

Initial Medical Examination Report
INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Surname: Hamood Saif				
Forenames: Hamad				
Address: Ibri				
Home telephone number:				
Place of examination: Aster Hospital, Ibri	Date: 02-03-2021			
If a dependant enter employee's name here:				
Birth date: 18-08-1985	Project:			
Nationality: Omani	Country of birth:			
Religion:	Relationship to employee			
☒ Male ☐ Female ☒ Married ☐ Single ☐ Separated / Divorced	☐ Wife ☐ Son ☐ Daughter			
Reason for examination: ☐ Pre-Employment ☐ Job:	Number of children:			
☐ Pre-Overseas ☐ Area:				
Name and address of family doctor:	List your last 3 jobs (1)			
Are you a Registered Disabled Person? (UK only) ☐				
Do you belong to any Medical Insurance Scheme? ☐				
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
Y	N	Y	N	HAVE YOU EVER BEEN:-
	☒		☒	40. Rejected for employment or insurance for medical reasons
1. Sinus trouble	☒	21. Cancer	☒	41. Awarded benefits for industrial injury/illness
2. Neck swelling/glands	☒	22. Heart Disease	☒	42. Treated for a mental condition, e.g. depression
3. Difficulty in vision	☒	23. Rheumatic fever	☒	43. Treated for problem drinking or drug abuse
4. Any ear discharge	☒	24. Abnormal heartbeat	☒	44. Exposed to toxic substance or noise
5. Asthma/bronchitis	☒	25. High blood pressure	☒	FOR WOMEN ONLY
6. Hayfever /other significant allergy	☒	26. Stroke	☒	Have you ever had:-
7. Any skin trouble	☒	27. Serious chest pain	☒	45. An abnormal smear
8. Tuberculosis	☒	28. Any blood disease	☒	46. Any gynaecological treatment
9. Shortness of breath	☒	29. Kidney disease	☒	47. Are you pregnant?
10. Coughed/vomited blood	☒	30. Blood in urine	☒	48. Have you had an illness not mentioned above
11. Severe abdominal pain	☒	31. Diabetes	☒	
12. Stomach ulcer	☒	32. Headaches/migraine	☒	
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒	
14. Jaundice or hepatitis	☒	34. Epilepsy	☒	
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒	
16. Marked change in bowel habits	☒	36. Surgical operation	☒	
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒	
18. Marked change in weight	☒	38. Tropical disease	☒	
19. Varicose veins	☒	39. Fear of heights	☒	
20. Lump in breast/arm/pit	☒			
How much tobacco each day?		Average daily alcohol consumption		
Have you ever taken illicit drugs? ☒		PDD test all new/potential employees for illicit/recreational drugs		
FAMILY HISTORY: Diabetes ☒ Mother Tuberculosis ☒ Epilepsy ☒ Asthma ☒ Eczema ☒		Stroke ☒ Blood Disease ☒ Cancer ☒		
Heart disease ☒ High blood pressure ☒				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDD reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 02-03-2021		Signature of Applicant: 		



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION					
N	A								
/		1. Eyes & Pupils							
/		2. E.N.T.							
/		3. Teeth & Mouth							
/		4. Lungs & Chest							
/		5. Cardiovascular System							
/		6. Abdo. Viscera							
/		7. Hernial Orifices							
/		8. Anus & Rectum							
/		9. Genito-urinary							
/		10. Extremities							
/		11. Musculo-skeletal							
/		12. Skin & Varicose Vns.							
/		13. C.N.S.							
HEIGHT cm	WEIGHT kg	BMI	S.P.	PULSE	HEARING	VISION		Colour Vision	Blood Group
172cm	76kg	25.7	130/72 mmHg	72/min	L	DISTANT	NEAR		
			50		R	R	L		
						Uncorrected			
						Corrected			
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A		
/		1. Urinalysis				/		7. Audiogram	
/		2. Hb, Bloodcount, ESR				/		8. Lung Function	
/		3. LFT, RFT, RBS				/		9. Chest X-Ray	
/		4. Drug Screen				/		10. ECG	
/		5. Lipids (40 years +)				/		11. CVS risk for 40 yrs. & above	
/		6. Sickie Cell test				/		12. HIV, Hepatitis screening	

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date:

Name (Block Capitals): Dr.

Signature:

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr.

Signature:

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Hamed Hamed
Emp #: _____
Date of Assessment: 2/3/21

1	Age	34 Years	
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L 5.3	
4	HDL Cholesterol	mmol/L 1.0	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg 130	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 2 %

Framingham Risk Rating (Circle the appropriate score):

Low Medium High

Any further action or recommendations?

