

Initial Medical Examination Report
INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Place of examination: Aster Hospital, Ibra		Date: 19/8/20	Surname: Imran Aziz	
If a dependant enter employee's name here:		Forenames: Imran Aziz		
Birth date:		Address: 94189020		
Nationality: Pakistan		Home telephone number:		
Project: Truck Driver		Country of birth:		
Religion:		Relationship to employee:		
☒ Male ☐ Female	☐ Married ☒ Single ☐ Separated /Divorced	☐ Wife ☐ Son ☐ Daughter		Number of children:
Reason for examination: Pre-Employment ☐ Job: ☐		Pre-Overseas ☐ Area: ☐		
Name and address of family doctor:		List your last 3 jobs (1):		
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
Y N		Y N		Y N
1. Sinus trouble	☒	21. Cancer	☒	HAVE YOU EVER BEEN:-
2. Neck swelling/glands	☒	22. Heart Disease	☒	
3. Difficulty in vision	☒	23. Rheumatic fever	☒	
4. Any ear discharge	☒	24. Abnormal heartbeat	☒	
5. Asthma/bronchitis	☒	25. High blood pressure	☒	
6. Hayfever /other significant allergy	☒	26. Stroke	☒	
7. Any skin trouble	☒	27. Serious chest pain	☒	
8. Tuberculosis	☒	28. Any blood disease	☒	
9. Shortness of breath	☒	29. Kidney disease	☒	
10. Coughed/vomited blood	☒	30. Blood in urine	☒	
11. Severe abdominal pain	☒	31. Diabetes	☒	40. Rejected for employment or insurance for medical reasons
12. Stomach ulcer	☒	32. Headaches/migraine	☒	41. Awarded benefits for industrial injury/illness
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒	42. Treated for a mental condition, e.g. depression
14. Jaundice or hepatitis	☒	34. Epilepsy	☒	43. Treated for problem drinking or drug abuse
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒	44. Exposed to toxic substance or noise
16. Marked change in bowel habits	☒	36. Surgical operation	☒	FOR WOMEN ONLY
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒	Have you ever had:-
18. Marked change in weight	☒	38. Tropical disease	☒	45. An abnormal smear
19. Varicose veins	☒	39. Fear of heights	☒	46. Any gynaecological treatment
20. Lump in breast/axilla	☒			47. Are you pregnant?
How much tobacco each day?		Average daily alcohol consumption		
Have you ever taken illicit drugs? ☒ PDO test all new/potential employees for illicit/recreational drugs				
FAMILY HISTORY: Diabetes (X) Tuberculosis (X) Epilepsy (X) Asthma (X) Eczema (X)				
Heart disease (X) High blood pressure (X) Stroke (X) Blood Disease () Cancer (X)				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 19/8/20		Signature of Applicant: Imran Aziz		

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION							
N	A										
		1. Eyes & Pupils									
		2. E.N.T.									
		3. Teeth & Mouth									
		4. Lungs & Chest									
		5. Cardiovascular System									
		6. Abdo. Viscera									
		7. Hernial Orifices									
		8. Anus & Rectum									
		9. Genito-urinary									
		10. Extremities									
		11. Musculo-skeletal									
		12. Skin & Varicose Vns.									
		13. C.N.S.									
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L R	VISION DISTANT NEAR Uncorrected Corrected				Colour Vision	Blood Group
170	71 kg	24.5	120/70	66		6/6 6/6 R L R L					
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A				
✓		1. Urinalysis						7. Audiogram			
✓		2. Hb, Bloodcount, ESR						8. Lung Function			
✓		3. LFT, RFT, RBS				✓		9. Chest X-Ray			
	✓	4. Drug Screen				✓		10. ECG			
	✓	5. Lipids (40 years +)						11. CVS risk for 40 yrs. & above			
✓		6. Sickie Cell test				✓		12. HIV, Hepatitis screening			

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT: Mild hyperlipidemia. Advised exercise.

