



Al Nile
Medical Complex
مجمع النيل الطبي

Medical Fitness Certificate

Name of the Examined : Mr. waqas Mehmood
Age : 37yrs/M
ID Number : 85972176
Date of medical Examination: 03/02/2025
Examining physician : Dr. BASSEL ALI
Medical centre : AL NILE MEDICAL CENTER
Company : TRUCK OMAN

Assessment Results

The certificate is valid for 2 years from the date of medical examination

Fitness classifications:

- ☒ Fit to work without restrictions
- ☐ Fit work with restrictions
- ☐ Unfit to work temporarily or definitely

Restrictions list:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
- R2: Unfit for Lifting and strenuous efforts.
- R3: Unfit to work in certain countries, check with geomarket health advisor.
- R4: Unfit to work in jobs requiring precise color vision.
- R5: Unfit to work in job with high level of noise.
- R6: Unfit to work in high risk of malaria countries.
- R7: Unfit to work in extreme heat.
- R8: Unfit to work in extreme cold.
- R9: Contact Geo market health advisor/international medical coordinator - there exist specific restriction.
- R10: Unfit to work for a temporarily of time until further notice.
- R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
- R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
- R13: Unfit to drive company vehicle.
- R14: Unfit to fly long haul flights.
- R15: Unfit to work in heights and confined spaces.

COMMENTS

Fit without restrictions

Examining physician stamp and signature

FIT



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med - check History form		Name:	Name: SCHLUMBERGER FITNESS TO WORK	
		GIN:	Patient Name: WAQAS MEHMOOD	
			File No: 25000722 Age/Sex: 37 (Y) / M	
			Date: 2025-01-29 Specimen ID: 1051	
Place of examination		Date		Mobile:
Al Nile Hospital		29/01/25		94745038
Age: 37 Yr/M	Nationality: Pakistan	Blood Group	B+ve	
☒ Male ☐ Female	☐ Married ☒ Single ☐ Separated / Divorced	Number Of Children: 1		
Do You Have You Had: (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
	Y	N		Y
1-SINUS TROUBLE		☒	21- CANCER	☒
2- NECK SWELLING / GLANDS		☒	22- HEART DISEASE	☒
3-DIFFICULTY IN VISION		☒	23- RHEUMATIC FEVER	☒
4- ANY EAR DISCHARGE		☒	24- ABNORMAL HEARTBEAT	☒
5-ASTHMA / BRONCHITIS		☒	25- HIGH BLOOD PRESSURE	☒
6- HAYFEVER / OTHER SIGNIFICANT ALLERGY		☒	26- STROKE	☒
7- ANY SKIN TROUBLE		☒	27- SERIOUS CHEST PAIN	☒
8- TUBERCULOSIS		☒	28- ANY BLOOD DISEASE	☒
9- SHORTNESS OF BREATH		☒	29- KIDNEY DISEASE	☒
10- COUGHED / VOMITED BLOOD		☒	30- BLOOD IN URINE	☒
11- SEVERE ABDOMINAL PAIN		☒	31- DIABETES	☒
12- STOMACH ULCER		☒	32- HEADACHES / MIGRAINE	☒
13- RECURRENT INDIGESTION		☒	33- DIZZINESS / FAINTING	☒
14- JAUNDICE OR HEPATITIS		☒	34- EPILEPSY	☒
15- GALL BLADDER DISEASE		☒	35- JOINTS / SPINAL TROUBLE	☒
16- MARKED CHANGE IN BOWEL HABITS		☒	36- SURGICAL OPERATION	☒
17- BLOOD IN STOOLS (MOTIONS)		☒	37- SERIOUS ACCIDENT / FRACTURE	☒
18- MARKED CHANGE IN WEIGHT		☒	38- TROPICAL DISEASE	☒
19- VARICOSE VEINS		☒	39- FEAR OF HEIGHTS	☒
20- LUMP IN BREAST / AIMPIT		☒		
HOW MUCH TOBACCO EACH DAY?		NIL	AVERAGE DAILY ALCOHOL CONSUMPTION	
HAVE YOU EVER TAKEN ELICITED DRUGS ? ()				
FAMILY HISTORY: DIABETIS () TUBERCULOSIS () EPILEPSY () ASTHMA () ECZEMA ()				
HEART DISEASE () HIGH BLOOD PRESSURE () STROKE () BLOOD DISEASE () CANCER ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :-				
I DECLARED THESE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF AND I AGREE THAT THE RESULT OF THIS MEDICAL EXAMINATION IN GENERAL TERMS MAY BE REVEALED TO THE COMPANYS DOCTORS, AND THE DETAILS SENT TO THEM BY THE EXAMINING DOCTOR.				
DATE :				
SIGNATURE OF APPLICANT :				





