

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
<input checked="" type="checkbox"/>		1. Eyes & Pupils
<input checked="" type="checkbox"/>		2. E.N.T.
<input checked="" type="checkbox"/>		3. Teeth & Mouth
<input checked="" type="checkbox"/>		4. Lungs & Chest
<input checked="" type="checkbox"/>		5. Cardiovascular System
<input checked="" type="checkbox"/>		6. Abdo. Viscera
<input checked="" type="checkbox"/>		7. Hernial Orifices
<input checked="" type="checkbox"/>		8. Anus & Rectum
<input checked="" type="checkbox"/>		9. Genito-urinary
<input checked="" type="checkbox"/>		10. Extremities
<input checked="" type="checkbox"/>		11. Musculo-skeletal
<input checked="" type="checkbox"/>		12. Skin & Varicose Vns.
<input checked="" type="checkbox"/>		13. C.N.S.

NAD

BP = 130/90 mmHg

NAD

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION
174	89	29.4	130 90	64/min.	L Normal R Normal	DISTANT R 6/L 6 NEAR R 6/L 6
					Uncorrected Corrected	

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A
<input checked="" type="checkbox"/>		1. Urinalysis	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>		2. Hb, Bloodcount, ESR		
<input checked="" type="checkbox"/>		3. LFT, RFT, RBS		
		4. Drug Screen		
	<input checked="" type="checkbox"/>	5. Lipids (40 years +)		
<input checked="" type="checkbox"/>		6. Sickle Cell test		
		7. Audiogram		
		8. Lung Function		
		9. Chest X-Ray		
		10. ECG		
		11. CVS risk for 40 yrs. & above		
		12. HIV, Hepatitis screening		

TC - 202
HDL - 38.41

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Advise 2 on arthralgia, depression, regular BP, cholesterol, regular exercise

ASSESSMENT AND RECOMMENDATIONS:

FIT ALL AREAS
 FIT WITH RESTRICTION
 TEMPORARY UNFIT
 UNFIT

with follow up for H7N

Date: 29/09/2021 Name (Block Capitals): Dr. / Nurse

REVIEW/CONSULTATION



 Signature:



Date: Name (Block Capitals): Dr. / Nurse Signature: