

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Place of examination: Aster Hospital, Ibra		Date: 18/4/2022	Surname: Pradeesh Vinu	
If a dependant enter employee's name here:		Forenames: Nadarajan		
Birth date: 21/5/1989		Address: 95131945		
Nationality: Indian		Home telephone number: 95131945		
Project: Tax. Oman		Country of birth: India		
Religion:		Relationship to employee:		
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	☐ Wife ☐ Son ☐ Daughter		Number of children:
Reason for examination: Pre-Employment ☐ Job: ☐		Pre-Overseas ☐ Area: ☐		
Name and address of family doctor:		List your last 3 jobs (1):		
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
Y N		Y N		Y N
1. Sinus trouble	☒	21. Cancer	☒	HAVE YOU EVER BEEN:-
2. Neck swelling/glands	☒	22. Heart Disease	☒	
3. Difficulty in vision	☒	23. Rheumatic fever	☒	
4. Any ear discharge	☒	24. Abnormal heartbeat	☒	
5. Asthma/bronchitis	☒	25. High blood pressure	☒	40. Rejected for employment or insurance for medical reasons
6. Hayfever /other significant allergy	☒	26. Stroke	☒	41. Awarded benefits for industrial injury/illness
7. Any skin trouble	☒	27. Serious chest pain	☒	42. Treated for a mental condition, e.g. depression
8. Tuberculosis	☒	28. Any blood disease	☒	43. Treated for problem drinking or drug abuse
9. Shortness of breath	☒	29. Kidney disease	☒	44. Exposed to toxic substance or noise
10. Coughed/vomited blood	☒	30. Blood in urine	☒	FOR WOMEN ONLY
11. Severe abdominal pain	☒	31. Diabetes	☒	
12. Stomach ulcer	☒	32. Headaches/migraine	☒	
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒	
14. Jaundice or hepatitis	☒	34. Epilepsy	☒	45. An abnormal smear
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒	46. Any gynaecological treatment
16. Marked change in bowel habits	☒	36. Surgical operation	☒	47. Are you pregnant?
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒	48. Have you had an illness not mentioned above
18. Marked change in weight	☒	38. Tropical disease	☒	
19. Varicose veins	☒	39. Fear of heights	☒	
20. Lump in breast/arm/pit	☒			
How much tobacco each day?		Average daily alcohol consumption		
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs				
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()				
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 18/4/2022		Signature of Applicant: 18/4/2022		

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION							
N	A								
☒		1. Eyes & Pupils							
☒		2. E.N.T.							
☒		3. Teeth & Mouth							
☒		4. Lungs & Chest							
☒		5. Cardiovascular System							
☒		6. Abdo. Viscera							
☒		7. Hernial Orifices							
☒		8. Anus & Rectum							
☒		9. Genito-urinary							
☒		10. Extremities							
☒		11. Musculo-skeletal							
☒		12. Skin & Varicose Vns.							
☒		13. C.N.S.							
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION		Colour Vision	Blood Group
173	83	28	134 79	76 /mins.	L R	DISTANT	NEAR		
						R	L	R	L
						Uncorrected	6/6	6/6	
						Corrected			
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A		
☒		1. Urinalysis						7. Audiogram	
☒		2. Hb, Bloodcount, ESR						8. Lung Function	
☒		3. LFT, RFT, RBS				☒		9. Chest X-Ray	
☒		4. Drug Screen				☒		10. ECG	
☒		5. Lipids (40 years +)						11. CVS risk for 40 yrs. & above	
☒		6. Sickie Cell test				☒		12. HIV, Hepatitis screening	

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ EMPORARY UNFIT ☐ UNFIT

Date: 18/4/2022 Name (Block Capitals): Dr. NARADANA PANIDI Signature: [Signature]

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. Signature:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 18/4/2022
Name: Pradeesh U.N.		Department/Company: Truck Driver
I. D No. 118773263	Tel # 95131945	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

0 Lying down to rest in the afternoon when circumstances permit

0 Sitting a talking with someone

1 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Pradeesh (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: _____ Date: 18/4/22

Fitness to Work Certificate

Employee Data		Date <u>18/4/2022</u>	
Name <u>Pradeesh V. N.</u>		Department/Company <u>Truck Oman</u>	
I.D No. <u>118773263</u>	Age <u>39yrs</u>	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ✓			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor <u>Dr. Chandana Ramidi</u>	Signature <u>[Signature]</u>	Date <u>18/4/2022</u>	Date



DEPARTMENT OF LABORATORY MEDICINE

File No: 0220442
Name: PRADEESH

Address:

Gender: M Age: 39 Y Nationality: INDIAN
GSM No.: 95131945 ID Card No.: 118773263
Ref. By: EXTERNAL DOCTOR

