

ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)



RUSAYL HEALTH CENTRE  
ISO 9001- 2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname/ Forenames SAIF ALI

Nationality PAKISTANI

Company Number: 1824 Reference Indicator: P.D.

Mobile No. 91376818 Home/Leave Address: Civil 17/89391428 DOB: 28/03/1986 Age: 36yrs

A  Male  Female  Married  Single  Separated /Divorced /Widow(er)

Home/Leave Address: Wife Son Daughter No of Children: 5

Reason for Examination (tick as appropriate)

Periodic Medical Examination  Final / Retirement  Other Reason:

Employee only

B Present Job and Location: OPERATION Next Job and Location:

Are you a registered person with special needs?  Do you belong to any Medical Insurance Scheme?

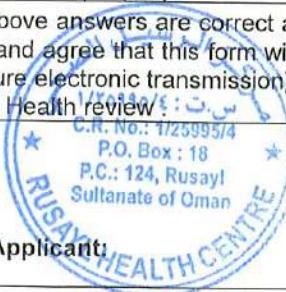
Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' Please describe

		N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?				
1 Ear, nose, eye or throat problems		<input checked="" type="checkbox"/>		
2 Chest problems like asthma, bronchitis, other bad cough		<input checked="" type="checkbox"/>		
3 Heart abnormality, chest pains		<input checked="" type="checkbox"/>		
4 Abdominal pains, abnormal bowel motions		<input checked="" type="checkbox"/>		
5 Urogenital problems (kidney disease, menstrual disorder)		<input checked="" type="checkbox"/>		
6 Skin trouble or allergies		<input checked="" type="checkbox"/>		
7 Epileptic fits, dizzy spells or migraine		<input checked="" type="checkbox"/>		
8 History of mental illness, depression anxiety		<input checked="" type="checkbox"/>		
9 Diabetes, thyroid disease		<input checked="" type="checkbox"/>		
10 Blood disorder e.g. anaemia, blood cancer e.g. leukaemia		<input checked="" type="checkbox"/>		
11 Any history of accidents or fractures		<input checked="" type="checkbox"/>		
12 Have you had any serious allergies		<input checked="" type="checkbox"/>		
13 Do any dependants have a significant ongoing illness?		<input checked="" type="checkbox"/>		
14 Any family history of cancers		<input checked="" type="checkbox"/>		
Do you take any regular medicines, or have you taken in the past?		<input checked="" type="checkbox"/>		
Do you smoke? If yes, what and how much each day?		<input checked="" type="checkbox"/>		
Do you drink alcohol? If yes, what is your average weekly intake?		<input checked="" type="checkbox"/>		
Have you ever taken elicited/recreational drugs?		<input checked="" type="checkbox"/>		
Are you doing regular sports or physical activities?		<input checked="" type="checkbox"/>		

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.

Date: 28/01/2023 Signature of Applicant: Ali



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

#### Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION												
N	A															
<input checked="" type="checkbox"/>	1. Eyes & Pupils															
<input checked="" type="checkbox"/>	2. E.N.T.															
<input checked="" type="checkbox"/>	3. Teeth & Mouth															
<input checked="" type="checkbox"/>	4. Lungs & Chest															
<input checked="" type="checkbox"/>	5. Cardiovascular System															
<input checked="" type="checkbox"/>	6. Abdo. Viscera															
<input checked="" type="checkbox"/>	7. Hernial Orifices															
<input checked="" type="checkbox"/>	8. Anus & Rectum															
<input checked="" type="checkbox"/>	9. Genito-urinary															
<input checked="" type="checkbox"/>	10. Extremities															
<input checked="" type="checkbox"/>	11. Musculo-skeletal															
<input checked="" type="checkbox"/>	12. Skin & Varicose Vns.															
<input checked="" type="checkbox"/>	13. C.N.S.															
HEIGHT cm		WEIGHT kg	BMI	B.P. 112 66	PULSE /mins. 84	HEARING L <input checked="" type="checkbox"/> R <input checked="" type="checkbox"/>	VISION									
171		97	33.2			Uncorrected Corrected	DISTANT R <input checked="" type="checkbox"/> L <input checked="" type="checkbox"/>	NEAR R <input checked="" type="checkbox"/> L <input checked="" type="checkbox"/>								
N	A					LABORATORY AND OTHER SPECIAL INVESTIGATIONS			N	A						
<input checked="" type="checkbox"/>	1. Urinalysis				Triglyceride - 270 Hb - 10.2 LFT, RFT, RBS Drug Screen <input checked="" type="checkbox"/> Lipids (40 years +) Sickle Cell test			<input checked="" type="checkbox"/>	7. Audiogram							
<input checked="" type="checkbox"/>	2. Hb, Bloodcount, ESR							<input checked="" type="checkbox"/>	8. Lung Function							
<input checked="" type="checkbox"/>	3. LFT, RFT, RBS							<input checked="" type="checkbox"/>	9. Chest X-Ray							
	4. Drug Screen <input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>	10. ECG							
<input checked="" type="checkbox"/>	5. Lipids (40 years +)							<input checked="" type="checkbox"/>	11. CVS risk for 40 yrs. & above							
<input checked="" type="checkbox"/>	6. Sickle Cell test							<input checked="" type="checkbox"/>	12. HIV, Hepatitis screening							

**OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)**

Dyslipidemia - Take Torcetuzumab daily, repeat lipid profile after 3 months'

#### ASSESSMENT AND RECOMMENDATIONS:

FIT ALL AREAS

FIT WITH RESTRICTION

TEMPORARY UNFIT

UNFIT

Date: 7/8

Name (Block Capitals): Dr. / Nurse

### REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr. / Nurse

Signature:

