

Initial Medical Examination Report
INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Place of examination: Aster Hospital, Ibra		Date: 27-7-2021 Ibra	
If a dependant enter employee's name here:		Project:	
Birth date: 30-5-1988		Nationality: Pakistani	
Country of birth:		Religion:	
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	Relationship to employee ☐ Wife ☐ Son ☐ Daughter	
Reason for examination Pre-Employment ☐ Job: Pre-Overseas ☐ Area:		Number of children:	
Name and address of family doctor		List your last 3 jobs (1)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
Y	N	Y	N
1. Sinus trouble	☒	21. Cancer	☒
2. Neck swelling/glands	☒	22. Heart Disease	☒
3. Difficulty in vision	☒	23. Rheumatic fever	☒
4. Any ear discharge	☒	24. Abnormal heartbeat	☒
5. Asthma/bronchitis	☒	25. High blood pressure	☒
6. Hayfever /other significant allergy	☒	26. Stroke	☒
7. Any skin trouble	☒	27. Serious chest pain	☒
8. Tuberculosis	☒	28. Any blood disease	☒
9. Shortness of breath	☒	29. Kidney disease	☒
10. Coughed/vomited blood	☒	30. Blood in urine	☒
11. Severe abdominal pain	☒	31. Diabetes	☒
12. Stomach ulcer	☒	32. Headaches/migraine	☒
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒
14. Jaundice or hepatitis	☒	34. Epilepsy	☒
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒
16. Marked change in bowel habits	☒	36. Surgical operation	☒
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒
18. Marked change in weight	☒	38. Tropical disease	☒
19. Varicose veins	☒	39. Fear of heights	☒
20. Lump in breast/armpit	☒		
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema () Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:- I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 27-7-2021		Signature of Applicant: 27-7-2021	



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION											
N	A														
		1. Eyes & Pupils		WAL											
		2. E.N.T.													
		3. Teeth & Mouth													
		4. Lungs & Chest													
		5. Cardiovascular System													
		6. Abdo. Viscera													
		7. Hernial Orifices													
		8. Anus & Rectum													
		9. Genito-urinary													
		10. Extremities													
		11. Musculo-skeletal													
		12. Skin & Varicose Vns.													
		13. C.N.S.													
HEIGHT cm		WEIGHT kg		BMI	B.P.	PULSE /mins.	HEARING L R		VISION				Colour Vision	Blood Group	
179		94.3			180 100				DISTANT		NEAR				
a		19							R		L				
									Uncorrected		Corrected				
									6/6		6/6				
N	A					LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A				
		1. Urinalysis										7. Audiogram			
		2. Hb, Bloodcount, ESR										8. Lung Function			
		3. LFT, RFT, RBS										9. Chest X-Ray			
		4. Drug Screen										10. ECG			
		5. Lipids (40 years +)										11. CVS risk for 40 yrs. & above			
		6. Sickie Cell test										12. HIV, Hepatitis screening			
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour etc.)															
H/W / Hypertension - Adv. Pub. Anticoag + Valerian 16 Pub. 1-0-0 (16) Pub. 1-0-0 (16) Mio 1 m Tou															
ASSESSMENT:															
☐ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT															
Date: _____ Name (Block Capitals): Dr. _____ Signature: _____															
REVIEW/CONSULTATION															
27-7-2021 27-7-2021 27-7-2021															

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Naim Iqbal
Emp #: _____
Date of Assessment: 27-07-2021

1	Age	Years	
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L	
4	HDL Cholesterol	mmol/L	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 5.6 %

Framingham Risk Rating (Circle the appropriate score):

Low Medium High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 27-02-2021
Name: Naser Al Badi		Department/Company: Thyckomen
I. D No. 102934306	Tel # 3918811	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

1 Lying down to rest in the afternoon when circumstances permit

0 Sitting & talking with someone

0 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Naser (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Naser Date: 27-02-2021

Fitness to Work Certificate

Employee Data		Date
Name Nasim Iqbal		27-07-2021
I.D No. 10293406		Department/Company Thy/Comu
Age 38-X	Occupation	
Type of Medical Evaluation	Mark those applying ✓	
A1 Aircraft refuelling	A6 Fire / Emergency response team work	
A2 Breathing apparatus	A7 Professional driving	
A3 Business traveller	A8 Remote location work	
A4 Catering and food preparation	A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles	A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.		
Fit with no restrictions		
Fit with following restriction(s)		
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction
Work near moving machinery or sharp edges		
Working at height		
Lifting, pushing, or carrying weight over ____ Kg		
Ascend/descend ladders or stairs		
Operate motor vehicles, forklifts or heavy machinery		
Use of a respirator		
Repetitive twisting of valves or wrenches		
Flying		
Other (Specify)		
Temporary Unfit until		
Permanently Unfit		
Name of health advisor	Signature	Date 27-07-2021



DEPARTMENT OF LABORATORY MEDICINE

File No: 0229305
Name: NASIR IQBAL

Address:

Gender: M Age: 37 Y Nationality: PAKISTANI
GSM No.: 79181311 ID Card No.: 102934306
Ref. By: EXTERNAL DOCTOR

