



# مركز الرسيل الصحي RUSAYL HEALTH CENTRE

ISO 9001 - 2015 Certified Co.

No. B 09670

## ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)



**RUSAYL HEALTH CENTRE**  
ISO 9001 - 2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL  
DETAILS IN BLOCK CAPITALS

Surname/  
Forenames

Artaar Singh

Nationality

Indian

Mobile No. 95181264

Home/Leave Address:

India

Company Number:

1872

Reference Indicator:

Trunkman

Personal Details

38y

DOB

15.02.1983

ID-83387582

A ☒ Male ☐ Female

☒ Married ☐ Single ☐ Separated /Divorced /Widow(er)

Home/Leave Address:

Relationship to employee

☐ Wife ☐ Son ☐ Daughter

No of Children: 01

Reason for Examination (tick as appropriate)

Periodic Medical Examination ☒

Final / Retirement ☐

Other Reason: ☐

Employee only

B Present Job and Location:

HDD

Next Job and Location:

NIMV

Are you a registered person with special needs? ☐

Do you belong to any Medical Insurance Scheme? ☐

**Previous Medical History:** All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

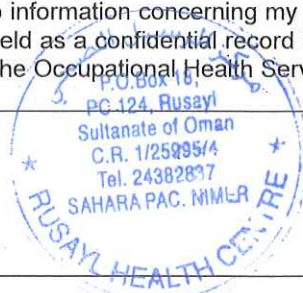
Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' Please describe

	N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?			
1 Ear, nose, eye or throat problems			
2 Chest problems like asthma, bronchitis, other bad cough			
3 Heart abnormality, chest pains			
4 Abdominal pains, abnormal bowel motions			
5 Urogenital problems (kidney disease, menstrual disorder)			
6 Skin trouble or allergies			
7 Epileptic fits, dizzy spells or migraine			
8 History of mental illness, depression anxiety			
9 Diabetes, thyroid disease			
10 Blood disorder e.g. anaemia, blood cancer e.g. leukaemia			
11 Any history of accidents or fractures			
12 Have you had any serious allergies			
13 Do any dependants have a significant ongoing illness?			
14 Any family history of cancers			
Do you take any regular medicines, or have your taken in the past?			
Do you smoke? If yes, what and how much each day?			
Do you drink alcohol? If yes, what is your average weekly intake?			
Have you ever taken elicited/recreational drugs?			
Are you doing regular sports or physical activities?		<input checked="" type="checkbox"/>	

**STATEMENT:** I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. . I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission) ) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review .


Date: 13/10/2021

Signature of Applicant: Artaar Singh



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION				
N	A							
1		1. Eyes & Pupils		} NA				
1		2. E.N.T.						
1		3. Teeth & Mouth						
1		4. Lungs & Chest						
	✓	5. Cardiovascular System		} NA	BD	140/90 mmHg		
1		6. Abdo. Viscera						
1		7. Hernial Orifices						
1		8. Anus & Rectum						
1		9. Genito-urinary						
1		10. Extremities						
1		11. Musculo-skeletal						
1		12. Skin & Varicose Vns.						
1		13. C.N.S.						
HEIGHT cm		WEIGHT kg		BMI	B.P.	PULSE mins.	HEARING L R	
176		100		32.3	140/90	74	Normal Normal	
							VISION DISTANT NEAR R L R L Uncorrected Corrected	
							6/6 6/6	
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A	
✓		Tc - 205				✓	7. Audiogram	
✓						1. Urinalysis		8. Lung Function
✓						2. Hb, Bloodcount, ESR		9. Chest X-Ray
✓						3. LFT, RFT, RBS		10. ECG
						4. Drug Screen		11. CVS risk for 40 yrs. & above
✓						5. Lipids (40 years +)		12. HIV, Hepatitis screening
✓		6. Sickie Cell test						
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)								
<p>Advised on regular BP checked. Continue medications, weight reduction, Low fat diet, regular exercise</p>								
ASSESSMENT AND RECOMMENDATIONS:								
<input checked="" type="checkbox"/> FIT ALL AREAS <input type="checkbox"/> FIT WITH RESTRICTION <input type="checkbox"/> TEMPORARY UNFIT <input type="checkbox"/> UNFIT								
Date: 13/10/2021		Name (Block Capitals): DR. SANATH BUDDHIKA PRIYADARSHAN		Signature: [Signature]				
REVIEW/CONSULTATION								
Date:		Name (Block Capitals): Dr. / Nurse		Signature:				