



MEDICAL FITNESS CERTIFICATE FOR TRUCKOMAN

NAME

IBRAHIM ABDALLAH MOHAMMED HUMAID AL NASIRI

AGE/D.O.B

36 Y, 16.10.1983

DATE

20.02.2020

PASS/ID NO:

12557974

GENDER

MALE

VISION-RT-EYE

6/6 WITHOUT GLASSES

HEIGHT

175 CM

LT-EYE

6/6 WITHOUT GLASSES

WEIGHT

88 KG

HEART

NORMAL

BP

128/78 mmHg

LUNGS

NORMAL

PULSE

68/ Min

ABDOMEN

NORMAL

CNS

NORMAL

SKIN

NORMAL

ENT

NORMAL

INVESTIGATIONS

FBS

NORMAL

BLOOD GROUP

O POSITIVE

HAEMOGRAM

NORMAL

LFT

NORMAL

RFT

NORMAL

LIPID PROFILE

DLP

SICKLING TEST

NEGATIVE

URINE ROUTINE

NORMAL

AUDIOGRAM

Normal hearing threshold with mild CHL in Lt side

FRAMINGHAM SCORE

Probability of developing cardiovascular disease in next 10 years is 3.39%

COMMENTS

*

*

To use adequate ear protection in high noise environment
DLP- Advised Lifestyle Modification

CONCLUSION

MEDICALLY FIT

Signature:

DR. DANODAR M PRABHU
MED. MD
INTERNIST
MOH. LIC 89748

FIT



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المقر الرئيسي:

س.ت. ١٦٩٣٨٠٨، ص. ب. ٤٤٣، الرمز البريدي: ١١٢،

روي سلطنة عمان. هاتف: ٢٤٧٩٩٧٦٠، فاكس: ٢٤٧٩٩٧٦٥

الخبير: ٢٤٤٨٨٣٢٢ | ص. ب. ٤٤٣ | الخوض: ٢٤٥٤٦٠٩٩ | صلالة: ٢٣٢٩١٨٣٠

بركاء: ٢٦٨٨٤٩١٠ | صور: ٢٥٥٤٦١١٢ | البروي: ٢٥٤٤٧٧٧٧ | ملح: ٢٦٧٥٤١٣١ | السويق: ٢٦٠٦٠٦١٣

البريد الإلكتروني: wecare@badralsamaahospitals.com



File No: 3306460
Name: IBRAHIM ABDALLAH MOHAMMED HUMAID AL NASIRI
Age: 36 Y Sex: M
Nationality: OMANI
GSM No.: 98005006
Ref. By: DR. VENKATESH KUMAR

Doc No: 3449442
Date: 20/02/2020 Time: 14:33
Bill No: 03947558
Chs No:
ID No:

Test	Result	Normal Range
BLOOD GROUP	O	
Rh	POSITIVE	
HAEMOGRAM		
TOTAL COUNT(W B C)	6.9 K/uL	4.0 - 11.0 K/uL
DIFFERENTIAL COUNT		
NEUTROPHILS	50 %	40- 75 %
LYMPHOCYTES	37 %	20 -45 %
EOSINOPHILS	05 %	01 - 06 %
MONOCYTS	08 %	02 - 10 %
BASOPHILS	00 %	
HAEMOGLOBIN	15.8 gm/dl	Male : 14 - 18 gm/dl Female - 12-16 gm/dl
R B C COUNT	5.7 mil/ul	3.8 - 5.8 mil/ul
PCV	45.4 %	37 - 47 %
M C V	78.8 fL	78 - 93 fL
M C H	27.5 pg	27 - 32 pg
M C H C	34.9 gm/dL	31 - 35 gm/dL
PLATELET COUNT	221 k/UI	150 - 400 k/UI
SICKLING TEST	NEGATIVE	
RENAL FUNCTION TEST		
UREA	4.15 mmol/L (25 mg/dl)	1.66 - 7.47 mmol/L 10 - 45 mg/dl
CREATININE	66.3 umol/L (0.75 mg/dl)	61.88-123.76 umol/L 0.7 - 1.4 mg/dl
URIC ACID	327.14 umol/L (5.5 mg/dl)	Male:202-416 umol/L , Male:3.4-7.0 mg/dl, Female:149-357 umol/L Female:2.5-6.0mg/dl

Medical Technologist
Out of Normal Range

Out of Critical Range

Requisitioning Doctor:



Collected Date And Time:

Reported Date And Time:

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION							
N	A										
☒		1. Eyes & Pupils		Normal / Routine HHEE N/M Sh @ No murmur S/A, M @ normal normal normal normal normal normal normal							
☒		2. E.N.T.									
☒		3. Teeth & Mouth									
☒		4. Lungs & Chest									
☒		5. Cardiovascular System									
☒		6. Abdo. Viscera									
☒		7. Hernial Orifices									
☒		8. Anus & Rectum									
☒		9. Genito-urinary									
☒		10. Extremities									
☒		11. Musculo-skeletal									
☒		12. Skin & Varicose Vns.									
☒		13. C.N.S.									
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION		Colour Vision	Blood Group		
175	88.9	29	128 78	68/min.	L ☒ R ☒	DISTANT Uncorrected Corrected	NEAR R L R L 6/6 6/6 N/A N/A	(N)	O+		
N	A					LABORATORY AND OTHER SPECIAL INVESTIGATIONS		N	A		
☒		1. Urinalysis	Mild CHC Lt side				☒	7. Audiogram			
☒		2. Hb, Bloodcount, ESR					☐	8. Lung Function			
☒		3. LFT, RFT, RBS					☐	9. Chest X-Ray			
☐		4. Drug Screen					☐	10. ECG			
☐		5. Lipids (40 years +)					☐	11. CVS risk for 40 yrs. & above			
☒		6. Sickle Cell test					☐	12. HIV, Hepatitis screening			
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.) DLP- Advised Lifestyle modification											
ASSESSMENT: FIT ALL AREAS ☒ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT ☐ FIT											
Date: 20/02/2020 Name (Block Capitals): Dr. / Nurse Signature:											
REVIEW/CONSULTATION Date: 20/02/2020 Name (Block Capitals): Dr. / Nurse Signature:											



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