Assessment or Examination conducted by:

M. P. A. B. S. + B. S.

[Signature]



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 02-03-2021
Name: Hamed Hameed		Department/Company: Truckman
I. D No. 15500165	Tel # 99573572	Occupation: Driver

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

0 Lying down to rest in the afternoon when circumstances permit

0 Sitting & talking with someone

0 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 0

If you score a total of 15 or more you should seek advice from medical personnel on-site before continuing to drive or operate machinery in the workplace.

Declaration: I, Hamed Hameed (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 02-03-2021

Fitness to Work Certificate

Employee Data		Date <u>2/3/21</u>	
Name <u>Hamud Hamood</u>		Department/Company <u>Truck owner</u>	
ID No.	Age <u>34 y.m</u>	Occupation <u>Driver</u>	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☒
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers – group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers – group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit		Date	
Name of health advisor <u>Dr. Rashed</u> Signature <u>[Signature]</u>		Date <u>03-03-2021</u>	

DEPARTMENT OF LABORATORY MEDICINE

File No: 220152	Report No: 0566454
Name: HAMED HAMOOD SAID ALGHAFRI	Sample Date: 02/03/2021 Time: 18:11
Address:	Received By: SWATHY
Gender: M Age: 34 Y Nationality: OMANI	Received Date: 02/03/2021 Time: 18:18
GSM No.: 99573573 ID Card No.: 15500165	Report Date: 02/03/2021 Time: 20:05
Ref. By: EXTERNAL DOCTOR	Bill No: 0748049 Bill Date: 02/03/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckoman)		
FBS (FASTING BLOOD SUGAR)	4.20 mmol/L	3.9 - 6.1
Method :- Hexokinase	75.6 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	4.53 mmol/L	1 - 5.1
Method:-Enzymatic	175.13 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.04 mmol/L	0.777 - 1.813
" "	40.0 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.01 mmol/L	1.295 - 4.54
" "	116.37	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.49 mmol/L	0.259 - 1.036
" "	18.76 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.36	3.8 - 5.9
TRIGLYCERIDES	1.06 mmol/L	0.564 - 2.146
Method : Enzymatic	93.81 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.44 mg/dL	0.1 - 1
Method : Diazo	7.60 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.2 mg/dL	0.1 - 0.5
Method : Diazo	3.5 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	20.70 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	29.70 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	59.37 U/L	Adult : Men -40-129

Processed By:
swathy
Lab Technologist

Approved By:
SWATHY
Lab Technologist

Released By:
SWATHY
Lab Technologist
MOH License No: 13250

Specialist Pathologist

MOH License No: 13250

Printed at: 02/03/2021 8:06:47 PM

Page 1 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 220152
Name: HAMED HAMOOD SAID ALGHAFRI
Address:
Gender: M **Age:** 34 Y **Nationality:** OMANI
GSM No.: 99573573 **ID Card No.:** 15500165
Ref. By: EXTERNAL DOCTOR

Report No: 0566454
Sample Date: 02/03/2021 **Time:** 18:11
Received By: SWATHY
Received Date: 02/03/2021 **Time:** 18:18
Report Date: 02/03/2021 **Time:** 20:05
Bill No: 0748049 **Bill Date:** 02/03/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children (Aged) 7 months - 1 Year :- <462 1 Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years (M) :- <390 13 Years - 17 Years (F) :- <187
TOTAL PROTEIN-SERUM (Colorimetric Assay)	8.64 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.95 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.69 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.34	1.2 - 1.5
GGT (GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	35 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.30 mmol/L	1.7 - 8.3
Method : Kinetic Assay	25.83 mg/dL	10.2 - 49.8
CREATININE - SERUM	81.95 µmol/L	44.2 - 123.7
Method :- Jaffe Method	0.93 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	5730 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	28.8 %	40-75%
LYMPHOCYTES	51.1 %	20-45%
EOSINOPHILS	9.6 %	2-8 %
MONOCYTES	9.8 %	2-8 %

Processed By:
swathy
Lab Technologist

Approved By:
SWATHY
Lab Technologist

Released By:
SWATHY
Lab Technologist
MOH License No: 13250



MOH License No: 13250

Printed at: 02/03/2021 8:06:47 PM

Page 2 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 220152
Name: HAMED HAMOOD SAID ALGHAFRI
Address:
Gender: M Age: 34 Y Nationality: OMANI
GSM No.: 99573573 ID Card No.: 15500165
Ref. By: EXTERNAL DOCTOR

Report No: 0566454
Sample Date: 02/03/2021 Time: 18:11
Received By: SWATHY
Received Date: 02/03/2021 Time: 18:18
Report Date: 02/03/2021 Time: 20:05
Bill No: 0748049 Bill Date: 02/03/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.7 %	0-1%
HB (HEMOGLOBIN)	13.5 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	4.49 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	1.75 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	42.90 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	95.50 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	30.10 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	31.50 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	06 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

