

11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

 Petrochem Development Oman MEDICAL DEPARTMENT PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS		Surname <u>Khalifa Saif Fadhil Al Subhi</u>	
		Forenames <u>Al Subhi</u>	
Place of examination		Home telephone number <u>9701 0033</u>	
Date <u>12/3/2012</u>			
If a dependant enter employee's name here:			
Surname		Forenames	
Birth date <u>26/10/1981</u>		Country of birth <u>Oman</u>	
Nationality <u>Omani</u>		Religion <u>Al Subhi</u>	
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated/Divorced	☐ Wife ☐ Son ☐ Daughter	Number of children
Reason for examination		Job:	
Pre-Employment ☐ Pre-Overseas ☐		Area:	
Name and address of family doctor		List your last 3 jobs	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	Y
1. Sinus trouble		☒	21. Cancer
2. Neck swelling/glands		☒	22. Heart Disease
3. Difficulty in vision		☒	23. Rheumatic fever
4. Any ear discharge		☒	24. Abnormal heartbeat
5. Asthma/bronchitis		☒	25. High blood pressure
6. Hayfever/other significant allergy		☒	26. Stroke
7. Any skin trouble		☒	27. Serious chest pain
8. Tuberculosis		☒	28. Any blood disease
9. Shortness of breath		☒	29. Kidney disease
10. Coughed/vomited blood		☒	30. Blood in urine
11. Severe abdominal pain		☒	31. Diabetes
12. Stomach ulcer		☒	32. Headaches/migraine
13. Recurrent indigestion		☒	33. Dizziness/fainting
14. Jaundice or hepatitis		☒	34. Epilepsy
15. Gall Bladder disease		☒	35. Joints/spinal trouble
16. Marked change in bowel habits		☒	36. Surgical operation
17. Blood in stools (motions)		☒	37. Serious accident/fracture
18. Marked change in weight		☒	38. Tropical disease
19. Varicose veins		☒	39. Fear of heights
20. Lump in breast/ampit			
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken illicit drugs? () POC test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company/employer, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am aware that POC reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: <u>12/3/2012</u>		Signature of Applicant: <u>[Signature]</u>	



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
☒		1. Eyes & Pupils
☒		2. E.N.T.
☒		3. Teeth & Mouth
☒		4. Lungs & Chest
☒		5. Cardiovascular System
☒		6. Abdo. Viscera
☒		7. Hemial Orifices
☒		8. Anus & Rectum
☒		9. Genito-urinary
☒		10. Extremities
☒		11. Musculo-skeletal
☒		12. Skin & Varicose Vns.
☒		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L R	VISION DISTANT R L NEAR R L Uncorrected Corrected	Colour Vision	Blood Group
173	80	26.7	134 79	69		6/6 6/6		

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A
☒		1. Urinalysis	☒	
☒		2. Hb, Bloodcount, ESR	☒	
☒		3. LFT, RFT, RBS	☒	
☒		4. Drug Screen	☒	
☒		5. Lipids (40 years +)	☒	
☒		6. Sickle Cell test	☒	
			☒	
			☒	
			☒	
			☒	
			☒	
			☒	

OTHER FINDINGS (Physique, soars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ R/FIT

Date: 12/3/2023 Name (Block Capitals): DR. NANDANA PANIDI Signature: [Signature]

REVIEW/CONSULTATION

Date: Name (Block Capitals): Signature:

د. ناندا نا پانیدی
DR. NANDANA PANIDI
رغم الزمات: 11217
LICENCE NO: 11272
طبيب عام
GENERAL PRACTITIONER



Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Khalan Saif Fadhil Al Subhi

Emp #:

Date of Assessment: 12/3/2023

1	Age	Years	41
2	Gender	Female/Male	Male
3	Total Cholesterol	mmol/L	4.83
4	HDL Cholesterol	mmol/L	1.14
5	Smoker	Yes/No	No
6	Diabetes	Yes/No	No
7	Systolic Blood pressure	mm Hg	134
8	Is the patient being treated for High blood pressure?	Yes/No	No

Framingham Risk score: 6.7 %

Framingham Risk Rating (Circle the appropriate score):

Low Medium High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 12/3/2023
Name: Khalan Saif Fadhil Al Sabh		Company: 7.0
I. D No. 12497101	Tel # 9710033	Occupation:

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0	Would never doze
1	Slight chance of dozing
2	Moderate chance of dozing
3	High chance of dozing

