



MEDICAL EXAMINATION REPORT (CONFIDENTIAL)

known HTN, on medication.



مركز بلاد السلام الطبي

Peace Land Medical Center

Epworth Screening Questionnaire for Sleep Apnoea

FAISAL HAMED ABDOULLAH AL HASNI
45 Y(M) *820000* 00922 1001
0031994
00001 0027370

PEACE LAND

Date: 16/6/22
Department/Company: Truck owner
Occupation: Driver

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
 - 1 Slight chance of dozing
 - 2 Moderate chance of dozing
 - 3 High chance of dozing
- ☐ sitting and reading
 - ☐ watching TV
 - ☐ sitting inactive in a public place (e.g. theatre or meeting)
 - ☐ as a passenger in the car for an hour without a break
 - ☐ Lying down to rest in the afternoon when circumstances permit
 - ☐ Sitting & talking with someone
 - ☐ Sitting quietly after lunch without alcohol
 - ☐ In a car, while stopped for a few minutes in traffic

Total 0

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Date: 16/6/22



Peace Land Medical Center

P.O. Box 1403, Postal Code: 133, Al Azaiba, Roundabout Al Sahwa Tower

Sultanate of Oman

Tel: 24617117/24617148/24617149

LAB RESULT

Name:	FAISAL HAMED ABDULLAH AL HASNI	Doc No:	0021502		
Age:	45 Y	Nationality:	OMANI	File No:	0031964
Gender:	M	Bill No:	0037378		
Ref. By:	ABDULRAHMAN ABDULLATEIF ABDULRAHMAN ZEINELDEEN	Date:	18/06/2022		
GSM No.:	92707364	Time:	10:23		

Test	Result	Normal Range
TRUCK OMAN-PDO MEDICAL CHECKUP ABOVE 40 YRS		
COMPLITE BLOOD COUNT		
RBC	5.3 $10^{12}/l$	Male 4.38 - 5.78 $10^{12}/l$ Female 4.0 - 5.0 $10^{12}/l$
HAEMOGLOBIN	14.8 gm %	Male 13 - 17 gm % Female 11 - 14 gm %
HCT	43.7 %	Male 39.30 - 50.00 % Female 37 - 47 %
MCV	82 fl	84-94 fl
MCH	27.8 pg	27 - 33 pg
MCHC	33.8 g/dl	29.6 - 35.6 %
WBC COUNT	8.0 10^9 d/l	5.0 - 11.0 $10^9/l$
DIFFERENTIAL COUNT		
NEUTROPHIL	50 %	40-75 %
LYMPHOCYTE	45 %	20-45 %
EOSINOPHIL	02 %	1-6 %
MONOCYTE	03 %	2-8%
BASOPHIL	00 %	0-1%
ESR	-	Male 0 - 22 mm / 1st hour Female 0 - 20 mm / 1st hour
PLATELET	246 $10^9/l$	156 - 342 $10^9/l$
SICKLE CELL TEST	NEGATIVE	
LIVER FUCTION TEST		
ALKALINE PHOSPHATASE	87 U/L	53 - 128 U/L
S. BILIRUBIN TOTAL	1.0 mg/dl	0 - 2.0 mg/dl
S.G.O.T.	17.3 U/L	0 - 35.0 U/L



Medical Technologist

**Peace Land Medical Center**

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LAB RESULT

Name: FAISAL HAMED ABDULLAH AL HASNI
Age: 45 Y **Nationality:** OMANI
Gender: M
Ref. By: ABDULRAHMAN ABDULLATEIF ABDULRAHMAN ZEINELDEEN
GSM No.: 92707364

Doc No: 0021502
File No: 0031964
Bill No: 0037378
Date: 18/06/2022
Time: 10:23

Test	Result	Normal Range
S.G.P.T.	18.7 U/L	10 - 45 U/L
GGT	45.2 U/L	0 - 55.0 U/L
ALBUMIN	4.8 g/dl	3.50 - 5.20 g/dl
TOTAL PROTEIN	7.6 g/dl	6 - 8 g/dl
S. BILIRUBIN DIRECT	0.19 mg/dl	0.0 - 0.20 mg/dl
RENAL FUNCTION TEST		
UREA	28.2 mg/dl	18.0 - 55.0 mg/dl
S.CREATININE	0.92 mg/dl	0.70 - 1.30 mg/dl
S.URIC ACID	7.2 mg/dl	3.5 - 7.2 mg/dl
LIPID PROFILE		
Total Cholesterol	220 mg/dl	0.0 - 200 mg/dl
Triglyceride	180.0 mg/dl	0.0 - 150 mg/dl
HDL - CHOL	55.0 mg/dl	35.0 - 79.0 mg/dl
LDL - CHOL	129.0 mg/dl	< 100 mg/dl
VLDL	36.0 mg/dl	2.0 - 30 mg/dl
FASTING BLOOD SUGAR	90.6 mg/dl	74 - 100 mg/dl
URINE ROUTINE ANALYSIS		
PHYSICAL		
Quantity	5 ml	
Colour	Yellow	
Sp. Gravity	1.015	
pH	Acidic	
Appearance	Clear	
CHEMICAL		
Nitrite	Negative	
Protein	Negative	
Glucose	Negative	



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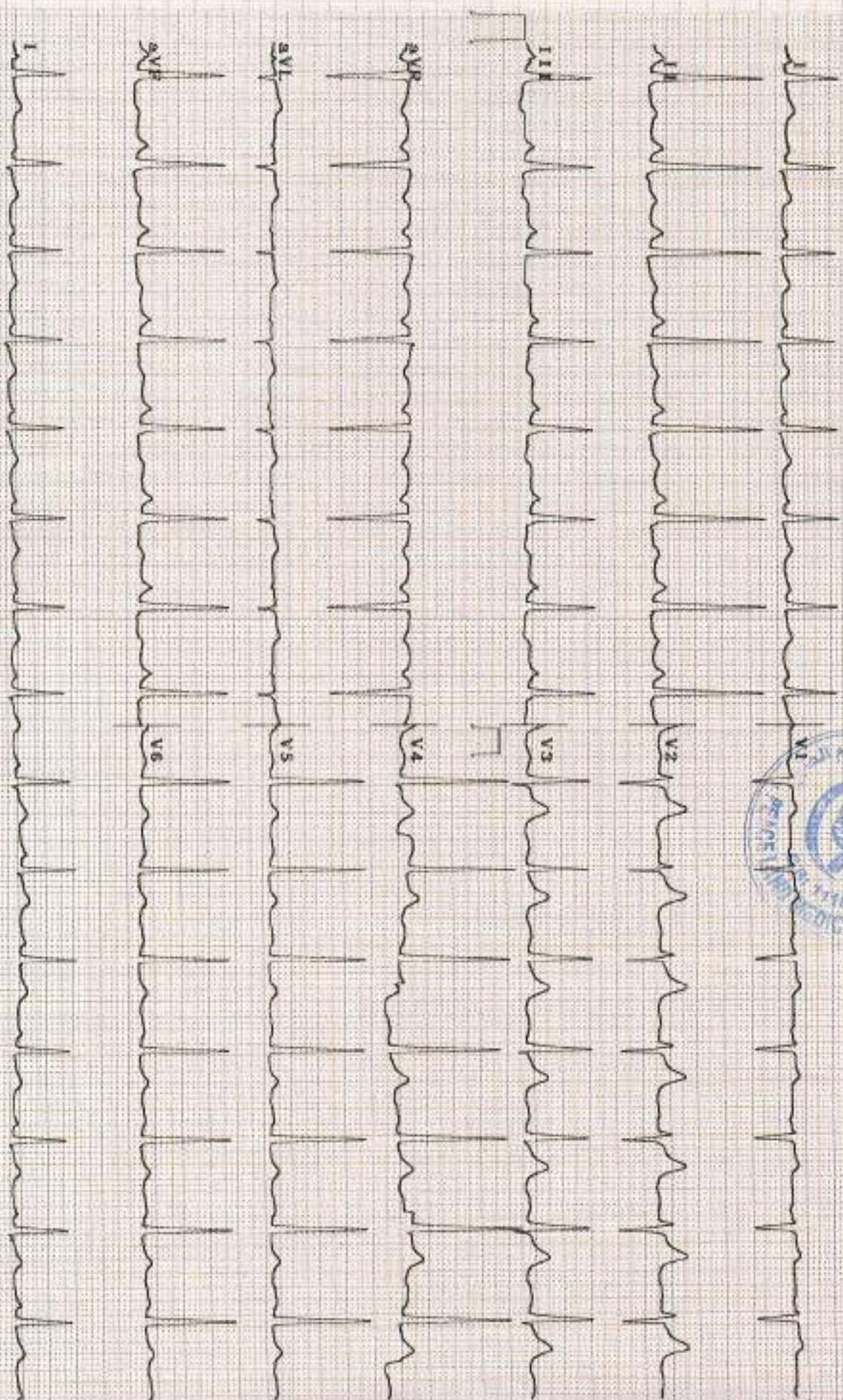
Test	Result	Normal Range
Ketones	Negative	
Urobilinogen	Normal	
Bilirubin	Negative	
Blood	Negative	
MICROSCOPIC		
PUS CELLS	1-3	
EPITHELIAL CELLS	1-2	
RBC'S	0-1	
CASTS	NIL	
CRYSTALS	NIL	
BACTERIA	NIL	
OTHERS	NIL	



Medical Technologist

PASAL HAMED ABDULLAH AL HASNI
46(Y/M) 46(Y/M) 160A/22 160/1
0031964
PECELAND
Bil # 0037078

Heart Rate : 92 BPM
PR Int. : 156 ms
QRS Dur. : 76 ms
QT/QTc : 350/435 ms
P-R-T axes : 67 62 -7
Analysis Result :
NORMAL SINUS RHYTHM
NORMAL AXIS
LVH(LEFT VENTRICULAR HYPERTROPHY)
[MODERATELY ABNORMAL ECG]



Estimated 10-year Global CVD
Risk

11.2%

Risk Category

Moderate Risk

Estimated Vascular Age

57 Years

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <130 mg/dL (<3.37 mmol/L)

Non-HDL <160 mg/dL (<4.14
mmol/L)

CCS (2009)

Initiate Pharmacotherapy if

LDL >3.5 mmol/L (>135 mg/dL)

TChol/HDL-C >5 mmol/L (>193
mg/dL)

hsCRP >2 mg/L in men >50 years
and women >60 years

FHx and moderate risk hsCRP

Treatment Targets

LDL <2 mmol/L (<77 mg/dL) or

≥50 % decrease in LDL-C

apoB <0.8 g/L (80 mg/dL)

ESC (2007, see Info for more)

Treatment Targets

LDL <3 mmol/L (<120 mg/dL)

TChol <5 mmol/L (<194 mg/dL)



مركز بلاد السلام الطبي Peace Land Medical Center

FAISAL HAMED ABDULLAH AL HASNI
45 Y(M) 16.08/22 10:01

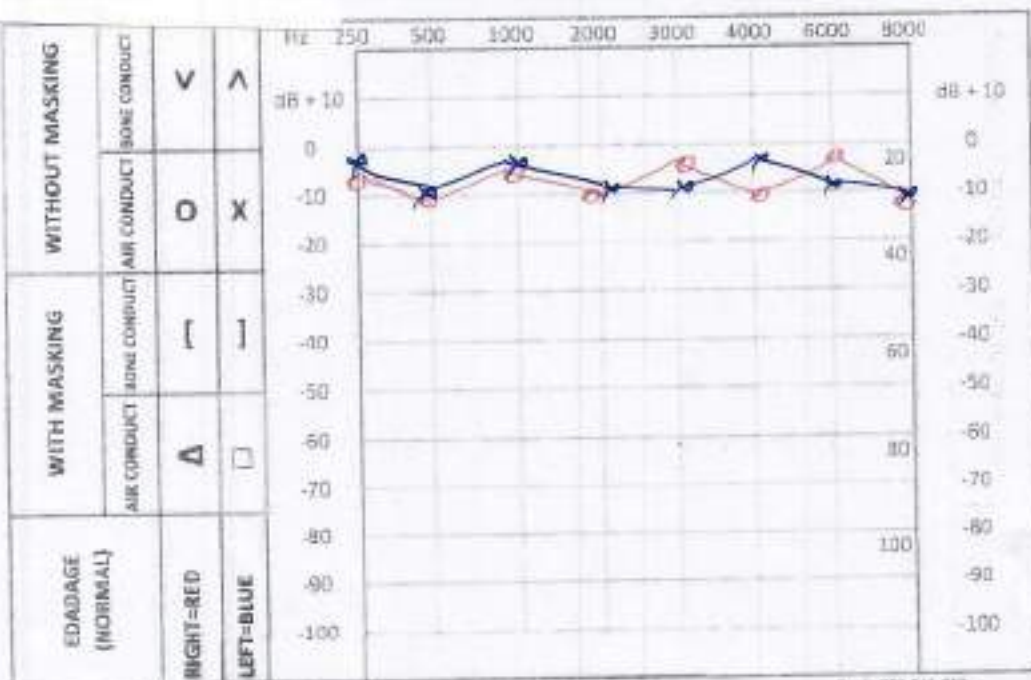


0031984

BR # 0037378

UDIOMETRY TEST REPORT

COMPANY	Touk Omar
OCCUPATION	Driver
DATE	16/1/22



Sibelmed

INTERPRETATION

- X LEFT EAR
- O RIGHT EAR

RESULT

- ☒ NORMAL
- ☐ HEARING LOSS
- ☐ RIGHT
- ☐ LEFT



Pulmonary Function Test Results

Visit date 16/06/2022

Patient code 5858059

Surname ABDULLAH

Name FAISAL HAMED

Date of birth 02/01/1977

Ethnic group Not defined

Smoke

Patient group

Age 45

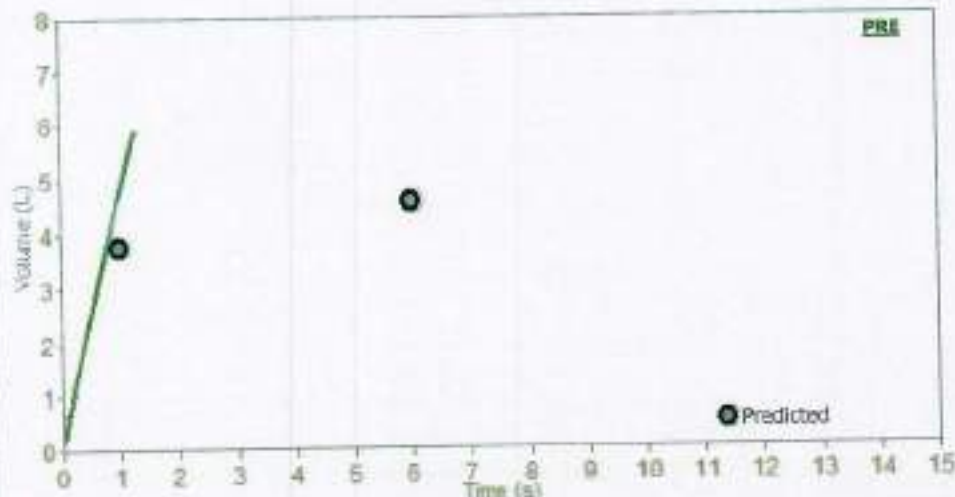
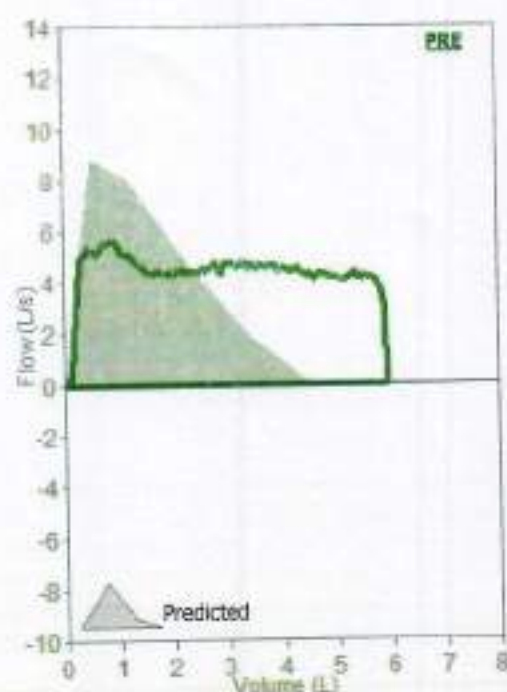
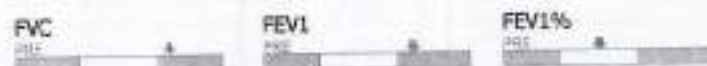
Gender Male

Height, cm 174

Weight, kg 92

BMI 30.39

Pack-Year



Quality Control Grade: F
0 Acceptable trials

Interpretation

Normal Spirometry

PRE Trial date 16/06/2022 10:16:03

Parameters	LLN	Pred	Best	%Pred	Z-score	PRE # 1	PRE # 2	PRE # 3	POST	%Pred	%Chg
FVC	L	3.51	4.56	5.92*	130	2.13	5.92		*		
FEV1	L	2.88	3.74	4.76*	127	1.94	4.76		*		
FEV1/FVC	%	72.1	82.3	80.4*	98	-0.30	80.4		*		
PEF	L/s	5.37	8.79	5.66*	64	-1.51	5.66		*		
ELA	Years		45	45	100		45				
FEF2575	L/s	2.14	3.92	4.54	116	0.57	4.54				
FET	s		6.00	1.29	22		1.29				
FVC	L	3.51	4.56								
FEV1/VC	%	72.1	82.3								

*Best values from all loops - BTPS 1.068 30 °C (86 °F) - Predicted Knudson

Conclusion / Medical report

Signature



Instrument used
Minispir S S/N C11507
Last calibration check 01/11/2021 09:35:10



مركز بلاد السلام الطبي

Peace Land Medical Center

Fitness for work certificate

Employee Data		Date 19/6/2022	
Name FAYSAL HAMED		Department/Company T.O.	
I.D No. 5858059		Occupation Driver	
Type of Medical Evaluation Mark those applying ✓			
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	✓
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		✓	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	FIT
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ___ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until		Date	
Permanently Unfit		19/6/2022	
Name of health advisor Signature			