

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Place of examination: Aster Hospital, Ibrī		Date: 11/6/21	Surname: [Blank]	
If a dependant enter employee's name here:		Forenames: Sarahil Kumari		
Birth date: 18-10-1977		Address: Dhoni		
Nationality: INDIAN		Home telephone number: [Blank]		
Project: [Blank]		Country of birth: [Blank]		
Religion: [Blank]		Relationship to employee: [Blank]		
☒ Male ☐ Female		☒ Married ☐ Single ☐ Separated / Divorced		Number of children: [Blank]
Reason for examination: Pre-Employment ☐ Job: [Blank]		Pre-Overseas ☐ Area: [Blank]		Relationship to employee: ☐ Wife ☐ Son ☐ Daughter
Name and address of family doctor: [Blank]		List your last 3 jobs: [Blank]		
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
Y		N		Y
1. Sinus trouble	☒	21. Cancer	☐	40. Rejected for employment or insurance for medical reasons
2. Neck swelling/glands	☒	22. Heart Disease	☐	41. Awarded benefits for industrial injury/illness
3. Difficulty in vision	☒	23. Rheumatic fever	☐	42. Treated for a mental condition, e.g. depression
4. Any ear discharge	☒	24. Abnormal heartbeat	☐	43. Treated for problem drinking or drug abuse
5. Asthma/bronchitis	☒	25. High blood pressure	☐	44. Exposed to toxic substance or noise
6. Hayfever / other significant allergy	☒	26. Stroke	☐	45. An abnormal smear
7. Any skin trouble	☒	27. Serious chest pain	☐	46. Any gynaecological treatment
8. Tuberculosis	☒	28. Any blood disease	☐	47. Are you pregnant?
9. Shortness of breath	☒	29. Kidney disease	☐	48. Have you had an illness not mentioned above
10. Coughed/vomited blood	☒	30. Blood in urine	☐	
11. Severe abdominal pain	☒	31. Diabetes	☐	
12. Stomach ulcer	☒	32. Headaches/migraine	☐	
13. Recurrent indigestion	☒	33. Dizziness/fainting	☐	
14. Jaundice or hepatitis	☒	34. Epilepsy	☐	
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☐	
16. Marked change in bowel habits	☒	36. Surgical operation	☐	
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☐	
18. Marked change in weight	☒	38. Tropical disease	☐	
19. Varicose veins	☒	39. Fear of heights	☐	
20. Lump in breast/arm/pit	☒			
How much tobacco each day? [Blank]		Average daily alcohol consumption [Blank]		
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs				
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()				
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 11/6/21		Signature of Applicant: [Signature]		



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
		1. Eyes & Pupils
		2. E.N.T.
		3. Teeth & Mouth
		4. Lungs & Chest
		5. Cardiovascular System
		6. Abdo. Viscera
		7. Hernial Orifices
		8. Anus & Rectum
		9. Genito-urinary
		10. Extremities
		11. Musculo-skeletal
		12. Skin & Varicose Vns.
		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group
162	67	150	140/80	72/min.	L R	DISTANT		NEAR			
						R	L	R	L		
						Uncorrected					
						Corrected					

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS		N	A
		1. Urinalysis			7. Audiogram
		2. Hb, Bloodcount, ESR			8. Lung Function
		3. LFT, RFT, RBS			9. Chest X-Ray
		4. Drug Screen			10. ECG
		5. Lipids (40 years +)			11. CVS risk for 40 yrs. & above
		6. Sickie Cell test			12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 13/6/21 Name (Block Capitals): Dr. Suresh

Signature:

REVIEW/CONSULTATION

Date: 13-8-2021 Name (Block Capitals): Dr.



Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Senathil Kumar

Emp #:

Date of Assessment: 13-06-2021

1	Age	Years	
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L	
4	HDL Cholesterol	mmol/L	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 5.6 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:

[Signature]
MEDICAL OFFICER
ANESTHESIA



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مستشفى عمان الخير ش.م.م
ص.ب. 400 - ع.بريد 511
عبري سلطنة عمان

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date:
Name:		Department/Company:
I. D No.	Tel #	Occupation : <u>Helper</u>

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- 0 sitting and reading
- 0 watching TV
- 0 sitting inactive in a public place (e.g. theatre or meeting)
- 0 as a passenger in the car for an hour without a break
- 1 Lying down to rest in the afternoon when circumstances permit
- 0 Sitting & talking with someone
- 0 Sitting quietly after lunch without alcohol
- 0 In a car, while stopped for a few minutes in traffic

Total

1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Senhail (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Y. Senhail K. K. K. Date: _____



Fitness to Work Certificate

Employee Data		Date <u>11-06-2021</u>	
Name <u>Sonbil Kuman</u>		Department/Company	
ID No. <u>105916284</u>	Age <u>43-Y</u>	Occupation <u>Helper</u>	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature	Date <u>11-06-2021</u>	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0224430
Name: SENTHIL KUMAR

