

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Surname: Amrik Singh					
Forenames:					
Address: Ibn - 71292440					
Place of examination: Aster Hospital, Ibra	Date: 12/10/2020				
Home telephone number:					
If a dependant enter employee's name here:					
Birth date: 5/9/1978	Nationality: Indian				
Project: Truck Owner					
Country of birth: India					
Religion: Sikh					
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced				
Relationship to employee: ☐ Wife ☐ Son ☐ Daughter					
Number of children:					
Reason for examination: ☐ Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area:					
Name and address of family doctor:					
List your last 3 jobs (1):					
Are you a Registered Disabled Person? (UK only) ☐					
Do you belong to any Medical Insurance Scheme? ☐					
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
Y	N	Y	N	Y	N
1. Sinus trouble	☒	21. Cancer	☒	HAVE YOU EVER BEEN:-	
2. Neck swelling/glands	☒	22. Heart Disease	☒	40. Rejected for employment or insurance for medical reasons	☒
3. Difficulty in vision	☒	23. Rheumatic fever	☒	41. Awarded benefits for industrial injury/illness	☒
4. Any ear discharge	☒	24. Abnormal heartbeat	☒	42. Treated for a mental condition, e.g. depression	☒
5. Asthma/bronchitis	☒	25. High blood pressure	☒	43. Treated for problem drinking or drug abuse	☒
6. Hayfever /other significant allergy	☒	26. Stroke	☒	44. Exposed to toxic substance or noise	☒
7. Any skin trouble	☒	27. Serious chest pain	☒	FOR WOMEN ONLY	
8. Tuberculosis	☒	28. Any blood disease	☒	Have you ever had:-	
9. Shortness of breath	☒	29. Kidney disease	☒	45. An abnormal smear	☐
10. Coughed/vomited blood	☒	30. Blood in urine	☒	46. Any gynaecological treatment	☐
11. Severe abdominal pain	☒	31. Diabetes	☒	47. Are you pregnant?	☐
12. Stomach ulcer	☒	32. Headaches/migraine	☒	48. Have you had an illness not mentioned above	☐
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒		
14. Jaundice or hepatitis	☒	34. Epilepsy	☒		
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒		
16. Marked change in bowel habits	☒	36. Surgical operation	☒		
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒		
18. Marked change in weight	☒	38. Tropical disease	☒		
19. Varicose veins	☒	39. Fear of heights	☒		
20. Lump in breast/axilla	☒				
How much tobacco each day?		Average daily alcohol consumption			
Have you ever taken illicit drugs? () PDO test all new/potential employees for elicited/recreational drugs					
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()					
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:					
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.					
Date: 12-10-20		Signature of Applicant:			



Amrik Singh

287612

Tab. Atorvastatin 10mg Hs 001 x 3 months
Tab. fenofibrate 200 mg Hs 001 x 3 months.



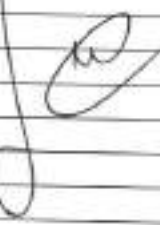
Oman Al Khair Hospital LLC
P.O. Box 400, Postal Code : 511
Ibri, Sultanate of Oman

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نقل: +968 7155 9977

مستشفى عمان الخير في ص.م.
ص.ب. ٤٠٠ الرمز البريدي: ٥١١
عبري، سلطنة عمان

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION							
N	A	1. Eyes & Pupils							
/	/	2. E.N.T.							
/	/	3. Teeth & Mouth							
/	/	4. Lungs & Chest							
/	/	5. Cardiovascular System							
/	/	6. Abdo. Viscera							
/	/	7. Hernial Orifices							
/	/	8. Anus & Rectum							
/	/	9. Genito-urinary							
/	/	10. Extremities							
/	/	11. Musculo-skeletal							
/	/	12. Skin & Varicose Vns.							
/	/	13. C.N.S.							
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L R	VISION DISTANT NEAR R L R L Uncorrected 0.6 0.6 Corrected		Colour Vision	Blood Group
164	76.8	28.6	139/86	89					
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A		
/	/	1. Urinalysis						7. Audiogram	
/	/	2. Hb, Bloodcount, ESR						8. Lung Function	
/	/	3. LFT, RFT, RBS				/	/	9. Chest X-Ray	
/	/	4. Drug Screen				/	/	10. ECG	
/	/	5. Lipids (40 years +)				/	/	11. CVS risk for 40 yrs. & above	
/	/	6. Sickie Cell test				/	/	12. HIV, Hepatitis screening	
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)									
AP - 135/80 mmHg manually, overweight, exercise advised.									
ASSESSMENT: Hypertension, advised medication. Hyperglycemia, advised follow up with HBA1C, PPBS and to consult physician									
☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT									
Date: 12/10/2021 Name (Block Capitals): Dr. NANDANA PAMIDI Signature: 									
REVIEW/CONSULTATION									
Date: 12-10-2021 Name (Block Capitals): Dr.									



Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Amrik Singh
Emp #: 79733448
Date of Assessment: 12-10-2021

1	Age	48 Years	
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L	7.31
4	HDL Cholesterol	mmol/L	1.12
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	135
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 13.2 %

Framingham Risk Rating (Circle the appropriate score):

Low ☐ Medium ☒ High ☐

Any further action or recommendations?

Assessment or Examination conducted by:

DR. SANDANA TAMIL
رئيس التمريض: 11-019
LICENCE NO: 13875
طبيب عام
GENERAL PRACTITIONER



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 12-10-2021
Name: Amrik Singh	Department/Company: Truck company	
I. D No. 79733448	Tel # 712924660	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

☒ sitting and reading

☒ watching TV

☒ sitting inactive in a public place (e.g. theatre or meeting)

☒ as a passenger in the car for an hour without a break

☒ Lying down to rest in the afternoon when circumstances permit

☒ Sitting & talking with someone

☒ Sitting quietly after lunch without alcohol

☒ In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Amrik Singh (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Amrik Singh Date: 12-10-2021



Fitness to Work Certificate

Employee Data		Date <u>12-10-2021</u>	
Name <u>Amrik Singh</u>		Department/Company <u>Truckmen</u>	
I.D No. <u>79733948</u>	Age <u>48-Y</u>	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers – group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers – group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ✓			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor <u>Dr. Mandana Pamidi</u>	Signature <u>[Signature]</u>	Date <u>12-10-2021</u>	

DEPARTMENT OF LABORATORY MEDICINE

File No: 0237612
Name: AMRIK SINGH

Address:

Gender: M Age: 48 Y Nationality: INDIAN
GSM No.: 71292440 ID Card No.: 79733448
Ref. By: EXTERNAL DOCTOR

Report No: 0584993
Sample Date: 12/10/2021 Time: 9:43
Received By: SREERAJ
Received Date: 12/10/2021 Time: 9:51
Report Date: 12/10/2021 Time: 12:18
Bill No: 0789422 Bill Date: 12/10/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	11.40 mmol/L	3.9 - 6.1
Method : Hexokinase	205.2 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	7.31 mmol/L	1 - 5.1
Method: Enzymatic	282.6 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.120 mmol/L	0.777 - 1.813
" "	43.3 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.93 mmol/L	1.295 - 4.54
" "	151.86	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	2.26 mmol/L	0.259 - 1.036
" "	87.44 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	6.53	3.8 - 5.9
TRIGLYCERIDES	4.94 mmol/L	0.564 - 2.146
Method : Enzymatic	437.19 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.651 mg/dL	0.1 - 1
Method : Diazo	11.13 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.160 mg/dL	0.1 - 0.5
Method : Diazo	2.74 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	18.93 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	32.23 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	70.43 U/L	Adult : Men -40-129

Processed By:
ASHWINI
Lab Technologist

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist



MOH License No: 16064

MOH License No: 6644

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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children (Aged) 7 months - 1 Year :- <462 1 Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years (M) :- <390 13 Years - 17 Years (F) :- <187
TOTAL PROTEIN-SERUM (Colorimetric Assay)	7.54 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.54 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.51	1.2 - 1.5
GGT (GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	41.92 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.56 mmol/L	1.7 - 8.3
Method : Kinetic Assay	27.39 mg/dL	10.2 - 49.8
CREATININE - SERUM	75.45 µmol/L	44.2 - 123.7
Method :- Jaffe Method	0.85 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	7290 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	51.6 %	40-75%
LYMPHOCYTES	37.6 %	20-45%
EOSINOPHILS	3.0 %	2-6 %
MONOCYTES	7.4 %	2-8 %

