



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petroroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname		Raja Rashid / Mahmood	
Forenames		Tuck Omar	
Address			
Home telephone number		9199841	
Place of examination	Date	6/5/2013	
if a dependant enter employee's name here			
Surname		Forenames	
Birth date		Country of birth	
Nationality		Religion	
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	☐ Wife ☐ Son ☐ Daughter	Number of children
Reason for examination		Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area: ☐	
Name and address of family doctor		List your last 3 jobs	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only)		Do you belong to any Medical Insurance Scheme?	
☐		☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments)			
Y	N	Y	N
1. Sinus trouble	☒	21. Cancer	☒
2. Neck swelling/glands	☒	22. Heart Disease	☒
3. Difficulty in vision	☒	23. Rheumatic fever	☒
4. Any ear discharge	☒	24. Abnormal heartbeat	☒
5. Asthma/bronchitis	☒	25. High blood pressure	☒
6. Hayfever /other significant allergy	☒	26. Stroke	☒
7. Any skin trouble	☒	27. Serious chest pain	☒
8. Tuberculosis	☒	28. Any blood disease	☒
9. Shortness of breath	☒	29. Kidney disease	☒
10. Coughed/vomited blood	☒	30. Blood in urine	☒
11. Severe abdominal pain	☒	31. Diabetes	☒
12. Stomach ulcer	☒	32. Headaches/migraine	☒
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒
14. Jaundice or hepatitis	☒	34. Epilepsy	☒
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒
16. Marked change in bowel habits	☒	36. Surgical operation	☒
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒
18. Marked change in weight	☒	38. Tropical disease	☒
19. Varicose veins	☒	39. Fear of heights	☒
20. Lump in breast/arm/pit	☒		
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 6/5/2013		Signature of Applicant: Raja	

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION										
N	A											
☒		1. Eyes & Pupils										
☒		2. E.N.T.										
☒		3. Teeth & Mouth										
☒		4. Lungs & Chest										
☒		5. Cardiovascular System										
☒		6. Abdo. Viscera										
☒		7. Hemal Orifices										
☒		8. Anus & Rectum										
☒		9. Genito-urinary										
☒		10. Extremities										
☒		11. Musculo-skeletal										
☒		12. Skin & Vascular Vns.										
☒		13. C.N.S.										
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /min	HEARING L	VISION DISTANT		NEAR		Colour Vision	Blood Group	
167	94	33.7	110/70	64	R	Uncorrected	R L	R L				
						Corrected						
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS					N	A				
☒		1. Urinalysis					☒		7. Audiogram			
☒		2. Hb, Bloodcount, ESR					☒		8. Lung Function			
☒		3. LFT, RFT, RBS					☒		9. Chest X-Ray			
☒		4. Drug Screen					☒		10. ECG			
☒		5. Lipids (40 years +)					☒		11. CVS risk for 40 yrs. & above			
☒		6. Sickle Cell test					☒		12. HIV, Hepatitis screening			

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS☐ FIT WITH RESTRICTION☐ TEMPORARY UNFIT☐ UNFITDate: 6/5/2013
Name: Block Captain

REVIEW/CONSULTATION

Date:

Name: Block Captain, Dr / Nurse

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Raja Rashid Mehmood

Emp #:

Date of Assessment: 11/03/2023

1	Age	Years <u>40</u>	
2	Gender	Female/Male <u>Male</u>	
3	Total Cholesterol	mmol/l <u>3.76</u>	
4	HDL Cholesterol	mmol/l <u>0.95</u>	
5	Smoker	Yes/No <u>No</u>	
6	Diabetes	Yes/No <u>No</u>	
7	Systolic Blood pressure	mm Hg <u>110</u>	
8	Is the patient being treated for High blood pressure?	Yes/No <u>No</u>	

Framingham Risk score: 3.3 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendation:



Epworth Screening Quest. for Sleep Apnoea

Employee Data	Date: 6/5/2023
Name: Raja Rashed Mohamed	Department/Company: T.O
I. D No. 116326263 Tel # 91998441	Occupation:

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

0 Lying down to rest in the afternoon when circumstances permit

0 Sitting a talking with someone

0 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 16 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the work place.

Declaration: I Raja Rashed Mohamed certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Rashed Date: 6/5/2023

Fitness to Work Certificate

Employee Data		Date 6/5/2023	
Name Raja Rashid Mahmood		Department/Company T.O	
ID No. 116326263	Age 40/44	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocol and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		✓	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor Ra. Rajal	Signature	Date 6/5/2023	Date



DEPARTMENT OF LABORATORY MEDICINE

File No: 0221919
Name: RAJA RASHID
Address:
Gender: M **Age:** 40 Y **Nationality:** PAKISTANI
GSM No.: 95277931 **ID Card No.:** 116326263
Ref. By: EXTERNAL DOCTOR

Report No: 0657696
Sample Date: 06/05/2023 **Time:** 9:30
Received By: JIBI
Received Date: 06/05/2023 **Time:** 9:52
Report Date: 06/05/2023 **Time:** 10:56
Bill No: 0875591 **Bill Date:** 06/05/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.03 mmol/L	3.9 - 6.1
Method :- Hexokinase	90.54 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	3.76 mmol/L	1 - 5.1
Method:-Enzymatic	145.36 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.952 mmol/L	0.777 - 1.813
Method:-Enzymatic	36.8 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.04 mmol/L	1.295 - 4.54
Method:-Calculation	78.82 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.77 mmol/L	0.259 - 1.036
Method:-Calculation	29.74 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	3.95	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	1.68 mmol/L	0.584 - 2.146
Method : Enzymatic	148.68 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.512 mg/dL	0.1 - 1
Method : Diazo	8.76 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.312 mg/dL	0.1 - 0.5
Method : Diazo	5.34 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	25.80 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	46.20 U/L	Male: 10-50 Female: 10-35

Processed By:
JIBI
Lab Technologist

MOH LIC No: 4384

Approved By:
ASHWINI
Lab Technologist

Released By:
ASHWINI
Lab Technologist

MOH License No: 16064

DR. SHAYFA P
Specialist Pathologist
MOH LIC NO: 13475

Printed at: 06/05/2023 10:57:12 AM

Page 1 of 4

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INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	116.83 U/L	Adult : Men -40-129 Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.18 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.59 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.59 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.77	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	25.06 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	5.00 mmol/L	1.7 - 8.3
Method : Kinetic Assay	30.03 mg/dL	10.2 - 49.8
CREATININE - SERUM	94.61 µmol/L	44.2 - 123.7
Method :-Jaffe Method	1.07 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	6970 cells/cumm	4000 - 11000 cells/cumm
Method :-Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method :-Fluorescence Flow Cytometry		
NEUTROPHILS	57.1 %	40-75%

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INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	31.7 %	20-45 %
EOSINOPHILS	3.0 %	2-6 %
MONOCYTES	7.6 %	2-8 %
BASOPHILS	0.6 %	0-1 %
HB (HEMOGLOBIN)	14.8 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.89 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.81 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	45.20 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	76.70 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	25.10 PG	27 - 33 PG
MCHC (MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.70 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	02 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test

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Page 3 of 4

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Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

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MOH LIC NO:13475

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Page 4 of 4

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X-RAY REPORT

Doc No:	0070685		
Name:	RAJA RASHID		
Age/DOB:	40 Y	Omani ID/ L.Card No::	116326263
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	06/05/2023		
X-Ray Film No:	TO		
Bill No:	0875591		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 2 1 0 5 8
ASTER HOSPITAL IBRI



221919

RAJA RASHID

5/6/2023 10:12:36 AM

Aster Hospital IBRI
ECG Room
ECG Room

Rate 61

PR 177

QRSD 86

QT 394

QTc 397

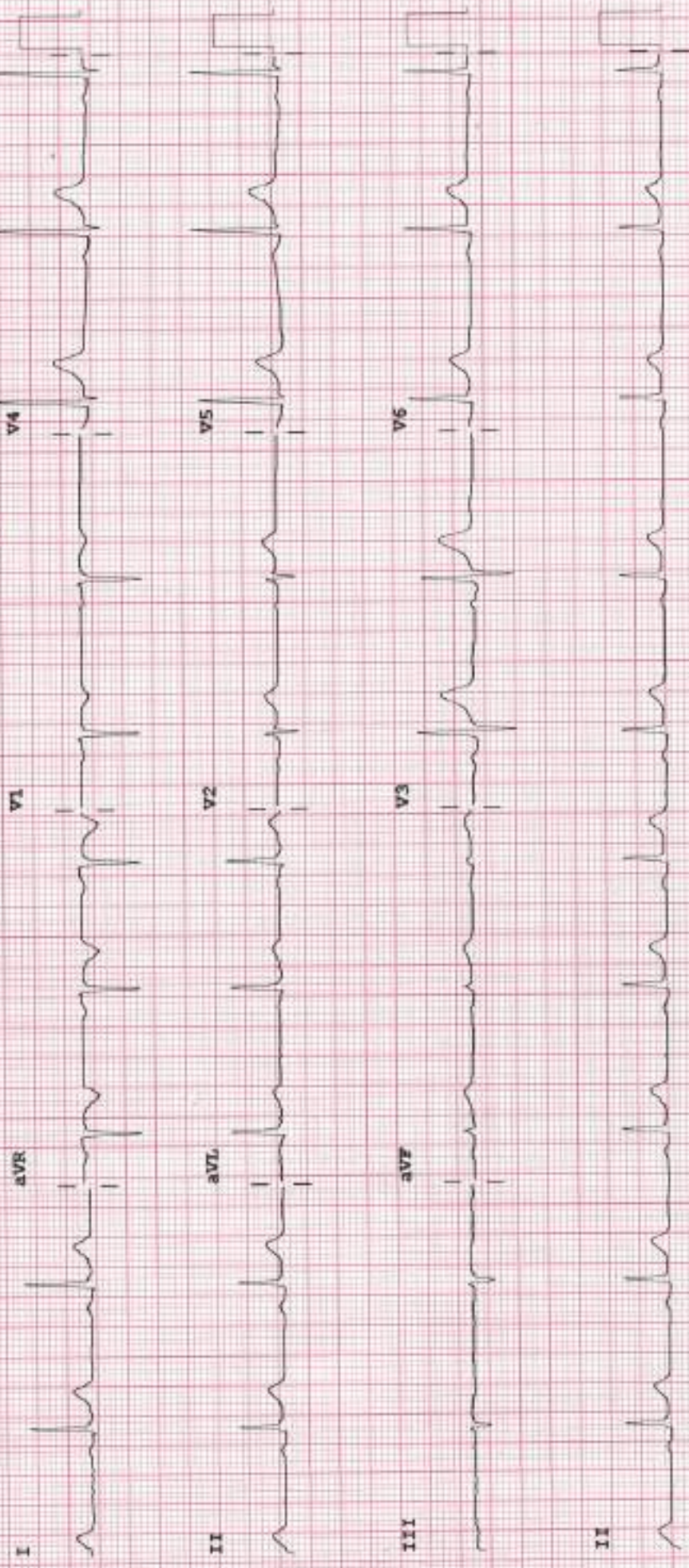
--AXIS--

P 36

QRS 13

T 32

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

P 50~ 0.50~ 40 Hz W

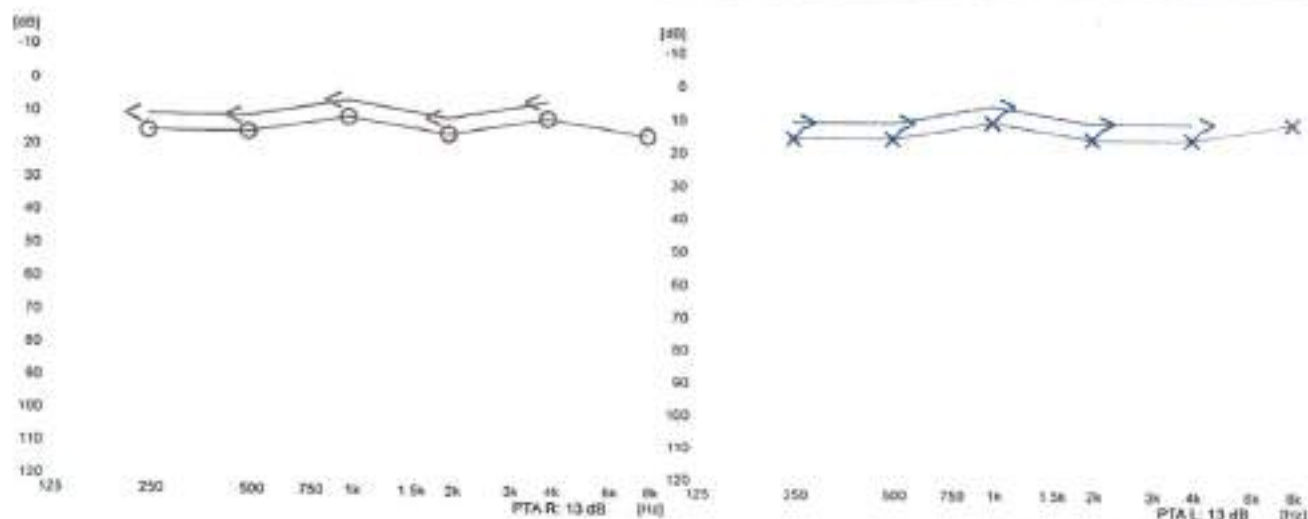
PH10

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P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0875591	Last name - First name RAJA RASHID , ,	Born: 06.05.2023
Test type Tonal audiometry	Test date: 06.05.2023	



Legend	R	L
Air	○	×
Air/Masked	△	□
Bone	<	>
Bone/Masked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free Field/Aided	A	A
Binaural	B	
No response	I	

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:

Helped by Hedera Biomedics GmbH www.hedera-biomedics.com



Date: 6/05/2023