



Al Nile
Medical Complex
مجمع النيل الطبي

Name of the Examined : Mr. HARJINDER SINGH

Age : 38/M

ID Number: 115940414

Job Title: DRIVER

Date of medical Examination: 12/01/2025

Examining physician: DR. ISLAM ATEYA

Medical centre: AL NILE MEDICAL CENTER

Company: TRUCK OMAN

Assessment Results

Fit to work without restrictions

The certificate is valid for 2 years from the date of medical examination

Fitness classifications :

- Fit to work without restrictions ✓
- Fit work with restrictions
- Unfit to work temporarily or definitely

FIT

Restrictions list :

- R1: Unfit to work offshore, on marine vessels and in remote locations.
R2: Unfit for Lifting and strenuous efforts.
R3: Unfit to work in certain countries, check with geomarkethealth advisor.
R4: Unfit to work in jobs requiring precise color vision.
R5: Unfit to work in job with high level of noise.
R6: Unfit to work in high risk of malaria countries.
R7: Unfit to work in extreme heat.
R8: Unfit to work in extreme cold.
R9: Contact Geomarket health advisor/international medical coordinator - there exist specific restriction.
R10: Unfit to work for a temporarily of time until further notice.
R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
R13: Unfit to drive company vehicle.
R14: Unfit to fly long haul flights.
R15: Unfit to work in heights and confined spaces.

Examining physician stamp and signature

12-1-2025





Patient Id : 25000501

Name : HARJINDER SINGH

Consultant : DR Islam Sakr

Age: 39 Y

Gender / M

Report Date

: 12 /01/2025

CHEST X-RAY PA VIEW

- BOTH LUNGS ARE CLEAR NO PLEURAL EFFUSION
- BOTH HILA ARE NORMAL IN SIZE AND DENSITY
- NORMAL CARDIAC SILHOUETTE

IMPRESSION :- NORMAL CXR

Dr. Islam Sakr



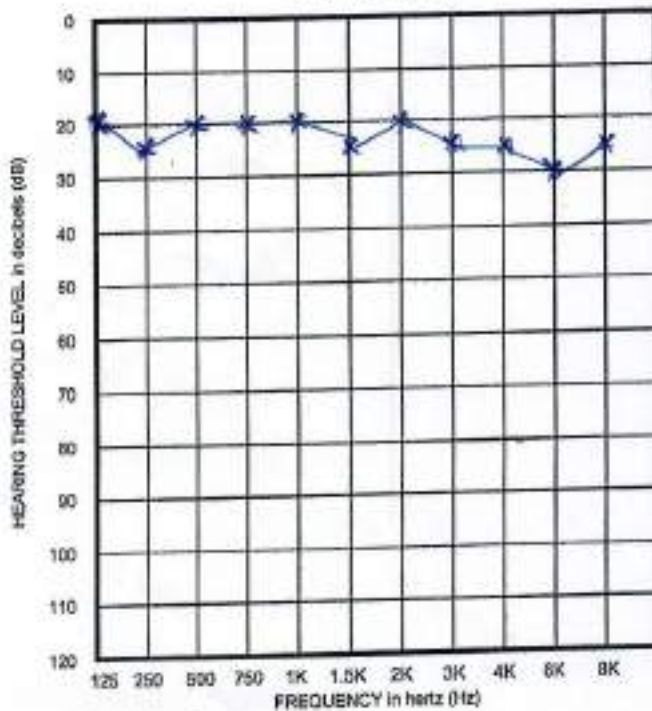


Al Nile
Medical Complex
مجمع النيل الطبي

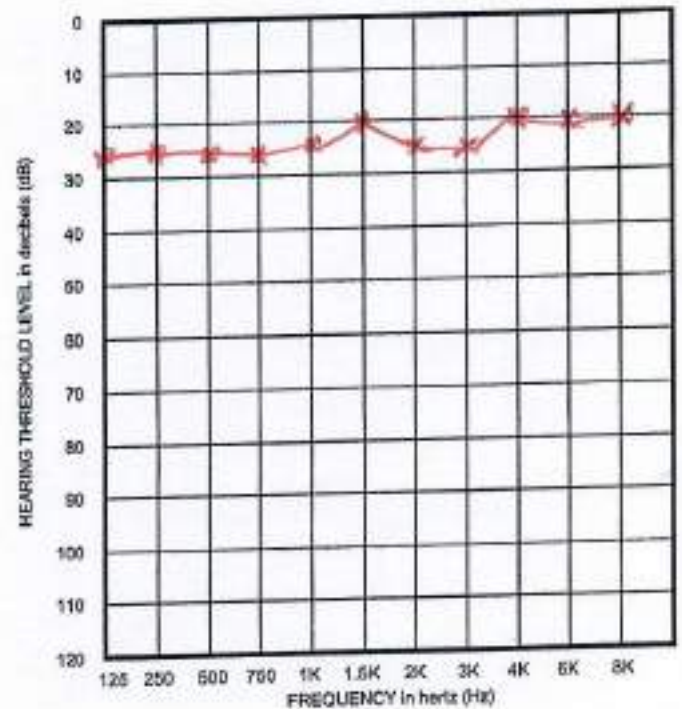
Patient Id : Mr. HARJINDER SINGH (38)
Name : 
Consultant : 25000501 DOB: 13/04/1986

Age / Gender : 38y / M
Report Date : 12/11/2025

LEFT EAR



RIGHT EAR



PURE TONE AVERAGE (500-1000-2000 Hz)		
Ear	Air	Bone
RIGHT		
LEFT		

□ - Rt ear
□ - Lt ear

Provisional Diagnosis: Bilateral Hearing Sensitivity
with in normal limit



Signature Audiologist



SID NO. : 01001568
Patient ID : 25000501
Name : Mr. HARJINDER SINGH
Age / Gender : 38 Y / Male
Referrer : TRUCK OMAN
Consultant : Dr.ISLAM ATEYA MOHAMMAD SAKR



Page : 1 of 4

Collection Date & Time : 12/01/2025 07:39:25
Received Date & Time : 12/01/2025 08:10:38
Reported Date & Time : 12/01/2025 09:12:29

National ID : 115940414

Nationality : INDIAN

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
BIOCHEMISTRY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
BLOOD SUGAR FASTING	5.9 mmol/l	3.3 - 6.1
CREATININE	1.18 mg/dl	Male: 0.7-1.4 mg/dl Female: 0.6-1.1mg/d
SGOT	25.4 U/L	Upto 40
SGPT	31.4 U/L	less than 41
Gamma-Glutamyltransferase (GGT)	32 U/L	5 - 36
LIPID PANEL		
TRIGLYCERIDE	243.0 mg/dl	male:40-160 mg/dl female: 35-135 mg/dl
CHOLESTEROL	235.8 mg/dl	<200 mg/dl
HDL CHOLESTEROL	52.69 mg/dl	40-60
LDL CHOLESTEROL	135.0 mg/dl	UP TO 150 mg/dl
URIC ACID	5.2 mg/dl	Male:3.4-7.0 Female: 2.4-5.7
CLINICAL PATHOLOGY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
URINE ANALYSIS Microscopy/Urine		
Physical		
Color	Yellow	
Transparency	Clear	
Chemical		
Specific Gravity	1.010	


Hajer Muhammad Hussin
Technician
MOH License No 9245





SID NO. : 01001568
Patient ID : 25000501
Name : Mr. HARJINDER SINGH
Age / Gender : 38 Y / Male
Referrer : TRUCK OMAN
Consultant : Dr.ISLAM ATEYA MOHAMMAD SAKR



Page : 2 of 4

Collection Date & Time : 12/01/2025 07:39:25
Received Date & Time : 12/01/2025 08:10:38
Reported Date & Time : 12/01/2025 09:12:29

National ID : 115940414

Nationality

: INDIAN

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
PH	Alkaline	
Glucose	NIL	
Acetone	NIL	
Bilirubin	NIL	
Blood	NIL	
Urobilinogen	NIL	
Protein	NIL	
Nitrate	NIL	
Microscopic		
Leukocytes	NIL	
Pus Cells	1-2	
Erythrocytes	0-1 /hpf	0 - 2
Squamous Epithelial Cell	few /hpf	
Crystal	NIL	
Cast	NIL	
Bacteria	NIL	
Others	NIL	
STOOL ANALYSIS		
MOTION		
Physical		
Colour	Brownish	
Consistency	Semi Formed	
Microscopic		
Pus Cells	1-2 /hpf	


