

Initial Medical Examination Report

Employ: 0415

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Surname: Thabrim Abdullah Mohamed			
Forenames: Humaid Al. Nasir			
Address: 98005006			
Place of examination: Aster Hospital, Ibri	Date: 24/3/22		
Home telephone number: 98005006			
If a dependant enter employee's name here:			
Project: Stackoman North Life			
Birth date: 16/10/1983	Nationality: Omani		
Country of birth: Dhuf	Religion: Al. Nasir		
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced		
☐ Wife ☐ Son ☐ Daughter	Relationship to employee: Al. Nasir		
Number of children:			
Reason for examination	Pre-Employment ☐ Job: Stackoman North Life		
	Pre-Overseas ☐ Area:		
Name and address of family doctor	List your last 3 jobs (1)		
Are you a Registered Disabled Person? (UK only) ☐	Do you belong to any Medical Insurance Scheme? ☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
Y N	Y N		
1. Sinus trouble	✓	21. Cancer	✓
2. Neck swelling/glands	✓	22. Heart Disease	✓
3. Difficulty in vision	✓	23. Rheumatic fever	✓
4. Any ear discharge	✓	24. Abnormal heartbeat	✓
5. Asthma/bronchitis	✓	25. High blood pressure	✓
6. Hayfever /other significant allergy	✓	26. Stroke	✓
7. Any skin trouble	✓	27. Serious chest pain	✓
8. Tuberculosis	✓	28. Any blood disease	✓
9. Shortness of breath	✓	29. Kidney disease	✓
10. Coughed/vomited blood	✓	30. Blood in urine	✓
11. Severe abdominal pain	✓	31. Diabetes	✓
12. Stomach ulcer	✓	32. Headaches/migraine	✓
13. Recurrent indigestion	✓	33. Dizziness/fainting	✓
14. Jaundice or hepatitis	✓	34. Epilepsy	✓
15. Gall Bladder disease	✓	35. Joints/spinal trouble	✓
16. Marked change in bowel habits	✓	36. Surgical operation	✓
17. Blood in stools (motions)	✓	37. Serious accident/fracture	✓
18. Marked change in weight	✓	38. Tropical disease	✓
19. Varicose veins	✓	39. Fear of heights	✓
20. Lump in breast/arm/pit	✓		
HAVE YOU EVER BEEN:-			
40. Rejected for employment or insurance for medical reasons	✓		
41. Awarded benefits for industrial injury/illness	✓		
42. Treated for a mental condition, e.g. depression	✓		
43. Treated for problem drinking or drug abuse	✓		
44. Exposed to toxic substance or noise	✓		
FOR WOMEN ONLY			
Have you ever had:-			
45. An abnormal smear			
46. Any gynaecological treatment			
47. Are you pregnant?			
48. Have you had an illness not mentioned above			
How much tobacco each day? Average daily alcohol consumption			
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs			
FAMILY HISTORY: Diabetes (✓) Tuberculosis (✓) Epilepsy (✓) Asthma (✓) Eczema (✓)			
Heart disease (✓) High blood pressure (✓) Stroke (✓) Blood Disease (✓) Cancer (✓)			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 24/3/22	Signature of Applicant: 		

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION	
N	A		
☒		1. Eyes & Pupils	
☒		2. E.N.T.	
☒		3. Teeth & Mouth	
☒		4. Lungs & Chest	
☒		5. Cardiovascular System	
☒		6. Abdo. Viscera	
☒		7. Hernial Orifices	
☒		8. Anus & Rectum	
☒		9. Genito-urinary	
☒		10. Extremities	
☒		11. Musculo-skeletal	
☒		12. Skin & Varicose Vns.	
☒		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L R	VISION				Colour Vision	Blood Group
						DISTANT		NEAR			
						R	L	R	L		
178	84	26.5	137 90	72							
						Uncorrected	6/6	6/6			
						Corrected					

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS		N	A
☒		1. Urinalysis		☒	7. Audiogram
☒		2. Hb, Bloodcount, ESR		☒	8. Lung Function
☒		3. LFT, RFT, RBS		☒	9. Chest X-Ray
☒		4. Drug Screen		☒	10. ECG
☒		5. Lipids (40 years +)		☒	11. CVS risk for 40 yrs. & above
☒		6. Sickle Cell test		☒	12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 24/3/22 Name (Block Capitals): Dr.

REVIEW/CONSULTATION

Date: 24/3/22 Name (Block Capitals): Dr.

