

11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)



**Petroroleum Development Oman
MEDICAL DEPARTMENT**

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname: Amrjeet Singh		Forenames: 1.0	
Address: 9548174		Home telephone number: 9548174	
Place of examination: 23/3/23	Date: 23/3/23		
If a dependant enter employee's name here:			
Surname: 13/1/1988		Forenames: Indian	
Birth date: 13/1/1988		Country of birth: Indian	
Nationality: Indian		Religion: Singh	
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	☐ Wife ☐ Son ☐ Daughter	Relationship to employee: 1.0
Reason for examination: Pre-Employment ☐ Job: Pre-Overseas ☐ Area: Area:			
Name and address of family doctor:		List your last 3 jobs:	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	
1. Sinus trouble		☒	21. Cancer
2. Neck swelling/glands		☒	22. Heart Disease
3. Difficulty in vision		☒	23. Rheumatic fever
4. Any ear discharge		☒	24. Abnormal heartbeat
5. Asthma/bronchitis		☒	25. High blood pressure
6. Hayfever /other significant allergy		☒	26. Stroke
7. Any skin trouble		☒	27. Serious chest pain
8. Tuberculosis		☒	28. Any blood disease
9. Shortness of breath		☒	29. Kidney disease
10. Coughed/vomited blood		☒	30. Blood in urine
11. Severe abdominal pain		☒	31. Diabetes
12. Stomach ulcer		☒	32. Headaches/migraine
13. Recurrent indigestion		☒	33. Dizziness/fainting
14. Jaundice or hepatitis		☒	34. Epilepsy
15. Gall Bladder disease		☒	35. Joints/spinal trouble
16. Marked change in bowel habits		☒	36. Surgical operation
17. Blood in stools (motions)		☒	37. Serious accident/fracture
18. Marked change in weight		☒	38. Tropical disease
19. Varicose veins		☒	39. Fear of heights
20. Lump in breast/ampit		☒	
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company's personnel and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 23/3/23		Signature of Applicant: [Signature]	

महाराष्ट्र एनर्जी

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION								
N	A									
☒		1. Eyes & Pupils								
☒		2. E.N.T.								
☒		3. Teeth & Mouth								
☒		4. Lungs & Chest								
☒		5. Cardiovascular System								
☒		6. Abdo. Viscera								
☒		7. Hemial Orifices								
☒		8. Anus & Rectum								
☒		9. Genito-urinary								
☒		10. Extremities								
☒		11. Musculo-skeletal								
☒		12. Skin & Varicose Vns.								
☒		13. C.N.S.								
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING L	VISION DISTANT		NEAR	Colour Vision	Blood Group
171	110	37.6	120 74	72/min.	R	Uncorrected	R L	R L		
						Corrected	6/6	6/6		
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A			
☒	☒	1. Urinalysis				☒	☒	7. Audiogram		
☒	☒	2. Hb, Bloodcount, ESR				☒	☒	8. Lung Function		
☒	☒	3. LFT, RFT, RBS				☒	☒	9. Chest X-Ray		
☒	☒	4. Drug Screen				☒	☒	10. ECG		
☒	☒	5. Lipids (40 years +)				☒	☒	11. CVS risk for 40 yrs. & above		
☒	☒	6. Sickle Cell test				☒	☒	12. HIV, Hepatitis screening		
OTHER FINDINGS (Physique, soars, disabilities, mental stability including behaviour, etc.)										
High FBS, glycosuria, start medication, review after 10 day with FBS, PPBS. Hypertension, overweight, advised weight reduction & medicines, fasting lipid profile after 3 months										
ASSESSMENT: ☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT										
Date: 93/3/2023 Name (Block Capitals): Dr. NANDANA RAVIDI Signature: [Signature]										
REVIEW/CONSULTATION										
Date: Name (Block Capitals): Dr. / Nurse: Signature: [Signature]										

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Amarjeet Singh

Emp #:

Date of Assessment: 11/12/2023

1	Age	Years	54
2	Gender	Female/Male	male
3	Total Cholesterol	mmol/L	5.09
4	HDL Cholesterol	mmol/L	1.16
5	Smoker	Yes/No	No
6	Diabetes	Yes/No	No
7	Systolic Blood pressure	mm Hg	120
8	Is the patient being treated for High blood pressure?	Yes/No	No