VISUAL FIELDS:				COLOR VISION:	
SPEECH:		Normal		SHISPER TEST:	Normal
NEAR VISION RIGHT EYE:		6/6		NEAR VISION LEFT EYE:	6/6
DISTANT VISION LEFT EYE:		6/6 w glasses		DISTANT VISION RIHT EYE:	6/6 w glasses
HEIGHT: 175cm	WEIGHT: 95kg	BMI: 31	BP: 130/80	PULSE: 113	
BODY SYSTEM / ORGAN	N	A	ABNORMALITY IF ANY		
EYES AND PUPILS	N				
EAR/ NOSE/ THROAT	N				
TEETH AND MOUTH	N				
LUNGS AND CHEST	N				
CARDIOVASCULAR	N				
ABDOMEN		A	Truncal obesity		
HERNIAL ORIFICES	N				
ANUS AND RECTUM	N				
GENITO - URINARY	N				
EXTREMITIES	N				
MUSCULOSKELETAL	N				
SKIN / VARICOSE VIENS	N				
NEUROLOGICAL	N				
MENTAL FITNESS	N				
BREAST	N				



CONFIDENTIAL MEDICAL
TO BE COMPLETED BY THE EXAMINING PHYSICIAN

Name: SCHLUMBERGER FITNESS TO WORK
Patient Name: WAQAS MEHMOOD
File No: 25000722 Age/Sex: 37 (Y) / M
Date: 2025-01-29 Specimen ID: 1051



NAME: <u>WAQAS</u>	AGE: <u>37</u>	SEX: <u>M</u>	COMPANY:	GIV:
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PAST MEDICAL HISTORY <u>Nil</u>		BLOOD GROUP <u>B positive</u>	
ALLERGIES:			
VACCINATION		DATE OF INITIAL INJECTION	
HEPATITIS A			BOOSTER DUE DATE
HEPATITIS B			
TYPHOID FEVER			
INFLUENZA			
TESTS RESULTS			
AUDIOGRAM:		<u>Normal</u>	
DSU 5 PANEL			

ECG	<u>Sinus Tachycardia</u>
CHEST X -RAY	<u>Normal</u>

BLOOD INVESTIGATIONS					
RBCS	<u>5.36</u>	4.20-6.30*10 ⁶ /UL	SGOT	<u>37.6</u>	MALE:10-50 FEMALE:10-35U/L
WBCS	<u>8.5</u>	4.0-11.0*10 ³ /UL	SGPT	<u>80.9</u>	MALE:UP TO 41 FEMALE:10-35U/L
NEUTRO	<u>51.3%</u>	37-72%	GGT	<u>117</u>	0-50U/L
EOSINO	<u>1.3%</u>	0-6%	FBS:	<u>5.69</u>	60-110 MG/DL
BASO	<u>1.4%</u>	0-1%	CHOLESTEROL	<u>203.8</u>	UP TO 200 MG/DL
LYMPHO	<u>38.7%</u>	10-58%	HDL	<u>46.72</u>	20-60 MG/DL
MONO	<u>7%</u>	0-14%	LDL	<u>111</u>	UP TO 130 MG/DL
HEMATOCRIT		37-51%	TRIGLYCERIDES	<u>231.1</u>	35-175 MG /DL
HEMOGLOBIN	<u>14.5</u>	MALE:13.5-18.0 FEMALE:11.5-16.0G/DL	CREATININE	<u>1.12</u>	MALE:0.7-1.2 MG/DL FEMALE:0.5-0.9MG/DL
ESR	<u>6</u>	MALE: 0-10 MM/HR FEMALE: 0-20 MM/HR	URIC ACID	<u>6.6</u>	MALE:3.6-7.7 MG /DL FEMALE:2.5-6.8 MG /DL

