



Al Nile
Medical Complex
مجمع النيل الطبي

Medical Fitness Certificate

Name of the Examined : Mr. MUHAMMAD AJMAL
Age : 33yrs/M
ID Number : 88961051
Job Title : TRUCK DRIVER
Date of medical Examination: 19/08/2024
Examining physician : DR. BASSIL ALI
Medical Centre : AL NILE MEDICAL CENTER
Company : TRUCK OMAN

Assessment Results

The certificate is valid for 2 years from the date of medical examination
Fitness classifications:

- ✓ Fit to work without restrictions
- Fit work with restrictions
- Unfit to work temporarily or definitely

FIT

Restrictions list:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
- R2: Unfit for Lifting and strenuous efforts.
- R3: Unfit to work in certain countries, check with geomarket health advisor.
- R4: Unfit to work in jobs requiring precise color vision.
- R5: Unfit to work in job with high level of noise.
- R6: Unfit to work in high risk of malaria countries.
- R7: Unfit to work in extreme heat.
- R8: Unfit to work in extreme cold.
- R9: Contact Geo market health advisor/international medical coordinator - there exist specific restriction.
- R10: Unfit to work for a temporarily of time until further notice.
- R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
- R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
- R13: Unfit to drive company vehicle.
- R14: Unfit to fly long haul flights.
- R15: Unfit to work in heights and confined spaces.

COMMENTS

* Review after 15 days for FBG
* Review after 3 months for LFT & HBA1C.

Examining physician stamp and signature





CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

21301739 DOB: 22/07/1991

Med - check History form		Name: <u>Mr. Muhammed Ajmal</u>	
		GIN: _____	
Place of examination	Date: <u>19/08/24</u>	Mobile: <u>98571457</u>	
Age: <u>33y</u>	Nationality: <u>Pakistan</u>	Blood Group: <u>A^{ve} [A negative]</u>	
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Number Of Children: <u>NO</u>	
Do You Have You Had: (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	
1- SINUS TROUBLE		☒	21- CANCER
2- NECK SWELLING / GLANDS		☒	22- HEART DISEASE
3- DIFFICULTY IN VISION		☒	23- RHEUMATIC FEVER
4- ANY EAR DISCHARGE		☒	24- ABNORMAL HEARTBEAT
5- ASTHMA / BRONCHITIS		☒	25- HIGH BLOOD PRESSURE
6- HAY FEVER / OTHER SIGNIFICANT ALLERGY		☒	26- STROKE
7- ANY SKIN TROUBLE		☒	27- SERIOUS CHEST PAIN
8- TUBERCULOSIS		☒	28- ANY BLOOD DISEASE
9- SHORTNESS OF BREATH		☒	29- KIDNEY DISEASE
10- COUGHED / VOMITED BLOOD		☒	30- BLOOD IN URINE
11- SEVERE ABDOMINAL PAIN		☒	31- DIABETES
12- STOMACH ULCER		☒	32- HEADACHES / MIGRAINE
13- RECURRENT INDIGESTION		☒	33- DIZZINESS / FAINTING
14- JAUNDICE OR HEPATITIS		☒	34- EPILEPSY
15- GALL BLADDER DISEASE		☒	35- JOINTS / SPINAL TROUBLE
16- MARKED CHANGE IN BOWEL HABITS		☒	36- SURGICAL OPERATION
17- BLOOD IN STOOLS (MOTIONS)		☒	37- SERIOUS ACCIDENT / FRACTURE
18- MARKED CHANGE IN WEIGHT		☒	38- TROPICAL DISEASE
19- VARICOSE VEINS		☒	39- FEAR OF HEIGHTS
20- LUMP IN BREAST / ARMPIT		☒	
HOW MUCH TOBACCO EACH DAY?		<u>NO</u>	AVERAGE DAILY ALCOHOL CONSUMPTION
HAVE YOU EVER TAKEN ELICITED DRUGS ? ()		<u>NO</u>	<u>Nil</u>
FAMILY HISTORY: DIABETES ☒ TUBERCULOSIS () EPILEPSY () ASTHMA () ECZEMA () HEART DISEASE () HIGH BLOOD PRESSURE () STROKE () BLOOD DISEASE () CANCER ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :- I DECLARED THESE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF AND I AGREE THAT THE RESULT OF THIS MEDICAL EXAMINATION IN GENERAL TERMS MAY BE REVEALED TO THE COMPANYS DOCTORS, AND THE DETAILS SENT TO THEM BY THE EXAMINING DOCTOR.			
DATE: <u>19/08/24</u>			
SIGNATURE OF APPLICANT: <u>[Signature]</u>			



VISUAL FIELDS:	6/6	COLOR VISION:	NORMAL
SPEECH:	NORMAL	SHISPER TEST:	NORMAL
NEAR VISION RIGHT EYE:	NORMAL	NEAR VISION LEFT EYE:	NORMAL
DISTANT VISION LEFT EYE:		DISTANT VISION RIHT EYE:	NORMAL
HEIGHT: 178	WEIGHT: 93	BMI: 30	BP: 126/86 PULSE: 60
BODY SYSTEM / ORGAN	N	A	ABNORMALITY IF ANY
EYES AND PUPILS	✓		
EAR/ NOSE/ THROAT	✓		
TEETH AND MOUTH	✓		
LUNGS AND CHEST	✓		
CARDIOVASCULAR	✓		
ABDOMEN	✓		
HERNIAL ORIFICES	✓		
ANUS AND RECTUM	✓		
GENITO – URINARY	✓		
EXTREMITIES	✓		
MUSCULOSKELETAL	✓		
SKIN / VARICOSE VIENS	✓		
NEUROLOGICAL	✓		
MENTAL FITNESS	✓		
BREAST	✓		



CONFIDENTIAL MEDICAL

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

NAME	AGE	SEX	COMPANY	GIN
Muhammed Ajmal	39y	M	Tecel Oman	

PAST MEDICAL HISTORY	BLOOD GROUP
NIL	A-ve

ALLERGENS			
VACCINATION	DATE OF INITIAL INJECTION	BOOSTER DUE DATE	
HEPATITIS A			
HEPATITIS B			
TYPHOID FEVER			
INFLUENZA			

TESTS RESULTS	
AUDIOGRAM :	NORMAL
DSU 5 PANEL	

ECG	NORMAL
CHEST X-RAY	NORMAL

BLOOD INVESTIGATIONS					
RBCS	6.13	4.20-6.30*10 ⁶ /UL	SGOT	49.8	MALE:10-50 FEMALE:10-35U/L
WBCS	8400	4.0-11.0*10 ³ /UL	SGPT	89.7	MALE:UP TO 41 FEMALE:10-35U/L
NEUTRO	55	37-72%	GGT	33	0-50/U/L
EOSINO	3	0-6%	FBS	127.8	60-110 MG/DL
PLASO	0.2	0-1%	CHOLESTEROL	272	UP TO 200 MG/DL
LYMPHO	35	10-58%	HDL	57.33	20-60 MG/DL
MONO	7	0-14%	LDL	165	UP TO 130 MG/DL
HEMATOCRIT	50	37-51%	TRIGLYCERIDES	249.2	35-175 MG/DL
HEMOGLOBIN	16	MALE:13.5-18.0 FEMALE:11.5-16.0G/DL	CREATININE	1.08	MALE:0.7-1.2 MG/DL FEMALE:0.5-0.9MG/DL
ESR		MALE:0-10 MM/HR FEMALE:0-20 MM/HR	URIC ACID		MALE:3.6-7.7 MG/DL FEMALE:2.5-6.8 MG/DL

URINE ANALYSIS			
BLOOD	0-1	SUGAR	NIL
ALBUMIN	nil	OTHERS	nil
STOOL ANALYSIS			
PARASITES	nil	BLOOD	nil

COMMENTS	NORMAL EXCEPT FOR FBS CHOLESTROL TAG
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EXAMINING PHYSICIAN

FOR WHICH INTERNIST
CONSULTED.





SID NO. : 01033551
Patient ID : 21301739
Name : Mr. MUHAMMAD AJMAL
Age / Gender : 30 Y / Male
Referrer : SCHLUMBERGER OMAN & CO. LLC.
Consultant : Dr. WEAM FAISAL IBRAHIM



Page : 1 of 5

Collection Date & Time : 19/08/2024 11:03:18
Received Date & Time : 19/08/2024 11:09:34
Reported Date & Time : 20/08/2024 15:31:21

National ID : 88961051

Nationality

: PAKISTAN

Final Test Report

Test Name (Method/Specimen)	Result	Biological Reference
ALLERGY & IMMUNOLOGY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
DRUG SCREENING-10 Urine		
Amphetamine	NEGATIVE	NEGATIVE
Barbiturates	NEGATIVE	NEGATIVE
Cocaine	NEGATIVE	NEGATIVE
Marijuana	NEGATIVE	NEGATIVE
Morphine	NEGATIVE	NEGATIVE
SEROLOGY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
Gamma-Glutamyltransferase (GGT)	33 U/L	5 - 36
BIOCHEMISTRY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
BLOOD SUGAR FASTING	7.1 mmol/l	3.3 - 6.1
CREATININE	1.08 mg/dl	Male: 0.7-1.4 mg/dl Female: 0.6-1.1mg/d
BILIRUBIN (DIRECT)	0.245 mg/dl	Up To: 0.3
BILIRUBIN (INDIRECT)	0.405 mg/dl	0.2 - 0.8
BILIRUBIN TOTAL	0.65 mg/dl	UP TO 1.1
SGOT	49.8 U/L	Upto 40
SGPT	89.7 U/L	less than 41
ALKALINE PHOSPHATASE	78.0 U/L	35 - 104
TOTAL PROTEIN	7.9 g/dL	6.6 - 8.7


Hajer Muhammad Hussin
Technician
MOH License No 9245





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Final Test Report

Test Name (Method/Specimen)	Result	Biological Reference
ALBUMIN	4.52 g/dL	3.5 - 5.2
GLOBULIN	3.38 g/L	2.0-3.9
LIPID PANEL		
TRIGLYCERIDE	249.2 mg/dl	male:40-160 mg/dl female: 35-135 mg/dl
CHOLESTEROL	272.5 mg/dl	<200 mg/dl
HDL CHOLESTEROL	57.23 mg/dl	40-60
LDL CHOLESTEROL	165.0 mg/dl	UP TO 150 mg/dl
CLINICAL PATHOLOGY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
URINE ANALYSIS Microscopy/Urine		
Physical		
Color	Yellow	
Transparency	Clear	
Chemical		
Specific Gravity	1.010	
PH	Alkaline	
Glucose	NIL	
Acetone	NIL	
Bilirubin	NIL	
Blood	NIL	
Urobilinogen	NIL	
Protein	NIL	


Hajer Muhammad Hussin
Technician
MOH License No 9245





SID NO. : 01033551
Patient ID : 21301739
Name : Mr. MUHAMMAD AJMAL
Age / Gender : 30 Y / Male
Referrer : SCHLUMBERGER OMAN & CO. LLC.
Consultant : Dr. WEAM FAISAL IBRAHIM



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National ID : 88961051

Nationality

: PAKISTAN

Final Test Report

Test Name (Method/Specimen)	Result	Biological Reference
Nitrate	NIL	
Microscopic		
Leukocytes	NIL	
Pus Cells	0-2	
Erythrocytes	0-1 /hpf	0 - 2
Squamous Epithelial Cell	few /hpf	
Crystal	NIL	
Cast	NIL	
Bacteria	NIL	
Others	NIL	
STOOL ANALYSIS		
MOTION		
Physical		
Colour	Brownish	
Consistency	Semi Formed	
Microscopic		
Pus Cells	2-3 /hpf	
RBC Cells	1-2 /hpf	
E-HISTOLYTICA	NIL	
E-COLI	NIL	
Giardia Lamblia	NIL	
Taenia Saginata	NIL	
Taenia Solium	NIL	
Schistosoma Haematobium	NIL	

Suresh

Suresh Bharathan

Technician

MOH License No 10223





SID NO. : 01033551
Patient ID : 21301739
Name : Mr. MUHAMMAD AJMAL
Age / Gender : 30 Y / Male
Referrer : SCHLUMBERGER OMAN & CO. LLC.
Consultant : Dr. WEAM FAISAL IBRAHIM



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Nationality

: PAKISTAN

Final Test Report

Test Name (Method/Specimen)	Result	Biological Reference
Ascaris Lumbricoides	NIL	
Trichris Trichiura	NIL	
Ancylostoma Duodenale	NIL	
Others	NIL	
HAEMATOLOGY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
SICKLING TEST	Negative	Negative
Complete blood count (CBC)		
Haemoglobin	16.1 gm/dl	13 - 18
TOTAL LEUCOCYTES COUNT	8400 Cells / Cumm	4000 - 11000
DIFFERENTIAL COUNT EDTA		
Neutrophil	55 %	45 - 70
Lymphocytes	35 %	15 - 45
Eosinophils	3 %	1 - 6
Monocyte	7 %	2 - 8
Basophils	0.2 %	less than 1
PACKED CELL VOLUME (HCT)	50.00 %	less than 54
RBC COUNT	6.13 millions/mm	4.5 - 5.5
MCV	81.5 fl	81.8 - 95.5
MCH	26.2 pg	27 - 32.3
MCHC	32.2 g/dL	32.4 - 35
PLATELET COUNT	297000 cu.mm	150,000 - 450,000
RDW-CV	15 %	11 - 16


Hajer Muhammad Hussin
Technician
MOH License No 9245





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Consultant : Dr. WEAM FAISAL IBRAHIM



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Nationality

: PAKISTAN

Final Test Report

Test Name (Method/Specimen)	Result	Biological Reference
RDW-SD	42 fl	35 - 56

Hajer Muhammad Hussin

Technician

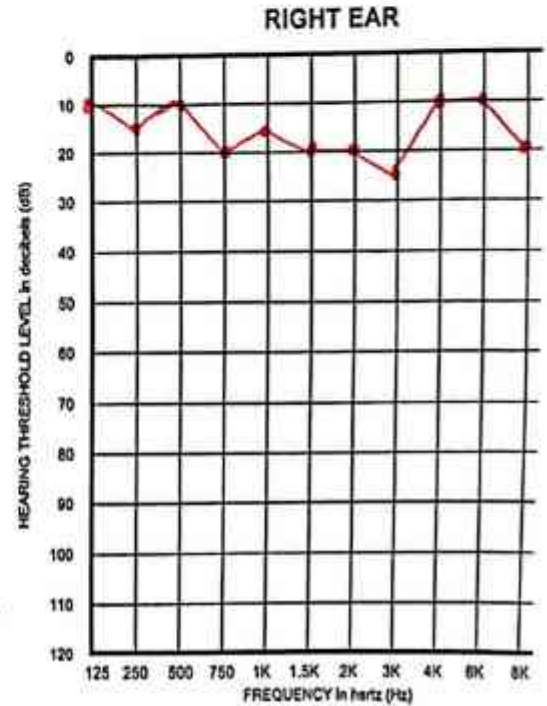
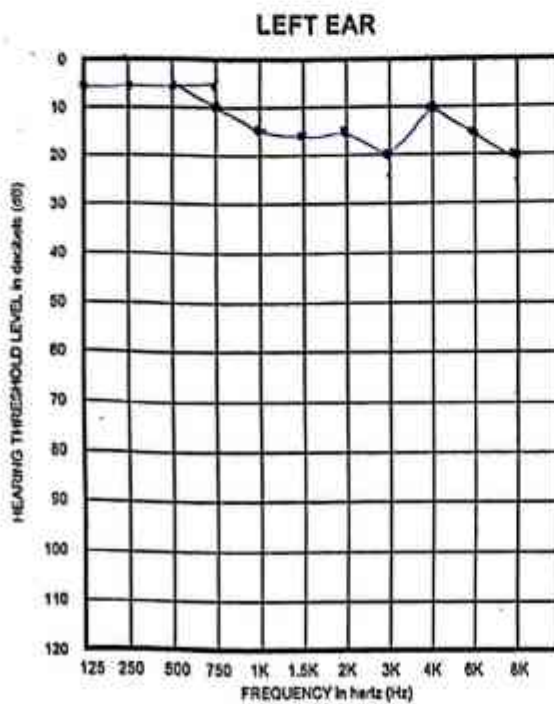
MOH License No 9245





Patient Id : 21301739
Name : Muhammed Ajmal
Consultant : Dr. weam

Age / Gender : 33 yd
Report Date : 14/08/24



PURE TONE AVERAGE (500-1000-2000 Hz)		
Ear	Air	Bone
RIGHT		
LEFT		

Provisional Diagnosis: Bilateral hearing sensitivity is
within normal limit



Signature Audiologist

P.O.Box: 300
Nizwa, P.C 611
Sultanate of Oman
Al Nile Medical Complex



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الشارع ٦١، نزوى
عمان
مجمع النيل الطبي



C.R.NO.1128642, P.O.BOX:300, NIZWA - 611
Phone: 25426665 ,25426228 Whatsapp:94146648
Instagram:https://www.instagram.com/alnile medical

File No : 21301739

Pres. No : 448069

Phar.Req :

Serv.Req : 051989

تقرير طبي

Medical Report

Name : MUHAMMAD AJMAL - Male - 33 (Y)

Date 19/08/2024

Vitals:

HEIGHT (CM)	178 cm
WEIGHT (KG)	93 KG
BMI	29 kg/m2
TEMPERATURE (CELSIUS)	37.1 celcius
PULSE	60
BLOOD PRESSURE	
Systolic	126
Diastolic	86
Random Blood Sugar	7

Visit:

c/o: referred by the GP for evaluation for high FBG, high TGs and high liver transaminases the patient eat high carb diet, has lost 5kg in the last 5 month after a diet. no headache, has some sweating and tiredness, no polyuria or polydipsia,

Anti-HCV , HBSAg , HIV 1,2 has been done in BADR Alsama 6 months ago and where all WNL.

SR: CV-, GU-,

PE: resp and CVS are WNL, abdomen: soft non-tender no organomegaly or masses, obese

PMH: H.pylori 6 years ago treated with triple therapy, recurred 1 year ago and also treated,

also has hepatomegaly 6 years ago, fatty liver he was treated with unknown medication and stopped, no HX of diabetes or HTN, FH: unremarkable, medications-, allergies-, surgeries-, light smoker 1-2 cigarettes/month, alcohol one bottle of beer/week and social occasions, INV:

HbA1c= 7.4% , USG-ABD: increased liver parenchymal echogenicity but the liver has normal size, ferritin= 200, % of Iron saturation

management:

quit smoking and drink less alcohol, diabetic diet, WT reduction and exercise

metformin 500mg tab BD after meals

review after 15 days

review after 3 months for LFTs

Investigation and Radiology:

HBA1C

USG ABDOMEN AND PELVIS

FERRITIN

% IRON SATURATION



Please Do Not Substitute Medication Without Prior Approval Of The Prescriber.

Patient ID: 21301739
Name: MUHAMMAD AJMAL

Date: 19/08/2024
Age/Sex: 30/M

Abdominal Ultrasound

Indication:
No complaints

Technique:
Multiple sonographic images of the abdomen were assessed for grayscale appearance and color Doppler flow.

Findings:
The pancreas is not well visualized due to overlying bowel gas).

The liver is hyper-echoic, homogenous and does not contain masses, and demonstrates no evidence of dilated intrahepatic ducts. No focal lesions noted

The gallbladder is normal in size and position without stones. The common hepatic duct measures __3__ mm in diameter (< 6mm is normal).
The hepatic and portal veins demonstrate normal directional flow.

The left kidney is normal in size, location, and structure.
The right kidney is normal in size, location, and texture, cortical echotexture is normal, and no focal lesions are noted
The urinary bladder is full of Urine, normal size without masses the
The prostate is normal in size without calcification

The spleen is normal in appearance. Measures 11x6x5 cm
The colon is not distended
The inferior vena cava measures __15__ mm in diameter (). The aorta measures __20__ mm in diameter ().

Impression:
Increased liver parenchymal echogenicity .
Dr. Bassel Ali Al Ratel
19/08/2024





SID NO. : 01033610
Patient ID : 21301739
Name : Mr. MUHAMMAD AJMAL
Age / Gender : 30 Y / Male
Referrer : SCHLUMBERGER OMAN & CO. LLC.
Consultant : DR.BASSEL ALI AL RATEL



Page : 1 of 1

Collection Date & Time : 19/08/2024 18:21:45
Received Date & Time : 19/08/2024 18:29:14
Reported Date & Time : 19/08/2024 19:15:53

National ID : 88961051

Nationality : PAKISTAN

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
BIOCHEMISTRY		
HBA1C	7.4 %	4 - 6.0%
FERRITIN	202.0 ng/ml	0-4 month:80-500 ng/ml 4 month-10 yrs:15-150 ng/ml Male (10+ yrs:30-400 ng/ml) Female (10+ yrs:13-150 ng/ml)

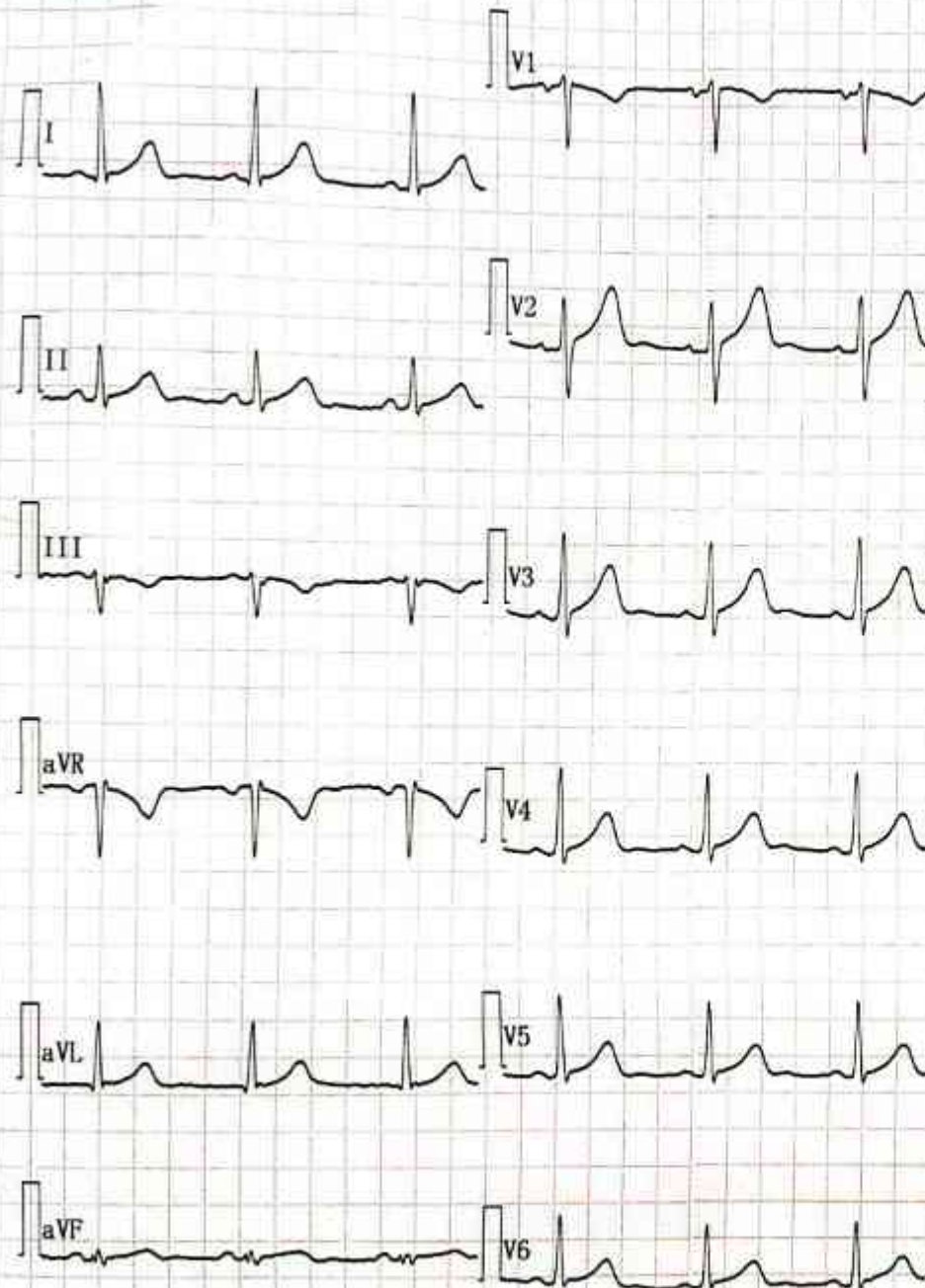
Bharath

Suresh Bharathan

Technician

MOH License No 10223





2024-08-18 23:56:44

Name : muhamed ajmal

Sex : Male Age : 0

Section: 33

RoomID: _____

BedID: _____

ID: _____

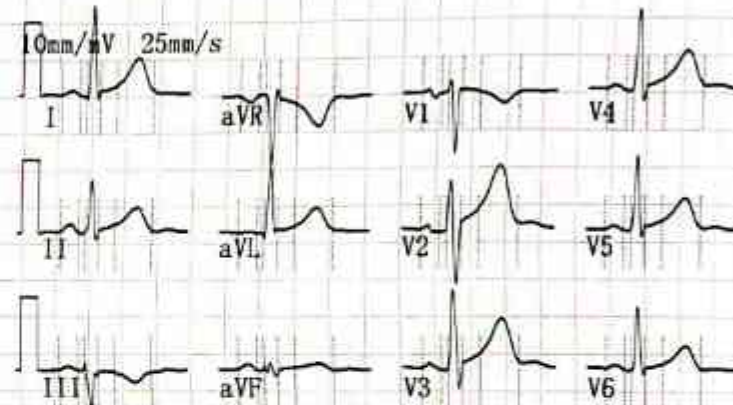
Operator: shisina

Custom1: _____

Custom2: _____

Data for reference only:

HR	bpm : 72
PR Interval	ms : 150
P Duration	ms : 109
QRS Duration	ms : 80
T Duration	ms : 225
QT/QTc	ms : 406/445
P/QRS/T Axis	deg : 51.5/1.8/13
R(V5)/S(V1)	mV : 1.01/0.82
R(V5)+S(V1)	mV : 1.83



<< Conclusions >>

Normal Sinus Rhythm,
Longitudinal Left axis deviation;

****Report need physician confirm****



Mr. MUHAMMAD AJMAL (30)



21301739 DOB: 22/07/1991

Physician: _____

25mm/s AC50Hz+EMG25Hz+DFT0.5Hz

ARROW

الممسوحة ضوئياً بـ CamScanner



Patient Id : 21301739

Name : Mr. MUHAMMAD AJMAL

Consultant : Dr. WEAM

Age / Gender : 30 / M

Report Date : 19/08/2024

CHEST X-RAY - PA VIEW

- ❖ Both lungs are clear with no pleural effusion or pneumothorax
- ❖ Both hila are normal in size and density
- ❖ Normal cardio pericardial silhouette.
- ❖ Bones in view are unremarkable

Impression

Normal chest x-ray

Dr. Badriya Al-Qassabi
Consultant Radiologist
Staff no : 135