Framingham Risk score: 15.6 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:

[Signature]



Amareet Singh / M

20 83 96

→ Tab. Metformin 1gm 1-0-1 x 30 days

→ Tab. fenofibrate 145mg 0-01 x 60 days



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E-mail: nakh.ibril@asterhospital.com

[\[Deter\]](#) [\[Home\]](#)

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4538 70 38A.V0 n.4128

01450365 Endr. 00516

Figure 1

www.istefroman.com

மருத்துவ பரீட்சைக்கான தயாரிப்பு

ص. ١٠٠ - ك. ١٠٠

مجلس إدارة جامعة القاهرة

عليه السلام عليه السلام

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 23/3/2023
Name: Amarjit Singh	Department/Company: /	
I.D No. 11857455	Occupation:	

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

1 Lying down to rest in the afternoon when circumstances permit

0 Sitting a talking with someone

0 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total

1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Amarjit Singh, (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature:

Date:

23/3/2023

ਅਮਰਜੀਤ ਸਿੰਘ

Fitness to Work Certificate

Employee Data		Date 23/3/2023	
Name Amrjacet Singh		Department/Company To	
I.D No. 118427435		Age 54/41	
Occupation			
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ✓			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor Dr. Nandana P	Signature [Signature]	Date 23/3/2023	Date



DEPARTMENT OF LABORATORY MEDICINE

File No: 0208396
Name: AMAJEET SINGH
Address:
Gender: M **Age:** 54 Y **Nationality:** INDIAN
GSM No.: 95248174 **ID Card No.:** 118127455
Ref. By: EXTERNAL DOCTOR

Report No: 0853483
Sample Date: 23/03/2023 **Time:** 9:19
Received By: SREERAJ
Received Date: 23/03/2023 **Time:** 9:35
Report Date: 23/03/2023 **Time:** 10:45
Bill No: 0869779 **Bill Date:** 23/03/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	15.0 mmol/L	3.9 - 6.1
Method :- Hexokinase	270 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.09 mmol/L	1 - 5.1
Method:-Enzymatic	196.78 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.160 mmol/L	0.777 - 1.813
Method:-Enzymatic	44.85 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.06 mmol/L	1.295 - 4.54
Method:-Calculation	79.71 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.87 mmol/L	0.259 - 1.036
Method:-Calculation	72.22 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.39	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	4.08 mmol/L	0.564 - 2.146
Method : Enzymatic	361.08 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.463 mg/dL	0.1 - 1
Method : Diazo	7.92 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.154 mg/dL	0.1 - 0.6
Method : Diazo	2.63 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	33.19 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	51.46 U/L	Male: 10-50 Female: 10-35

Processed By:
SREERAJ
Lab Technologist

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist

DR. SHAYFA P
Specialist Pathologist

MOH License No: 8844

MOH License No: 8844

MOH LIC NO:13475

Electronically Signed at: 23/03/2023 10:48:00 AM

Printed at: 23/03/2023 10:48:48 AM

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0208396	Report No: 0653483
Name: AMAEJEET SINGH	Sample Date: 23/03/2023 Time: 9:19
	Received By: SREERAJ
Address:	Received Date: 23/03/2023 Time: 9:35
Gender: M Age: 54 Y Nationality: INDIAN	Report Date: 23/03/2023 Time: 10:45
GSM No.: 95248174 ID Card No.: 118127455	Bill No: 0869779 Bill Date: 23/03/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	95.71 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	8.04 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.90 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.14 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.56	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	78.26 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	2.94 mmol/L	1.7 - 8.3
Method : Kinetic Assay	17.66 mg/dL	10.2 - 49.8
CREATININE - SERUM	87.73 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.99 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	6590 cells/cumm	4000 - 11000 cells/cumm
Method :-Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method :-Fluorescence Flow Cytometry		
NEUTROPHILS	56.3 %	40-75%