Report No: 0610334
Sample Date: 18/04/2022 Time: 12:09
Received By: 181773
Received Date: 18/04/2022 Time: 12:12
Report Date: 18/04/2022 Time: 13:05
Bill No: 0819263 Bill Date: 18/04/2022
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	4.80 mmol/L	3.9 - 6.1
Method :- Hexokinase	86.4 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	3.58 mmol/L	1 - 5.1
Method-Enzymatic	138.4 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.970 mmol/L	0.777 - 1.813
" "	37.5 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.04 mmol/L	1.295 - 4.54
" "	78.6	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.58 mmol/L	0.259 - 1.036
" "	22.3 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	3.69	3.8 - 5.9
TRIGLYCERIDES	1.26 mmol/L	0.564 - 2.146
Method : Enzymatic	111.51 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.689 mg/dL	0.1 - 1
Method : Diazo	11.78 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.211 mg/dL	0.1 - 0.5
Method : Diazo	3.61 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	22.50 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	35.29 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	106.69 U/L	Adult : Men 40-129

Processed By:
ASHWINI
Lab Technologist

Approved By:
ABHILASH
Lab Technologist

Released By:
ABHILASH
Lab Technologist

Specialist Pathologist

MOH License No: 18054

MOH LIC NO : 11015

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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104
		Children (Aged)
		7 months - 1 Year :- <462
		1 Year - 3 Years :- <281
		4 Years - 6 Years :- <269
		7 Years - 12 Years :- <300
		13 Years - 17 Years (M) :- <390
		13 Years - 17 Years (F) :- <187
TOTAL PROTEIN-SERUM (Colorimetric Assay)	7.90 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.57 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.33 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.37	1.2 - 1.5
GGT (GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	22.73 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	3.87 mmol/L	1.7 - 8.3
Method : Kinetic Assay	23.24 mg/dL	10.2 - 49.8
CREATININE - SERUM	85.80 µmol/L	44.2 - 123.7
Method :- Jaffe Method	0.97 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	9090 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	50.7 %	40-75%
LYMPHOCYTES	38.4 %	20-45%
EOSINOPHILS	1.9 %	2-6 %
MONOCYTES	8.4 %	2-8 %

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Specialist Pathologist

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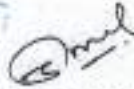
INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.6 %	0-1%
HB (HEMOGLOBIN)	14.7 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	4.84 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.31 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	44.40 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	91.70 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	30.40 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	33.10 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	04 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	



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Specialist Pathologist

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Bill No: 0819263 Bill Date: 18/04/2022
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Processed By:
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Lab Technologist

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Released By:
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Lab Technologist

MOH LIC NO: 11015



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X-RAY REPORT

Doc No:	0061761
Name:	PRADEESH
Age/DOB:	39 Y Omani ID/ L.Card No:: 118773263
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	18/04/2022
X-Ray Film No:	TRUCKOMAN
Bill No:	0819263
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



