinking or drug abuse	☒
6. Hayfever /other significant allergy	☒	26. Stroke	☒	44. Exposed to toxic substance or noise	☒
7. Any skin trouble	☒	27. Serious chest pain	☒	FOR WOMEN ONLY	
8. Tuberculosis	☒	28. Any blood disease	☒	Have you ever had:-	
9. Shortness of breath	☒	29. Kidney disease	☒	45. An abnormal smear	
10. Coughed/vomited blood	☒	30. Blood in urine	☒	46. Any gynaecological treatment	
11. Severe abdominal pain	☒	31. Diabetes	☒	47. Are you pregnant?	
12. Stomach ulcer	☒	32. Headaches/migraine	☒	48. Have you had an illness not mentioned above	
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒		
14. Jaundice or hepatitis	☒	34. Epilepsy	☒		
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒		
16. Marked change in bowel habits	☒	36. Surgical operation	☒		
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒		
18. Marked change in weight	☒	38. Tropical disease	☒		
19. Varicose veins	☒	39. Fear of heights	☒		
20. Lump in breast/armpit	☒				
How much tobacco each day?		Average daily alcohol consumption			
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs					
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()					
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-					
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of the medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.					
Date: <u>21/3/21</u>		Signature of Applicant: 			



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION							
N	A								
☒		1. Eyes & Pupils	and						
☒		2. E.N.T.							
☒		3. Teeth & Mouth							
☒		4. Lungs & Chest							
☒		5. Cardiovascular System							
☒		6. Abdo. Viscera							
☒		7. Genital Orifices							
☒		8. Anus & Rectum							
☒		9. Genito-urinary							
☒		10. Extremities							
☒		11. Musculo-skeletal							
☒		12. Skin & Varicose Vns							
☒		13. C.N.S.							
HEIGHT cm	WEIGHT kg	BMI	S.P.	PULSE	HEARING	VISION		Colour Vision	Blood Group
165	64kg	23.5	130/90 mmHg	85/min	L	6/6	DISTANT	NEAR	
					R	6/6	R	L	R
						Uncorrected			
						Corrected			
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A		
☒		1. Urinalysis			☒		7. Audiogram		
☒		2. Hb. Bloodcount, ESR			☒		8. Lung Function		
☒		3. LFT, RFT, RBS			☒		9. Chest X-Ray		
☒		4. Drug Screen			☒		10. ECG		
☒		5. Lipids (40 years +)					11. CVS risk for 40 yrs. & above		
☒		6. Sickie Cell test					12. HIV, Hepatitis screening		

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 3/12/2011 Name (Block Capitals): Dr. F. AL-SAYED Signature: [Signature]

REVIEW/CONSULTATION

Date: 2-3-2012 Name (Block Capitals): Dr. [Signature]

Signature: [Signature]



Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Abdullah Sulaiman
Emp #: _____
Date of Assessment: 2/3/2021

1	Age	12 Years	
2	Gender	Female/Male	
3	Total Cholesterol	4.4 mmol/L	
4	HDL Cholesterol	1.0 mmol/L	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	130 mm Hg	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 2 %

Framingham Risk Rating (Circle the appropriate score):

Low Medium High

Any further action or recommendations?

Assessment or Examination conducted by:

Dr. Abdulaziz Al-Sulaiman



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 02-03-2021
Name: Abdullah Syarman		Department/Company:
L.D No. 7846025	Tel # 72233445	Occupation: Supervisor

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

1 Lying down to rest in the afternoon when circumstances permit

0 Sitting a talking with someone

0 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Abdullah Syarman (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 02-03-2021



Fitness to Work Certificate

Employee Data		Date	2/8/2021
Name		Abdullah Salameen	
I.D No.		Age	Occupation
			Supervisor
Type of Medical Evaluation		Mark those applying	
A1	Aircraft refuelling	A6	Fire / Emergency response team work
A2	Breathing apparatus	A7	Professional driving
A3	Business traveller	A8	Remote location work
A4	Catering and food preparation	A9	Transfers - group A country
A5	Crane or forklift driving & all heavy vehicles	A10	Transfers - group B country
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature	Date	2-03-2021



DEPARTMENT OF LABORATORY MEDICINE

File No: 220151	Report No: 0566455
Name: ABDULLAH SULAIMAN ABDULLAH ALDAGHAISHI	Sample Date: 02/03/2021 Time: 18:24
Address:	Received By: SWATHY
Gender: M Age: 42 Y Nationality: OMANI	Received Date: 02/03/2021 Time: 18:28
GSM No.: 72273945 ID Card No.: 7846025	Report Date: 02/03/2021 Time: 20:06
Ref. By: EXTERNAL DOCTOR	Bill No: 0748043 Bill Date: 02/03/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.58 mmol/L	3.9 - 6.1
Method :- Hexokinase	100.44 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	4.47 mmol/L	1 - 5.1
Method:-Enzymatic	172.81 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.09 mmol/L	0.777 - 1.813
" "	42.0 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.62 mmol/L	1.295 - 4.54
" "	101.07	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.77 mmol/L	0.259 - 1.036
" "	29.74 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.1	3.8 - 5.9
TRIGLYCERIDES	1.68 mmol/L	0.564 - 2.146
Method : Enzymatic	148.68 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.38 mg/dL	0.1 - 1
Method : Diazo	6.5 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.2 mg/dL	0.1 - 0.5
Method : Diazo	3.5 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	22.20 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	12.70 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	81.60 U/L	Adult : Men -40-129

Processed By:
SWATHY
Lab Technologist

Approved By:
SWATHY
Lab Technologist

Released By:
SWATHY
Lab Technologist

Specialist Pathologist

MOH License No: 13250

MOH License No: 13250

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DEPARTMENT OF LABORATORY MEDICINE

File No: 220151
Name: ABDULLAH SULAIMAN ABDULLAH
ALDAGHAISHI
Address:
Gender: M **Age:** 42 Y **Nationality:** OMANI
GSM No.: 72273945 **ID Card No.:** 7846025
Ref. By: EXTERNAL DOCTOR

Report No: 0566455
Sample Date: 02/03/2021 **Time:** 18:24
Received By: SWATHY
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Report Date: 02/03/2021 **Time:** 20:06
Bill No: 0748043 **Bill Date:** 02/03/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children (Aged) 7 months - 1 Year :- <462 1 Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years (M) :- <390 13 Years - 17 Years (F) :- <187
TOTAL PROTEIN-SERUM (Colorimetric Assay)	8.58 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.84 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.74 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.29	1.2 - 1.5
GGT (GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	38 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.00 mmol/L	1.7 - 8.3
Method : Kinetic Assay	24.02 mg/dL	10.2 - 49.8
CREATININE - SERUM	79.56 µmol/L	44.2 - 123.7
Method : Jaffe Method	0.9 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	4180 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	31.6 %	40-75%
LYMPHOCYTES	54.5 %	20-45%
EOSINOPHILS	0.7 %	2-6 %
MONOCYTES	12.2 %	2-8 %

Processed By:
SWATHY
Lab Technologist

MOH License No: 13250

Approved By:
SWATHY
Lab Technologist

SWATHY I.L.S
Lab Technologist
MOH License No: 13250

Released By:
SWATHY
Lab Technologist

MOH License No: 13250

Specialist Pathologist



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DEPARTMENT OF LABORATORY MEDICINE

File No: 220151	Report No: 0566455
Name: ABDULLAH SULAIMAN ABDULLAH ALDAGHAISHI	Sample Date: 02/03/2021 Time: 18:24
Address:	Received By: SWATHY
Gender: M Age: 42 Y Nationality: OMANI	Received Date: 02/03/2021 Time: 18:28
GSM No.: 72273945 ID Card No.: 7846025	Report Date: 02/03/2021 Time: 20:06
Ref. By: EXTERNAL DOCTOR	Bill No: 0748043 Bill Date: 02/03/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	1.0 %	0-1%
HB (HEMOGLOBIN)	12.7 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	7.03 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	4.01 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	43.40 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	61.70 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	18.10 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	29.30 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

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Lab Technologist

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Lab Technologist

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Lab Technologist

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DEPARTMENT OF LABORATORY MEDICINE

