11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname: Abdallah Salim Hamdan
Forenames: Rashid Al Nassch
Address:
Home telephone number: 92607913

Place of examination | Date: 21/9/2023

If a dependant enter employee's name here:
Surname: | Forenames: Truck Driver

Birth date: 31/12/1989 | Nationality: Omani | Country of birth: Oman | Religion: Al Nassch

☐ Male ☐ Female | ☑ Married ☐ Single ☐ Separated /Divorced | Relationship to employee ☐ Wife ☐ Son ☐ Daughter | Number of children:

Reason for examination: Pre-Employment ☐ Job:
Pre-Overseas ☐ Area:

Name and address of family doctor | List your last 3 jobs (1) (2)

Are you a Registered Disabled Person? (UK only) ☐ | Do you belong to any Medical Insurance Scheme? ☐

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1. Sinus trouble		✓	21. Cancer		✓	HAVE YOU EVER BEEN:-		
2. Neck swelling/glands		✓	22. Heart Disease		✓	40. Rejected for employment or insurance for medical reasons		✓
3. Difficulty in vision		✓	23. Rheumatic fever		✓			
4. Any ear discharge		✓	24. Abnormal heartbeat		✓	41. Awarded benefits for industrial injury/illness		✓
5. Asthma/bronchitis		✓	25. High blood pressure		✓			
6. Hayfever /other significant allergy		✓	26. Stroke		✓	42. Treated for a mental condition, e.g. depression		✓
7. Any skin trouble		✓	27. Serious chest pain		✓			
8. Tuberculosis		✓	28. Any blood disease		✓	43. Treated for problem drinking or drug abuse		✓
9. Shortness of breath		✓	29. Kidney disease		✓			
10. Coughed/vomited blood		✓	30. Blood in urine		✓	44. Exposed to toxic substance or noise		✓
11. Severe abdominal pain		✓	31. Diabetes		✓			
12. Stomach ulcer		✓	32. Headaches/migraine		✓	FOR WOMEN ONLY		
13. Recurrent indigestion		✓	33. Dizziness/fainting		✓	Have you ever had:-		
14. Jaundice or hepatitis		✓	34. Epilepsy		✓	45. An abnormal smear		
15. Gall Bladder disease		✓	35. Joints/spinal trouble		✓			
16. Marked change in bowel habits		✓	36. Surgical operation		✓	46. Any gynaecological treatment		
17. Blood in stools (motions)		✓	37. Serious accident/fracture		✓	47. Are you pregnant?		
18. Marked change in weight		✓	38. Tropical disease		✓	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		
19. Varicose veins		✓	39. Fear of heights		✓			
20. Lump in breast/armpit		✓						

How much tobacco each day? | Average daily alcohol consumption

Have you ever taken elicited drugs? ( ) PDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes (✓) Tuberculosis (✓) Epilepsy (✓) Asthma (✓) Eczema (✓)
Heart disease (✓) High blood pressure (✓) Stroke (✓) Blood Disease (✓) Cancer (✓)

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also **aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.**

Date: 21/9/2023 **Signature of Applicant:**

AL-KHAIR HOSPITAL

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal	A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A		
✓		1. Eyes & Pupils	
✓		2. E.N.T.	
✓		3. Teeth & Mouth	
✓		4. Lungs & Chest	
✓		5. Cardiovascular System	
✓		6. Abdo. Viscera	
✓		7. Hernial Orifices	
✓		8. Anus & Rectum	
✓		9. Genito-urinary	
✓		10. Extremities	
✓		11. Musculo-skeletal	
✓		12. Skin & Varicose Vns.	
✓		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L R	VISION DISTANT R L	VISION NEAR R L	Colour Vision	Blood Group
170 cm	100	34.6	137/90			Uncorrected ✓ 6/6 Corrected	6/6		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis		✓		7. Audiogram
✓		2. Hb, Bloodcount, ESR				8. Lung Function
✓		3. LFT, RFT, RBS		✓		9. Chest X-Ray
		4. Drug Screen		-		10. ECG
	✓	5. Lipids (40 years +)		-		11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Hyperlipidemia. Advised weight reduction, diet and exercise. To check fasting lipid profile after 1 month

ASSESSMENT

☑ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 9/1/2023 Name (Block Capitals) Dr. / Nurse: Rakesh Signature:

REVIEW/CONSULTATION

Date: Name (Block Capitals) Dr. / Nurse: Signature:

Stamp: AL-KHAIR HOSPITAL LLC — M.O.H LICENCE NO. 2316 — Wilayat Ibri — Sultanate of Oman
Stamp: د. راكيش يلا — DR. RAKESH YELLA — رقم الترخيص ١٢٢٠٨ — LICENSE NO: 12208 — طبيب عام — GENERAL PRACTITIONER

Epworth Screening Quest. for Sleep Apnoea

Employee Data	Date: 21/9/2023
Name: Abdallah Salim Al Nassri	Department/Company:
I. D No. 3719207 Tel # 33/41	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

Score	Situation
0	sitting and reading
0	watching TV
0	sitting inactive in a public place (e.g. theatre or meeting)
0	as a passenger in the car for an hour without a break
1	Lying down to rest in the afternoon when circumstances permit
0	Sitting a talking with someone
0	Sitting quietly after lunch without alcohol
0	In a car, while stopped for a few minutes in traffic
Total	

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Abdallah (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [signature] Date: 21/9/2023

OMAN AL-KHAIR HOSPITAL L.L.C — C.R. NO: 1312307 — Al Dhahira Governorate, Wilayat Ibri, Sultanate of Oman

Fitness to Work Certificate

Employee Data			Date 21/2/2023
Name Abdallah Salim Al. Nassri			Department/Company T.O.
I.D No. 3719207	Age 33/4H		Occupation

Type of Medical Evaluation			Mark those applying √
A1	Aircraft refuelling		
A2	Breathing apparatus		
A3	Business traveller		
A4	Catering and food preparation		
A5	Crane or forklift driving & all heavy vehicles		
A6	Fire / Emergency response team work		
A7	Professional driving		
A8	Remote location work		
A9	Transfers – group A country		
A10	Transfers – group B country		

Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.

Fit with no restrictions			✓
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	*Temporary restriction*	*Permanent restriction*	
Work near moving machinery or sharp edges			
Working at height			
Puling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			Date
Name of health advisor Dr. Rakesh V	Signature	Date 21/2/2023	

OMAN AL KHAIR HOSPITAL L.L.C
DR. RAKESH VELLA

DEPARTMENT OF LABORATORY MEDICINE

File No:	0220069	**Report No:**	0649354		
Name:	ABDALLAH SALIM HAMDAN AL NASSERI	**Sample Date:**	21/02/2023	**Time:**	8:54
		Received By:	181773		
Address:		**Received Date:**	21/02/2023	**Time:**	9:06
Gender:	M **Age:** 33 Y **Nationality:** OMANI	**Report Date:**	21/02/2023	**Time:**	10:51
GSM No.:	92607213 **ID Card No.:** 3719207	**Bill No:**	0864800	**Bill Date:**	21/02/2023
Ref. By:	EXTERNAL DOCTOR	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckoman)		
FBS (FASTING BLOOD SUGAR)	5.17 mmol/L	3.9 - 6.1
Method :- Hexokinase	93.06 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	**5.40 mmol/L**	1 - 5.1
Method:-Enzymatic	**208.76 mg/dl**	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.10 mmol/L	0.777 - 1.813
Method:-Enzymatic	42.53 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.83 mmol/L	1.295 - 4.54
Method:-Calculation	109.41 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	**1.47 mmol/L**	0.259 - 1.036
Method:-Calculation	**56.82 mg/dl**	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.91	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	**3.21 mmol/L**	0.564 - 2.146
Method : Enzymatic	**284.085 mg/dl**	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.254 mg/dL	0.1 - 1
Method : Diazo	4.34 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	**0.092 mg/dL**	0.1 - 0.5
Method : Diazo	1.57 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	24.70 U/L	Male: up to 40.0 Female: up to32.0
SGPT (ALT)-SERUM (IFCC)	36.69 U/L	Male: 10-50 Female:10-35

THANSILA THASLA
LAB TECHNICIAN
REG No.: 21829

Processed By:	*Approved By:*	*Released By:*
JIBI	181773	181773
Lab Technologist	*Lab Technologist*	*Lab Technologist*
MOH LIC No: 4384		MOH License No: 21829

DR. SHAYFA P
Specialist Pathologist
MOH LIC NO:13475

Electronically Signed at: 21/02/2023 11:39:00 AM

Printed at: 21/02/2023 11:39:48 AM

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عبري، سلطنة عمان

DEPARTMENT OF LABORATORY MEDICINE

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Ref. By:	EXTERNAL DOCTOR	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	79.40 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :-<390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	8.16 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.43 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	**3.73 gm/dL**	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	**1.19**	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	41.37 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.20 mmol/L	1.7 - 8.3
Method : Kinetic Assay	25.23 mg/dL	10.2 - 49.8
CREATININE - SERUM	61.45 µmol/L	44.2 - 123.7
Method :-Jaffé Method	0.7 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	5670 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	29.3 %	40-75%

THANSILA THAHA
LAB TECHNICIAN
REG No.: 21829

Processed By:	*Approved By:*	*Released By:*	
JIBI	**181773**	**181773**	**DR. SHAYFA P**
Lab Technologist	*Lab Technologist*	*Lab Technologist*	*Specialist Pathologist*
MOH LIC No: 4384		MOH License No: 21829	MOH LIC NO:13475

