



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname		Forenames		Address		Home telephone number	
Place of examination		Date		Nationality		Country of birth	
If a dependant enter employee's name here:		Forenames		Relationship to employee		Number of children	
Birth date		Nationality		Country of birth		Religion	
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated/Divorced	☐ Wife ☐ Son ☐ Daughter					
Reason for examination		Pre-Employment ☐ Job:		Pre-Overseas ☐ Area:			
Name and address of family doctor		List your last 3 jobs					
		(1)					
		(2)					
Are you a Registered Disabled Person? (UK only)		☐		Do you belong to any Medical Insurance Scheme?		☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)							
Y		N		Y		N	
1. Sinus trouble		☒		21. Cancer		☒	
2. Neck swelling/glands		☒		22. Heart Disease		☒	
3. Difficulty in vision		☒		23. Rheumatic fever		☒	
4. Any ear discharge		☒		24. Abnormal heartbeat		☒	
5. Asthma/bronchitis		☒		25. High blood pressure		☒	
6. Hayfever /other significant allergy		☒		26. Stroke		☒	
7. Any skin trouble		☒		27. Serious chest pain		☒	
8. Tuberculosis		☒		28. Any blood disease		☒	
9. Shortness of breath		☒		29. Kidney disease		☒	
10. Coughed/vomited blood		☒		30. Blood in urine		☒	
11. Severe abdominal pain		☒		31. Diabetes		☒	
12. Stomach ulcer		☒		32. Headaches/migraine		☒	
13. Recurrent indigestion		☒		33. Dizziness/fainting		☒	
14. Jaundice or hepatitis		☒		34. Epilepsy		☒	
15. Gall Bladder disease		☒		35. Joints/spinal trouble		☒	
16. Marked change in bowel habits		☒		36. Surgical operation		☒	
17. Blood in stools (motions)		☒		37. Serious accident/fracture		☒	
18. Marked change in weight		☒		38. Tropical disease		☒	
19. Varicose veins		☒		39. Fear of heights		☒	
20. Lump in breast/armpit		☒					
How much tobacco each day?				Average daily alcohol consumption			
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs							
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()							
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()							
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-							
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.							
Date		Signature of Applicant		Signature of Medical Officer		Printed	
2/5/2023							

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION								
N	A									
☒		1. Eyes & Pupils								
☒		2. E.N.T.								
☒		3. Teeth & Mouth								
☒		4. Lungs & Chest								
☒		5. Cardiovascular System								
☒		6. Abdo. Viscera								
☒		7. Hemal Orifices								
☒		8. Anus & Rectum								
☒		9. Genito-urinary								
☒		10. Extremities								
☒		11. Musculo-skeletal								
☒		12. Skin & Vascular Vns.								
☒		13. C.N.S.								
HEIGHT cm 183	WEIGHT kg 107.4	BMI 32.0	B.P. 98/60	PULSE 96 /mins.	HEARING L R	VISION DISTANT R L Uncorrected Corrected	NEAR R L Uncorrected Corrected	Colour Vision	Blood Group	
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A			
☒		1. Urinalysis					☒		7. Audiogram	
☒		2. Hb, Bloodcount, ESR					☒		8. Lung Function	
☒		3. LFT, RFT, RBS					☒		9. Chest X-Ray	
☒		4. Drug Screen					☒		10. ECG	
☒		5. Lipids (40 years +)							11. CVS risk for 40 yrs. & above	
☒		6. Sickle Cell test							12. HIV, Hepatitis screening	

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Admission: Low fat diet

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFITDate: 9/5/2023
Name (Block Capital): Dr. Hassan

REVIEW/CONSULTATION

Date: Name (Block Capital): Signature:

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Rajan P. J.

Emp #:

Date of Assessment: 21/5/2013

1	Age	Years	<u>52</u>
2	Gender	Female/Male	<u>Male</u>
3	Total Cholesterol	mmol/L	<u>5.95</u>
4	HDL Cholesterol	mmol/L	<u>0.850</u>
5	Smoker	Yes/No	<u>No</u>
6	Diabetes	Yes/No	<u>No</u>
7	Systolic Blood pressure	mm Hg	<u>100</u>
8	Is the patient being treated for High blood pressure?	Yes/No	<u>No</u>

Framingham Risk score: 9.4 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations:

Assessment of Examination conducted by:

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 21/2/23
Name: Rajan P. J.	Department/Company:	
I. D No. 78720968	Tel # 98301228	Occupation:

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- ☐ sitting and reading
- ☐ watching TV
- ☐ sitting inactive in a public place (e.g. theatre or meeting)
- ☐ as a passenger in the car for an hour without a break
- ☐ Lying down to rest in the afternoon when circumstances permit
- ☐ Sitting a talking with someone
- ☐ Sitting quietly after lunch without alcohol
- ☐ In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Rajan P. J. (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 21/2/23

Fitness to Work Certificate

Employee Data		Date	
Name: <u>Region P. J.</u>		Date: <u>2/5/2023</u>	
I.D No. <u>78970988</u>		Department/Company <u>70</u>	
Age <u>59/yr</u>		Occupation	
Type of Medical Evaluation			
Mark those applying ✓			
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers - group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers - group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature	Date	
<u>[Signature]</u>	<u>[Signature]</u>	<u>2/5/2023</u>	

DEPARTMENT OF LABORATORY MEDICINE

File No: 0255589	Report No: 0657193
Name: RAJAN PEREIRA JOHN	Sample Date: 02/05/2023 Time: 9:00
Address:	Received By: ASHWINI
Gender: M Age: 52 Y Nationality: INDIAN	Received Date: 02/05/2023 Time: 9:10
GSM No.: 97759898 ID Card No.: 78270988	Report Date: 02/05/2023 Time: 10:17
Ref. By: EXTERNAL DOCTOR	Bill No: 0875053 Bill Date: 02/05/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	6.11 mmol/L	3.9 - 6.1
Method :- Hexokinase	109.98 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.95 mmol/L	1 - 5.1
Method:-Enzymatic	230.03 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.850 mmol/L	0.777 - 1.813
Method:-Enzymatic	32.86 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	4.53 mmol/L	1.295 - 4.54
Method:-Calculation	174.87 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.58 mmol/L	0.259 - 1.036
Method:-Calculation	22.3 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	7	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	1.26 mmol/L	0.564 - 2.146
Method : Enzymatic	111.51 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.990 mg/dL	0.1 - 1
Method : Diazo	16.93 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.521 mg/dL	0.1 - 0.5
Method : Diazo	8.91 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	24.10 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	29.10 U/L	Male: 10-50 Female: 10-35

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
ASHWINI
Lab Technologist

Released By:
ASHWINI
Lab Technologist
MOH License No: 16064

DR SHAYBA P
Specialist Pathologist
MOH LIC NO: 13475

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Ref. By: EXTERNAL DOCTOR	Bill No: 0875053 Bill Date: 02/05/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	81.93 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	6.54 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.22 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.32 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.82	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	16.18 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	6.30 mmol/L	1.7 - 8.3
Method - Kinetic Assay	37.84 mg/dL	10.2 - 49.8
CREATININE - SERUM	83.71 µmol/L	44.2 - 123.7
Method :-Jaffé Method	0.95 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	5740 cells/cumm	4000 - 11000 cells/cumm
Method -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method :-Fluorescence Flow Cytometry		
NEUTROPHILS	47.2 %	40-75%

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Specialist Pathologist

MOH LIC No: 4384

MOH License No: 18084

MOH LIC NO:13475

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Address:	Received By: ASHWINI
Gender: M Age: 52 Y Nationality: INDIAN	Received Date: 02/05/2023 Time: 9:10
GSM No.: 97759898 ID Card No.: 78270988	Report Date: 02/05/2023 Time: 10:17
Ref. By: EXTERNAL DOCTOR	Bill No: 0875053 Bill Date: 02/05/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	41.1 %	20-45%
EOSINOPHILS	4.2 %	2-6 %
MONOCYTES	6.8 %	2-8 %
BASOPHILS	0.7 %	0-1%
HB (HEMOGLOBIN)	15.6 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	4.95 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	1.74 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	48.40 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	97.80 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	31.50 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.20 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	02 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL **NEGATIVE**

Method : -Haemoglobin solubility test

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0255589	Report No: 0857193
Name: RAJAN PEREIRA JOHN	Sample Date: 02/05/2023 Time: 9:00
	Received By: ASHWINI
Address:	Received Date: 02/05/2023 Time: 9:10
Gender: M Age: 52 Y Nationality: INDIAN	Report Date: 02/05/2023 Time: 10:17
GSM No.: 97759886 ID Card No.: 78270988	Bill No: 0875053 Bill Date: 02/05/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Jibi
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Dr. Shayfa P
DR. SHAYFA P
Specialist Pathologist
MOH LIC NO: 13475

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0255589
52 Years

RAJAN
Male

02-May-23 08:39:47 AM
ASTER HOSPITAL IBRI (Emergency)

Rate 54
RR 111
PR 174
QRS 86
QT 420
QTc 398

--AXIS--

P 50
QRS 40
T 30

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50~0.50~40 Hz W

PH10

CL

P?

X-RAY REPORT

Doc No:	0070572
Name:	RAJAN PEREIRA JOHN
Age/DOB:	52 Y Omani ID/ L.Card No:: 78270988
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	02/05/2023
X-Ray Film No:	TO
Bill No:	0875053
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 

DR. ATHINMON GU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



Seal