



Al Nile
Medical Complex
مجمع النيل الطبي

Medical Fitness Certificate

Name of the Examined : Mr. RABNAWAZ GHULAM
Age : 46yrs/M
ID Number : 93811985
Date of medical Examination: 29/01/2025
Examining physician : DR. BAREA MOHAMMED AL HAKIM
Medical centre : AL NILE MEDICAL CENTER

Assessment Results

The certificate is valid for 2 years from the date of medical examination

Fitness classifications:

- ☒ Fit to work without restrictions
- ☐ Fit work with restrictions
- ☐ Unfit to work temporarily or definitely

FIT

Restrictions list:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
- R2: Unfit for Lifting and strenuous efforts.
- R3: Unfit to work in certain countries, check with geo market health advisor.
- R4: Unfit to work in jobs requiring precise color vision.
- R5: Unfit to work in job with high level of noise.
- R6: Unfit to work in high risk of malaria countries.
- R7: Unfit to work in extreme heat.
- R8: Unfit to work in extreme cold.
- R9: Contact Geo market health advisor/International medical coordinator - there exist specific restriction.
- R10: Unfit to work for a temporarily of time until further notice.
- R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
- R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
- R13: Unfit to drive company vehicle.
- R14: Unfit to fly long haul flights.
- R15: Unfit to work in heights and confined spaces.

COMMENTS

Examining physician stamp and signature



Hospital/ Clinic seal



FRAMINGHAM SCORE

Name: SCHLUMBERGER FITNESS TO
WORK
Patient Name: RABNAWAZ GHULAM
File No: 25002723 Age/Sex: 46 [Y] / M
Date: 2023-05-29 Specimen ID: 5052



Results

Estimated 10-year Global CVD Risk

5.8%

Risk Category

Low Risk

Estimated Vascular Age

45 Years

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <160 mg/dL (<4.14 mmol/L)

Non-HDL <190 mg/dL (<4.93 mmol/L)

CCS (2009)

Intensify Pharmacotherapy if

LDL >5 mmol/L (>190 mg/dL)

TChol/HDL-C >6 mmol/L (>231 mg/dL)

Treatment Targets

≥50 % decrease in LDL-C

ESC (2007, see info for more)

Treatment Targets

LDL <3 mmol/L (<120 mg/dL)

TChol <5 mmol/L (<194 mg/dL)

Created by QxMD

Dr. RASHA AL-HADI
General Practitioner



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med – check History form		Name:	Name: SCHLUMBERGER FITNESS TO WORK	
		GIN:	Patient Name: RABNAWAZ GHULAM	
			File No: 25000723 Age/Sex: 46 (Y) / M	
			Date: 2025-01-29 Specimen ID: 1082	
Place of examination		Mobile: 95749886		
Date				
Age: 46 yrs		Nationality: Pakistani	Blood Group	B +ve
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Number Of Children: 2		
Do You Have You Had: (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
	Y	N		Y
1- SINUS TROUBLE		☒	21- CANCER	
2- NECK SWELLING / GLANDS		☒	22- HEART DISEASE	
3- DIFFICULTY IN VISION		☒	23- RHEUMATIC FEVER	
4- ANY EAR DISCHARGE		☒	24- ABNORMAL HEARTBEAT	
5- ASTHMA / BRONCHITIS		☒	25- HIGH BLOOD PRESSURE	
6- HAYFEVER / OTHER SIGNIFICANT ALLERGY		☒	26- STROKE	
7- ANY SKIN TROUBLE		☒	27- SERIOUS CHEST PAIN	
8- TUBERCULOSIS		☒	28- ANY BLOOD DISEASE	
9- SHORTNESS OF BREATH		☒	29- KIDNEY DISEASE	
10- COUGHED / VOMITED BLOOD		☒	30- BLOOD IN URINE	
11- SEVERE ABDOMINAL PAIN		☒	31- DIABETES	
12- STOMACH ULCER		☒	32- HEADACHES / MIGRAINE	
13- RECURRENT INDIGESTION		☒	33- DIZZINESS / FAINTING	
14- JAUNDICE OR HEPATITIS		☒	34- EPILEPSY	
15- GALL BLADDER DISEASE		☒	35- JOINTS / SPINAL TROUBLE	
16- MARKED CHANGE IN BOWEL HABITS		☒	36- SURGICAL OPERATION	
17- BLOOD IN STOOLS (MOTIONS)		☒	37- SERIOUS ACCIDENT / FRACTURE	
18- MARKED CHANGE IN WEIGHT		☒	38- TROPICAL DISEASE	
19- VARICOSE VEINS		☒	39- FEAR OF HEIGHTS	
20- LUMP IN BREAST / ARMPIT		☒		
HOW MUCH TOBACCO EACH DAY?		AVERAGE DAILY ALCOHOL CONSUMPTION		NIL
HAVE YOU EVER TAKEN ELICITED DRUGS ? () NIL				
FAMILY HISTORY: DIABETES () TUBERCULOSIS () EPILEPSY () ASTHMA () ECZEMA () HEART DISEASE () HIGH BLOOD PRESSURE () STROKE () BLOOD DISEASE () CANCER ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :- I DECLARED THESE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF AND I AGREE THAT THE RESULT OF THIS MEDICAL EXAMINATION IN GENERAL TERMS MAY BE REVEALED TO THE COMPANY'S DOCTORS, AND THE DETAILS SENT TO THEM BY THE EXAMINING DOCTOR.				
DATE: 29/01/25				
SIGNATURE OF APPLICANT:				





VISUAL FIELDS:	Normal		COLOR VISION:	Normal	
SPEECH:	Normal		SHISPER TEST:	Normal	
NEAR VISION RIGHT EYE:	6/6		NEAR VISION LEFT EYE:	6/6	
DISTANT VISION LEFT EYE:	6/6		DISTANT VISION RIHT EYE:	6/6	
HEIGHT: 174 cm	WEIGHT: 65 kg	BMI: 21.47	BP: 130/80	PULSE: 60	
BODY SYSTEM / ORGAN	N	A	ABNORMALITY IF ANY		
EYES AND PUPILS	N				
EAR/ NOSE/ THROAT	N				
TEETH AND MOUTH	N				
LUNGS AND CHEST	N				
CARDIOVASCULAR	N				
ABDOMEN	N				
HERNIAL ORIFICES	N				
ANUS AND RECTUM	N				
GENITO – URINARY	N				
EXTREMITIES	N				
MUSCULOSKELETAL	N				
SKIN / VARICOSE VIENS	N				
NEUROLOGICAL	N				
MENTAL FITNESS	N				
BREAST	N				

CONFIDENTIAL MEDICAL

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

Name: SCHLUMBERGER FITNESS TO
WORK
Patient Name: RABNAWAZ GHULAM
File No: 25000723 Age/Sex: 46 (Y) / M
Date: 2023-01-29 Specimen ID: 1052



NAME: RABNAWAZ	AGE: 46	SEX: M	COMPANY:	GIN:
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PAST MEDICAL HISTORY		BLOOD GROUP B+ve	
ALLERGIES:			
VACCINATION		DATE OF INITIAL INJECTION	BOOSTER DUE DATE
HEPATITIS A			
HEPATITIS B			
TYPHOID FEVER			
INFLUENZA			

AUDIOGRAM:	TESTS RESULTS Normal
DSU 5 PANEL	

ECG	Normal
CHEST X-RAY	Normal

BLOOD INVESTIGATIONS					
RBCS	5.65	4.20-6.30*10 ⁶ /UL	SGOT	27.7	MALE:10-50 FEMALE:10-35U/L
WBCS	6.4	4.0-11.0*10 ³ /UL	SGPT	26.8	MALE:UP TO 41 FEMALE:10-35U/L
NEUTRO	51.7%	37-72%	GGT	30	0-50/UL
EOSINO	1%	0-6%	FBS:	5.06	60-110 MG/DL
BASO	0.5%	0-1%	CHOLESTEROL	148	UP TO 200 MG/DL
LYMPHO	39.2%	10-58%	HDL	46.21	20-60 MG/DL
MONO	7.3%	0-14%	LDL	82	UP TO 130 MG/DL
HEMATOCRIT		37-51%	TRIGLYCERIDES	27.1	35-175 MG/DL
HEMOGLOBIN	16.5	MALE:13.5-18.0 FEMALE:11.5-16.0G/DL	CREATININE	1.28	MALE:0.7-1.2 MG/DL FEMALE:0.5-0.9MG/DL
ESR	6	MALE:0-10 MM/HR FEMALE:0-20 MM/HR	URIC ACID	5.6	MALE:3.6-7.7 MG/DL FEMALE:2.5-6.8 MG/DL

URINE ANALYSIS			
BLOOD	N:1	SUGAR	N:1
ALBUMIN	N:1	OTHERS	
STOOL ANALYSIS			
PARASITES	N:1	BLOOD	N:1

COMMENTS	
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EXAMINING PHYSICIAN



[illegible][illegible]



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P.O.BOX:300, POSTAL CODE - 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642
PH : 25426665, 25426228 \ WHATSAPP:94146648
Instagram:https://www.instagram.com/alnile_medical

Tax Invoice

File Number:	25000723	Invoice No:	01994
Patient Name:	RABNAWAZ GHULAM	SID No:	Bill#1052
Id Card No.:	93811985		
Age / Gender:	46y 10m 22d / Male	Date:	29/01/2025 07:51:20
ID Card No:	93811985	Payer Name:	TRUCK OMAN
Address:			
Nationality:	Pakistan	Doctor:	Dr. Burea Mohammed Alhakim
Mobile No:	95749886		

Sl.No.	Description	Code	Qty	Gross	Disc	Vat%	Vat	Net Amount
1	SCHLUMBERGER FITNESS TO WORK		1	45.000	0.000		0.000	45.000

Bill Amount:	45.000
Tax Amount:	0.000
Discount:	0.000
Net Amount:	45.000
Balance amount to be paid by patient:	45.000

Total Paid	0.0	Balance to be Paid (Patient)	0.0	Balance to be Paid (TRUCK OMAN)	45.000
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Total Amount in Words: Forty-Five Rial Only

Invoiced By: Amira Saif Yasir Alshaqsi

Payment Details:

Receipt Date	Receipt No	Amount	Pay Mode
29/01/2025 07:51:20	001647	0.0	

2025-01-29 07:51:51

End of Report



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Patient Name:	RABNAWAZ GHULAM		Date:	29/01/2025 08:32:35
File No:	25000723	Age/Gender: 46y 10m 22d / M	Sid No:	Bill#1052
Payer Name:			Collection Date & Time:	29/01/2025 08:16:53
Insurance Card No:	---		Received Date & Time:	29/01/2025 08:32:35
Doctor:			Reported Date & Time:	29/01/2025 08:44:45
Billing Time:	29/01/2025 07:51:20	Mobile: 95749686	Id Card No.:	93811985

Test Name	Result	Biological Reference
Complete Blood Count		
Haemoglobin	14.5 mg/dl	13.0-18.0
Total leucocyte count	6,410.0 Cells / Cumm	3,999.0 - 11,000.0
Differential count		
Neutrophil	51.7 %	40.0-75.0
Lymphocytes	39.2 %	15.0-45.0
Eosinophils	1.0 %	1.0-6.0
Monocyte	7.3 %	2.0-8.0
Basophils	0.5 %	< 10.0
Packed cell volum	42.8 %	< 54.0
RBC count	5.65 millions/mm	4.5-5.5
MCV	75.7 fl	81.8-95.5
MCH	25.6 pg	27.0-32.3
MCHC	33.9 g/dl	32.4-35.0
Platelet count	254,000.0 Cumm	150,000.0 - 400,000.0
RDW-CV	13.2 %	11.0-16.0
RDW-SD	36.3 fl	35.0-56.0
URINE ANALYSIS		
Color	Yellow	-



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Test Name	Result	Biological Reference
Transparency	Clear	+
Specific Gravity	1.01	+
PH	Alkaline	+
Glucose	nil	+
Acetone	NIL	+
Bilirubin	NIL	-
Blood	nil	+
Urobilinogen	nil	-
Protein	nil	+
Nitrate	NIL	-
Leukocyte	NIL	+
Pus cells	D-2	-
Erythrocytes	D-2	+
Squamous Epithelial Cell	nil	-
Crystal	nil	-
Cast	NIL	+
Bacteria	nil	+
Others	NIL	-
Physical		
Color	Brownish	+
Consistency	Semi Formed	-
Occult Blood	NEGATIVE	+
Microscopic		
Pus Cells	1-2	+



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Test Name	Result	Biological Reference
RBC Cells	1-2	-
E-Hisolytica	NIL	-
E-Coli	NIL	-
Giardia Lamblia	NIL	-
Taenia Saginata	NIL	-
Taenia Solium	NIL	-
Schistosoma Haematobium	NIL	-
Ascaris Lumbricoides	NIL	-
Trichris Trichiura	NIL	-
Ancylostoma Duodenalis	NIL	-
Others	FAT GLOBULES(+)	-
HDL CHOLESTEROL	46.21 mg/dl	40.0 - 60.0
LDL CHOLESTEROL	82.0 mg/dl	< 150.0
SGPT	26.8 U/L	< 41.0
Gamma-Glutamyltransferase (GGT)	30.0 U/L	5.0 - 63.0
CREATININE	1.28 mg/dl	0.7 - 1.4
BLOOD SUGAR FASTING	5.04	-
TRIGLYCERIDE	97.1 mg/dl	40.0 - 160.0
SGOT	27.7 U/L	< 40.0
CHOLESTEROL	148.0 mg/dl	< 200
URIC ACID	5.6 mg/dl	3.4 - 7.0
ESR(AUTOMATED)	6.0 mm/hr	< 15.0
BLOOD GROUP	B	-
RH Typing	POSITIVE	+



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2025-01-29 11:00:27

****End of Report****



2025-01-29 08:58:19

Name : RABNAWAZ GHULAM

Sex : Male Age : 46

Section: DR. BARIA

RoomID:

BedID:

ID:

Operator: subitha

Custom2:

<< Conclusions >>

Normal Sinus Rhythm.

Middling Left axis deviation.

Report need physician confirm

Name: SCHUMBERGER FITNESS TO

WORK

Patient Name: RABNAWAZ GHULAM

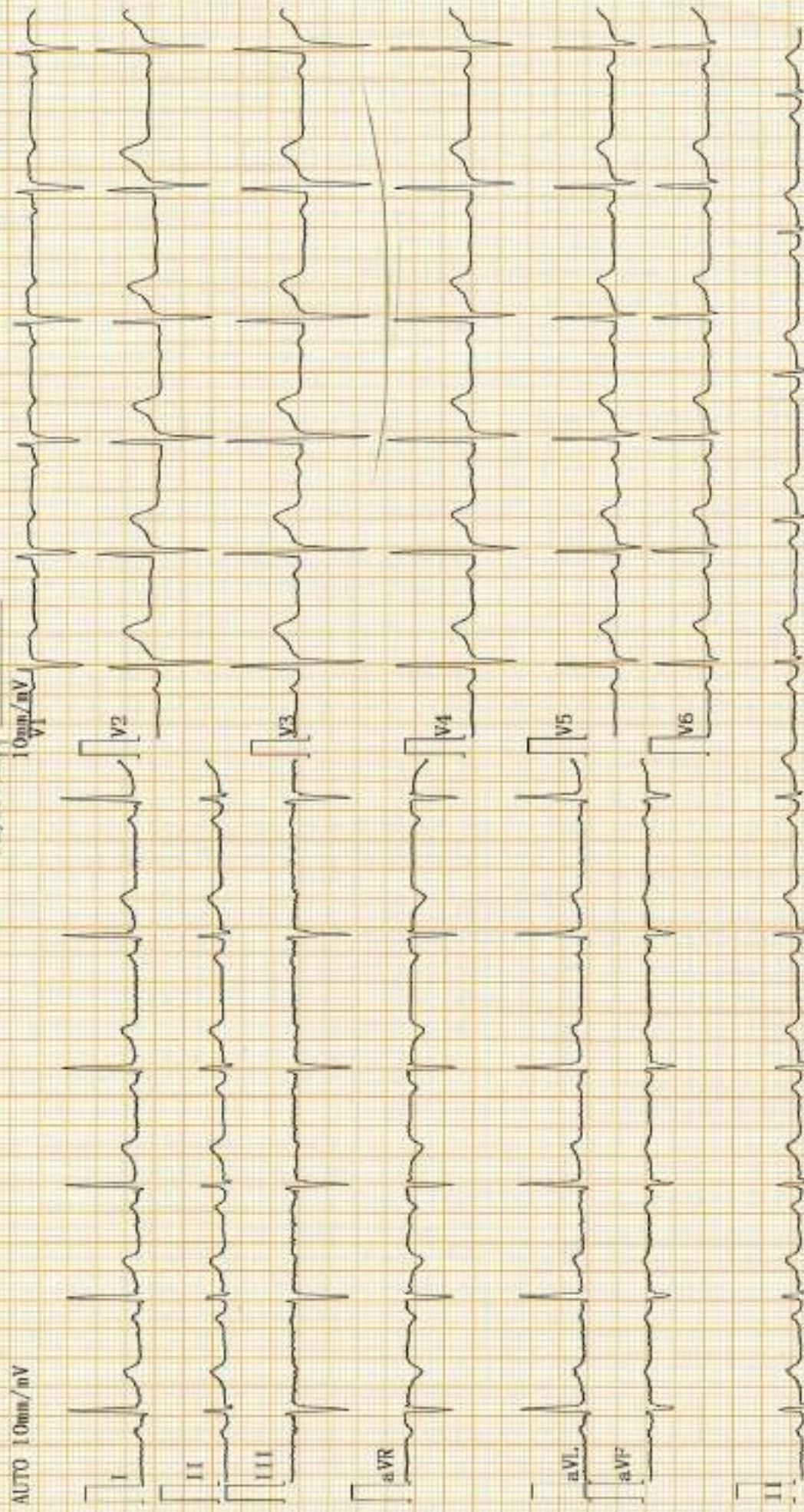
File No: 25000723 Age/Sex: 46 (Y) / M

Date: 2025-01-29 Specimen ID: 1012

Physician: ☐

AUTO 10mm/mV

10mm/mV





Patient Id :

Name :

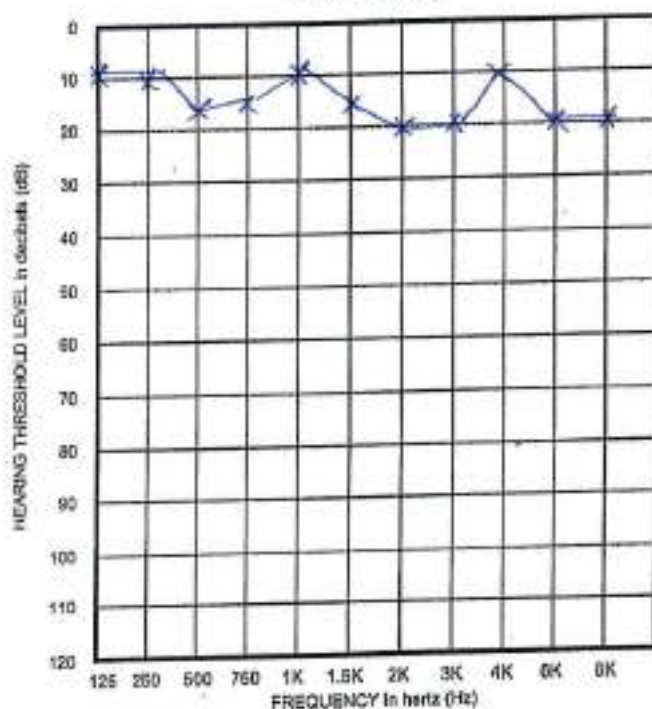
Consultant :

Name: SCHLUMBERGER FITNESS TO WORK
Patient Name: RABNAWAZ GHILLAM
File No: 25000723 Age/Sex: 46 (Y) / M
Date: 2025-01-29 Specimen ID: 1052

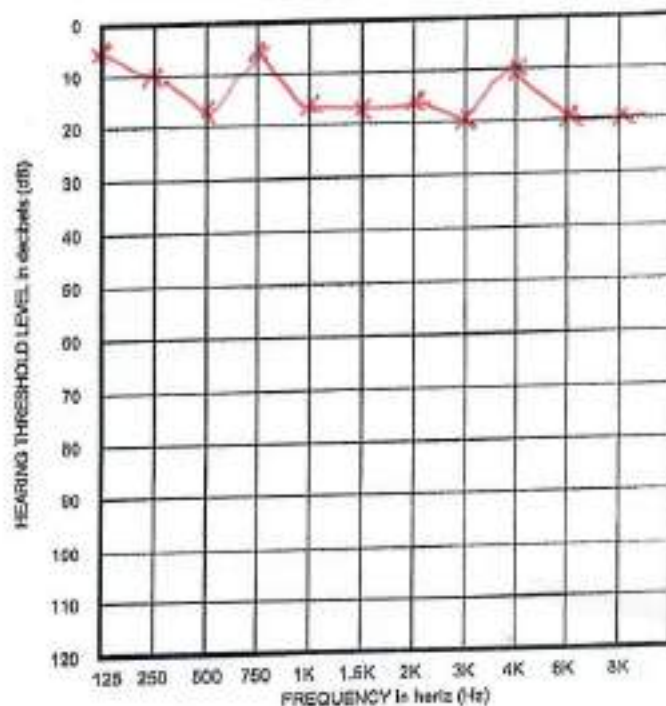
Age / Gender : 46 yrs / M

Report Date : 29/01/25

LEFT EAR



RIGHT EAR



PURE TONE AVERAGE (500-1000-2000 Hz)

Ear	Air	Bone
RIGHT		
LEFT		

Provisional Diagnosis:

Bilateral Hearing sensitivity is within normal limit.



Signature Audiologist



Patient ID: 25000723

Name: MR. RABNAWAZ GHULAM

Consultant: Dr. Barea Hakim

Age / Gender: 46 / M

Report Date: 29/01/2025

CHEST X-RAY - PA VIEW

- ❖ Both lungs are clear with no pleural effusion or pneumothorax
- ❖ Both hila are normal in size and density
- ❖ Normal cardio pericardial silhouette.
- ❖ Bones in view are unremarkable

Impression

Normal chest x-ray

Dr. Badriya Al-Qassabi
Consultant Radiologist
Staff no : 135