Report No: 0575096
Sample Date: 11/06/2021 Time: 8:31
Received By: ASHWINI
Received Date: 11/06/2021 Time: 8:46
Report Date: 11/06/2021 Time: 09:40
Bill No: 0760560 Bill Date: 11/06/2021
Report Status: Final

Address:

Gender: M Age: 43 Y Nationality: INDIAN
GSM No.: 93805822 ID Card No.: 105916284
Ref. By: EXTERNAL DOCTOR

INVESTIGATION

RESULT

REFERENCE RANGE

PDO MEDICAL CHECK UP BELOW 40 (Truckman)		
FBS (FASTING BLOOD SUGAR)	5.42 mmol/L	3.9 - 6.1
Method :- Hexokinase	97.56 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	3.33 mmol/L	1 - 5.1
Method:-Enzymatic	128.74 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.17 mmol/L	0.777 - 1.813
" "	45.0 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	1.45 mmol/L	1.295 - 4.54
" "	55.95	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.72 mmol/L	0.269 - 1.036
" "	27.79 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	2.85	3.8 - 5.9
TRIGLYCERIDES	1.57 mmol/L	0.564 - 2.146
Method : Enzymatic	138.945 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.49 mg/dL	0.1 - 1
Method : Diazo	8.40 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.22 mg/dL	0.1 - 0.5
Method : Diazo	3.69 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	41.00 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	46.20 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	82.92 U/L	Adult: Men -40-129

Processed By:
ASHWINI
Lab Technologist

Approved By:
ASHWINI
Lab Technologist

Reviewed By:
ASHWINI
Lab Technologist

Specialist Pathologist

MOH License No: 18064

MOH License No: 18064

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DEPARTMENT OF LABORATORY MEDICINE

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Name: SENTHIL KUMAR

Address:

Gender: M Age: 43 Y Nationality: INDIAN

GSM No.: 93805822 ID Card No.: 105916284

Ref. By: EXTERNAL DOCTOR

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INVESTIGATION

RESULT

REFERENCE RANGE

TOTAL PROTEIN-SERUM(Colorimetric Assay)
ALBUMIN - SERUM (Colorimetric Assay)
GLOBULIN - SERUM (Calculation)
ALBUMIN / GLOBULIN RATIO - Calculation
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) -
SERUM
RENAL FUNCTION TEST (UREA - CREATININE)
UREA - SERUM
Method : Kinetic Assay
CREATININE - SERUM
Method : Jaffe Method
CBC (COMPLETE BLOOD COUNT)
TOTAL WBC COUNT
DC (DIFFERENTIAL COUNT)
NEUTROPHILS
LYMPHOCYTES
EOSINOPHILS
MONOCYTES

8.23 gm/dL

4.61 gm/dL

3.62 gm/dL

1.27

35 U/L

4.00 mmol/L

24.02 mg/dL

66.89 µmol/L

0.76 mg/dl

4360 cells/cumm

47.5 %

38.3 %

4.6 %

8.9 %

Female 35-104
Children:(Aged)
7months - 1Year :- <462
1Year - 3 Years :- <281
4 Years - 6 Years :- <269
7 Years - 12 Years :- <300
13 Years - 17 Years(M) :- <390
13 Years - 17 Years(F) :- <187
6.6 - 8.7
3.9 - 4.9
2.3 - 3.5
1.2 - 1.5
Men : 8-61
Female : 5-36

1.7 - 8.3

10.2 - 49.8

44.2 - 123.7

0.5 - 1.4

4000 - 11000 cells/cumm

40-75%

20-45%

2-6 %

2-8 %

Processed By:
ASHWINI
Lab Technologist

Approved By:
ASHWINI
Lab Technologist

MOH License No: 16084

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Refered By:
ASHWINI
Lab Technologist

MOH License No: 16064



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Report Status: Final

Address:

Gender: M Age: 43 Y Nationality: INDIAN

GSM No.: 93805822 ID Card No.: 105916284

Ref. By: EXTERNAL DOCTOR

INVESTIGATION

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.7 %	0-1%
HB (HEMOGLOBIN)	13.8 gm/dl	Male-13 - 18 gm/dl Female-11- 16 gm/dl
TOTAL RBC COUNT	5.21 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.60 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	43.40 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	83.30 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	26.50 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	31.80 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	02 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE	NEGATIVE	
URINE BIOCHEMISTRY	NEGATIVE	
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

Processed By:

ASHWINI
Lab Technologist

MOH License No: 18064

Approved By:

ASHWINI
Lab Technologist

ASHWINI RATHESAN
Lab Technologist
MOH License No: 18064

MOH License No: 18064



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DEPARTMENT OF LABORATORY MEDICINE

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Address:

Gender: M Age: 43 Y Nationality: INDIAN
GSM No.: 93805822 ID Card No.: 105916284
Ref. By: EXTERNAL DOCTOR

Report No: 0575096
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Received By: ASHWINI
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Report Date: 11/06/2021 Time: 09:40
Bill No: 0760560 Bill Date: 11/06/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Processed By:
ASHWINI
Lab Technologist
MOH License No: 16064

Approved By:
ASHWINI
Lab Technologist

Released By:
ASHWINI
Lab Technologist
MOH License No: 16064



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X-RAY REPORT

Doc No: 0058105
Name: SENTHIL KUMAR
Age/DOB: 43 Y ID Card No: 105916284
Sex: Male
Referred By: EXTERNAL DOCTOR
Clinical Diagnosis:
X-Ray/UltraSound: CHEST X-RAY
Date: 10/06/2021
X-Ray Film No: TO
Bill No: 0760560
Charge Sheet No:

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

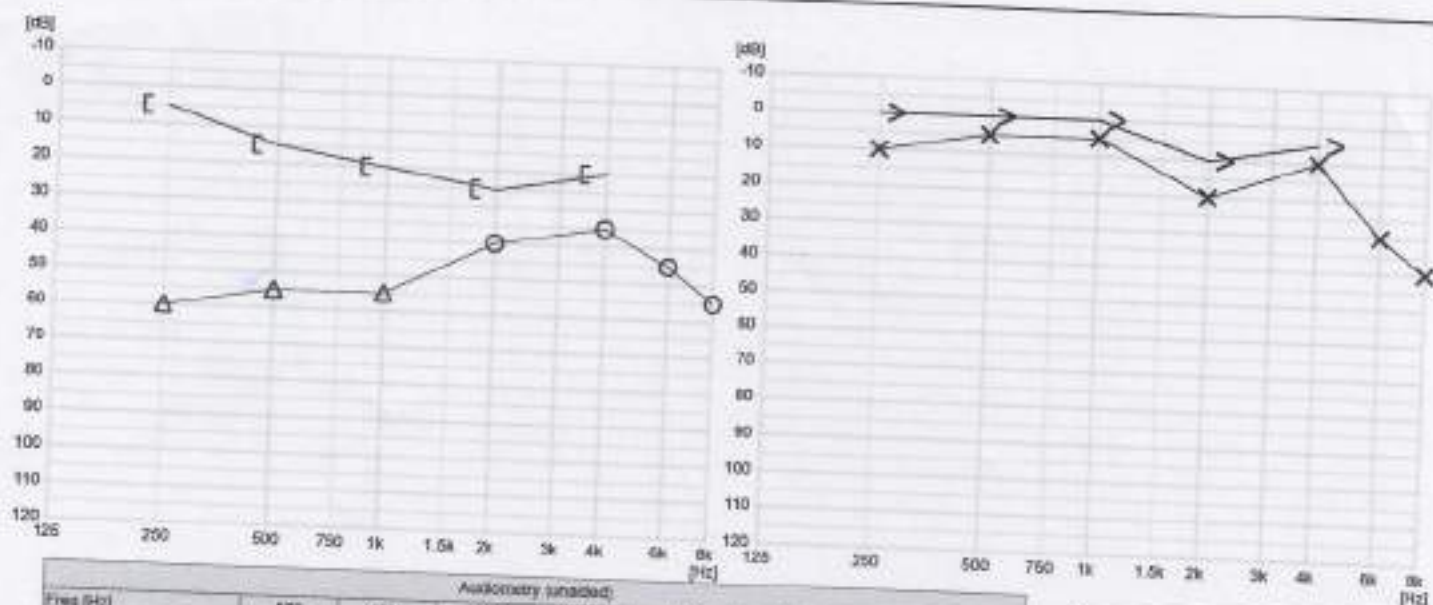
Conclusion: A normal X-ray appearance

Signature:
DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0760060	Last name, First name KUMAR, SENTHIL	Born: 12.06.2021
Test type: Tonal audiometry	Test date: 12.06.2021	



Audiometry (unaided)								
Freq [Hz]	500	1000	1500	2000	3000	4000	6000	8000
Left	5	5		30		10	30	40
Right	55	55		40		35	45	55
Calculate % hearing loss (if known)		L [%]		R [%]		Binaural [%]		
Does the applicant exceed 35dB loss in either ear at 0.5, 1.0 or 2.0kHz?				Yes/No		Comments		

Legend	R	L
Air	O	X
Air/Masked	Δ	□
Bone	<	>
Bone/Masked	[	]
MCL	M	M
UCL	m	m
Free Field	Ø	%
Free Field/Aided	A	A
Binaural	B	
No response	I	

PTA
Right:- 50 dBHL
Left:- 10 dBHL

Comments

RIGHT EAR: MODERATE MIXED HEARING LOSS

LEFT EAR: HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature: _____



Date: 12/06/2021