0	sitting and reading
0	watching TV
0	sitting inactive in a public place (e.g. theatre or meeting)
0	as a passenger in the car for an hour without a break
0	Lying down to rest in the afternoon when circumstances permit
0	Sitting a talking with someone
1	Sitting quietly after lunch without alcohol
0	In a car, while stopped for a few minutes in traffic

Total: 0

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Khalan Saif Fadhil Al Sabh (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 12/3/2023

Fitness to Work Certificate

Employee Data		Date 19/3/2023	
Name Khalifa Saif Fadhil Al-Sabhi		Department/Company To	
ID No. 12497101	Age 41/41	Occupation	
Type of Medical Evaluation		Mark those applying -/	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ☒			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor Dr. Wardana P	Signature [Signature]	Date 19/3/2023	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0220202
Name: KHALFAN SAIF FADHIL ALSUBHI
Address:
Gender: M Age: 41 Y Nationality: OMANI
GSM No.: 97010033 ID Card No.: 12497101
Ref. By: EXTERNAL DOCTOR

Report No: 0652007
Sample Date: 12/03/2023 Time: 10:25
Received By: SREERAJ
Received Date: 12/03/2023 Time: 11:17
Report Date: 12/03/2023 Time: 12:58
Bill No: 0868015 Bill Date: 12/03/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.30 mmol/L	3.9 - 6.1
Method :- Hexokinase	95.4 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	4.83 mmol/L	1 - 5.1
Method:-Enzymatic	188.73 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.140 mmol/L	0.777 - 1.813
Method:-Enzymatic	44.07 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3 mmol/L	1.295 - 4.54
Method:-Calculation	115.76 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.7 mmol/L	0.259 - 1.036
Method:-Calculation	26.9 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.24	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	1.52 mmol/L	0.564 - 2.146
Method : Enzymatic	134.52 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.851 mg/dL	0.1 - 1
Method : Diazo	14.55 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.393 mg/dL	0.1 - 0.5
Method : Diazo	6.72 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	17.70 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	22.03 U/L	Male: 10-50 Female: 10-35

Processed By:
SREERAJ
Lab Technologist

MOH License No: 6844

Approved By:
181773
Lab Technologist

THANSILA THAHA
LAB TECHNICIAN
REG No.: 21829

Released By:
181773
Lab Technologist

MOH License No: 21829

DR. SHAYFA
Specialist Pathologist

MOH LIC NO: 13475

Electronically Signed at: 12/03/2023 12:59:00 PM

Printed at: 12/03/2023 12:59:12 PM

Page 1 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0220202
Name: KHALFAN SAIF FADHIL ALSUBHI
Address:
Gender: M Age: 41 Y Nationality: OMANI
GSM No.: 97010033 ID Card No.: 12497101
Ref. By: EXTERNAL DOCTOR

Report No: 0852007
Sample Date: 12/03/2023 Time: 10:25
Received By: SREERAJ
Received Date: 12/03/2023 Time: 11:17
Report Date: 12/03/2023 Time: 12:58
Bill No: 0868015 Bill Date: 12/03/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	61.39 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.36 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.92 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.44 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	2.02	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	29.48 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	3.93 mmol/L	1.7 - 8.3
Method : Kinetic Assay	23.6 mg/dL	10.2 - 49.8
CREATININE - SERUM	97.72 µmol/L	44.2 - 123.7
Method :-Jaffé Method	1.11 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	5290 cells/cumm	4000 - 11000 cells/cumm
Method :-Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method :-Fluorescence Flow Cytometry		
NEUTROPHILS	41.0 %	40-75%

Processed By:
SREERAJ
Lab Technologist

Approved By:
181773
Lab Technologist

Released By:
181773
Lab Technologist

DR. SHAYFA P
Specialist Pathologist

MOH License No: 6644

MOH License No: 21829

MOH LIC NO:13475

Electronically Signed at: 12/03/2023 12:59:00 PM

Printed at: 12/03/2023 12:59:12 PM

Page 2 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0220202
Name: KHALFAN SAIF FADHIL ALSUBHI
Address:
Gender: M Age: 41 Y Nationality: OMANI
GSM No.: 97010033 ID Card No.: 12497101
Ref. By: EXTERNAL DOCTOR

Report No: 0652007
Sample Date: 12/03/2023 Time: 10:25
Received By: SREERAJ
Received Date: 12/03/2023 Time: 11:17
Report Date: 12/03/2023 Time: 12:58
Bill No: 0868015 Bill Date: 12/03/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	45.4 %	20-45%
EOSINOPHILS	1.3 %	2-6 %
MONOCYTES	11.9 %	2-8 %
BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	13.1 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	6.64 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.69 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	42.30 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	63.70 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	19.70 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	31.00 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	04 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test

