

ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)



RUSAYL HEALTH CENTRE
ISO 9001- 2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname/ Forenames	Hamed Subaqa Al Sinsni
Nationality	Omani
Company Number:	10541
Reference Indicator:	Trenchman

Mobile No	96577001	Home/Leave Address:	Surraia	DOB	17.10.1995	ID	22397108
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Personal Details		29y	
A	☒ Male ☐ Female	☐ Married ☒ Single ☐ Separated /Divorced /Widow(er)	
Home/Leave Address:		Relationship to employee	No of Children:
		☐ Wife ☐ Son ☐ Daughter	

Reason for Examination (tick as appropriate)

Periodic Medical Examination ☒	Final / Retirement ☐	Other Reason: ☐
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Employee only

B Present Job and Location:	Next Job and Location:
HDD	NIMY

Are you a registered person with special needs? ☐ Do you belong to any Medical Insurance Scheme? ☐

Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' Please describe		N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?		☒	☐	
1	Ear, nose, eye or throat problems	☒	☐	
2	Chest problems like asthma, bronchitis, other bad cough	☒	☐	
3	Heart abnormality, chest pains	☒	☐	
4	Abdominal pains, abnormal bowel motions	☒	☐	
5	Urogenital problems (kidney disease, menstrual disorder)	☒	☐	
6	Skin trouble or allergies	☒	☐	
7	Epileptic fits, dizzy spells or migraine	☒	☐	
8	History of mental illness, depression anxiety	☒	☐	
9	Diabetes, thyroid disease	☒	☐	
10	Blood disorder e.g. anaemia, blood cancer e.g. leukaemia	☒	☐	
11	Any history of accidents or fractures	☒	☐	
12	Have you had any serious allergies	☒	☐	
13	Do any dependants have a significant ongoing illness?	☒	☐	
14	Any family history of cancers	☒	☐	
Do you take any regular medicines, or have your taken in the past?		☒	☐	
Do you smoke? If yes, what and how much each day?		☒	☐	
Do you drink alcohol? If yes, what is your average weekly intake?		☒	☐	
Have you ever taken elicited/recreational drugs?		☒	☐	
Are you doing regular sports or physical activities?		☒	☐	

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. . I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission)) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review .

Date:	19/05/2021	Signature of Applicant:	
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FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
☒		1. Eyes & Pupils
☒		2. E.N.T.
☒		3. Teeth & Mouth
☒		4. Lungs & Chest
☒		5. Cardiovascular System
☒		6. Abdo. Viscera
☒		7. Hernial Orifices
☒		8. Anus & Rectum
☒		9. Genito-urinary
☒		10. Extremities
☒		11. Musculo-skeletal
☒		12. Skin & Varicose Vns.
☒		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION
159	60	23.7	126/84	74/min.	L Normal R Normal	DISTANT R 6/6 L 6/6 NEAR R 6/6 L 6/6

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
☒		1. Urinalysis		☒		7. Audiogram
☒		2. Hb, Bloodcount, ESR				8. Lung Function
☒		3. LFT, RFT, RBS				9. Chest X-Ray
☒		4. Drug Screen				10. ECG
☒		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
☒		6. Sickie Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

NAD

ASSESSMENT AND RECOMMENDATIONS:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

19/05/2021
Date:

Name (Block Capitals): Dr. / Nurse

DR. SANATH BUDDHIKA PRIYADARSHAN
GENERAL PRACTITIONER
RUSAYL HEALTH CENTRE
MOB / LAND. 16042

Signature:

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse

Signature:

