

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Place of examination: Aster Hospital, Ibra		Date: 7/3/22	Surname: Humaid Saloom	
If a dependant enter employee's name here:		Forenames: Shaghab Saeed		
Birth date: 3-12-1981		Address: AL Jabri		
Nationality: Omani		Home telephone number: Ibra. 99654336		
Project: Truckomen		Religion: Al-Jahy		
Country of birth: Oman		Relationship to employee		
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	☐ Wife ☐ Son ☐ Daughter		Number of children:
Reason for examination		Pre-Employment ☐ Job: ☐		
Pre-Overseas ☐ Area: ☐				
Name and address of family doctor		List your last 3 jobs		
		(1)		
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
	Y	N	Y	N
1. Sinus trouble		☒	21. Cancer	☒
2. Neck swelling/glands		☒	22. Heart Disease	☒
3. Difficulty in vision		☒	23. Rheumatic fever	☒
4. Any ear discharge		☒	24. Abnormal heartbeat	☒
5. Asthma/bronchitis		☒	25. High blood pressure	☒
6. Hayfever /other significant allergy		☒	26. Stroke	☒
7. Any skin trouble		☒	27. Serious chest pain	☒
8. Tuberculosis		☒	28. Any blood disease	☒
9. Shortness of breath		☒	29. Kidney disease	☒
10. Coughed/vomited blood		☒	30. Blood in urine	☒
11. Severe abdominal pain		☒	31. Diabetes	☒
12. Stomach ulcer		☒	32. Headaches/migraine	☒
13. Recurrent indigestion		☒	33. Dizziness/fainting	☒
14. Jaundice or hepatitis		☒	34. Epilepsy	☒
15. Gall Bladder disease		☒	35. Joints/spinal trouble	☒
16. Marked change in bowel habits		☒	36. Surgical operation	☒
17. Blood in stools (motions)		☒	37. Serious accident/fracture	☒
18. Marked change in weight		☒	38. Tropical disease	☒
19. Varicose veins		☒	39. Fear of heights	☒
20. Lump in breast/ampit		☒		
How much tobacco each day?		Average daily alcohol consumption		
Have you ever taken illicit drugs? ☒ PDO test all new/potential employees for illicit/recreational drugs				
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()				
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 07-03-2022		Signature of Applicant: 		

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION			
N	A						
/		1. Eyes & Pupils					
/		2. E.N.T.					
/		3. Teeth & Mouth					
/		4. Lungs & Chest					
/		5. Cardiovascular System					
/		6. Abdo. Viscera					
/		7. Hemial Orifices					
/		8. Anus & Rectum					
/		9. Genito-urinary					
/		10. Extremities					
/		11. Musculo-skeletal					
/		12. Skin & Varicose Vns.					
/		13. C.N.S.					
HEIGHT cm		WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION
172 cm		91.9 kg	31.1	120/70	56/min.	L	DISTANT
						R	NEAR
							R L R L
							Uncorrected
							Corrected
							Colour Vision
							Blood Group
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A
/		1. Urinalysis					7. Audiogram
/		2. Hb, Bloodcount, ESR					8. Lung Function
/		3. LFT, RFT, RBS				/	9. Chest X-Ray
/		4. Drug Screen				/	10. ECG
/		5. Lipids (40 years +)				/	11. CVS risk for 40 yrs. & above
/		6. Sickle Cell test				/	12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Diet and exercise advised.

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date:

7/12/21

Name (Block Capitals): Dr.

Dr. Rakesh Yella

Signature:

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr.

Signature:



Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Arman. Al Jabri
Emp #: 5750809
Date of Assessment: 07-03-2022

1	Age	Years	
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L	
4	HDL Cholesterol	mmol/L	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 4.7 %

Framingham Risk Rating (Circle the appropriate score):

Low Medium High

Any further action or recommendations?

Assessment or Examination conducted by:

Dr. Khaled Al Jabri



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 2/3/22
Name: Humaid Salem		Department/Company: Thukuma
I. D No. 5750809	Tel # 99654336	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

0 Lying down to rest in the afternoon when circumstances permit

0 Sitting a talking with someone

1 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Humaid Salem (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 07-03-2022