د. محمد بن راشد بن محمد
DR. MOHAMMED RAHMAN
رئيس قسم طب الأسرة
والطب الباطني
+968 9999 9999
GENERAL PRACTITIONER

Signature: 

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 24/3/22
Name: Ibrahim Abdulla M.D AL Naseri		Department/Company: Pauckamon North LLC
I.D No. 12557974	Tel # 98005006	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

0 Lying down to rest in the afternoon when circumstances permit

0 Sitting a talking with someone

1 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Ibrahim (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 24/3/22

Fitness to Work Certificate

Employee Data		Date 24/3/22	
Name Ibrahim Abdulla Mohammed Al Naqbi		Department/Company Peruckamon North LLC	
I.D No. 12557974	Age 37	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature	Date	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0080574	Report No: 0607344
Name: IBRAHIM ABDULLA MOHAMMED AL-NASARI MOHAMMED	Sample Date: 24/03/2022 Time: 9:57
Address:	Received By: ASHWINI
Gender: M Age: 37 Y Nationality: OMANI	Received Date: 24/03/2022 Time: 10:00
GSM No.: 98005006 ID Card No.: 12557974	Report Date: 24/03/2022 Time: 11:35
Ref. By: EXTERNAL DOCTOR	Bill No: 0815945 Bill Date: 24/03/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckoman)		
FBS (FASTING BLOOD SUGAR)	6.30 mmol/L	3.9 - 6.1
Method :- Hexokinase	113.4 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.11 mmol/L	1 - 5.1
Method:-Enzymatic	197.55 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.240 mmol/L	0.777 - 1.813
" "	47.94 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.48 mmol/L	1.295 - 4.54
" "	134.21	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.4 mmol/L	0.259 - 1.036
" "	15.4 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.12	3.8 - 5.9
TRIGLYCERIDES	0.87 mmol/L	0.564 - 2.146
Method : Enzymatic	76.996 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.465 mg/dL	0.1 - 1
Method : Diazo	7.95 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.155 mg/dL	0.1 - 0.5
Method : Diazo	2.65 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	16.57 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	18.00 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	110.52 U/L	Adult : Men -40-129

Processed By:
181773
Lab Technologist

Approved By:
ASHWINI
Lab Technologist

Released By:
ASHWINI
Lab Technologist

MOH License No: 16064

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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104
		Children: (Aged)
		7 months - 1 Year :- <462
		1 Year - 3 Years :- <281
		4 Years - 6 Years :- <269
		7 Years - 12 Years :- <300
		13 Years - 17 Years(M) :- <390
		13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM (Colorimetric Assay)	7.15 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.50 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.65 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.7	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	18.06 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	3.83 mmol/L	1.7 - 8.3
Method : Kinetic Assay	23 mg/dL	10.2 - 49.8
CREATININE - SERUM	84.33 µmol/L	44.2 - 123.7
Method :- Jaffe Method	0.95 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	4970 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	50.9 %	40-75%
LYMPHOCYTES	33.6 %	20-45%
EOSINOPHILS	3.4 %	2-6 %
MONOCYTES	11.3 %	2-8 %

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Specialist Pathologist

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INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.8 %	0-1%
HB (HEMOGLOBIN)	15.9 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.94 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	1.98 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	49.00 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	82.50 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	26.80 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.40 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

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	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

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X-RAY REPORT

Doc No:	0061328
Name:	IBRAHIM ABDULLA MOHAMMED AL-NASARI MOHAMMED
Age/DOB:	37 Y Omani ID/ L.Card No:: 12557974
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	24/03/2022
X-Ray Film No:	TRUCK
Bill No:	0815945
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

DR. NITHINMON
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



37 Years

Male

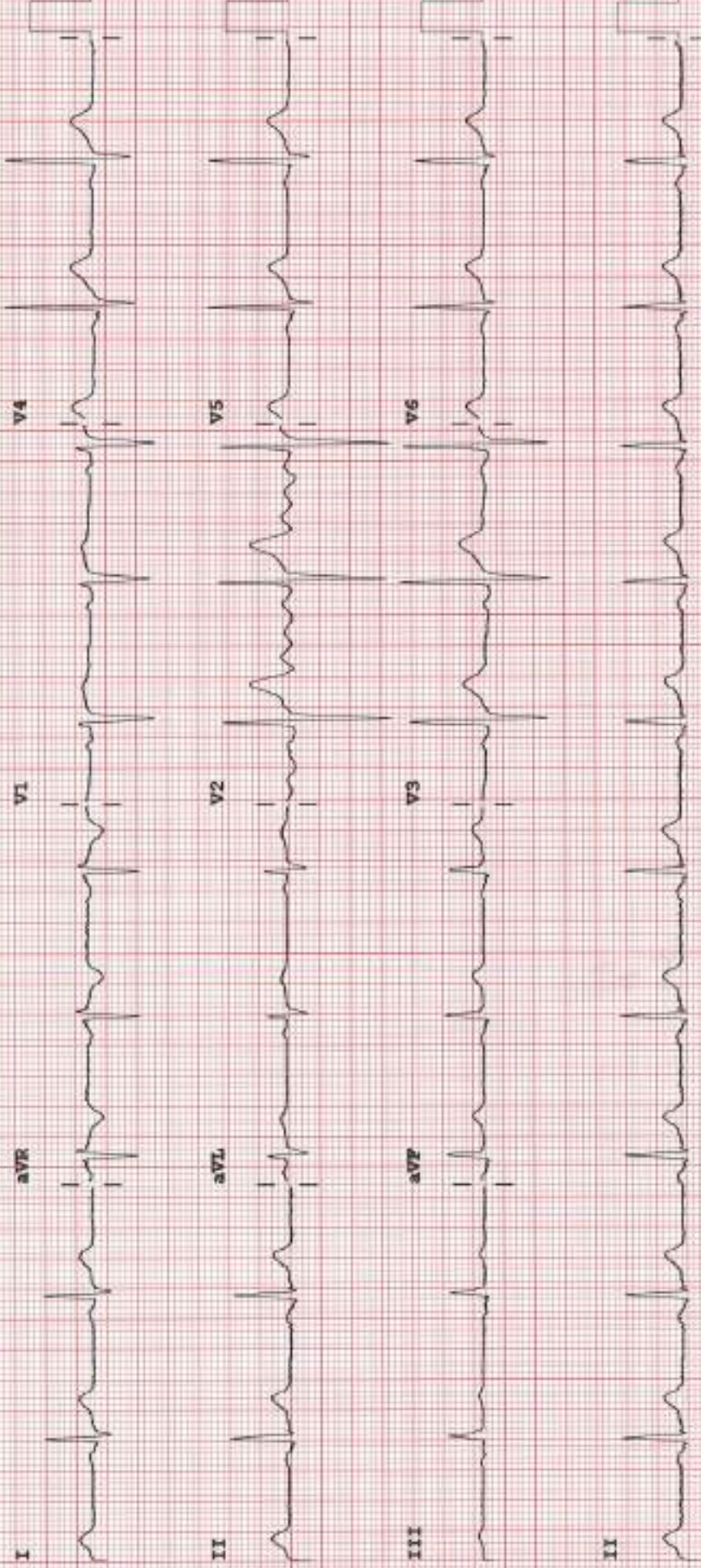
ASTER HOSPITAL IERI (Emergency)

Rate	65
PR	923
PR	151
QRSD	102
QT	396
QTC	412

--SIX--

	P	QRS	T
38			
65			
30			

12 Lead; Standard Placement.



Device:

speed: 25 mm/sec

Am/mm: 01 : 01:17

chest: 10.0 mm/mv

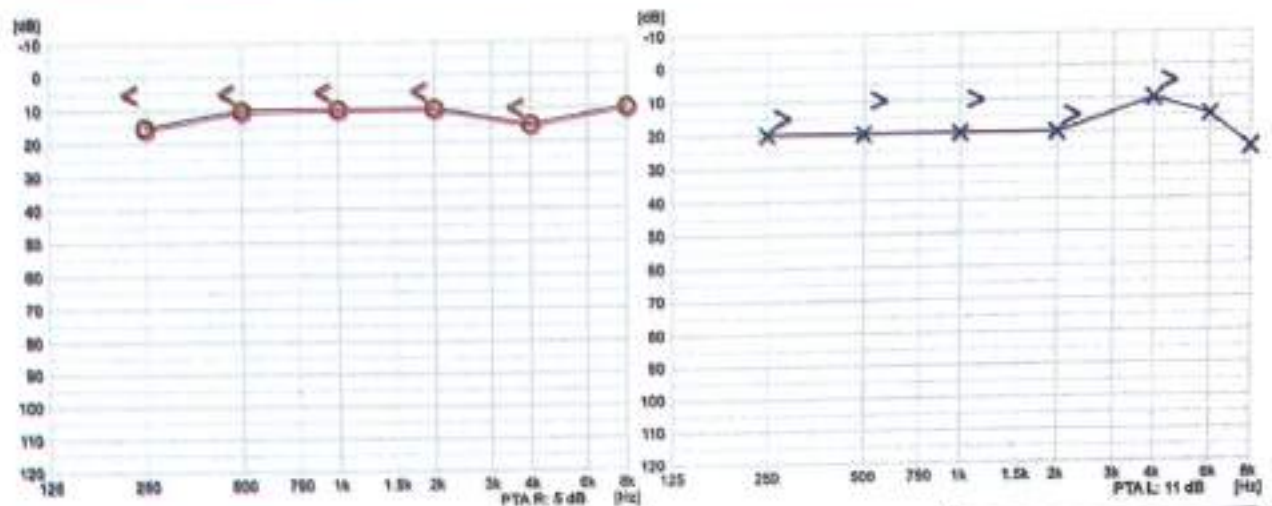
50~0.50-40 Hz W

0184 CL

24

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0816945	Last name, First name: IBRAHIM, ABDULLAH	Born: 24.03.2022
Test type: Tonal audiometry	Test date: 24.03.2022	



PTA
Right: 10dBHL
Left: 20dBHL

Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldMasked	A	A
Binaural	B	
No response	I	

Comments
RIGHT: NORMAL HEARING SENSITIVITY
LEFT: MINIMAL HEARING LOSS

Signature:

Date: 24/3/2022

Hotell: by Helios Biomedica Srl 2018 - www.heliosbiomedica.com