Hajer Muhammad Hussin
Technician
MOH License No 9245





SID NO. : 01001568
Patient ID : 25000501
Name : Mr. HARJINDER SINGH
Age / Gender : 38 Y / Male
Referrer : TRUCK OMAN
Consultant : Dr.ISLAM ATEYA MOHAMMAD SAKR



Page : 3 of 4

Collection Date & Time : 12/01/2025 07:39:25
Received Date & Time : 12/01/2025 08:10:38
Reported Date & Time : 12/01/2025 09:12:29

National ID : 115940414 **Nationality** : INDIAN

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
RBC Cells	2-3 /hpf	
E-HISTOLYTICA	NIL	
E-COLI	NIL	
Giardia Lamblia	NIL	
Taenia Saginata	NIL	
Taenia Solium	NIL	
Schistosoma Haematobium	NIL	
Ascaris Lumbricoides	NIL	
Trichis Trichiura	NIL	
Ancylostoma Duodenale	NIL	
Others	Undigested food (+)	

HAEMATOLOGY

SCHLUMBERGER FITNESS TO WORK

EDTA/Serum

Complete blood count (CBC)

Haemoglobin	14.1 gm/dl	13 - 18
TOTAL LEUCOCYTES COUNT	5380 Cells / Cumm	4000 - 11000

DIFFERENTIAL COUNT

EDTA

Neutrophil	62 %	45 - 70
Lymphocytes	29 %	15 - 45
Eosinophils	4 %	1 - 6
Monocyte	4 %	2 - 8
Basophils	0.7 %	less than 1
PACKED CELL VOLUME (HCT)	42.40 %	less than 54


Hajer Muhammad Hussin
Technician
MOH License No 9245





SID NO. : 01001568
Patient ID : 25000501
Name : Mr. HARJINDER SINGH
Age / Gender : 38 Y / Male
Referrer : TRUCK OMAN
Consultant : Dr.ISLAM ATEYA MOHAMMAD SAKR



Page : 4 of 4

Collection Date & Time : 12/01/2025 07:39:25
Received Date & Time : 12/01/2025 08:10:38
Reported Date & Time : 12/01/2025 09:12:29

National ID : 115940414

Nationality : INDIAN

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
RBC COUNT	4.84 millions/mm	4.5 - 5.5
MCV	87.6 fl	81.8 - 95.5
MCH	29.1 pg	27 - 32.3
MCHC	33.2 g/dL	32.4 - 35
PLATELET COUNT	238000 cu.mm	150,000 - 450,000
RDW-CV	13 %	11 - 16
RDW-SD	41 fl	35 - 56
ESR(AUTOMATED)	5 mm/hr	< 15
BLOOD GROUPING & RH TYPING		
Blood Group	A	
Rh Typing	Positive	


Hajer Muhammad Hussin
Technician
MOH License No 9245



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med – check History form		Name: Mr. HARJINDER SINGH
		GIN:
Place of examination AI NIKE MEDICAL CENTER, NIKWA	Date 12/01/2025	Mobile: 72297808
Age: 38y	Nationality: INDIAN	Blood Group
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Number Of Children: 2
Do You Have You Had: (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)		
	Y	N
1- SINUS TROUBLE	/	
2- NECK SWELLING / GLANDS	/	
3- DIFFICULTY IN VISION	/	
4- ANY EAR DISCHARGE	/	
5- ASTHMA / BRONCHITIS	/	
6- HAYFEVER / OTHER SIGNIFICANT ALLERGY	/	
7- ANY SKIN TROUBLE	/	
8- TUBERCULOSIS	/	
9- SHORTNESS OF BREATH	/	
10- COUGHED / VOMITED BLOOD	/	
11- SEVERE ABDOMINAL PAIN	/	
12- STOMACH ULCER	/	
13- RECURRENT INDIGESTION	/	
14- JAUNDICE OR HEPATITIS	/	
15- GALL BLADDER DISEASE	/	
16- MARKED CHANGE IN BOWEL HABITS	/	
17- BLOOD IN STOOLS (MOTIONS)	/	
18- MARKED CHANGE IN WEIGHT	/	
19- VARICOSE VEINS	/	
20- LUMP IN BREAST / ARMPIT	/	
21- CANCER	/	
22- HEART DISEASE	/	
23- RHEUMATIC FEVER	/	
24- ABNORMAL HEARTBEAT	/	
25- HIGH BLOOD PRESSURE	/	
26- STROKE	/	
27- SERIOUS CHEST PAIN	/	
28- ANY BLOOD DISEASE	/	
29- KIDNEY DISEASE	/	
30- BLOOD IN URINE	/	
31- DIABETES	/	
32- HEADACHES / MIGRAINE	/	
33- DIZZINESS / FAINTING	/	
34- EPILEPSY	/	
35- JOINTS / SPINAL TROUBLE	/	
36- SURGICAL OPERATION	/	
37- SERIOUS ACCIDENT / FRACTURE	/	
38- TROPICAL DISEASE	/	
39- FEAR OF HEIGHTS	/	
HOW MUCH TOBACCO EACH DAY?		AVERAGE DAILY ALCOHOL CONSUMPTION
-		once / month.
HAVE YOU EVER TAKEN ILICIT DRUGS ? ()		
no		
FAMILY HISTORY: DIABETES (X) TUBERCULOSIS (X) EPILEPSY (X) ASTHMA (X) ECZEMA (X) HEART DISEASE (X) HIGH BLOOD PRESSURE (X) STROKE (X) BLOOD DISEASE (X) CANCER (X)		
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :-		
I DECLARED THESE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF AND I AGREE THAT THE RESULT OF THIS MEDICAL EXAMINATION IN GENERAL TERMS MAY BE REVEALED TO THE COMPANY'S DOCTORS, AND THE DETAILS SENT TO THEM BY THE EXAMINING DOCTOR.		
DATE: 12/1/2025		
SIGNATURE OF APPLICANT:		

Harjinder Singh
12/1/2025
AI NIKE MEDICAL CENTER
NIKWA



VISUAL FIELDS:	normal		COLOR VISION:	normal
SPEECH:	normal		SHISPER TEST:	normal
NEAR VISION RIGHT EYE:	6/6		NEAR VISION LEFT EYE:	6/6
DISTANT VISION LEFT EYE:	6/6		DISTANT VISION RIHT EYE:	6/6
HEIGHT: 170 cm	WEIGHT: 62 kg	BMI: 21	BP: 140/90 mmHg	PULSE: 88b/min
BODY SYSTEM / ORGAN	N	A	ABNORMALITY IF ANY	
EYES AND PUPILS	✓			
EAR/ NOSE/ THROAT	✓			
TEETH AND MOUTH	✓			
LUNGS AND CHEST	✓			
CARDIOVASCULAR	✓			
ABDOMEN	✓			
HERNIAL ORIFICES	✓			
ANUS AND RECTUM	✓			
GENITO – URINARY	✓			
EXTREMITIES	✓			
MUSCULOSKELETAL	✓			
SKIN / VARICOSE VIENS	✓			
NEUROLOGICAL	✓			
MENTAL FITNESS	✓			
BREAST	✓			

Dr. Lotam Suh
 12-1-2025



CONFIDENTIAL MEDICAL

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

NAME: <u>Mr. HARTINDER SINGH</u>	AGE: <u>38</u>	SEX: <u>M</u>	COMPANY:	GIN: <u>72297808</u>
----------------------------------	----------------	---------------	----------	----------------------

PAST MEDICAL HISTORY		BLOOD GROUP	
		A + ve	
ALLERGIES:			
VACCINATION		DATE OF INITIAL INJECTION	BOOSTER DUE DATE
HEPATITIS A			
HEPATITIS B			
TYPHOID FEVER			
INFLUENZA			