Processed By:
swathy
Lab Technologist

Approved By:
SWATHY
Lab Technologist

Released By:
SWATHY
Lab Technologist

Specialist Pathologist

MOH License No: 13250

MOH License No: 13250

Printed at: 02/03/2021 8:06:47 PM

Page 3 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 220152	Report No: 0556454
Name: HAMED HAMOOD SAID ALGHAFRI	Sample Date: 02/03/2021 Time: 18:11
Address:	Received By: SWATHY
Gender: M Age: 34 Y Nationality: OMANI	Received Date: 02/03/2021 Time: 18:18
GSM No.: 99573573 ID Card No.: 15500165	Report Date: 02/03/2021 Time: 20:05
Ref. By: EXTERNAL DOCTOR	Bill No: 0748049 Bill Date: 02/03/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	NIL /hpf	
YEAST CELLS	NIL /hpf	

Processed By:
swathy
Lab Technologist

Approved By:
SWATHY
Lab Technologist

Released By:
SWATHY
Lab Technologist

Specialist Pathologist

MOH License No: 13250

MOH License No: 13250

Printed at: 02/03/2021 8:08:47 PM

Page 4 of 4

X-RAY REPORT

Doc No:	0057697
Name:	HAMED HAMOOD SAID ALGHAFRI
Age/DOB:	34 Y ID Card No 15500165
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	02/03/2021
X-Ray Film No:	TRUCK OMAN
Bill No:	0748049
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: _____

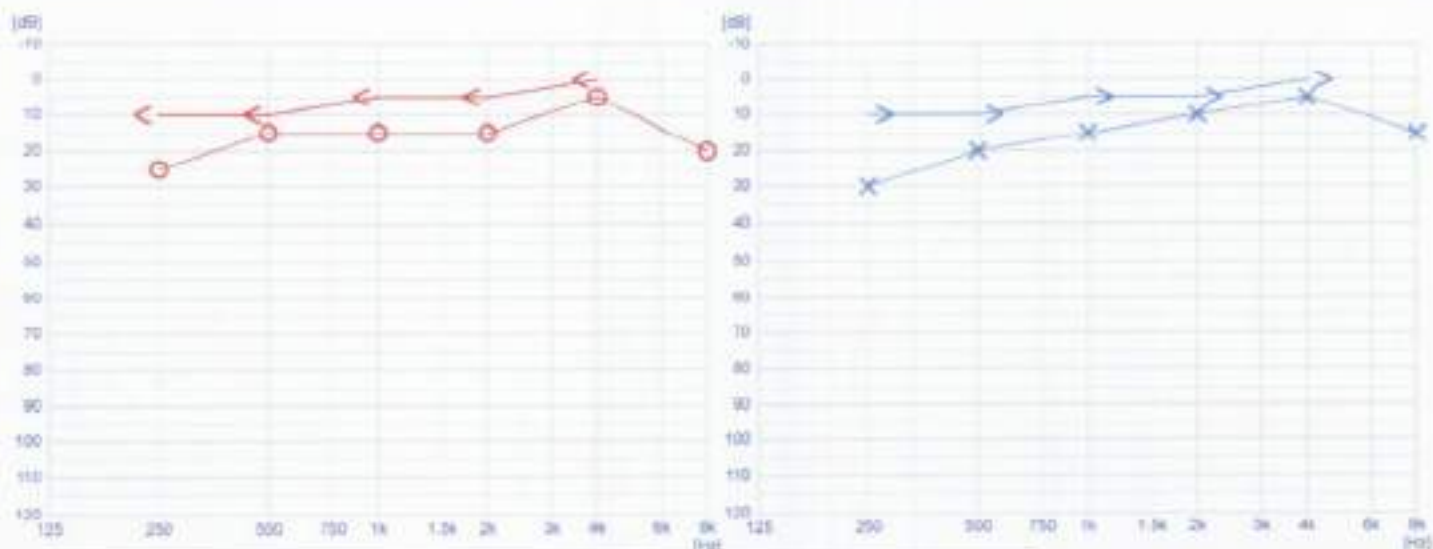
2 April



SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0748049 Last name, First name: AL GHAFRI, HAMED HAMED DOB: 03.03.2020

Test type: Tonal audiometry Test date: 02.03.2021



Audiometry (unaided)								
Freq [Hz]	500	1000	1500	2000	3000	4000	6000	8000
Left	20	15		10		5		10
Right	15	15		15		5		20
Calculate % hearing loss (if known)			L (%)	R (%)	Binaural (%)	Comments		
Does the applicant exceed 30dB loss in either ear at 0.5, 1.0 or 2.0KHz?					Yes/No:			

Legend	R	L
Air	O	X
AirMasked	Δ	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldAided	A	A
Binaural	B	
No response	I	

PTA
Right:- 15 dBHL
Left:- 15 dBHL

Comments
BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature:

Date: 02/03/2021

