



Al Nile
Medical Complex
مجمع النيل الطبي

Medical Fitness Certificate

Name of the Examined : Mr. IFTIKHAR HUSSAIN
Age : 40yrs/M
ID Number : 77619472
Date of medical Examination: 16/12/2024
Examining physician : Dr. BAREAA AL HAKIM
Medical Centre : AL NILE MEDICAL CENTER

Assessment Results

The certificate is valid for 2 years from the date of medical examination
Fitness classifications:

- ✓ Fit to work without restrictions
- Fit work with restrictions
- Unfit to work temporarily or definitely

FIT

Restrictions list:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
- R2: Unfit for Lifting and strenuous efforts.
- R3: Unfit to work in certain countries, check with geo market health advisor.
- R4: Unfit to work in jobs requiring precise color vision.
- R5: Unfit to work in job with high level of noise.
- R6: Unfit to work in high risk of malaria countries.
- R7: Unfit to work in extreme heat.
- R8: Unfit to work in extreme cold.
- R9: Contact Geo market health advisor/international medical coordinator - there exist specific restriction.
- R10: Unfit to work for a temporarily of time until further notice.
- R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
- R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
- R13: Unfit to drive company vehicle.
- R14: Unfit to fly long haul flights.
- R15: Unfit to work in heights and confined spaces.

COMMENTS



Examining physician stamp and signature

Hospital/ Clinic seal

CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med – check History form		Name:	IFTIKHAR HUSSAIN					
		GIN:						
Place of examination	Date	Mobile:	96672427					
AL Nile Medical Complex	15/12/2024							
Age: 40	Nationality: PAKISTANI	Blood Group						
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Number Of Children:	1					
Do You Have You Had: (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)								
	Y	N		Y	N		Y	N
1-SINUS TROUBLE		✓	21- CANCER		✓	HAVE YOU EVER BEEN :-		
2- NECK SWELLING / GLANDS		✓	22- HEART DISEASE		✓	40- REJECTED FOR EMPLOYMENT OR INSURANCE FOR MEDICAL REASONS		✓
3-DIFFICULTY IN VISION		✓	23- RHEUMATIC FEVER		✓	41- AWARDED BENEFITS FOR INDUSTRIAL INJURY / ILLNESS		✓
4- ANY EAR DISCHARGE		✓	24- ABNORMAL HEARTBEAT		✓	42- TREATED FOR A MENTAL CONDITION , DEPRESSION		✓
5-ASHMA / BRONCHITIS		✓	25- HIGH BLOOD PRESSURE		✓	43- TREATED FOR PROBLEM DRINKING OR DRUG ABUSE		✓
6- HAYFEVER / OTHER SIGNIFICANT ALLERGY		✓	26- STROKE		✓	44- EXPOSED TO TOXIC SUBSTANCE OR NOISE		✓
7-ANY SKIN TROUBLE		✓	27- SERIOUS CHEST PAIN		✓	45- AN ABNORMAL SMEAR		
8- TUBERCULOSIS		✓	28-ANY BLOOD DISEASE		✓	46- ANY GYNAECOLOGICAL TREATMENT		
9- SHORTNESS OF BREATH		✓	29- KIDNEY DISEASE		✓	47- ARE YOU PREGNANT?		
10- COUGHED / VOMITED BLOOD		✓	30- BLOOD IN URINE		✓	48- HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		
11- SEVERE ABDOMINAL PAIN		✓	31- DIABETES		✓			
12- STOMACH ULCER		✓	32- HEADACHES / MIGRAINE		✓			
13- RECURRENT INDIGESTION		✓	33- DIZZINESS / FAINTING		✓			
14- JAUNDICE OR HEPATITIS		✓	34- EPILEPSY		✓			
15- GALL BLADDER DISEASE		✓	35- JOINTS / SPINAL TROUBLE		✓			
16- MARKED CHANGE IN BOWEL HABITS		✓	36- SURGICAL OPERATION		✓			
17- BLOOD IN STOOLS (MOTIONS)		✓	37- SERIOUS ACCIDENT / FRACTURE		✓			
18- MARKED CHANGE IN WEIGHT		✓	38- TROPICAL DISEASE		✓			
19- VARICOSE VEINS		✓	39- FEAR OF HEIGHTS		✓			
20- LUMP IN BREAST / ARMPIT		✓						
HOW MUCH TOBACCO EACH DAY?	10 for 20 years		AVERAGE DAILY ALCOHOL CONSUMPTION	Nil				
HAVE YOU EVER TAKEN ELICITED DRUGS ? ()								
FAMILY HISTORY: DIABETES () TUBERCULOSIS () EPILEPSY () ASTHMA () ECZEMA ()								
HEART DISEASE () HIGH BLOOD PRESSURE () STROKE () BLOOD DISEASE () CANCER ()								
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :-								
I DECLARED THESE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF AND I AGREE THAT THE RESULT OF THIS MEDICAL EXAMINATION IN GENERAL TERMS MAY BE REVEALED TO THE COMPANYS DOCTORS, AND THE DETAILS SENT TO THEM BY THE EXAMINING DOCTOR.								
DATE: 15/12/24								
SIGNATURE OF APPLICANT:								




VISUAL FIELDS:	6/6 Normal	COLOR VISION:	Normal
SPEECH:	Normal	SHISPER TEST:	Normal
NEAR VISION RIGHT EYE:	6/6	NEAR VISION LEFT EYE:	6/6
DISTANT VISION LEFT EYE:	6/6	DISTANT VISION RIHT EYE:	6/6
HEIGHT: 176	WEIGHT: 62	BMI: 20	BP: 130/80 PULSE: 78
BODY SYSTEM / ORGAN	N	A	ABNORMALITY IF ANY
EYES AND PUPILS	N		
EAR/ NOSE/ THROAT	N		
TEETH AND MOUTH	N		
LUNGS AND CHEST	N		
CARDIOVASCULAR	N		
ABDOMEN	N		
HERNIAL ORIFICES	N		
ANUS AND RECTUM	N		
GENITO - URINARY	N		
EXTREMITIES	N		
MUSCULOSKELETAL	N		
SKIN / VARICOSE VIENS	N		
NEUROLOGICAL	N		
MENTAL FITNESS	N		
BREAST	N		




CONFIDENTIAL MEDICAL

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

NAME: IFTIKHAR HUSSAIN	AGE: 40	SEX: Male	COMPANY:	GIN:
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PAST MEDICAL HISTORY N.I	BLOOD GROUP O Positive
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ALLERGIES:	
VACCINATION	DATE OF INITIAL INJECTION
HEPATITIS A	BOOSTER DUE DATE
HEPATITIS B	
TYPHOID FEVER	
INFLUENZA	

TESTS RESULTS	
AUDIOGRAM:	
DSU 5 PANEL	

ECG	Normal
CHEST X-RAY	Normal

BLOOD INVESTIGATIONS					
RBCS	6.97	4.20-6.30*10 ⁶ /UL	SGOT	15.9	MALE:10-50 FEMALE:10-35U/L
WBCS	8.06	4.0-11.0*10 ³ /UL	SGPT	14.7	MALE:UP TO 41 FEMALE:10-35U/L
NEUTRO	62%	37-72%	GGT	21	0-50/UL
EOSINO	2%	0-6%	FBS:	4	60-110 MG/DL
BASO	0.6%	0-1%	CHOLESTEROL	159.6	UP TO 200 MG/DL
LYMPHO	29%	10-58%	HDL	50.56	20-60 MG/DL
MONO	6%	0-14%	LDL	90	UP TO 130 MG/DL
HEMATOCRIT		37-51%	TRIGLYCERIDES	91.5	35-175 MG /DL
HEMOGLOBIN	13.2	MALE:13.5-18.0 FEMALE:11.5-16.0G/DL	CREATININE	1.29	MALE:0.7-1.2 MG/DL FEMALE:0.5-0.9MG/DL
ESR	5	MALE: 0-10 MM/HR FEMALE: 0-20 MM/HR	URIC ACID	4.1	MALE:3.6-7.7 MG /DL FEMALE:2.5-6.8 MG /DL

URINE ANALYSIS			
BLOOD	N.I	SUGAR	N.I
ALBUMIN	N.I	OTHERS	
STOOL ANALYSIS			
PARASITES	N.I	BLOOD	N.I

COMMENTS

EXAMINING PHYSICIAN





SID NO. : 01052399
Patient ID : 21379433
Name : Mr. IFTIKHAR HUSSAIN
Age / Gender : 37 Y / Male
Referrer : TRUCK OMAN
Consultant : Dr.Barea Al Hakim
Passport No : AX6896143
National ID : 77619472



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Collection Date & Time : 15/12/2024 09:23:11
Received Date & Time : 15/12/2024 09:39:31
Reported Date & Time : 15/12/2024 10:18:45
Case ID : 640914
Nationality : PAKISTAN

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
BIOCHEMISTRY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
BLOOD SUGAR FASTING	4.0 mmol/l	3.3 - 6.1
CREATININE	1.29 mg/dl	Male: 0.7-1.4 mg/dl Female: 0.6-1.1mg/d
SGOT	15.9 U/L	Upto 40
SGPT	14.7 U/L	less than 41
Gamma-Glutamyltransferase (GGT)	21 U/L	5 - 36
LIPID PANEL		
TRIGLYCERIDE	91.5 mg/dl	male:40-160 mg/dl female: 35-135 mg/dl
CHOLESTEROL	158.4 mg/dl	<200 mg/dl
HDL CHOLESTEROL	50.56 mg/dl	40-60
LDL CHOLESTEROL	90.0 mg/dl	UP TO 150 mg/dl
URIC ACID	4.1 mg/dl	Male:3.4-7.0 Female: 2.4-5.7
CLINICAL PATHOLOGY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
URINE ANALYSIS Microscopy/Urine		
Physical		
Color	Yellow	
Transparency	Clear	
Chemical		
Specific Gravity	1.020	


Hajer Muhammad Hussin
Technician
MOH License No 9245





SID NO. : 01052399
Patient ID : 21379433
Name : Mr. IFTIKHAR HUSSAIN
Age / Gender : 37 Y / Male
Referrer : TRUCK OMAN
Consultant : Dr.Barea Al Hakim
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Nationality : PAKISTAN

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
PH	Acidic	
Glucose	NIL	
Acetone	NIL	
Billrubin	NIL	
Blood	NIL	
Urobilinogen	NIL	
Protein	NIL	
Nitrate	NIL	
Microscopic		
Leukocytes	NIL	
Pus Cells	1-2	
Erythrocytes	0-2 /hpf	0 - 2
Squamous Epithelial Cell	few /hpf	
Crystal	NIL	
Cast	NIL	
Bacteria	NIL	
Others	NIL	
STOOL ANALYSIS		
MOTION		
Physical		
Colour	Brownish	
Consistency	Semi Formed	
Microscopic		
Pus Cells	1-2 /hpf	


Hajer Muhammad Hussin
Technician
MOH License No 9245





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Nationality : PAKISTAN

Test Name (Method/Specimen)	Result	Biological Reference
RBC Cells	1-2 /hpf	
E-HISTOLYTICA	NIL	
E-COLI	NIL	
Giardia Lamblia	NIL	
Taenia Saginata	NIL	
Taenia Solium	NIL	
Schistosoma Haematobium	NIL	
Ascaris Lumbricoides	NIL	
Trichris Trichiura	NIL	
Ancylostoma Duodenale	NIL	
Others	yeast cells few	

EDTA/Serum

Haemoglobin	13.2 gm/dl	13 - 18
TOTAL LEUCOCYTES COUNT	8060 Cells / Cumm	4000 - 11000

EDTA

Neutrophil	62 %	45 - 70
Lymphocytes	29 %	15 - 45
Eosinophils	2 %	1 - 6
Monocyte	6 %	2 - 8
Basophils	0.6 %	less than 1
PACKED CELL VOLUME (HCT)	41.80 %	less than 54



SID NO. : 01052399
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Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
RBC COUNT	6.97 millions/mm	4.5 - 5.5
MCV	59.9 fl	81.8 - 95.5
MCH	18.9 pg	27 - 32.3
MCHC	31.5 g/dL	32.4 - 35
PLATELET COUNT	229000 cu.mm	150,000 - 450,000
RDW-CV	17 %	11 - 16
RDW-SD	35 fl	35 - 56
ESR(AUTOMATED)	5 mm/hr	< 15
BLOOD GROUPING & RH TYPING		
Blood Group	O	
Rh Typing	Positive	

Hajer Muhammad Hussin
Technician
MOH License No 9245





Patient Id :

Mr. IFTIKHAR HUSSAIN (27)

Name :



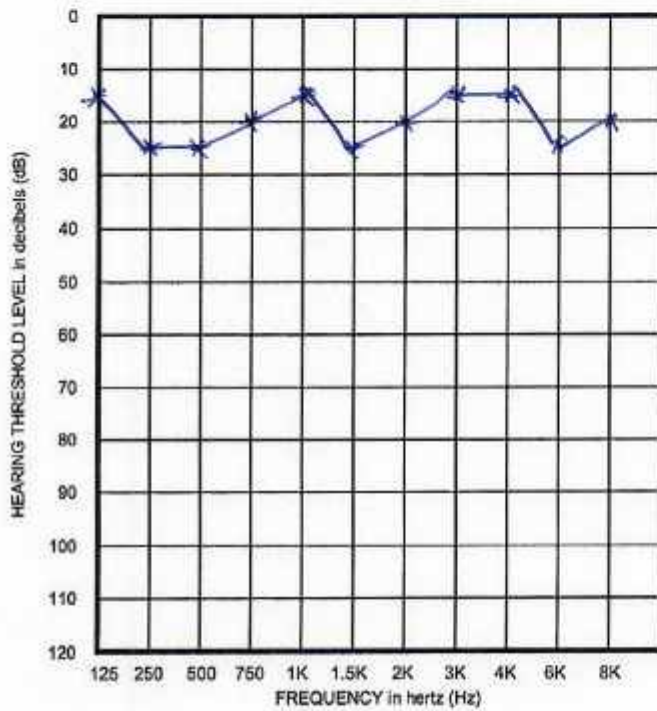
Consultant :

21379433 DOB: 05/06/1984

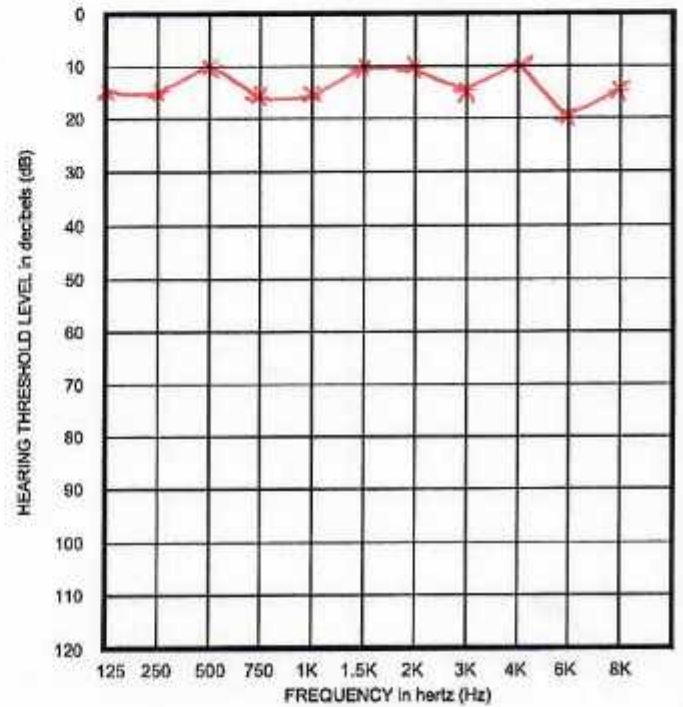
Age / Gender : 40 yrs / M

Report Date : 15/12/24

LEFT EAR



RIGHT EAR



PURE TONE AVERAGE (500-1000-2000 Hz)

Ear	Air	Bone
RIGHT		
LEFT		

Provisional Diagnosis:

Bilateral Hearing Capacity is within
normal limits



Signature Audiologist



Al Nile
Medical Complex
مجمع النيل الطبي

Patient ID: 21379433

Name: MR. IFTHIKAR HUSSAIN

Age / Gender : 40 M

Consultant: Dr. Barea Hakim

Report Date: 15/12/2024

CHEST X-RAY - PA VIEW

- ❖ Both lungs are clear with no pleural effusion or pneumothorax
- ❖ Both hila are normal in size and density
- ❖ Normal cardio pericardial silhouette.
- ❖ Bones in view are unremarkable

Impression

Normal chest x-ray



Dr. Badriya Al-Qassabi
Consultant Radiologist
Staff no : 135



AUTO 10mm/mV

10mm/mV

AL NILE MEDICAL CENTER

2024-12-15 09:50:28

Name : iftikar husain

Sex : Male Age : 40

Section: DR. BARFA

RoomID:

BedID:

ID:

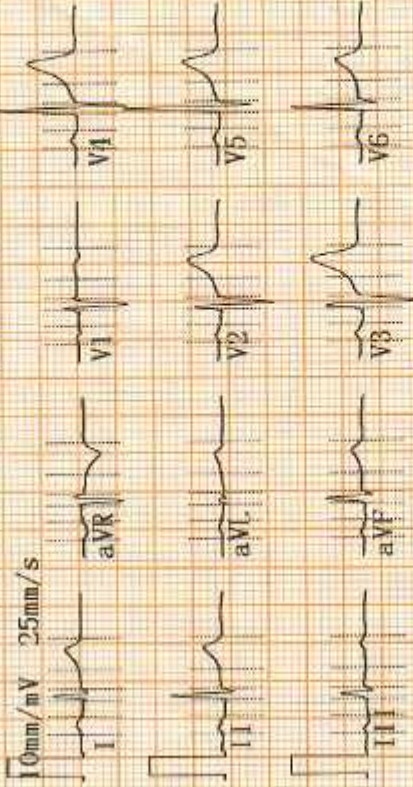
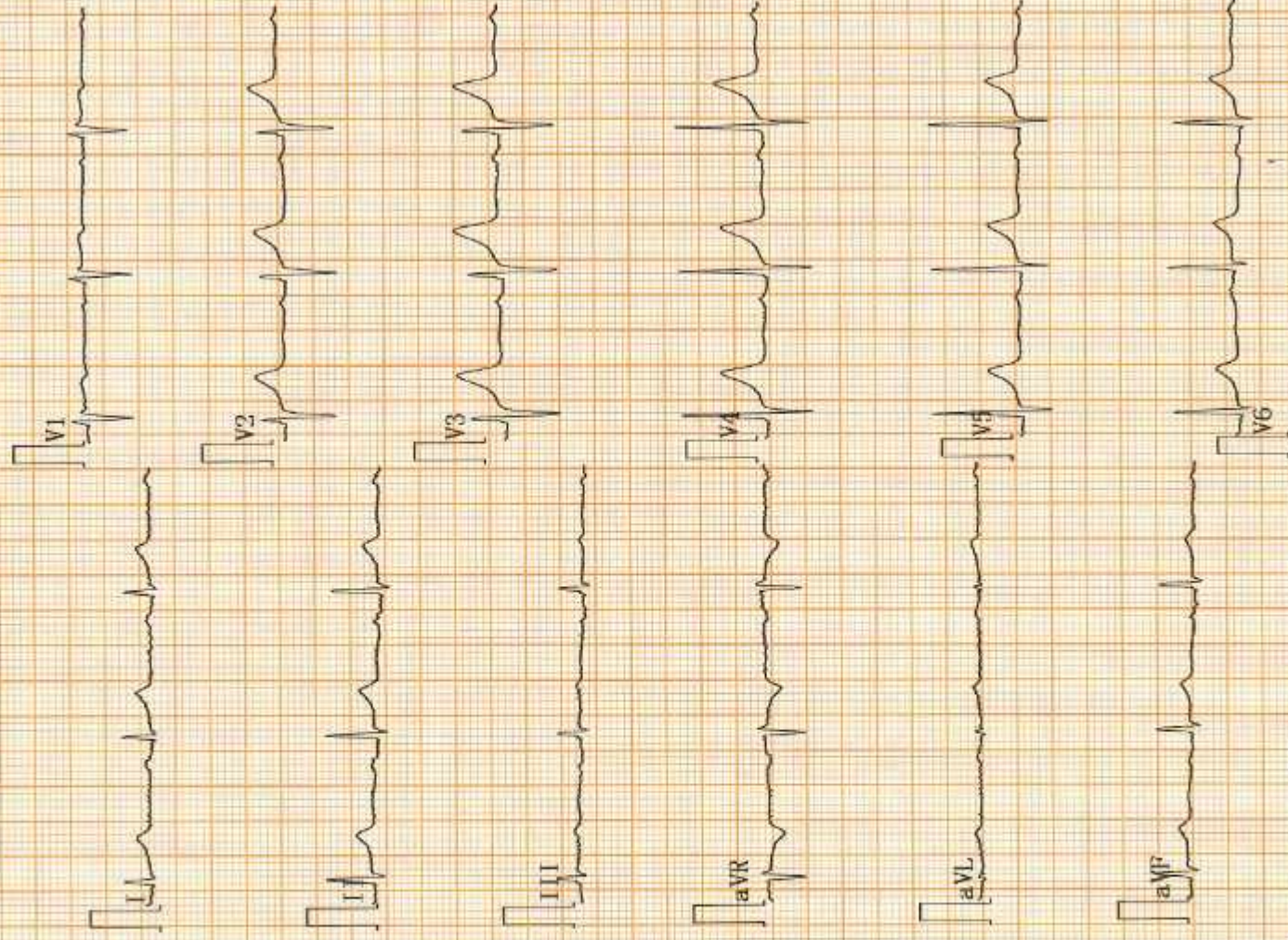
Operator: gigi

Custom2:

Mr. IFTIKHAR HUSSAIN



21379433 DOB: 05/06/1984



<< Conclusions >>

Normal Sinus Rhythm;

Cardiac electric axis normal;

Report need physician confirm



Physician: _____

25mm/s AC50Hz

72120

NECIG MED CHARTS