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Address:	Received Date: 23/03/2023 Time: 9:35
Gender: M Age: 54 Y Nationality: INDIAN	Report Date: 23/03/2023 Time: 10:45
GSM No.: 95248174 ID Card No.: 118127455	Bill No: 0869779 Bill Date: 23/03/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	35.5 %	20-45%
EOSINOPHILS	0.9 %	2-6 %
MONOCYTES	7.0 %	2-8 %
BASOPHILS	0.3 %	0-1%
HB (HEMOGLOBIN)	16.0 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.27 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.12 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	46.50 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	88.20 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	30.40 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	34.40 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	06 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test

Sreeraj

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File No: 0208396	Report No: 0653483
Name: AMAJEET SINGH	Sample Date: 23/03/2023 Time: 9:19
	Received By: SREERAJ
Address:	Received Date: 23/03/2023 Time: 9:35
Gender: M Age: 54 Y Nationality: INDIAN	Report Date: 23/03/2023 Time: 10:45
GSM No.: 95248174 ID Card No.: 118127455	Bill No: 0869779 Bill Date: 23/03/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	' +++ '	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Sreeraj

Processed By:
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Lab Technologist

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Specialist Pathologist

MOH LIC NO:13475

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X-RAY REPORT

Doc No:	0069666
Name:	AMAEJEET SINGH
Age/DOB:	54 Y Omani ID/ L.Card No:: 118127455
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	23/03/2023
X-Ray Film No:	TRAUCKOMAN
Bill No:	0869779
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:



DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21069
ASTER HOSPITAL IBRI



208396

AMARJEET SINGH

3/23/2023 09:40:50 AM

Aster Hospital IBRI
ECG Room
ECG Room

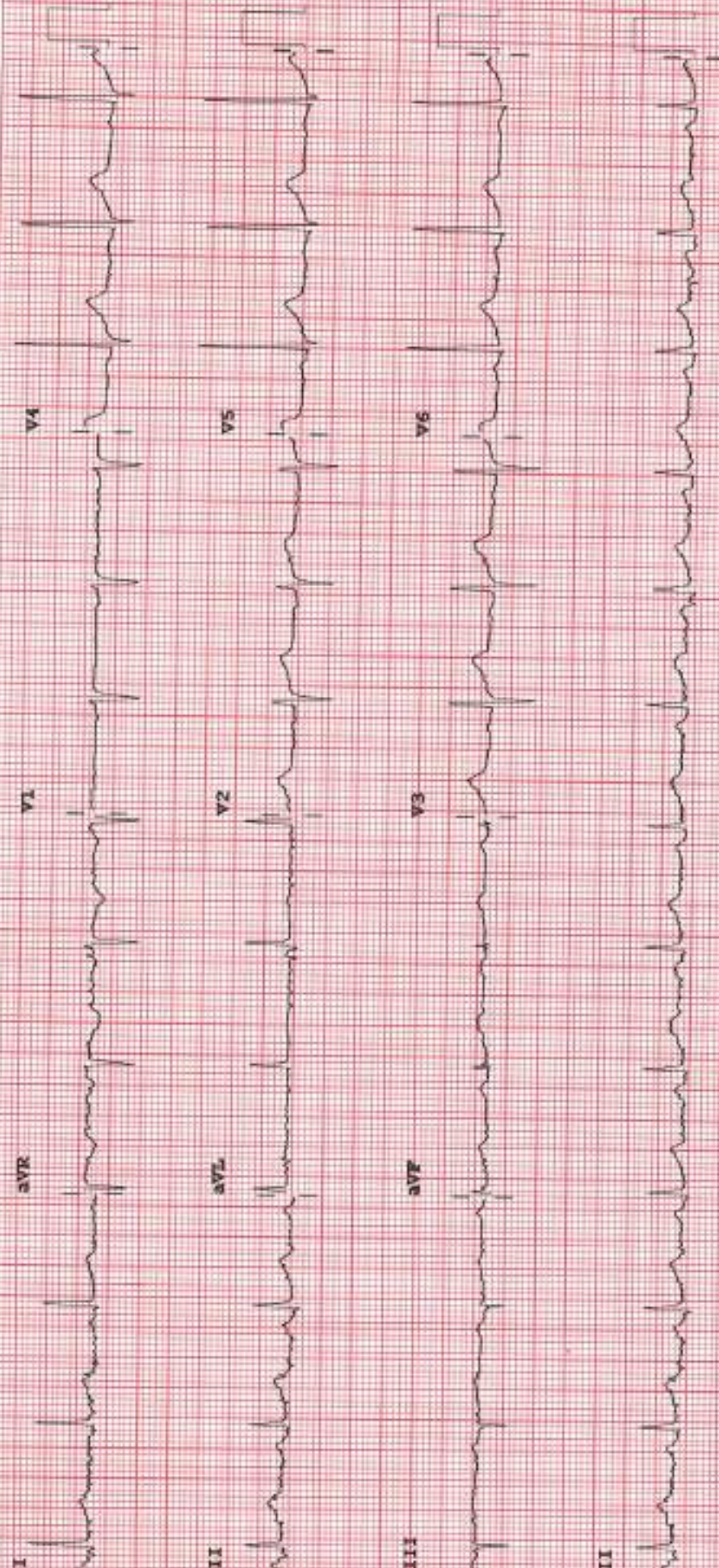
Rate 76

PR 181
QRSD 80
QT 397
QTc 447

--AXIS--

P 50
QRS 14
T 37

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50~ 40 Hz W

PR10

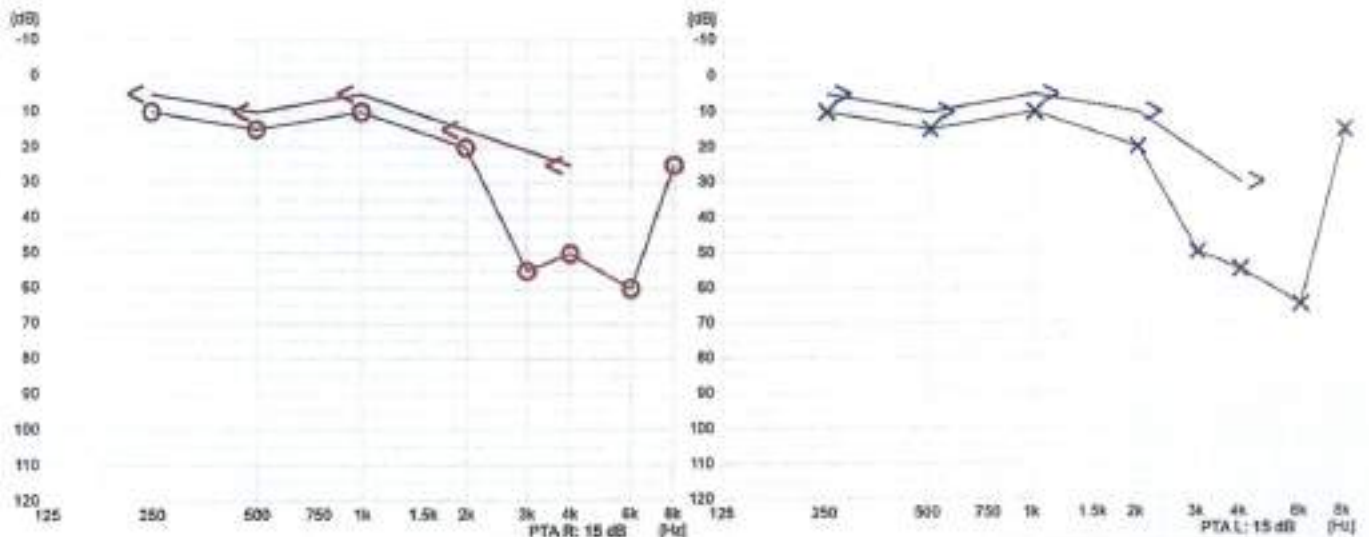
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P2

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0869779 Last name, First name: AMAJEET, SINGH Born: 23.03.2023

Test type: Tonal audiometry Test date: 23.03.2023



Legend	R	L
Air	O	X
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
NCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free Field/Aided	A	A
Disrupt	B	
No response	I	

Comments: BILATERAL NORMAL HEARING (WITH MODERATELY SEVERE DIP AT HIGH FREQUENCY) NOISE INDUCED HEARING LOSS

Signature:

Heard by Hedera Biomedica S.R.L. 2023, www.hedera-biomedica.com



Date: 23/03/2023