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 19/8/21 Name (Block Capitals): Dr. HANADIA PANI P.D. Signature: [Signature]

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. [Signature]

DR. HANADIA PANI
رئيسة الطوارئ
1981
LICENCE NO: 12272
GENERAL PRACTITIONER



Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Imran Aziz

Emp #:

Date of Assessment: 95775896
19/8/2021

1	Age	Years	45
2	Gender	Female/Male	male
3	Total Cholesterol	mmol/L	5.47
4	HDL Cholesterol	mmol/L	1.26
5	Smoker	Yes/No	No
6	Diabetes	Yes/No	No
7	Systolic Blood pressure	mm Hg	120
8	Is the patient being treated for High blood pressure?	Yes/No	No

Framingham Risk score: 6.7 %

Framingham Risk Rating (Circle the appropriate score):

Low Medium High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 19/8/2021
Name: Imron A212	Department/Company: Jaber Oman	
I.D No. 95775896	Tel # 94189020	Occupation: Driver

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
 - 1 Slight chance of dozing
 - 2 Moderate chance of dozing
 - 3 High chance of dozing
- ☐ sitting and reading
 - ☐ watching TV
 - ☐ sitting inactive in a public place (e.g. theatre or meeting)
 - ☐ as a passenger in the car for an hour without a break
 - ☐ Lying down to rest in the afternoon when circumstances permit
 - ☐ Sitting a talking with someone
 - ☐ Sitting quietly after lunch without alcohol
 - ☐ In a car, while stopped for a few minutes in traffic
- Total ☐

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, _____ (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Imron

Signature: _____

Date: 19/8/2021



Fitness to Work Certificate

Employee Data		Date <u>19/8/2021</u>	
Name <u>Imran Aziz</u>		Department/Company <u>Taxi Oman</u>	
I.D No. <u>95775896</u>	Age <u>45y</u>	Occupation <u>Driver</u>	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers – group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers – group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ✓			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until		Date	
Permanently Unfit		Date	
Name of health advisor <u>Dr. Handana Pamidi</u>		Signature <u>[Signature]</u> Date <u>19/8/21</u>	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0204105
Name: IMRAN AZIZ
Address:
Gender: M **Age:** 45 Y **Nationality:** PAKISTANI
GSM No.: 94189020 **ID Card No.:** 95775896
Ref. By: EXTERNAL DOCTOR

Report No: 0580724
Sample Date: 19/08/2021 **Time:** 17:39
Received By: JIBI
Received Date: 19/08/2021 **Time:** 17:46
Report Date: 19/08/2021 **Time:** 19:01
Bill No: 0776688 **Bill Date:** 19/08/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.46 mmol/L	3.9 - 6.1
Method :- Hexokinase	98.28 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.47 mmol/L	1 - 5.1
Method:-Enzymatic	211.47 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.26 mmol/L	0.777 - 1.813
" "	48.500 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.4 mmol/L	1.295 - 4.54
" "	131.46	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.82 mmol/L	0.259 - 1.036
" "	31.51 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.34	3.8 - 5.9
TRIGLYCERIDES	1.78 mmol/L	0.564 - 2.146
Method : Enzymatic	157.53 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.27 mg/dL	0.1 - 1
Method : Diazo	4.600 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.11 mg/dL	0.1 - 0.5
Method : Diazo	1.870 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	18.30 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	22.40 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	91.04 U/L	Adult : Men -40-129

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
JIBI
Lab Technologist

JIBI FORCE
LAB TECHNICIAN
Released By:
JIBI
Lab Technologist
MOH LIC No: 4384

Specialist Pathologist
AL KHAIIR HOSPITAL LLC
Sultanate of Oman

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DEPARTMENT OF LABORATORY MEDICINE

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	Received By: JIBI
Address:	Received Date: 19/08/2021 Time: 17:46
Gender: M Age: 45 Y Nationality: PAKISTANI	Report Date: 19/08/2021 Time: 19:01
GSM No.: 94189020 ID Card No.: 95775896	Bill No: 0776688 Bill Date: 19/08/2021
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104
		Children: (Aged)
		7 months - 1 Year :- <462
		1 Year - 3 Years :- <281
		4 Years - 6 Years :- <269
		7 Years - 12 Years :- <300
		13 Years - 17 Years (M) :- <390
		13 Years - 17 Years (F) :- <187
TOTAL PROTEIN-SERUM (Colorimetric Assay)	8.63 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.59 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	4.04 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.14	1.2 - 1.5
GGT (GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	34.67 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.20 mmol/L	1.7 - 8.3
Method : Kinetic Assay	25.23 mg/dL	10.2 - 49.8
CREATININE - SERUM	65.11 µmol/L	44.2 - 123.7
Method : Jaffe Method	0.74 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	11620 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	55.3 %	40-75%
LYMPHOCYTES	35.2 %	20-45%
EOSINOPHILS	1.6 %	2-6 %
MONOCYTES	7.7 %	2-8 %

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	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.2 %	0-1%
HB (HEMOGLOBIN)	14.1 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.09 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	1.72 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	43.50 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	85.50 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	27.70 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.40 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

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Lab Technologist
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DEPARTMENT OF LABORATORY MEDICINE

File No: 0204105
Name: IMRAN AZIZ

Address:

Gender: M Age: 45 Y Nationality: PAKISTANI
GSM No.: 94189020 ID Card No.: 95775896
Ref. By: EXTERNAL DOCTOR

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Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

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X-RAY REPORT

Doc No:	0058287		
Name:	IMRAN AZIZ		
Age/DOB:	45 Y	ID Card No	95775896
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	19/08/2021		
X-Ray Film No:	PDO		
Bill No:	0776688		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

Signature
DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



204105
45 Years

IMRAN AZIZ
Male

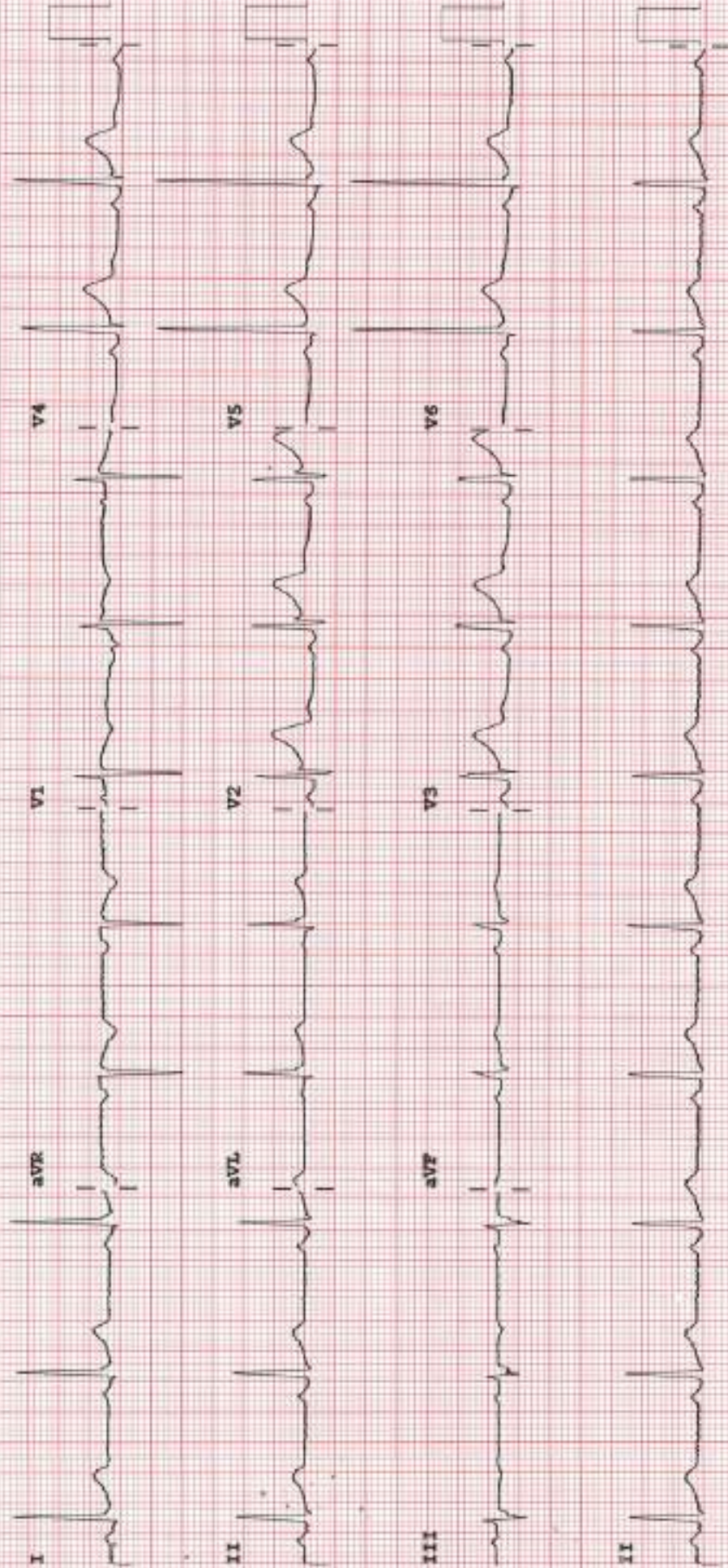
19-Aug-21 05:03:53 PM
Oman AlKhair Hospital (Emergency)