File No: 220161
Name: ABDULLAH SULAIMAN ABDULLAH
ALDAGHAISHI
Address:
Gender: M **Age:** 42 Y **Nationality:** OMANI
GSM No.: 72273945 **ID Card No.:** 7846025
Ref. By: EXTERNAL DOCTOR

Report No: 0566455
Sample Date: 02/03/2021 **Time:** 18:24
Received By: SWATHY
Received Date: 02/03/2021 **Time:** 18:28
Report Date: 02/03/2021 **Time:** 20:06
Bill No: 0748043 **Bill Date:** 02/03/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	NIL /hpf	
YEAST CELLS	NIL /hpf	

Processed By:
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Lab Technologist

MOH License No: 13250

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Lab Technologist

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Lab Technologist

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220151

abdullah sulaiman

3/2/2021 05:53:19 PM

Oman AlKhair Hospital

ECG

Rate 85

PR 145

QRSD 85

QT 350

QTc 417

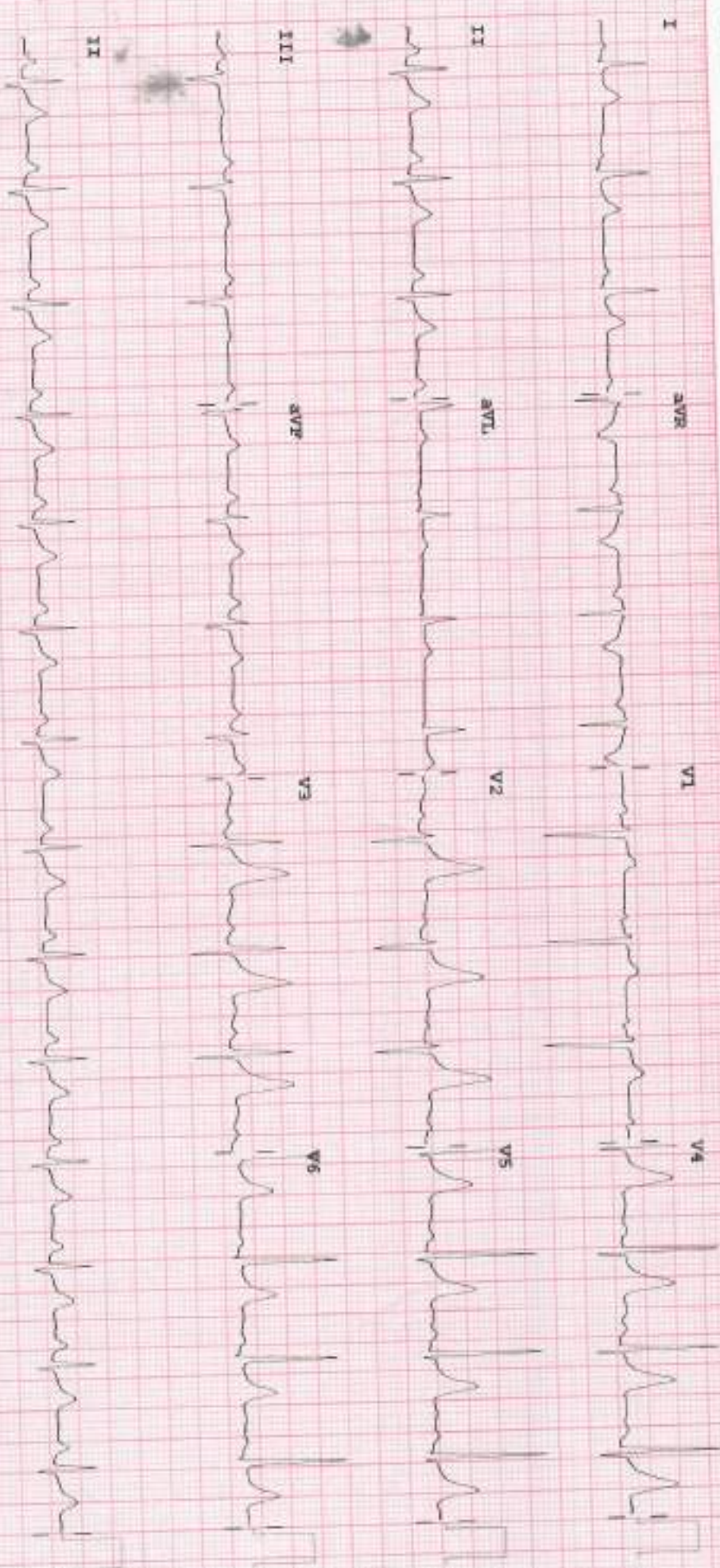
--AXIS--

P 68

QRS -7

T 40

12 lead: Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50-0.50-40 Hz W

FH10

L

P7

X-RAY REPORT

Doc No:	0057696		
Name:	ABDULLAH SULAIMAN ABDULLAH ALDAGHAISHI		
Age/DOB:	42 Y	ID Card No	7846025
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	02/03/2021		
X-Ray Film No:	TRUCK OMAN		
Bill No:	0748043		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

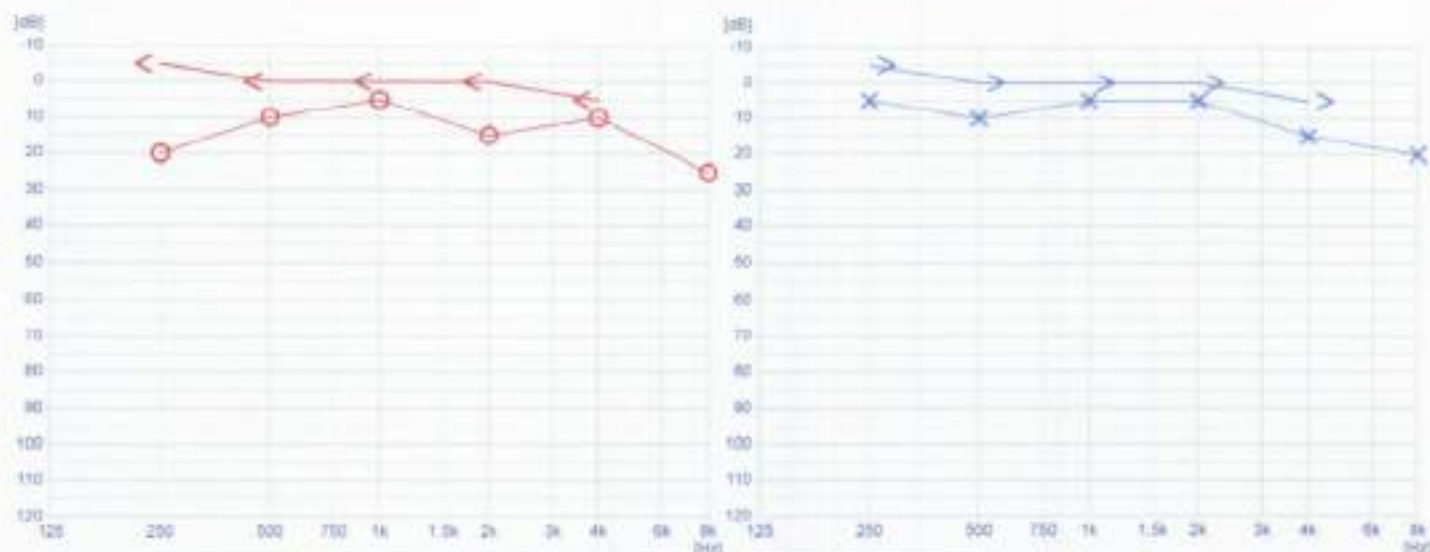
Signature: _____



SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0748043 Last name, First name: A DAGHAISHI, ABDULLAH Born: 28.03.1999

Test type: Tonal audiometry Test date: 02.03.2021



Audiometry (unaided)								
Freq [Hz]	500	1000	1500	2000	3000	4000	6000	8000
Left	10	5		5		15		20
Right	10	5		15		10		25
Calculate % hearing loss (if known)								
			L (%)	R (%)	Binaural (%)	Comments		
Does the applicant exceed 35dB loss in either ear at 0.5, 1.0 or 2.0 kHz?					Yes/No			

Legend	R	L
Air	O	X
Air/Masked	Δ	□
Bone	<	>
Bone/Masked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free Field/Aided	A	A
Binaural	B	
No response	I	

PTA
Right:- 10 dB HL
Left:- 6.6 dB HL

Comments
BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature:

Date: 02/03/2021

