

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Place of examination: Aster Hospital Ibr		Date: 11/1/2022	Surname: Robert Mahan ALI	
If a dependant enter employee's name here:		Forenames: ALI MAHAN		
Birth date: 11/1/1996		Nationality: Omani	Address: Home telephone number 92665626	
Project: TRUMPETMAN NORTH 4 LG		Country of birth: Oman		
Religion: Al-Islam		Relationship to employee		
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	☐ Wife ☐ Son ☐ Daughter	Number of children:	
Reason for examination		Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area:		
Name and address of family doctor		List your last 3 jobs (1)		
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
	Y	N	Y	N
1. Sinus trouble		☒	21. Cancer	☒
2. Neck swelling/glands		☒	22. Heart Disease	☒
3. Difficulty in vision		☒	23. Rheumatic fever	☒
4. Any ear discharge		☒	24. Abnormal heartbeat	☒
5. Asthma/bronchitis		☒	25. High blood pressure	☒
6. Hayfever /other significant allergy		☒	26. Stroke	☒
7. Any skin trouble		☒	27. Serious chest pain	☒
8. Tuberculosis		☒	28. Any blood disease	☒
9. Shortness of breath		☒	29. Kidney disease	☒
10. Coughed/vomited blood		☒	30. Blood in urine	☒
11. Severe abdominal pain		☒	31. Diabetes	☒
12. Stomach ulcer		☒	32. Headaches/migraine	☒
13. Recurrent indigestion		☒	33. Dizziness/fainting	☒
14. Jaundice or hepatitis		☒	34. Epilepsy	☒
15. Gall Bladder disease		☒	35. Joints/spinal trouble	☒
16. Marked change in bowel habits		☒	36. Surgical operation	☒
17. Blood in stools (motions)		☒	37. Serious accident/fracture	☒
18. Marked change in weight		☒	38. Tropical disease	☒
19. Varicose veins		☒	39. Fear of heights	☒
20. Lump in breast/arm/pit		☒		
How much tobacco each day?		Average daily alcohol consumption		
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs				
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()				
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 11/1/2022		Signature of Applicant:		



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION							
N	A			PULSE	HEARING	VISION				Colour Vision	Blood Group
✓		1. Eyes & Pupils		108 / mins.	L R	DISTANT NEAR R L R L Uncorrected 6/6 6/6 Corrected					
✓		2. E.N.T.									
✓		3. Teeth & Mouth									
✓		4. Lungs & Chest									
✓		5. Cardiovascular System									
✓		6. Abdo. Viscera									
✓		7. Hemial Orifices									
✓		8. Anus & Rectum									
✓		9. Genito-urinary									
✓		10. Extremities									
✓		11. Musculo-skeletal									
✓		12. Skin & Varicose Vns.									
✓		13. C.N.S.									
HEIGHT		WEIGHT	BMI	B.P.							
126 cm		89 kg	28.7	160 / 100							
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A				
✓		1. Urinalysis						7. Audiogram			
✓		2. Hb, Bloodcount, ESR						8. Lung Function			
✓		3. LFT, RFT, RBS				✓		9. Chest X-Ray			
✓		4. Drug Screen				✓		10. ECG			
✓		5. Lipids (40 years +)						11. CVS risk for 40 yrs. & above			
✓		6. Sickie Cell test						12. HIV, Hepatitis screening			

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Increased BP, advised to repeat check BP after 1 week

ASSESSMENT: overweight, advised weight reduction

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Data:

Name (Block Capitals): Dr.

Signature _____

REVIEW/CONSULTATION

DR. RAQWOL SARJAWATH
ANCO
LICENCE NO. 5163
GENERAL PRACTITIONER

Signature: _____

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: RASHID MURITHAN ALI AL GHAFRI
Emp #: 6262897
Date of Assessment: 11/1/2020

1	Age	Years	46
2	Gender	Female/Male	Male
3	Total Cholesterol	mmol/L	5.36
4	HDL Cholesterol	mmol/L	1.250
5	Smoker	Yes/No	☒ No
6	Diabetes	Yes/No	☒ No
7	Systolic Blood pressure	mm Hg	160
8	Is the patient being treated for High blood pressure?	Yes/No	☒ No

Framingham Risk score: 21.6 %

Framingham Risk Rating (Circle the appropriate score):

☒ Low

☐ Medium

☐ High

Any further action or recommendations?