Fitness to Work Certificate

Employee Data		Date 07-03-2022	
Name Ahmad. Salem Al Jabri		Department/Company Truckmen	
I.D No. 5750809	Age 40	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers – group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers – group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges	☐	☐	
Working at height	☐	☐	
Pulling, pushing, or carrying weight over ____ Kg	☐	☐	
Ascend/descend ladders or stairs	☐	☐	
Operate motor vehicles, forklifts or heavy machinery	☐	☐	
Use of a respirator	☐	☐	
Repetitive twisting of valves or wrenches	☐	☐	
Flying	☐	☐	
Other (Specify)	☐	☐	
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature	Date 07-03-2022	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0246936	Report No: 0604737
Name: HUMAID SALEEM SHAQBOOT SUIAD ALJABRI	Sample Date: 07/03/2022 Time: 10:11
Address:	Received By: ASHWINI
Gender: M Age: 40 Y Nationality: OMANI	Received Date: 07/03/2022 Time: 10:15
GSM No.: 99654336 ID Card No.: 5750809	Report Date: 07/03/2022 Time: 11:24
Ref. By: EXTERNAL DOCTOR	Bill No: 0813351 Bill Date: 07/03/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.42 mmol/L	3.9 - 6.1
Method :- Hexokinase	97.56 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	7.25 mmol/L	1 - 5.1
Method:-Enzymatic	280.29 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.710 mmol/L	0.777 - 1.813
" "	66.11 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	4.85 mmol/L	1.295 - 4.54
" "	187.1	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.7 mmol/L	0.259 - 1.036
" "	27.08 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.24	3.8 - 5.9
TRIGLYCERIDES	1.53 mmol/L	0.564 - 2.146
Method : Enzymatic	135.405 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.821 mg/dL	0.1 - 1
Method : Diazo	14.04 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.163 mg/dL	0.1 - 0.5
Method : Diazo	2.79 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	20.67 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	16.18 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	58.89 U/L	Adult : Men -40-129

Processed By:
181773
Lab Technologist

Approved By:
ASHWINI
Lab Technologist

Released By:
ASHWINI
Lab Technologist

MOH License No: 18064

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0246936
Name: HUMAID SALEEM SHAQBOOT SUIAD ALJABRI
Address:
Gender: M **Age:** 40 Y **Nationality:** OMANI
GSM No.: 99654336 **ID Card No.:** 5750809
Ref. By: EXTERNAL DOCTOR
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Sample Date: 07/03/2022 **Time:** 10:11
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Bill No: 0613351 **Bill Date:** 07/03/2022
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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children (Aged) 7 months - 1 Year :- <462 1 Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years (M) :- <390 13 Years - 17 Years (F) :- <187
TOTAL PROTEIN-SERUM (Colorimetric Assay)	7.48 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	5.01 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.47 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	2.03	1.2 - 1.5
GGT (GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	20.76 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	5.91 mmol/L	1.7 - 8.3
Method : Kinetic Assay	35.5 mg/dL	10.2 - 49.8
CREATININE - SERUM	100.89 µmol/L	44.2 - 123.7
Method : Jaffe Method	1.14 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	5030 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	42.5 %	40-75%
LYMPHOCYTES	46.1 %	20-45%
EOSINOPHILS	3.4 %	2-6 %
MONOCYTES	7.4 %	2-8 %

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File No: 0246936	Report No: 0804737
Name: HUMAID SALEEM SHAQBOOT SUIAD ALJABRI	Sample Date: 07/03/2022 Time: 10:11
Address:	Received By: ASHWINI
Gender: M Age: 40 Y Nationality: OMANI	Received Date: 07/03/2022 Time: 10:15
GSM No.: 99854336 ID Card No.: 5750809	Report Date: 07/03/2022 Time: 11:24
Ref. By: EXTERNAL DOCTOR	Bill No: 0813351 Bill Date: 07/03/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.6 %	0-1%
HB (HEMOGLOBIN)	14.9 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.55 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	1.65 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	47.00 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	84.70 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	26.80 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	31.70 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	04 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

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Ref. By: EXTERNAL DOCTOR	Bill No: 0813351 Bill Date: 07/03/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

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Lab. Technologist

Approved By:
ASHWINI
Lab. Technologist

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Lab. Technologist



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X-RAY REPORT

Doc No:	0060994
Name:	HUMAIID SALEEM SHAQBOUT SUIAD ALJABRI
Age/DOB:	40 Y Omani ID/ L.Card No:: 5750809
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	07/03/2022
X-Ray Film No:	TRUCK
Bill No:	0813351
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



246936

HUMAD SALEEM

07-Mar-22 10:17:02 AM

Male

ASTER HOSPITAL IERI (Emergency)