0819263

39 Years

PRADEESH

Male

18-Apr-22 11:48:28 AM

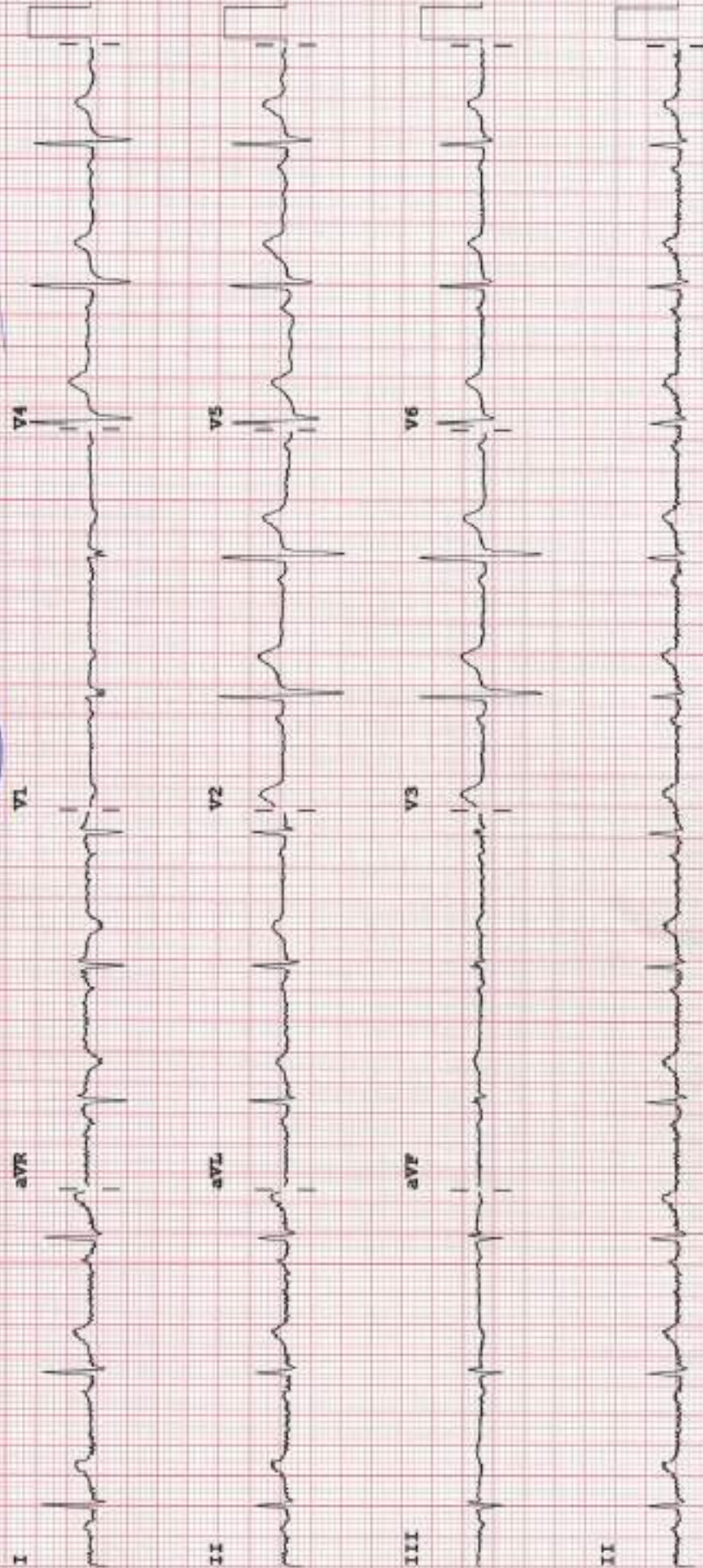
ASTER HOSPITAL IERI (Emergency)

Rate 67
RR 896
PR
QRS 100
QT 391
QTc 413

--AXIS--

P
QRS 6
T 17

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50~ 0.50~ 40 Hz W

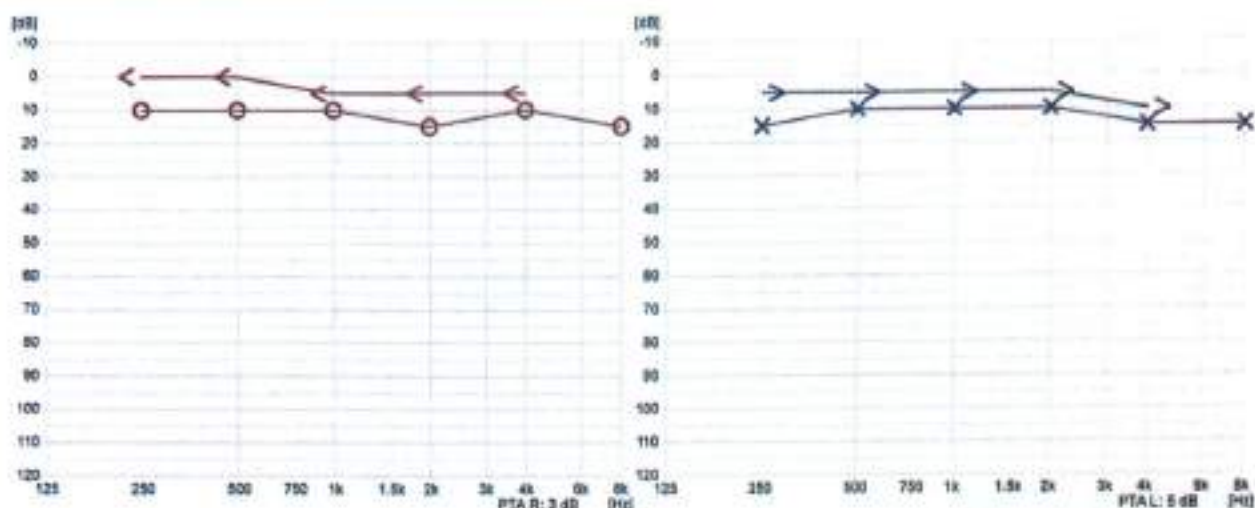
PH10

CL

P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0819263	Last name, First name PRADEESH . .	Born: 18.04.2022
Test type: Tonal audiometry	Test date: 18.04.2022	



PTA
Right: 13dB HL
Left: 10dB HL

Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free FieldMasked	A	A
Round		B
No response		I

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:



Date: 18/04/2022