Electronically Signed at: 21/02/2023 11:39:00 A

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Ref. By:	EXTERNAL DOCTOR	**Bill No:**	0864800 **Bill Date:** 21/02/2023
		Report Status:	Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	56.8 %	20-45%
EOSINOPHILS	4.6 %	2-6 %
MONOCYTES	8.8 %	2-8 %
BASOPHILS	0.5 %	0-1%
HB (HEMOGLOBIN)	14.0 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	6.46 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.75 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	45.50 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	70.40 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	21.70 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	30.80 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology		
Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
Method : -Haemoglobin solubility test		

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

THANSILA THAHA
LAB TECHNICIAN
ID No.: 21629

Approved By:
181773
Lab Technologist

Released By:
181773
Lab Technologist
MOH License No: 21829

OMAN AL-KHAIR HOSPITAL L.L.C

DR. SHAYFA P
Specialist Pathologist
MOH LIC NO:13475
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Ref. By:	EXTERNAL DOCTOR	**Bill No:**	0864800 **Bill Date:** 21/02/2023
		Report Status:	Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

THANSILA THAHA
LAB TECHNICIAN
REG No. : 21829

Processed By:	Approved By:	Released By:	
JIBI	181773	181773	DR. SHAYFA P
Lab Technologist	Lab Technologist	Lab Technologist	Specialist Pathologist
MOH LIC No: 4384		MOH License No: 21829	MOH LIC NO:13475

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We'll Treat You Well

مستشفى أستر
نحن نعتني بك دائما

X-RAY REPORT

Doc No:	0068566
Name:	ABDALLAH SALIM HAMDAN AL NASSERI
Age/DOB:	33 Y
Omani ID/ L.Card No::	3719207
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	21/02/2023
X-Ray Filim No:	TRUCKOMAN
Bill No:	0864800
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: .....

DR. NITHINMON
SPECIALIST RADIOLOGY
MOH Licence: 21059
Aster HOSPITAL IBRI

Seal

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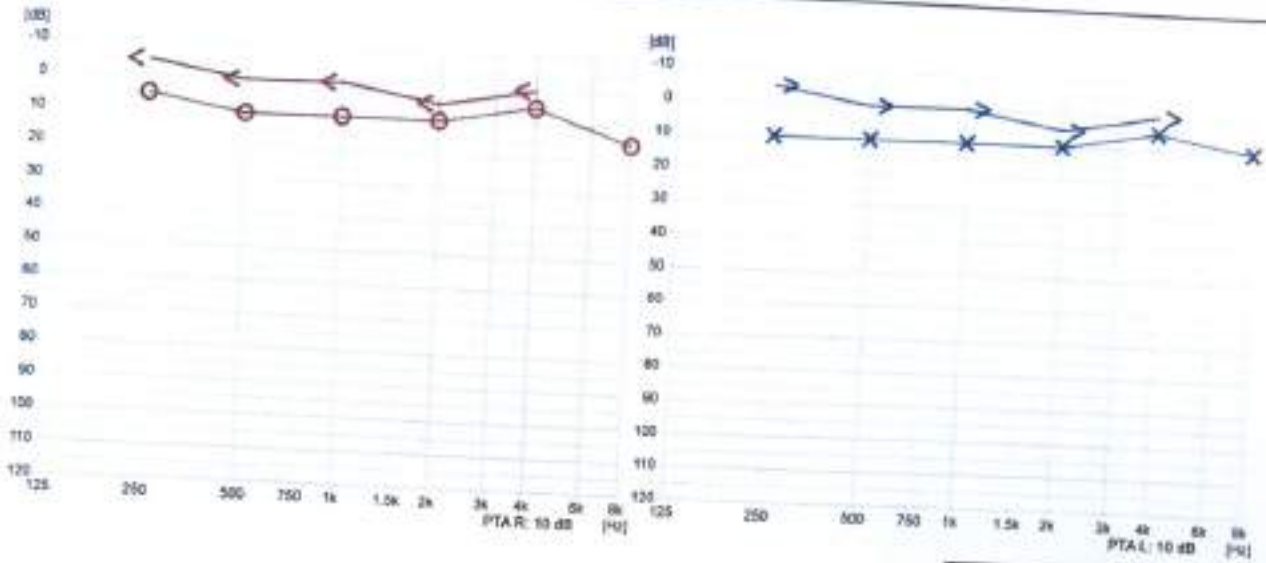
عبري، سلطنة عمان

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code	Last name . First name	Born
0864800	ABDALLAH SALIM HAMDAN ALMASSERI	
Test type: Tonal audiometry	Test date: 21.02.2023	



Legend	R	L
Air	O	X
Air/Masked	Δ	□
Bone	<	>
Bone/Masked	[	]
MCL	M	M
UCL	m	m
Free Field	⊘	%
Free Field/Aided	A	A
Binaural	B	
No response		

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature:

Date: 21/02/2023