Report No: 0578771
Sample Date: 27/07/2021 Time: 9:12
Received By: ASHWINI
Received Date: 27/07/2021 Time: 9:15
Report Date: 27/07/2021 Time: 12:53
Bill No: 0770345 Bill Date: 27/07/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckoman)		
FBS (FASTING BLOOD SUGAR)	5.43 mmol/L	3.9 - 6.1
Method :- Hexokinase	97.74 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.13 mmol/L	1 - 5.1
Method:-Enzymatic	198.33 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.04 mmol/L	0.777 - 1.813
" "	40.0 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.36 mmol/L	1.295 - 4.54
" "	91.07	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.74 mmol/L	0.259 - 1.036
" "	67.26 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.93	3.8 - 5.9
TRIGLYCERIDES	3.80 mmol/L	0.564 - 2.146
Method : Enzymatic	336.3 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.54 mg/dL	0.1 - 1
Method : Diazo	9.2 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.25 mg/dL	0.1 - 0.5
Method : Diazo	4.26 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	15.7 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	21.7 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	91.05 U/L	Adult : Men -40-129



Processed By:
ASHWINI
Lab Technologist

Approved By:
ASHWINI
Lab Technologist



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ASHWINI
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GSM No.: 79181311 ID Card No.: 102934306
Ref. By: EXTERNAL DOCTOR

INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :-<390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.53 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.74 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.79 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.7	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	35.0 U/L	Men : 8-61 Female : 5-38
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.4 mmol/L	1.7 - 8.3
Method : Kinetic Assay	26.43 mg/dL	10.2 - 49.8
CREATININE - SERUM	70.18 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.79 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	10260 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	62.9 %	40-75%
LYMPHOCYTES	28.4 %	20-45%
EOSINOPHILS	1.7 %	2-8 %
MONOCYTES	6.8 %	2-8 %



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Lab Technologist

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Specialist Pathologist

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MOH License No: 16064

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Address:

Gender: M Age: 37 Y Nationality: PAKISTANI

GSM No.: 79181311 ID Card No.: 102934306

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INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.2 %	0-1%
HB (HEMOGLOBIN)	16.7 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.80 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.22 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	51.70 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	89.10 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	28.80 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.30 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	02 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	



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INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



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X-RAY REPORT

Doc No:	0058212		
Name:	NASIR IQBAL		
Age/DOB:	37 Y	ID Card No	102934306
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	27/07/2021		
X-Ray Film No:	TO		
Bill No:	0770345		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



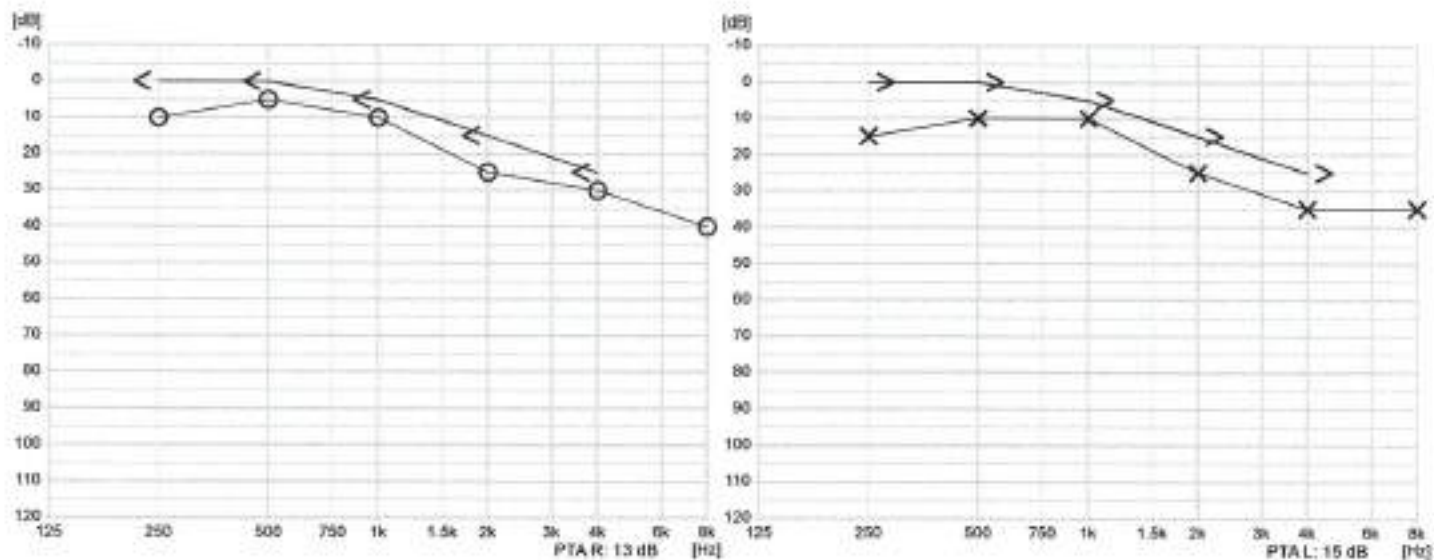
SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0770345 Last name, First name: IQBAL, NASIR Born: 27/07/2021

Test type: Tonal audiometry Test date: 27/07/2021



PTA
Right:- 13.3 dBHL
Left:- 15 dBHL

Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	∅	⊗
Free FieldMasked	A	A
Binaural	B	
No response	I	

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS WITH SLOPE AT HIGH FREQUENCIES

Signature:

Date: 27/07/2021

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