Rate 50
 RR 1200
 PR 177
 QRS 90
 QT 434
 QTc 396

--AXIS--

P 29
 QRS 32
 T 3

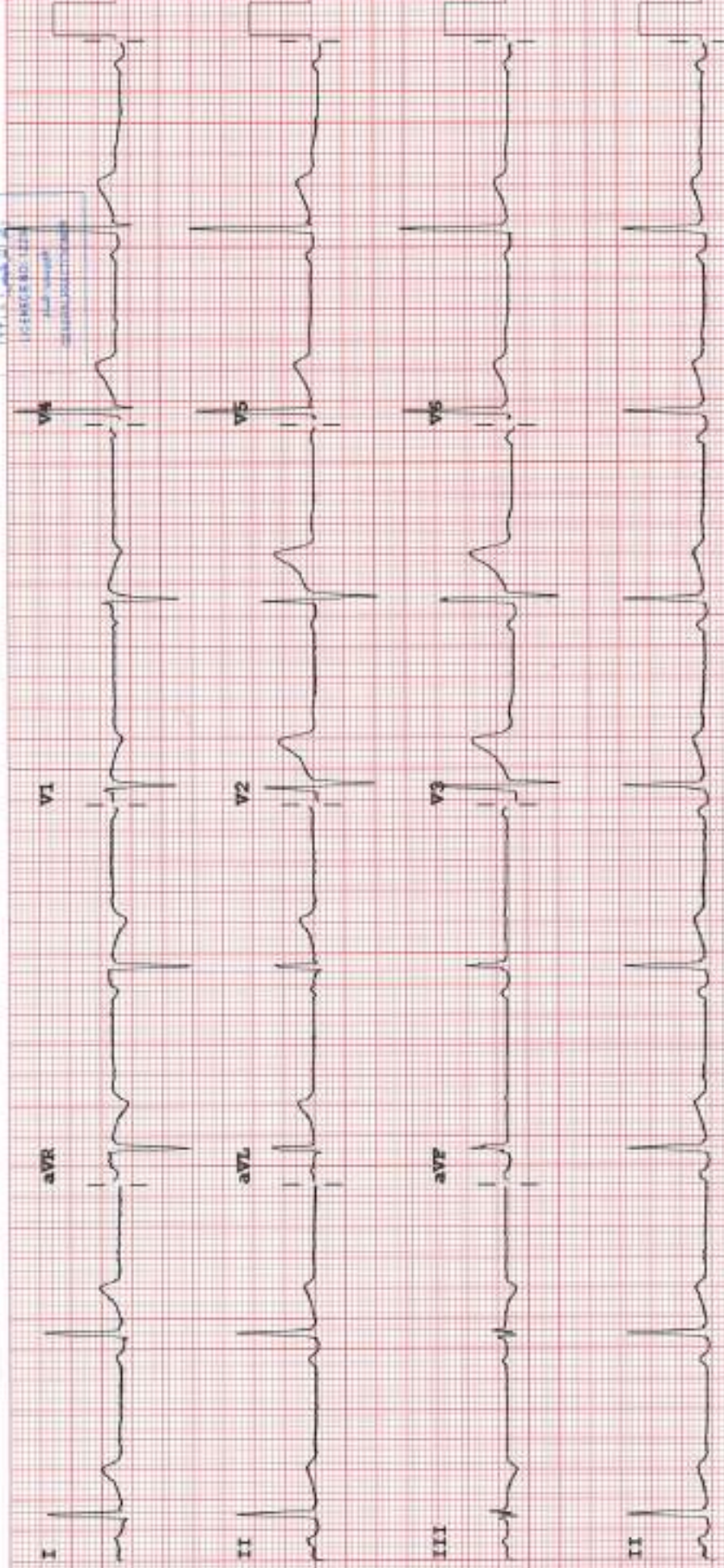
12 Lead; Standard Placement



Handwritten signature

د. ركيش يلا
 DR. RAKISH YELLA

1058000-122
 1058000-122
 1058000-122



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50~ 0.50~ 40 Hz W

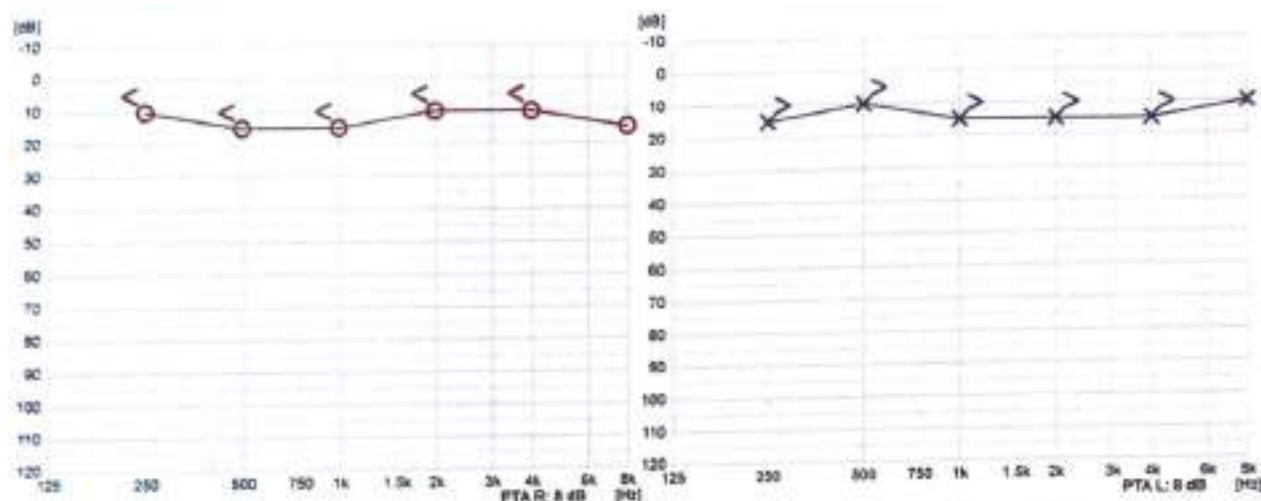
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P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0813351 Last name, First name: HUMAID, SALIM Birth: 07.03.2022

Test type: Tonal audiometry Test date: 07.03.2022



PTA

Right: 13 dB HL

Left: 13 dB HL

Comments: BILATERAL NORMAL HEARING SENSITIVITY

Signature:

Date: 7/3/2022

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