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Address:

Gender: M Age: 48 Y Nationality: INDIAN

GSM No.: 71292440 ID Card No.: 79733448

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Bill No: 0789422 Bill Date: 12/10/2021

Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	14.8 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	4.92 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.64 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	43.20 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	87.80 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	30.10 PG	27 - 33 PG
MCHC (MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	34.30 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE: 0-9 mm/ 1st hr FEMALE: 0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation. Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	+++	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	



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Lab Technologist



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INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

LIPEMIC SAMPLE RECEIVED.



Processed By:
ASHWINI
Lab Technologist

MOH License No: 16084

Approved By:
SREERAJ
Lab Technologist

SREERAJ
Medical Lab Technologist
Released By:
SREERAJ
Lab Technologist

MOH License No: 6644



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X-RAY REPORT

Doc No:	0058518		
Name:	AMRIK SINGH		
Age/DOB:	48 Y	Omani ID/ L.Card No::	79733448
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	12/10/2021		
X-Ray Film No:	TN		
Bill No:	0789422		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



237612
48 Years

AMRIK SINGH
Male

12-Oct-21 09:45:37 AM

ASTER HOSPITAL IERI (Emergency)

Rate 79
RR 759
PR 160
QRS 85
QT 369
QTc 424

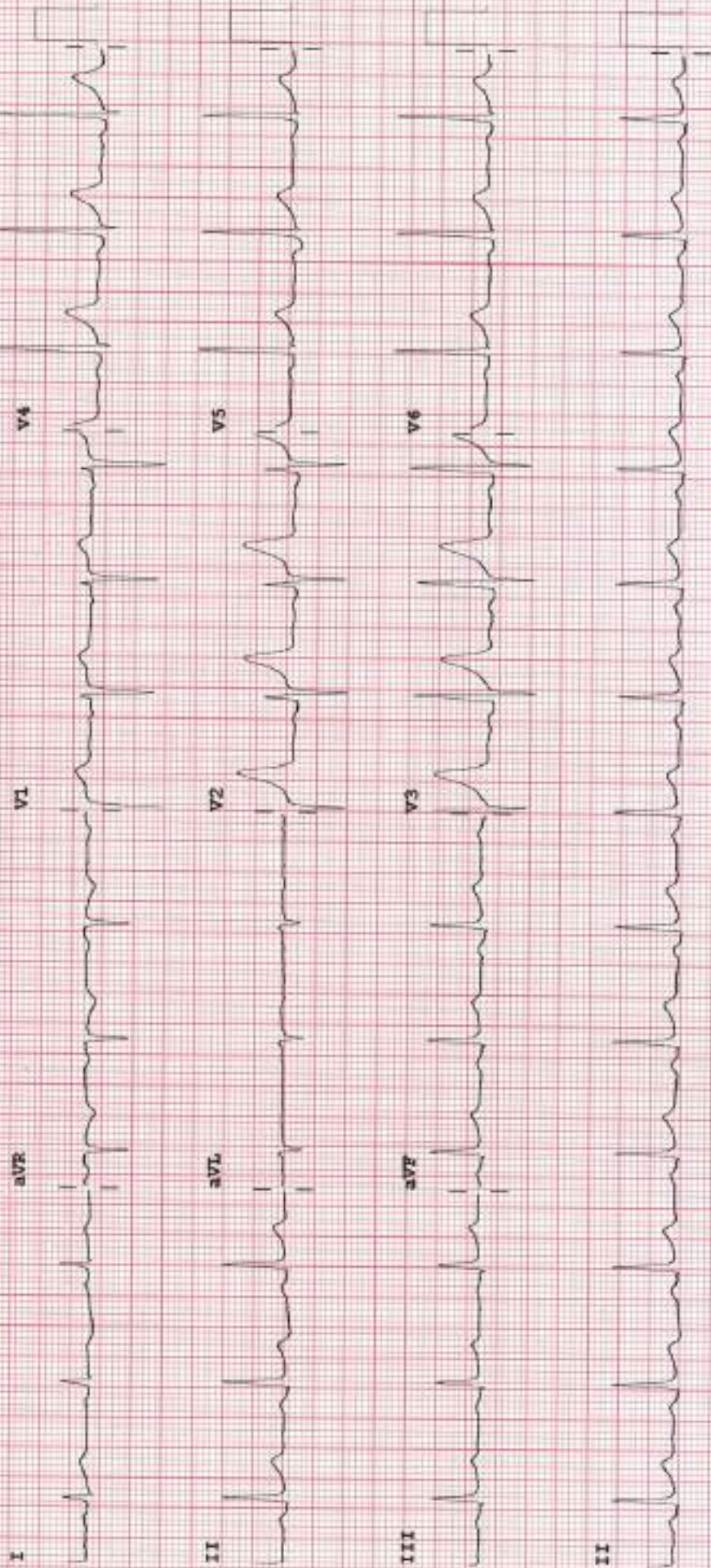
--AXIS--

P 65
QRS 71
T 63

12 Lead; Standard Placement



د. رانكش بـلا
DR. RANESH VELLA
رئيس التمريض: ١٩٩.٠.٠
LICENSE NO: 1238
طبيب عام
GENERAL PRACTITIONER



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50~0.50~40 Hz W

PH10 CL

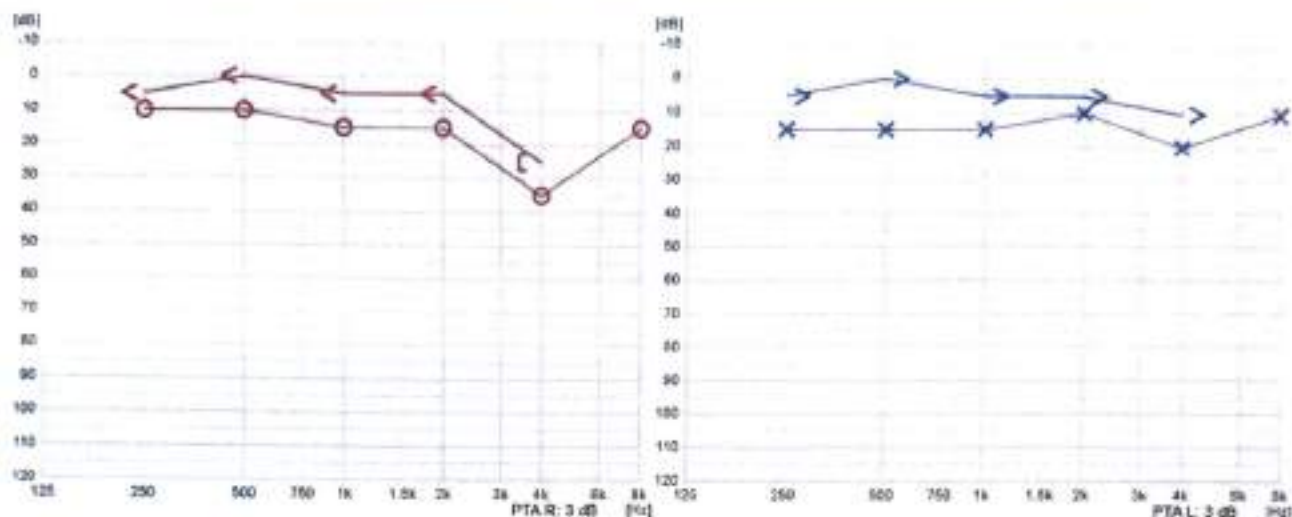
P7

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0789422	Last name , First name SINGH , AMRUK	Born: 12/10/2021
Test type Tonal audiometry	Test date: 12/10/2021	



Legend	R	L
Air	O	X
AirMasked	Δ	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldMasked	A	A
Binaural		B
No response		I

PTA

Right:- 13.3 dBHL

Left:- 13.3 dBHL

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS WITH NOTCH AT 4KHz IN RIGHT EAR

Signature:



Date: 12/10/2021