



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname		Ali	
Forenames		Qaiser	
Address			
Home telephone number		7908-7640	
Place of examination		Date: 17/1/2025	
If a dependant enter employee's name here:			
Surname:		Forenames:	
Birth date: 6/10/1985		Country of birth: Pakistan	
Nationality: Pakistani		Religion: Muslim	
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated/Divorced	Relationship to employee: ☐ Wife ☐ Son ☐ Daughter	
Reason for examination: Pre-Employment ☐ Pre-Overseas ☐		Job: Area:	
Name and address of family doctor		List your last 3 jobs	
		(1) (2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
Y N		Y N	
1. Sinus trouble	☒	21. Cancer	☒
2. Neck swelling/glands	☒	22. Heart Disease	☒
3. Difficulty in vision	☒	23. Rheumatic fever	☒
4. Any ear discharge	☒	24. Abnormal heartbeat	☒
5. Asthma/bronchitis	☒	25. High blood pressure	☒
6. Hayfever /other significant allergy	☒	26. Stroke	☒
7. Any skin trouble	☒	27. Serious chest pain	☒
8. Tuberculosis	☒	28. Any blood disease	☒
9. Shortness of breath	☒	29. Kidney disease	☒
10. Coughed/vomited blood	☒	30. Blood in urine	☒
11. Severe abdominal pain	☒	31. Diabetes	☒
12. Stomach ulcer	☒	32. Headaches/migraine	☒
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒
14. Jaundice or hepatitis	☒	34. Epilepsy	☒
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒
16. Marked change in bowel habits	☒	36. Surgical operation	☒
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒
18. Marked change in weight	☒	38. Tropical disease	☒
19. Varicose veins	☒	39. Fear of heights	☒
20. Lump in breast/arm/pit	☒		
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and I agree that the result of this medical examination in general terms may be revealed to the Company if required and the details only to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserves the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 17/1/2025		Signature of Applicant: Qaiser Ali	

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 17/1/2023
Name: Qais Al.		Department/Company: T.O.
I. D No. 116237514	Tel # 79057640	Occupation:

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- 0 sitting and reading
- 0 watching TV
- 0 sitting inactive in a public place (e.g. theatre or meeting)
- 0 as a passenger in the car for an hour without a break
- 0 Lying down to rest in the afternoon when circumstances permit
- 1 Sitting a talking with someone
- 0 Sitting quietly after lunch without alcohol
- 0 In a car, while stopped for a few minutes in traffic
- Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Qais Al. (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Qais Al.

Date: 17/1/2023



Fitness to Work Certificate

Employee Data		Date
Name	Qais Ali	17/1/2023
ID No.	116239514	Department/Company
Age	38/44	Truck Oman
Type of Medical Evaluation		Occupation
Mark those applying ✓		
A1 Aircraft refuelling		A6 Fire / Emergency response team work
A2 Breathing apparatus		A7 Professional driving
A3 Business traveller		A8 Remote location work
A4 Catering and food preparation		A9 Transfers - group A country
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers - group B country
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.		
Fit with no restrictions		✓
Fit with following restriction(s)		
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction
Work near moving machinery or sharp edges		
Working at height		
Lifting, pushing, or carrying weight over ____ Kg		
Ascend/descend ladders or stairs		
Operate motor vehicles, forklifts or heavy machinery		
Use of a respirator		
Repetitive twisting of valves or wrenches		
Flying		
Other (Specify)		
Temporary Unfit until		
Permanently Unfit		
Name of health advisor	Signature	Date
		17/1/2023



DEPARTMENT OF LABORATORY MEDICINE

File No: 0184349	Report No: 0645627
Name: KAISER ALI	Sample Date: 17/01/2023 Time: 17:14
Address:	Received By: SREERAJ
Gender: M Age: 38 Y Nationality: PAKISTANI	Received Date: 17/01/2023 Time: 17:36
GSM No.: 79087640 ID Card No.: 116237514	Report Date: 17/01/2023 Time: 18:28
Ref. By: EXTERNAL DOCTOR	Bill No: 0860293 Bill Date: 17/01/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckman)		
FBS (FASTING BLOOD SUGAR)	5.62 mmol/L	3.9 - 6.1
Method :- Hexokinase	101.16 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	4.83 mmol/L	1 - 5.1
Method:-Enzymatic	186.73 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.820 mmol/L	0.777 - 1.813
Method:-Enzymatic	31.7 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.07 mmol/L	1.295 - 4.54
Method:-Calculation	118.39 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.95 mmol/L	0.259 - 1.036
Method:-Calculation	36.64 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	5.89	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	2.07 mmol/L	0.564 - 2.146
Method : Enzymatic	183.195 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.358 mg/dL	0.1 - 1
Method : Diazo	6.12 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.115 mg/dL	0.1 - 0.5
Method : Diazo	1.97 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	20.79 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	39.69 U/L	Male: 10-50 Female: 10-35



Processed By:
SREERAJ
Lab Technologist

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Approved By:
SREERAJ
Lab Technologist



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Medical Lab Technologist
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DR. SHAVEER P
Specialist Pathologist

MOH LIC NO:13475

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INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	94.94 U/L	Adult : Men -40-129 :Female 35-104 Children (Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	8.07 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.45 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.62 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.23	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	37.47 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.18 mmol/L	1.7 - 8.3
Method : Kinetic Assay	25.11 mg/dL	10.2 - 49.8
CREATININE - SERUM	87.80 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.99 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	7890 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	55.1 %	40-75%



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Specialist Pathologist

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0184349	Report No: 0845627
Name: KAISER ALI	Sample Date: 17/01/2023 Time: 17:14
Address:	Received By: SREERAJ
Gender: M Age: 38 Y Nationality: PAKISTANI	Received Date: 17/01/2023 Time: 17:36
GSM No.: 79087640 ID Card No.: 116237514	Report Date: 17/01/2023 Time: 18:28
Ref. By: EXTERNAL DOCTOR	Bill No: 0860293 Bill Date: 17/01/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	33.6 %	20-45%
EOSINOPHILS	2.7 %	2-6 %
MONOCYTES	8.2 %	2-8 %
BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	17.2 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.78 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.70 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	51.30 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	88.80 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	29.80 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	33.50 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

Method : -Haemoglobin solubility test

NEGATIVE

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INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



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X-RAY REPORT

Doc No:	0067576		
Name:	KAISER ALI		
Age/DOB:	38 Y	Omani ID/ L.Card No::	116237514
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	17/01/2023		
X-Ray Film No:	PDO		
Bill No:	0860293		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

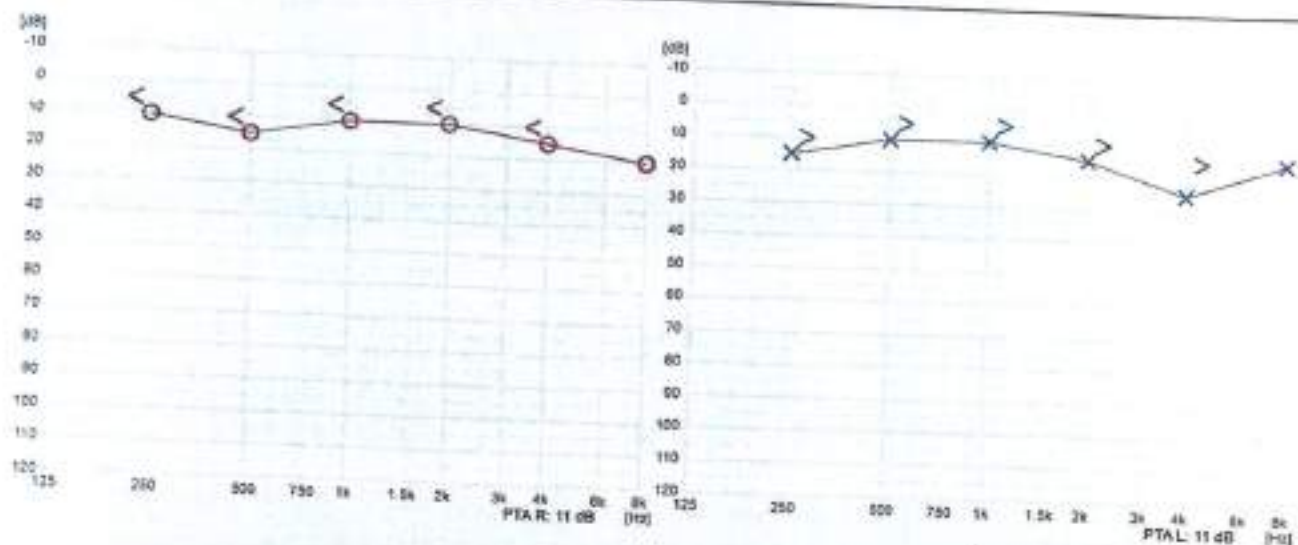
Conclusion: A normal X-ray appearance

Signature: 
DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0880293	Last name, First name: KAISER ALJ...	Birth: 17.01.2023
Test type: Tonal audiometry	Test date: 17.01.2023	



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free FieldAided	A	A
Binaural	B	
No response	I	

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:

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Date: 17/01/2023