

**Medical Fitness Certificate**

Name of the Examined employee: MUHAMMAD AJMAL

Age: 30

ID NUMBER:

Job Title:

Date of Medical Examination: 21.08.2021

Examining Physician:

Medical Centre: APOLLO HOSPITAL MUSCAT

Company:

**Assessment Result:****Fit to work without restrictions**

*This Certificate is valid for 2 years from the date of medical examination*

**Fitness Classifications:**

- Fit to work without restrictions
- Fit to work with restriction
- Unfit to work Temporarily or Definitely

**Restrictions List:**

- R1: Unfit to work offshore, on marine vessels and in remote locations.  
R2: Unfit for Lifting and strenuous efforts.  
R3: Unfit to work in certain countries, check with geomarkethealth advisor.  
R4: Unfit to work in jobs requiring precise color vision.  
R5: Unfit to work in job with high level of noise.  
R6: Unfit to work in high risk of malaria countries.  
R7: Unfit to work in extreme heat.  
R8: Unfit to work in extreme cold.  
R9: Contact Geomarket health advisor/international medical coordinator – there exist specific restriction.  
R10: Unfit to work for a temporarily of time until further notice.  
R11: Unfit to work in jobs requiring good visual acuity ( eg: driving company vehicle ).  
R12: Fit only for defined period of time ( 1, 3 or 6 months ) and must be reassessed and fitness redefined.  
R13: Unfit to drive company vehicle.  
R14: Unfit to fly long haul flights.  
R15: Unfit to work in heights and confined spaces.

Examining Physician Stamp and signature

Hospital/Clinic Seal



### TO BE COMPLETED BY THE EXAMINING PHYSICIAN

|                      |         |        |                    |     |
|----------------------|---------|--------|--------------------|-----|
| Name: MUHAMMAD AZMAL | Age: 30 | Sex: M | Company: TRUCKEMAN | GIN |
|----------------------|---------|--------|--------------------|-----|

|                       |             |
|-----------------------|-------------|
| Past Medical History: | Blood Group |
|-----------------------|-------------|

|               |                           |                  |  |
|---------------|---------------------------|------------------|--|
| Allergies:    |                           |                  |  |
| Vaccination   | Date of Initial Injection | Booster Due Date |  |
| Hepatitis A:  |                           |                  |  |
| Hepatitis B:  |                           |                  |  |
| Typhoid Fever |                           |                  |  |
| Influenza     |                           |                  |  |

| Tests Results |          |
|---------------|----------|
| Audiogram:    | WNL      |
| DSU 5 Panel   | NEGATIVE |

|             |        |
|-------------|--------|
| ECG:        | WNL    |
| Chest X-Ray | NORMAL |

| Blood Investigations: |       |                                           |               |        |                                              |
|-----------------------|-------|-------------------------------------------|---------------|--------|----------------------------------------------|
| RBCs                  | 5.35  | 4.20-5.30 X10 <sup>6</sup> /μL            | SGOT          | 37.70  | Male: 10-30<br>Female: 10-35 U/L             |
| WBCs                  | 8.76  | 4.0-11.0 X10 <sup>3</sup> /μL             | SGPT          | 70.10  | Male: Up to 41<br>Female: 10-35 U/L          |
| NEUTRO                | 53.50 | 37-72%                                    | GGT           | 28.40  | 0-50 U/L                                     |
| EOSINO                | 5.60  | 0-6%                                      | FBS:          | 99.30  | 80-110 mg/dl                                 |
| BASO                  | 0.80  | 0-1%                                      | CHOLESTEROL:  | 240.90 | Up to 200 mg/dl                              |
| LYMPHO                | 32.40 | 10-28%                                    | HDL           | 46.90  | 20-60 mg/dl                                  |
| MONO                  | 7.70  | 0-14%                                     | LDL           | 137.04 | Up to 130 mg/dl                              |
| HEMATOCRIT            | 45.60 | 37-51%                                    | TRIGLYCERIDES | 284.80 | 35-175 mg/dl                                 |
| HEMOGLOBIN            | 14.70 | Male: 13.5-16.0<br>Female: 11.5-16.0 g/dl | CREATININE    | 0.57   | Male: 0.7-1.2 mg/dl<br>Female: 0.5-0.8 mg/dl |
| ESR                   | 08    | Male: 0-10 mm/hr<br>Female: 0-20 mm/hr    | URIC ACID     |        | Male: 3.8-7.7 mg/dl<br>Female: 2.5-6.6 mg/dl |

SICKLE CELL - NEGATIVE

| Urine Analysis |          |        |          |
|----------------|----------|--------|----------|
| Blood          | NEGATIVE | Sugar  | NEGATIVE |
| Albumin        | NEGATIVE | Others | NORMAL   |

| Stool Analysis |     |        |     |
|----------------|-----|--------|-----|
| Parasites      | NIL | Blood: | NIL |

|          |                                                                  |
|----------|------------------------------------------------------------------|
| Comments | Adv. lifestyle modification for HLP + repeat FLP after 3 months. |
|----------|------------------------------------------------------------------|

Examining Physician:

Dr. REHMAT MANSOOR SOLANKI  
MEDICAL OFFICER  
MOH License No.: 14330  
APOLLO HOSPITAL MUSCAT

Hospital/Clinic Seal





DEPARTMENT OF LABORATORY SERVICES

|                                                                 |                                                      |
|-----------------------------------------------------------------|------------------------------------------------------|
| <b>File No:</b> 0351602                                         | <b>Report No:</b> 0476570                            |
| <b>Name:</b> MUHAMMAD AJMAL                                     | <b>Sample Date:</b> 21/08/2021 <b>Time:</b> 12:01    |
|                                                                 | <b>Received Date:</b> 21/08/2021 <b>Time:</b> 12:01  |
| <b>Address:</b>                                                 | <b>Report Date:</b> 21/08/2021 <b>Time:</b> 12:48    |
| <b>Gender:</b> M <b>Age:</b> 30 Y <b>Nationality:</b> PAKISTANI | <b>Bill No:</b> 1004930 <b>Bill Date:</b> 21/08/2021 |
| <b>GSM No.:</b> 98571457 <b>ID Card No.:</b> 88961051           | <b>Company:</b> TRUCK OMAN NORTH                     |
| <b>Doctor:</b> DR.MUHAMMAD SAUD SHERZAMAN                       |                                                      |

| INVESTIGATION      | RESULT           | REFERENCE RANGE       |
|--------------------|------------------|-----------------------|
| NEUT%              | 53.50 %          | 37.0 - 72.0 %         |
| LYMPH%             | 32.40 %          | 10.0 - 58.5 %         |
| MONO%              | 7.70 %           | 0.0 - 14.0 %          |
| EOS%               | 5.60 %           | 0.0 - 6.0 %           |
| BASO%              | 0.80 %           | 0.0 - 1.0 %           |
| PLATELET           | 292.00 $10^3/uL$ | 140 - 440 $10^3/uL$   |
| LFT                |                  |                       |
| Total Bilirubin    | 0.75 mg/dL       | Up to 1.1 mg/dL       |
| Direct Bilirubin   | 0.12 mg/dL       | Up to 0.3 mg/dL       |
| Indirect Bilirubin | 0.63 mg/dL       | 0.2 - 0.8 mg/dL       |
| AST (SGOT)         | 37.90 U/L        | Men : 10 - 50 U/L     |
|                    |                  | Female : 10 - 35 U/L  |
| ALT (SGPT)         | 70.10 U/L        | Men : Up to 41 U/L    |
|                    |                  | Female : 10 - 35 U/L  |
| ALP                | 63.50 U/L        | Men : 40 - 129 U/L    |
|                    |                  | Female : 35 - 104 U/L |
| Total Protein      | 7.60 g/dL        | 6.6 - 8.7 g/dL        |
| Albumin            | 4.50 g/dL        | 3.4 - 4.8 g/dL        |
| Globulin           | 3.1 g/dL         | 1.8 - 3.6 g/dL        |
| GGT                | 28.40 U/L        | 0 - 50 U/L            |
| A:G Ratio          | 1.451612         | 1.1-1.8               |
| LIPID PROFILE      |                  |                       |
| Total Cholesterol  | 240.90 mg/dL     | < 200 mg/dL           |
| Triglyceride       | 284.80 mg/dL     | <150 mg/dl            |

Reported By:

Verified By:



SHALY

Lab Technologist

Lab Technologist



Dr.Muhammad Azhar Imam  
Specialist Pathologist

MOH License No: 15280

Printed at: 21/08/2021 12:48:36 PM

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|                |                  |            |            |
|----------------|------------------|------------|------------|
| Report No:     | 0476570          |            |            |
| Sample Date:   | 21/08/2021       | Time:      | 12:01      |
| Received Date: | 21/08/2021       | Time:      | 12:01      |
| Report Date:   | 21/08/2021       | Time:      | 12:48      |
| Bill No:       | 1004930          | Bill Date: | 21/08/2021 |
| Company:       | TRUCK OMAN NORTH |            |            |



DEPARTMENT OF LABORATORY SERVICES

|                                                                 |                                                      |
|-----------------------------------------------------------------|------------------------------------------------------|
| <b>File No:</b> 0351602                                         | <b>Report No:</b> 0476570                            |
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| <b>Gender:</b> M <b>Age:</b> 30 Y <b>Nationality:</b> PAKISTANI | <b>Bill No:</b> 1004930 <b>Bill Date:</b> 21/08/2021 |
| <b>GSM No.:</b> 98571457 <b>ID Card No.:</b> 88961051           | <b>Company:</b> TRUCK OMAN NORTH                     |
| <b>Doctor:</b> DR.MUHAMMAD SAUD SHERZAMAN                       |                                                      |

| INVESTIGATION | RESULT | REFERENCE RANGE |
|---------------|--------|-----------------|
|---------------|--------|-----------------|

MICROSCOPIC

|                  |                 |
|------------------|-----------------|
| Pus Cell         | 2 - 4 Cells/hpf |
| RBC              | NIL             |
| Epithelial Cells | Few cells/hpf   |
| Casts            | NIL             |
| Crystals         | NIL             |
| Others           | NIL             |

STOOL ROUTINE ANALYSIS

PHYSICAL

|             |          |
|-------------|----------|
| Colour      | Brownish |
| Consistency | Soft     |
| Reaction    | Alkaline |

MICROSCOPIC

|            |               |
|------------|---------------|
| Ova:       | NIL           |
| Cyst:      | NIL           |
| Pus Cells: | 0-1 Cells/hpf |
| RBCs       | Nil Cells/hpf |
| Others     | Nil           |

Reported By:

Verified By:



SHALY

Lab Technologist

Lab Technologist



Dr.Muhammad Azhar Imam  
Specialist Pathologist

MOH License No: 15280

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0351602  
30 Years

muhammad ajmal  
Male

21-Aug-21 12:51:55 PM  
APOLLO HOSPITAL

Rate 68  
PR 142  
QRSD 97  
QT 429  
QTc 457

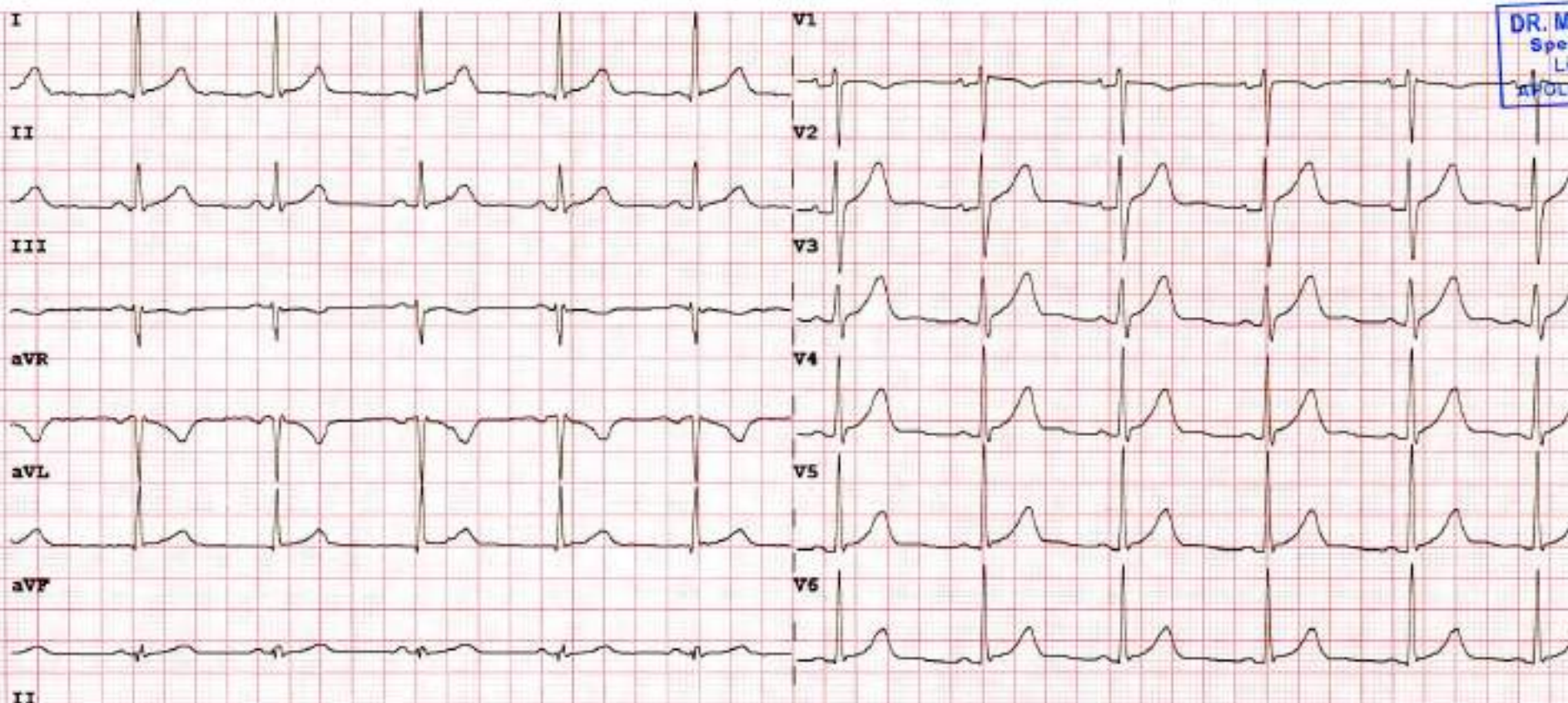
--AXIS--

P 63  
QRS 6  
T 20

12 Lead; Standard Placement

Normal sinus rhythm  
normal axis  
no significant ST, T changes  
incomplete RBBB

DR. MUJEEB AHAMED M.  
Specialist Cardiologist  
Licence No.: 15774  
APOLLO HOSPITAL MUSCAT



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 60~ 0.15~ 40 Hz 100B CL P?



# AUDIOGRAM EXAMINATION SHEET

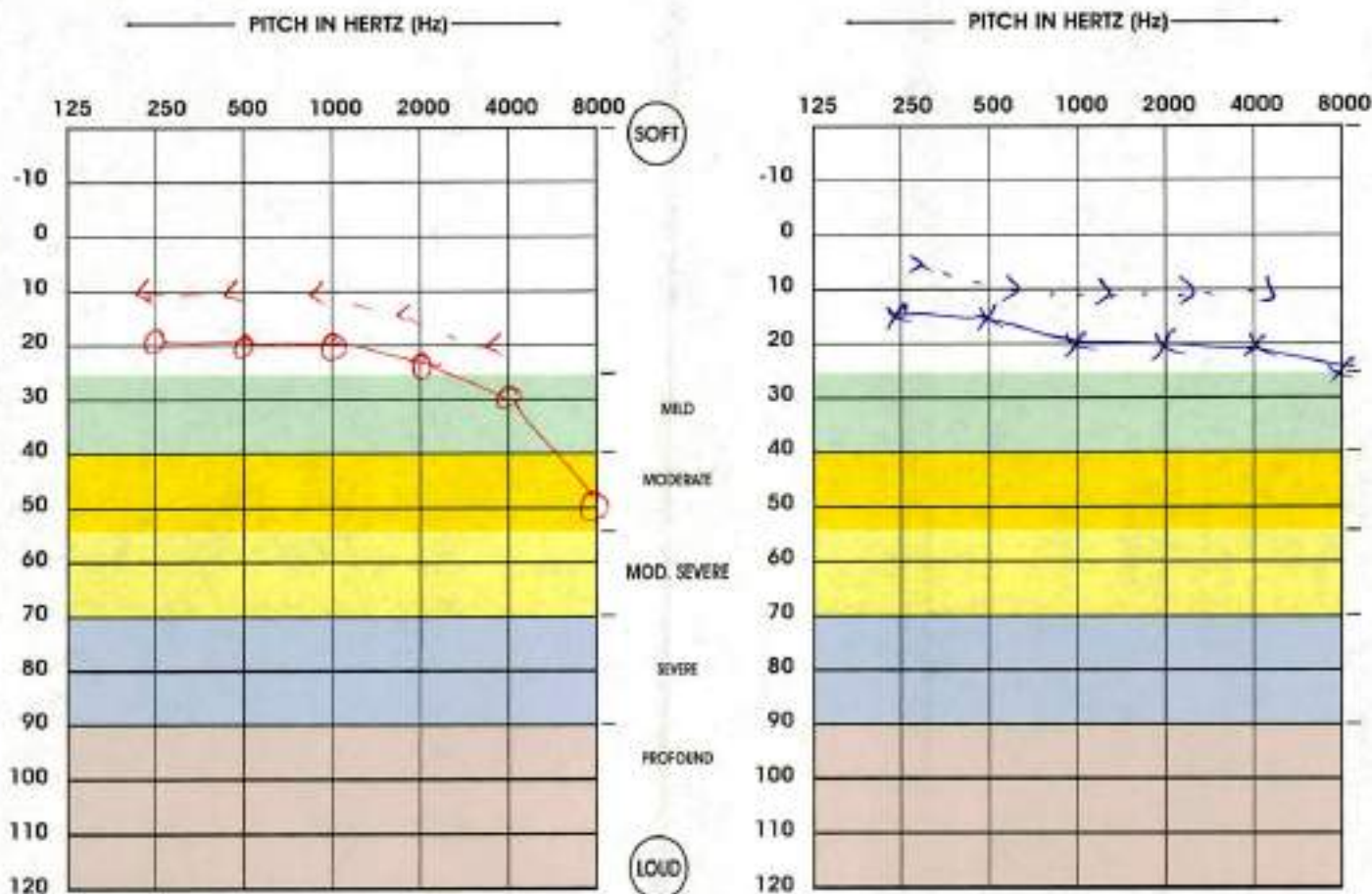
0658

FILE NO.: 0351602 BILL NO.: DATE: 21/8/2021

NAME: MUHAMMAD AJMAL AGE / SEX: 30/M

COMPANY: TRUCK OMAN DOB: .....

CONSULTANT (REF): .....



| WEBER | RIGHT |  |  |  |  |
|-------|-------|--|--|--|--|
|       | LEFT  |  |  |  |  |

| SPECIAL TESTS |     |     |         |     |      |     |     |         |     |
|---------------|-----|-----|---------|-----|------|-----|-----|---------|-----|
| dBHL          | PTA | SRT | SIS (%) | TDT | SISI | MCL | UCL | MLB/BLB | OAE |
| RIGHT         |     |     |         |     |      |     |     |         |     |
| LEFT          |     |     |         |     |      |     |     |         |     |

INTERPRETATION: Bilateral hearing sensitivity within normal limits with a slop at 8 kHz in right ear.

RECOMMENDATION: ear.

Use ear-protective device

**SIRKU SOMAN**  
AUDILOGIST  
MOH Licence No.: 16998  
Apollo Hospital Muscat

AUDIOLOGIST

|            |                              |            |                       |
|------------|------------------------------|------------|-----------------------|
| NAME       | : MUHAMMAD AJMAL             | AGE        | : 30 Y(22/07/1991)    |
| GENDER     | : Male                       | PATIENT ID | : 351602              |
| COMPANY    | : TRUCK OMAN NORTH (Credit)  | DATE       | : 21/08/2021 16:55 PM |
| CONSULTANT | : DR.MUHAMMAD SAUD SHERZAMAN | BILL NO    | : 1004930             |
| BILL DATE  | : 21/08/2021                 |            |                       |
| TEST NAME  | : CHEST PA                   |            |                       |

### X-RAY CHEST PA VIEW

Bilateral lung fields are clear. No mass lesion or opacification.

Trachea is mid line.

Bilateral hilar shadows are symmetrical and normal in size.

Cardiac silhouette is normal. No signs suggestive of cardiac enlargement.

Bony thoracic cage appears normal.

No Soft tissue mass or calcification can be seen.

Bilateral costophrenic angles are clear.

### IMPRESSION:

- Normal radiograph of the chest.

### Please correlate clinically & other investigation.

*Please note: This is a imaging study and has no therapeutic value. This is a opinion based on image interpretation and it is not a diagnose on itself. Impression should be considered as professional opinion & correlated with clinical evidence. Reconfirmed by further investigation and relevant data as indicated. If possible the findings should be reconfirmed on higher resolution imaging, special techniques and sequences and with other modalities.*

**DR. WASSAN A KHUDHAIR AL SAEDI**

Dr. WASSAN ABUL REHMAN  
SPECIALIST - RADIOLOGIST  
MOH License No.: 14883  
Apollo Hospital Muscat



<http://apollosrv/Radiology/DiagnosisReport.aspx?action=View VisitSummary&flg=0&vis...> 21/08/2021