TESTS RESULTS
AUDIOGRAM:
DSU 5 PANEL: <u>name</u>

ECG	<u>name</u>
CHEST X-RAY	<u>normal</u>

BLOOD INVESTIGATIONS					
RBCS	4.84	4.20-6.30*10 ⁶ /UL	SGOT	25.4	MALE: 10-50 FEMALE :10-35U/L
WBCS	5380	4.0-11.0*10 ³ /UL	SGPT	31.4	MALE: UP TO 41 FEMALE :10-35U/L
NEUTRO	62%.	37-72%	GGT	32	0-50/U/L
EOSINO	4%.	0-6%	FBS:	5.9(106)	60-110 MG/DI
BASO	0.7%.	0-1%	CHOLESTEROL	235.8	UP TO 200 MG/DI
LYMPHO	29%.	10-58%	HDL	52.69	20-60 MG/DI
MONO	4%.	0-14%	LDL	135	UP TO 130 MG/DI
HEMATOCRIT	42.40%.	37-51%	TRIGLYCERIDES	243	35-175 MG /DI
HEMOGLOBIN	14.1	MALE:13.5-18.0 FEMALE:11.5-16.0G/DI	CREATININE	1.18	MALE:0.7-1.2 MG/DI FEMALE :0.5-0.9MG/DI
ESR	5	MALE: 0-10 MM/HR FEMALE :0-20 MM/HR	URIC ACID	5.2	MALE:3.6-7.7 MG /DI FEMALE :2.5-6.8 MG /DI

URINE ANALYSIS			
BLOOD	nil	SUGAR	nil
ALBUMIN	nil	OTHERS	nil
STOOL ANALYSIS			
PARASITES	nil	BLOOD	nil

COMMENTS: <u>↑ Lipids</u>	<u>2yhsa long oil - change style of life - F/U.</u>
---------------------------	---

EXAMINING PHYSICIAN

Islam Singh
1-8-2025




سلطنة عُمان
SULTANATE OF OMAN

رخصة إقامة
RESIDENT CARD



رقم الهوية
Civil Number
115940414

تاريخ انتهاء
EXPIRY DATE
09/11/2026

تاريخ الميلاد
DATE OF BIRTH
13/04/1986

الجنسية
NATIONALITY
INDIAN

الاسم
NAME
هار جيندر سينج
HARJINDER SINGH

اللقب
SURNAME
سينج
SINGH

ملاحظات
REMARKS
مقيم بعمارة سكنية - شارع 10 - حي 10 - مسقط
Resident in a residential building - Street 10 - Area 10 - Muscat

رخصة قيادة
DRIVING LICENSE

الاسم
NAME
هار جيندر سينج
HARJINDER SINGH

الجنسية
NATIONALITY
INDIAN

رقم الهوية
Civil Number
115940414

تاريخ انتهاء
EXPIRY DATE
09/11/2026

تاريخ الميلاد
DATE OF BIRTH
13/04/1986

الاسم
NAME
هار جيندر سينج
HARJINDER SINGH

اللقب
SURNAME
سينج
SINGH

ملاحظات
REMARKS
مقيم بعمارة سكنية - شارع 10 - حي 10 - مسقط
Resident in a residential building - Street 10 - Area 10 - Muscat



ALTO 10mm/mV

10mm/mV

AL NILE MEDICAL CENTER

Mr. HARJINDER SINGH (38

2025-01-12 08:08:19

Name : HARJINDER SINGH

Sex : Male Age : 38

Section: DR ISLAM

RoomID:

BedID:

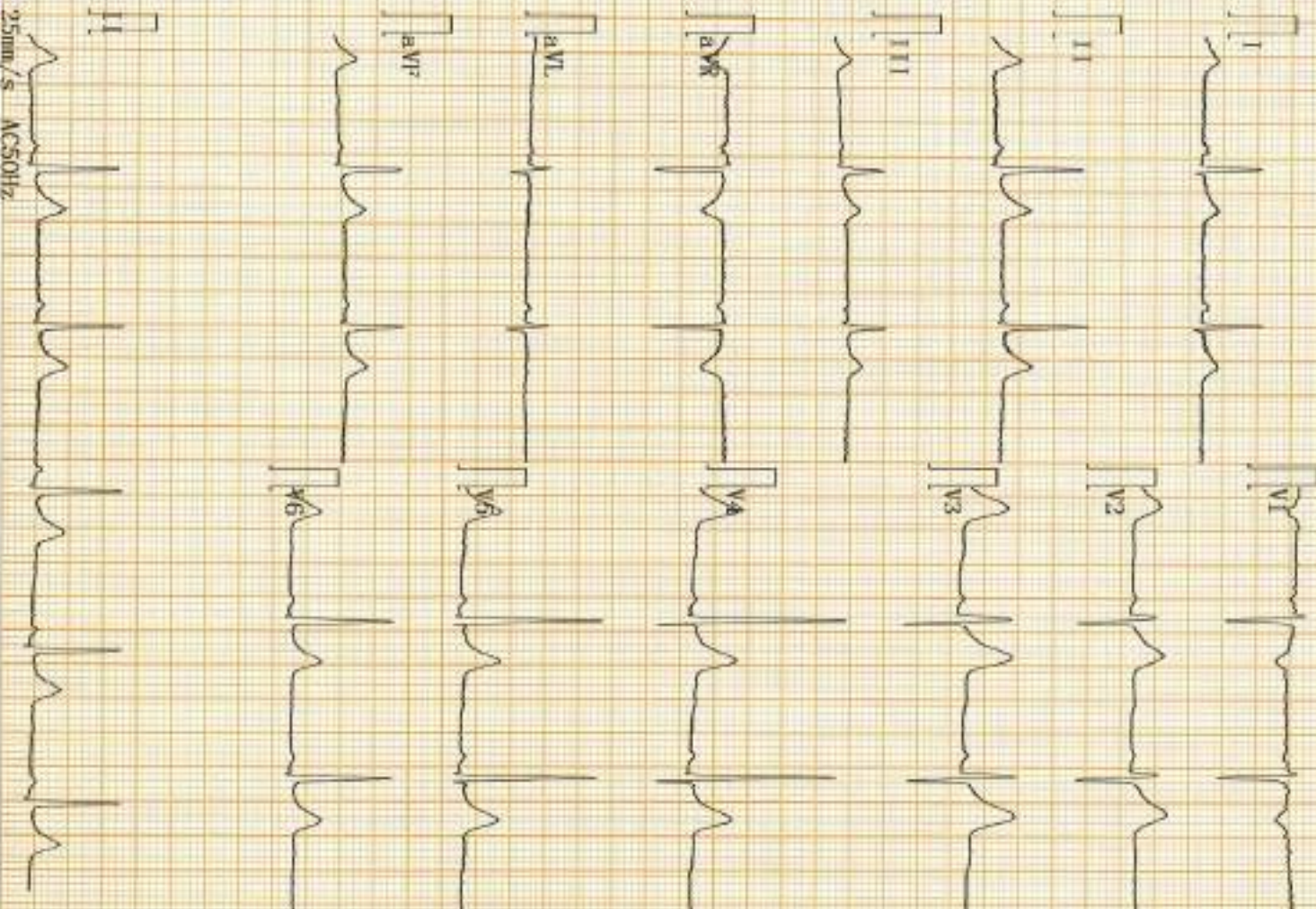
ID:

Operator: shishna

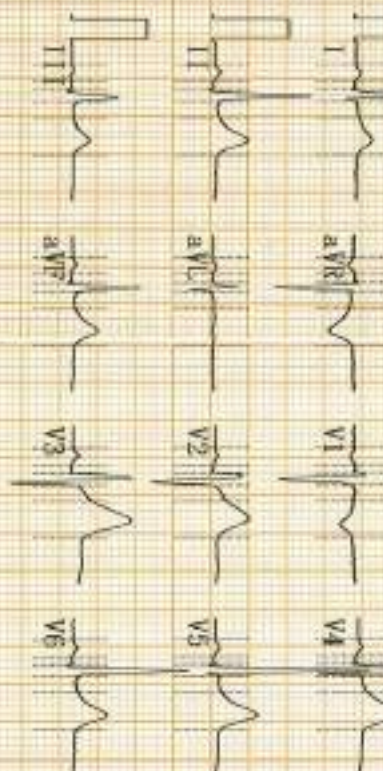
Custom2:



25002501 DOB: 13/04/1986



Form/AV 25mm/s



<< Conclusions >>

Normal Sinus Rhythm;
Cardiac electric axis normal;

Report need physician confirm



Physician:

Handwritten signature and date: 2025