Rate 62
RR 968
PR 158
QRS 99
QT 406
QTc 413

--AXIS--

P 34
QRS 15
T 22

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50~0.50~40 Hz W

PH10

CL

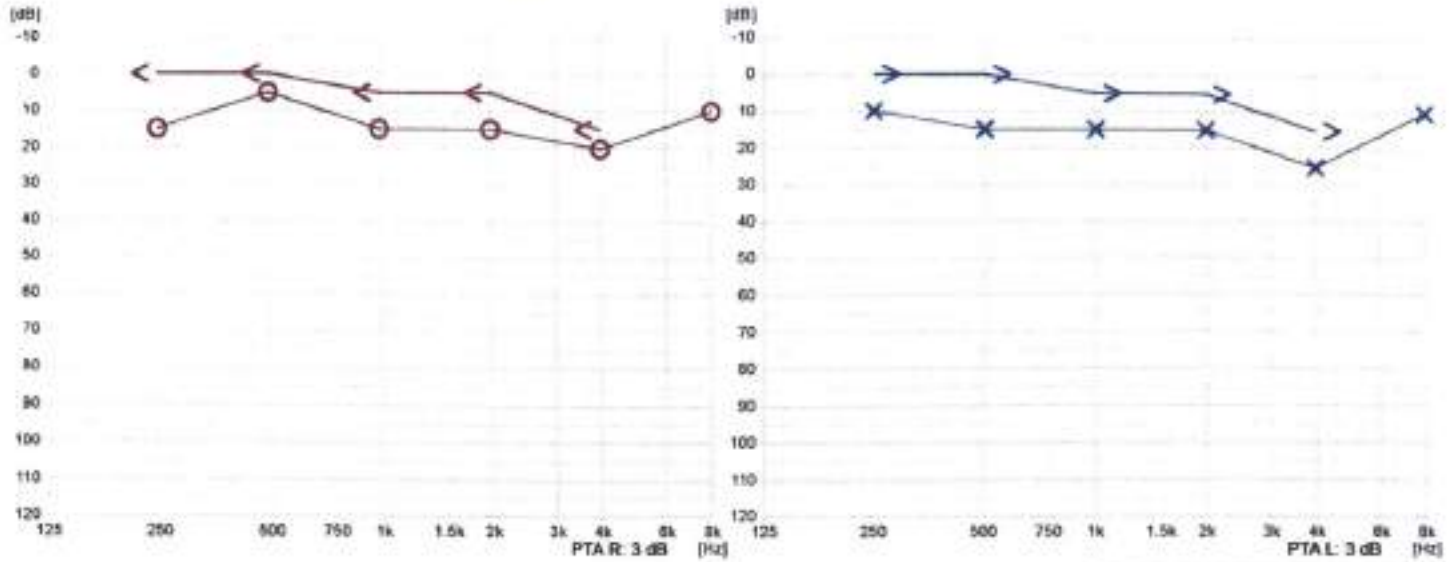
P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0779688	Last name , First name AZIZ , IMRAN	Born: 19/08/2021
Test type Tonal audiometry	Test date: 19/08/2021	



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free Field/Filtered	A	A
Binaural	B	
No response	I	

PTA

Right :- 11.6 dBHL

Left :- 15 dBHL

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature:

[Handwritten Signature]



Date: 19/08/2024