Assessment or Examination conducted by:

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 11/1/2022
Name: KASIM MAHMOUD ALI AL GHAFI		Department/Company: (unintelligible)
I. D No. 6263877	Tel # 92566626	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze
1 Slight chance of dozing
2 Moderate chance of dozing
3 High chance of dozing

1 sitting and reading
1 watching TV
1 sitting inactive in a public place (e.g. theatre or meeting)
0 as a passenger in the car for an hour without a break
0 Lying down to rest in the afternoon when circumstances permit
0 Sitting a talking with someone
0 Sitting quietly after lunch without alcohol
0 In a car, while stopped for a few minutes in traffic

Total 3

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: (Signature) Date: 11/1/2022

NORTH
LLC

Fitness to Work Certificate

Employee Data		Date 11/1/2022	
Name Rashid MASHOON AL AL KHAFRI		Department/Company Aster Hospital	
I.D No. 6263877	Age 464	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		✓	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit		Date	
Name of health advisor Dr. RAGH	Signature	Date 11/1/2022	

DEPARTMENT OF LABORATORY MEDICINE

File No: 0153610
Name: RASHID MARHOUN ALI AL GHAFRI
Address:
Gender: M **Age:** 46 Y **Nationality:** OMANI
GSM No.: 92665626 **ID Card No.:**
Ref. By: EXTERNAL DOCTOR

Report No: 0598607
Sample Date: 11/01/2022 **Time:** 10:58
Received By: JIBI
Received Date: 11/01/2022 **Time:** 11:05
Report Date: 11/01/2022 **Time:** 14:22
Bill No: 0803755 **Bill Date:** 11/01/2022
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	6.15 mmol/L	3.9 - 6.1
Method :- Hexokinase	110.7 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.34 mmol/L	1 - 5.1
Method:-Enzymatic	206.44 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.220 mmol/L	0.777 - 1.813
" "	47.17 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.27 mmol/L	1.295 - 4.54
" "	126.17	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.86 mmol/L	0.259 - 1.036
" "	33.1 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.38	3.8 - 5.9
TRIGLYCERIDES	1.87 mmol/L	0.564 - 2.146
Method : Enzymatic	165.495 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.410 mg/dL	0.1 - 1
Method : Diazo	7.01 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.111 mg/dL	0.1 - 0.5
Method : Diazo	1.9 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	19.99 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	19.51 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	122.36 U/L	Adult : Men -40-129

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist
MOH License No: 6544



DEPARTMENT OF LABORATORY MEDICINE

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GSM No.: 92665626 ID Card No.:	Report Date: 11/01/2022 Time: 14:22
Ref. By: EXTERNAL DOCTOR	Bill No: 0803755 Bill Date: 11/01/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.71 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.70 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.01 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.56	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	25.18 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.22 mmol/L	1.7 - 8.3
Method : Kinetic Assay	25.35 mg/dL	10.2 - 49.8
CREATININE - SERUM	86.12 µmol/L	44.2 - 123.7
Method :-Jaffé Method	0.97 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	6010 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	39.9 %	40-75%
LYMPHOCYTES	47.9 %	20-45%
EOSINOPHILS	5.0 %	2-6 %
MONOCYTES	6.5 %	2-8 %

Processed By:
JIBI
Lab Technologist

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist

Specialist Pathologist

MOH LIC No: 4384

MOH License No: 6644

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INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.7 %	0-1%
HB (HEMOGLOBIN)	14.1 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.44 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	1.25 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	44.50 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	81.80 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	25.90 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	31.70 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL	NEGATIVE
URINE ROUTINE	
URINE BIOCHEMISTRY	
GLUCOSE	NIL
PROTEIN	NIL
KETONE	NIL
BILIRUBIN	NIL
pH	ACIDIC

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Bill No: 0803755 **Bill Date:** 11/01/2022
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Jibi
Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
SREERAJ
Lab Technologist

Sreeraj
Released By:
SREERAJ
Lab Technologist

MOH License No: 6644

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X-RAY REPORT

Doc No:	0059962
Name:	RASHID MARHOUN ALI AL GHAFRI
Age/DOB:	46 Y Omani ID/ L.Card No:
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	11/01/2022
X-Ray Film No:	TO
Bill No:	0803755
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 
DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



153610
46 Years

RASHID MARHOUN
Male

11-Jan-22 10:43:34 AM

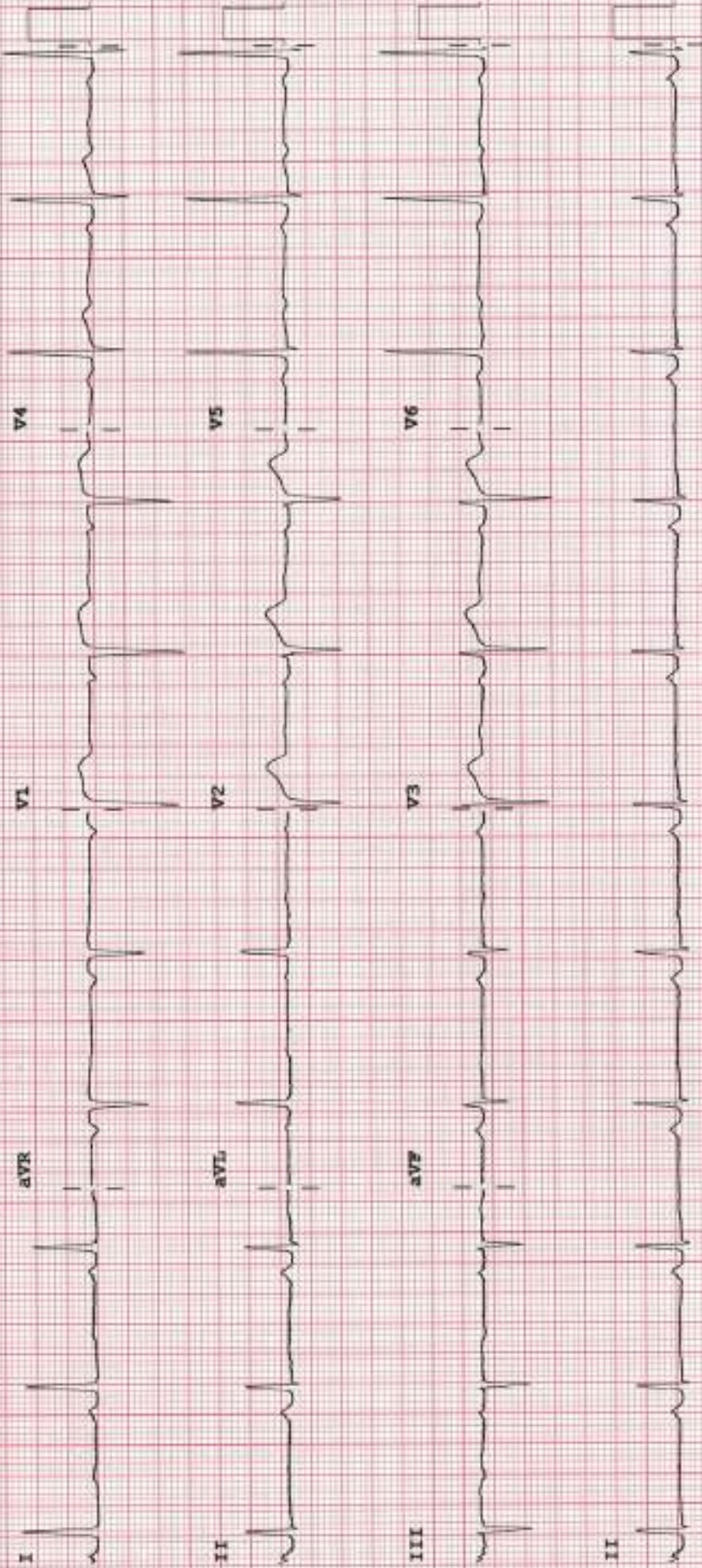
ASTER HOSPITAL IBRI (Emergency)

Rate 62
RR 968
PR 191
QRS 81
QT 387
QTc 393

--AXIS--

P 46
QRS 1
T 118

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

50-0.50-40 Hz W

PH10

CL

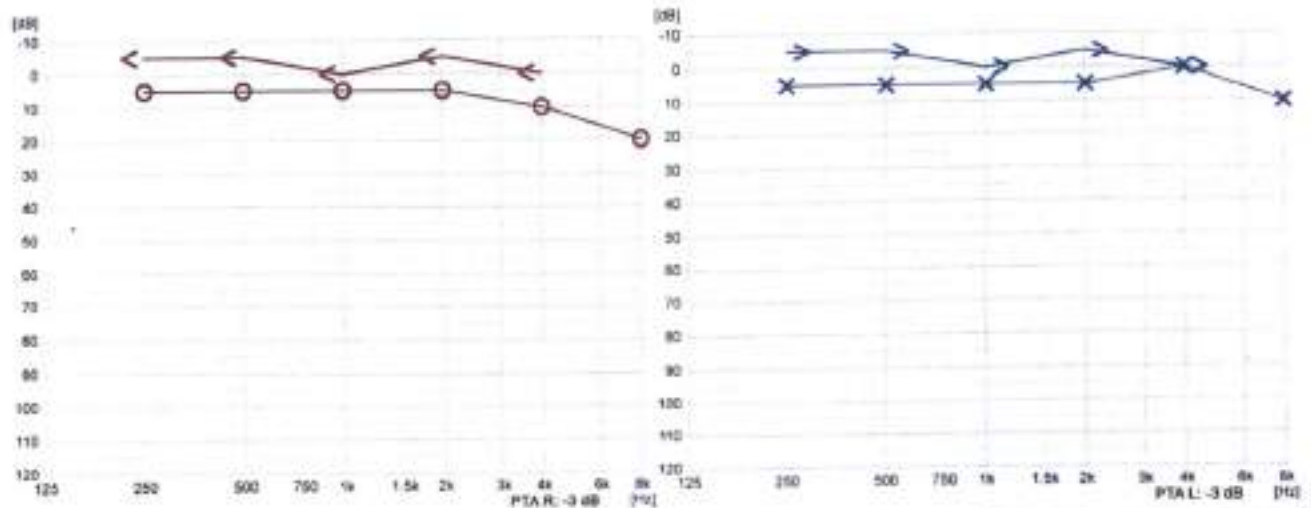
P2

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0803755	Last name, First name AL GHAFRI, RASHID MAJID	Born: 11/01/2022
Test type: Tonal audiometry	Test date: 11/01/2022	



Legend	R	L
Air	O	X
AirMasked	Δ	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free FieldAided	A	A
Binaural	B	
No response	I	

PTA

Right:- 5 dBHL

Left:- 5 dBHL

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature:



Date: 11/01/2022

Recall by Nadine Bismillah IBRI 2016 - www.hearingaidcenter.com