Processed By:
SREERAJ
Lab Technologist

Approved By:
181773
Lab Technologist

THANSILA TRAHA
LAB TECHNOLOGIST
REQ No.: 2181773
MOH License No: 21829

DR. SHAYFA P
Specialist Pathologist
MOH LIC NO:13475

Electronically Signed at: 12/03/2023 12:58:00 PM

Printed at: 12/03/2023 12:59:12 PM

Page 3 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0220202
Name: KHALFAN SAIF FADHIL ALSUBHI
Address:
Gender: M Age: 41 Y Nationality: OMANI
GSM No.: 97010033 ID Card No.: 12497101
Ref. By: EXTERNAL DOCTOR

Report No: 0652007
Sample Date: 12/03/2023 Time: 10:25
Received By: SREERAJ
Received Date: 12/03/2023 Time: 11:17
Report Date: 12/03/2023 Time: 12:58
Bill No: 0868015 Bill Date: 12/03/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



Processed By:
SREERAJ
Lab Technologist

MOH License No: 6844

Approved By:
181773
Lab Technologist

THANILA THAHA
LABORATORIAN
REG No: 218
Released By:

181773
Lab Technologist

MOH License No: 21829



DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

Electronically Signed at: 12/03/2023 12:59:00 PM

Printed at: 12/03/2023 12:59:12 PM

Page 4 of 4

X-RAY REPORT

Doc No:	0069237
Name:	KHALFAN SAIF FADHIL ALSUBHI
Age/DOB:	41 Y Omani ID/ L.Card No:: 12497101
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	12/03/2023
X-Ray Film No:	PDO TO
Bill No:	0868015
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:



220202
41 Years

KHALFAN SAIF
Male

12-Mar-23 10:09:00 AM

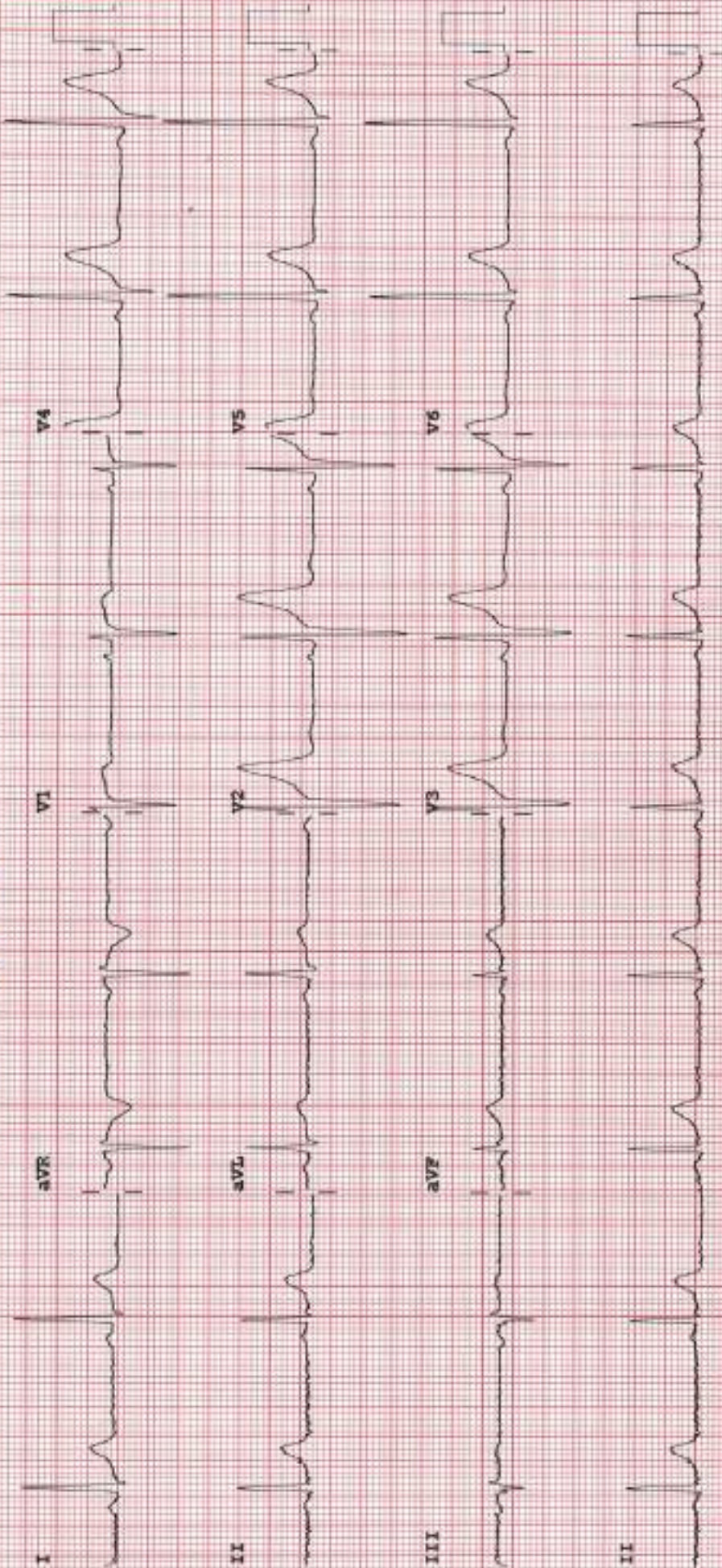
ASTER HOSPITAL IBRI (Emergency)

Rate 53
RR 1132
PR 142
QRS 100
QT 415
QTc 390

--AXIS--

P 5
QRS 17
T 34

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

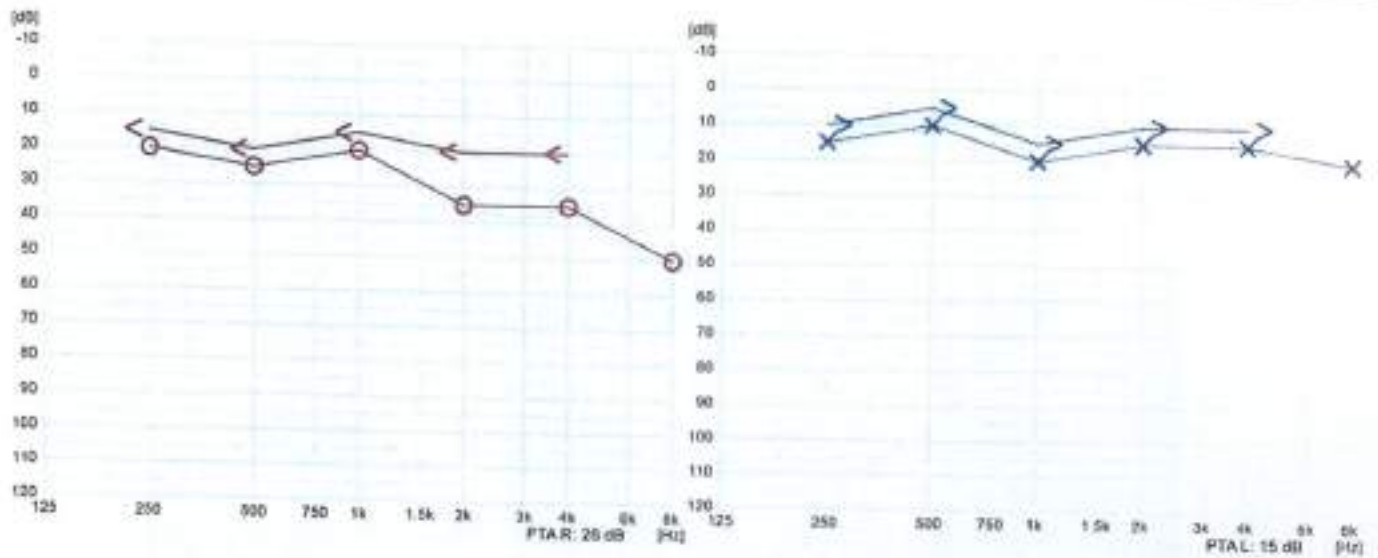
50- 0.50- 40 Hz W

PBI0 CL

P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0868015	Last name, First name KHALFAN SAIF FADHIL	DOB: 12/03/2023
Test type: Tonal audiometry	Test date: 12.03.2023	



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free FieldMasked	A	A
Binaural	B	
No response	I	

Comments

RIGHT:MILD MIXED HEARING LOSS(WITH MODERATE SLOPE AT HIGH FREQUENCY)
LEFT:NORMAL HEARING SENSITIVITY

Signature:

Helix® by Hedera Biomedica S.p.A. - www.hedera biomedical.com



Date: 12 / 03 / 2023