URINE ANALYSIS			
BLOOD	<u>4-6 RBCs</u>	SUGAR	<u>Nil</u>
ALBUMIN	<u>Nil</u>	OTHERS	<u>6-8 Pus cells - Bacteria</u>
STOOL ANALYSIS			
PARASITES	<u>Nil</u>	BLOOD	<u>Nil</u>

COMMENTS	
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EXAMINING PHYSICIAN

Signature of Dr. Bassam Ali Al-Rateel
Dr. Bassam Ali Al-Rateel
General Practitioner



سلطنة عُمان
SULTANATE OF OMAN

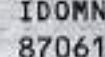
RESIDENT
CARD

بطاقة
مقيم

رقم الوثيقة
الرجح الإسماء
الرجح الميلاد
مكان الميلاد
الإسم وقاص محمود ديه الله
المهنة صافي قاسم (معلمة)
عمل يملوك مرافق لخدمة عمال لاجئ البعثات في م

85972176
11/02/2026
10/08/1987

ج.م.ع. ٤٧٢٢١٧٦

 ROYAL QATAR POLICE
D.C. OF CIVIL STATUS

VEHICLE DRIVING LICENCE

فائصل مكيه قوايه المروريات
شهادة الرخصة
ملاحظات

CLASS

NOTE

NAME WAQAS MEHMOOD DITTA ALLAH

NATIONALITY PAKISTANI

المسما پاکستانی

IDOMN85972176<3<<<<<<<<<<<<<<<<<<
8706102M2602110PAK<<<<<<<<<<<<<<<<<<
WAQAS<MEHMOOD<DITTA<ALLAH<<<<<



Al Nile
Medical Complex
مجمع النيل الطبي

Patient ID: 25000722

Name: MR. WAQAS MEHMOOD

Consultant: Dr. Barea Hakim

Age / Gender: 37 / M

Report Date: 29/01/2025

CHEST X-RAY - PA VIEW

- ❖ Both lungs are clear with no pleural effusion or pneumothorax
- ❖ Both hila are normal in size and density
- ❖ Normal cardio pericardial silhouette.
- ❖ Bones in view are unremarkable

Impression

Normal chest x-ray

Dr. Badriya Al-Qassabi
Consultant Radiologist
Staff no : 135





Al Nile
Medical Complex
مجمع النيل الطبي

P.O.BOX:300, POSTAL CODE - 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642
PH : 25426665, 25426228 \ WHATSAPP:94146648
Instagram:https://www.instagram.com/alnile_medical

Patient Name:	WAQAS MEHMOOD DITTA ALLAH		Date:	29/01/2025 08:31:45
File No:	25000722	Age/Gender: 37y 7m 19d / M	Slid No:	Bill#1051
Payer Name:			Collection Date & Time:	29/01/2025 08:14:54
Insurance Card No:	—		Received Date & Time:	29/01/2025 08:31:45
Doctor:			Reported Date & Time:	29/01/2025 08:42:48
Billing Time:	29/01/2025 07:48:39	Mobile: 94745038	Id Card No.:	85972176

Test Name	Result	Biological Reference
Complete Blood Count		
Haemoglobin	14.5 mg/dl	13.0 - 18.0
Total leucocyte count	8,500.0 Cells / Cumm	3,999.0 - 11,000.0
Differential count		
Neutrophil	51.3 %	40.0 - 75.0
Lymphocytes	38.7 %	15.0 - 45.0
Eosinophils	1.3 %	1.0 - 6.0
Monocyte	7.0 %	2.0 - 8.0
Basophils	1.4 %	< 10.0
Packed cell volum	42.3 %	< 54.0
RBC count	5.36 millions/mm	4.5 - 5.5
MCV	79.0 fl	81.8 - 95.5
MCH	27.0 pg	27.0 - 32.3
MCHC	34.3 g/dl	32.4 - 35.0
Platelet count	262,000.0 Cu.mm	150,000.0 - 400,000.0
RDW-CV	13.8 %	11.0 - 16.0
RDW-SD	39.6 fl	35.0 - 56.0
URINE ANALYSIS		
Color	Yellow	-



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Test Name	Result	Biological Reference
Transparency	Clear	-
Specific Gravity	1.02	-
PH	Acidic	-
Glucose	nil	-
Acetone	NIL	-
Bilirubin	NIL	-
Blood	nil	-
Urobilinogen	nil	-
Protein	nil	-
Nitrate	NIL	-
Leukocyte	+	-
Pus cells	6-8	-
Erythrocytes	4-6	-
Squamous Epithelial Cell	nil	-
Crystal	nil	-
Cast	NIL	-
Bacteria	+	-
Others	NIL	-
Physical		
Color	Brownish	-
Consistency	Semi Formed	-
Occult Blood	NEGATIVE	-
Microscopic		
Pus Cells	1-2	-



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Test Name	Result	Biological Reference
RBC Cells	1-2	-
E-Hisolytica	NIL	-
E-Coil	NIL	-
Giardia Lambila	NIL	-
Taenia Saginata	NIL	-
Taenia Solium	NIL	-
Schistosoma Haematobium	NIL	-
Ascaris Lumbricoides	NIL	-
Trichis Trichiura	NIL	-
Ancylostoma Duodenals	NIL	-
Others	NIL	-
BLOOD GROUP	B	-
RH Typing	POSITIVE	-
ESR(AUTOMATED)	6.0 mm/hr	< 15.0
CHOLESTEROL	203.8 mg/dl	< 0.0
BLOOD SUGAR FASTING	5.49	-
HDL CHOLESTEROL	46.72 mg/dl	40.0-60.0
LDL CHOLESTEROL	111.0 mg/dl	< 150.0
URIC ACID	6.6 mg/dl	3.4-7.0
TRIGLYCERIDE	231.1 mg/dl	40.0-160.0
SGOT	37.6 U/L	< 40.0
SGPT	80.9 U/L	< 41.0
Gamma-Glutamyltransferase (GGT)	117.0 U/L	5.0-63.0
CREATININE	1.12 mg/dl	0.7-1.4



Ainile
Medical Complex
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Instagram:https://www.instagram.com/ainile_medical

2025-01-29 09:59:44

****End of Report****

Handwritten signature in blue ink.





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PH : 25426665, 25426228 \ WHATSAPP:94146648
Instagram:https://www.instagram.com/alnile_medical

Patient Name: WAQAS MEHMOOD DITTA ALLAH Date: 29/01/2025 12:42:32
File No: 25000722 Age/Gender: 37y 7m 23d / M Sid No: Bill#1104
Payer Name: Collection Date & Time: 29/01/2025 12:21:05
Insurance Card No: -- Received Date & Time: 29/01/2025 12:42:32
Doctor: Reported Date & Time: 01/02/2025 09:24:25
Billing Time: 29/01/2025 11:58:17 Mobile: 94745038 Id Card No.: 85972176

Test Name	Result	Biological Reference
ANTI HCV - CLIA	0.045	-
HBSAG - CLIA	0.076	-

Hajar Mohammed Hussin Mousa

2025-02-02 11:20:37

****End of Report****



Handwritten signature in blue ink.



Patient Id :

Name: SCHLUMBERGER FITNESS TO
WORK

Name :

Patient Name: WAQAS MEHMOOD

Consultant :

File No: 25000722 Age/Sex: 37 (Y) / M

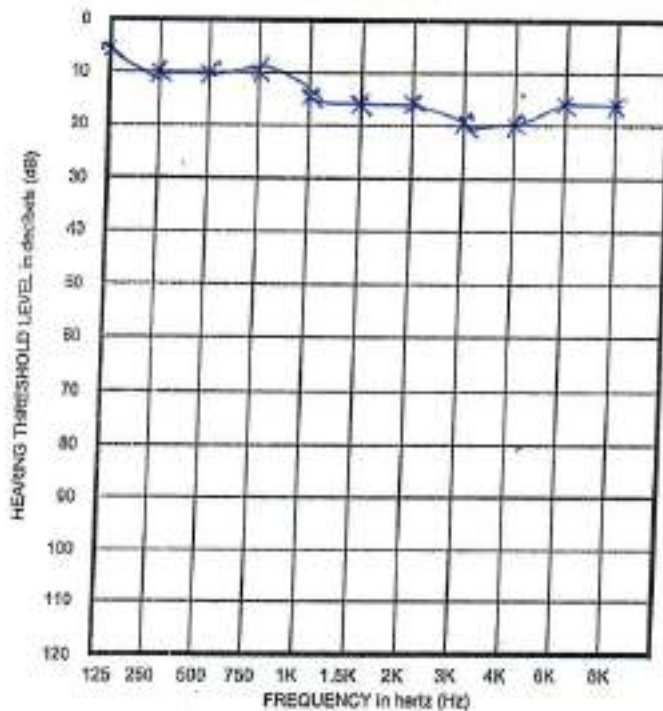
Date: 2025-01-29 Specimen ID: 1051



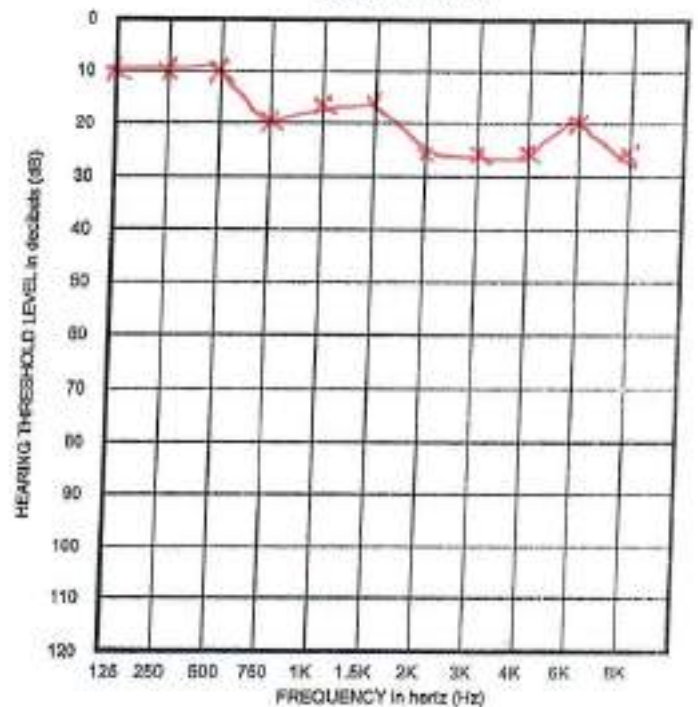
Age / Gender : 37 Yrs

Report Date : 29/01/25

LEFT EAR



RIGHT EAR



PURE TONE AVERAGE
(500-1000-2000 Hz)

Ear	Air	Bone
RIGHT		
LEFT		

Provisional Diagnosis: Bilateral Hearing sensitivity is within normal limit.



Signature Audiologist

2025-01-29 08:48:48

Name : WAQAS MEHMOOD

Sex : Male Age : 37

Section: DR. BAREA

Room ID: _____

Bed ID: _____

ID: _____

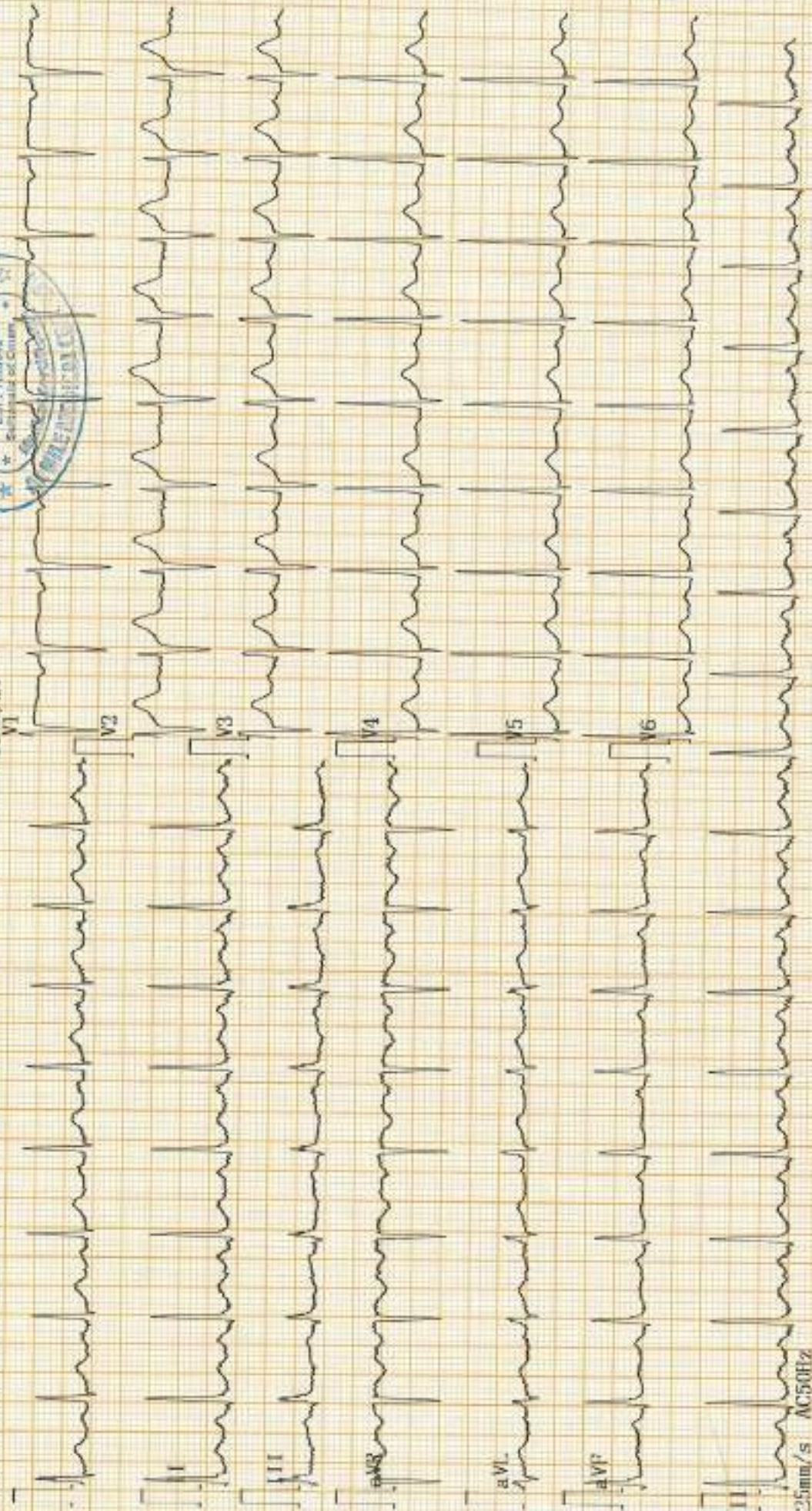
Operator: subitha

Custom2: _____

AUTO 10mm/mV

Physician: _____

10mm/mV



25mm/s AC50Hz

<< Conclusions >>

Sinus mode Tachycardia;
 Cardiac electric axis normal;
 III aVF V6 Abnormal T wave;

Report need physician confirm

Name: SCHUMBERGER FITNESS TO WORK

Patient Name: WAQAS MEHMOOD

File No: 2500722 Age/Sex: 37 (M) / M

Date: 2025-01-29 Specimen ID: 1031





Name: WAQAS MEHMOOD DITTA ALLAH

Date: 29/01/2025

Age/Sex: 37/M

Abdominal Ultrasound

Indication:

No complaints

Technique:

Multiple sonographic images of the abdomen were assessed for grayscale appearance and color Doppler flow.

Findings:

The pancreas is not well visualized due to overlying bowel gas).

Bright hepatic echoes, increased hepatorenal echogenicity and vascular blurring of portal and hepatic vein, mild hepatomegaly diameter = 19cm. No focal lesions noted

The gallbladder is normal in size and position without stones. The common hepatic duct measures __3__mm in diameter (< 6mm is normal).

The left kidney is normal in size, location, and structure.

the right kidney is normal in size, location, and texture, cortical echotexture is normal, and no focal lesions are noted

The urinary bladder is full of Urine, normal size without masses the

The prostate is normal in size without calcification

The spleen is normal in appearance. Measures 11x6x5 cm

The colon is not distended

The inferior vena cava measures __15__mm in diameter (). The aorta measures __20__mm in diameter ().

Impression:

Bright hepatic echoes, increased hepatorenal echogenicity and vascular blurring of portal and hepatic vein, mild hepatomegaly diameter = 18.7cm.

Dr. Bassel Ali Al Ratel

29/01/2025





Al Nile Medical Complex مجمع النيل الطبي

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Instagram:https://www.instagram.com/alnile_medical

Patient Name: WAQAS MEHMOOD DITTA ALLAH	Date: 03/02/2025 17:24:56
File No: 25000722	Age/Gender: 37y 7m 24d / M
Payer Name: --	Nationality: Pakistan
Insurance Card No:	ID Card No: 85972176
	Phone: 94745038

Vitals:-

Temperature	BP (SBP/DBP)	Pulse Rate	Respiratory Rate	Weight	Height	SpO2	RBS:	Pain Level	Abdominal Circumference	Head Circumference	CVP	Body Mass Index
37.1° C	135 / 83 mmHG	92 bpm	0 bpm	0.0 kg	0.0 cm	0 SP02		0	0.0	0.0		0.0

Chief Complaints:-

evaluation for deranged liver transaminases, and hyperlipidemia

Patient History:-

the patient has no complains and denies any past medical illnesses or taking any medications, married, non-smoker, non-alcoholic but admits to drink more caffeinated drinks. PE: resp and CVS are WNL, ABD: soft, non-tender, ECG: sinus tachycardia with non-specific T-wave abnormalities on leads II, AVF TG= 237, SGPT=80, G-GT= 117, BP=160\100, HR= 90 BPM HBSAg: negative, HCV-AB: negative

Radiology Report:-

USG-ABD: mild hepatomegaly with increased hepatobiliary echogenic brightness

Management Plan:-

Weight reduction and dietitian consultation daily moderate intensity exercise for 30 minutes most days of the week
Vitamin-E capsules 200 IU BD x1 month review after 3 months for reevaluation

Provisional Diagnosis:-

No.	ICD Code	Diagnosis
1	E66	Obesity
2	E78.4	Other hyperlipidaemia
3	K76.0	Fatty (change of) liver, not elsewhere classified
4		Essential hypertension

Prescriptions:-

No.	MOH Code	Medicine	Dosage	Duration	Remarks
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Instagram:https://www.instagram.com/alnile_medical

Dr. Bassel Ali Al Ratei

Licence
Number : 19770

2025-02-03 17:36:43

****End of Report****

Handwritten signature of Dr. Bassel Ali Al Ratei over a blue rectangular stamp. The stamp contains the text: "مجمع النيل الطبي / Dr. Bassel Ali Al Ratei" and "L. BASSEL ALI AL RATEI".

