



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname		Forenames		Address		Home telephone number	
Younas Salim		Medhat		94381133			
Place of examination		Date		9/12/2013			
If a dependant enter employee's name here:							
Surname		Forenames		Relationship to employee		Number of children	
Birth date		Nationality		Country of birth		Religion	
9/12/1970		Indian		Tuck Oman			
☐ Male	☐ Female	☐ Married	☐ Single	☐ Separated / Divorced	☐ Wife	☐ Son	☐ Daughter
Reason for examination		Pre-Employment		Job:			
		Pre-Overseas		Area:			
Name and address of family doctor				List your last 3 jobs			
				(1)			
				(2)			
Are you a Registered Disabled Person? (UK only)				Do you belong to any Medical Insurance Scheme?			
☐				☐			
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments)							
Y		N		Y		N	
1. Sinus trouble				21. Cancer			
2. Neck swelling/glands				22. Heart Disease			
3. Difficulty in vision				23. Rheumatic fever			
4. Any ear discharge				24. Abnormal heartbeat			
5. Asthma/bronchitis				25. High blood pressure			
6. Hayfever /other significant allergy				26. Stroke			
7. Any skin trouble				27. Serious chest pain			
8. Tuberculosis				28. Any blood disease			
9. Shortness of breath				29. Kidney disease			
10. Coughed/vomited blood				30. Blood in urine			
11. Severe abdominal pain				31. Diabetes			
12. Stomach ulcer				32. Headaches/migraine			
13. Recurrent indigestion				33. Dizziness/fainting			
14. Jaundice or hepatitis				34. Epilepsy			
15. Gall Bladder disease				35. Joints/spinal trouble			
16. Marked change in bowel habits				36. Surgical operation			
17. Blood in stools (motions)				37. Serious accident/fracture			
18. Marked change in weight				38. Tropical disease			
19. Varicose veins				39. Fear of heights			
20. Lump in breast/armpit							
How much tobacco each day?				Average daily alcohol consumption			
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs							
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()							
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()							
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-							
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the company if required and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.							
Date:		Signature of Applicant:					
23/1/2013							

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION	
N	A		
☒		1. Eyes & Pupils	
☒		2. E.N.T.	
☒		3. Teeth & Mouth	
☒		4. Lungs & Chest	
☒		5. Cardiovascular System	
☒		6. Abdo. Viscera	
☒		7. Hemial Orifices	
☒		8. Anus & Rectum	
☒		9. Genito-urinary	
☒		10. Extremities	
☒		11. Musculo-skeletal	
☒		12. Skin & Varicose Vns.	
☒		13. C.N.S.	
HEIGHT cm	WEIGHT kg	BMI	B.P.
172	69.0	23.4	140/80
			Pulse
			82/min.
			HEARING
			L
			R
			VISION
			DISTANT
			R L
			Uncorrected
			Corrected
			6/6 6/6
			NEAR
			R L
			Colour Vision
			Blood Group
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	
☒		1. Urinalysis	
☒		2. Hb, Bloodcount, ESR	
☒		3. LFT, RFT, RBS	
☒		4. Drug Screen	
☒		5. Lipids (40 years +)	
☒		6. Sickle Cell test	
			7. Audiogram
			8. Lung Function
			9. Chest X-Ray
			10. ECG
			11. CVS risk for 40 yrs. & above
			12. HIV, Hepatitis screening
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)			
Advised To do HBA, c, fasting lipid profile. Kclb Typhoid Mr. Physician consultation with reports			
ASSESSMENT:			
☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT			
Date: 23/1/23 Name (Block Capitals): Dr. / Nurse: Dr. Yella			
Signature: [Signature]			
REVIEW/CONSULTATION			
Date: [Blank] Name (Block Capitals): Dr. / Nurse: [Blank]			
Signature: [Blank]			

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age)

Employee Name: Younus Salim Mudeh

Emp #: 16159485

Date of Assessment: 23/1/2023

1	Age	Years	53
2	Gender	Female/Male	Female
3	Total Cholesterol	mmol/L	6.50
4	HDL Cholesterol	mmol/L	1.4
5	Smoker	Yes/No	No
6	Diabetes	Yes/No	No
7	Systolic Blood pressure	mm Hg	140
8	Is the patient being treated for High blood pressure?	Yes/No	No

Framingham Risk score: 21.6 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:

Dr. Rakeem



د. راكم بال
DR. RAKEEM YELLA
رقم الترخيص: 11108
LICENCE NO: 11108
طبيب عام
GENERAL PRACTITIONER

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 23/1/2023
Name: Younus Salim Mudeh	Department/Company: T.O.	
I. D No. 116159485	Tel # 94381133	Occupation:

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- 0 sitting and reading
- 0 watching TV
- 0 sitting inactive in a public place (e.g. theatre or meeting)
- 0 as a passenger in the car for an hour without a break
- 1 Lying down to rest in the afternoon when circumstances permit
- 0 Sitting and talking with someone
- 0 Sitting quietly after lunch without alcohol
- 0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Younus (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 23/1/2023

Fitness to Work Certificate

Employee Data		Date
Name	Younus Salim Mudeen	23/1/2023
I.D No.	116159485	Department/Company
Age	53/4	Occupation
Type of Medical Evaluation		Mark those applying ✓
A1 Aircraft refuelling		A6 Fire / Emergency response team work
A2 Breathing apparatus		A7 Professional driving
A3 Business traveller		A8 Remote location work
A4 Catering and food preparation		A9 Transfers – group A country
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.		
Fit with no restrictions		☒
Fit with following restriction(s)		
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction
Work near moving machinery or sharp edges		
Working at height		
Pulling, pushing, or carrying weight over ____ Kg		
Ascend/descend ladders or stairs		
Operate motor vehicles, forklifts or heavy machinery		
Use of a respirator		
Repetitive twisting of valves or wrenches		
Flying		
Other (Specify)		
Temporary Unfit until		
Permanently Unfit		
Name of health advisor	Signature	Date
	DR. RAKESH YELLA	23/1/23



DEPARTMENT OF LABORATORY MEDICINE

File No: 0183596	Report No: 0846272
Name: YONUS SALIM MUDERI	Sample Date: 23/01/2023 Time: 17:17
Address:	Received By: SREERAJ
Gender: M Age: 53 Y Nationality: INDIAN	Received Date: 23/01/2023 Time: 17:32
GSM No.: 94381133 ID Card No.: 116159485	Report Date: 23/01/2023 Time: 18:23
Ref. By: EXTERNAL DOCTOR	Bill No: 0861051 Bill Date: 23/01/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
---------------	--------	-----------------

PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
RBS (RANDOM BLOOD SUGAR)	20.0 mmol/L	3.9 - 7.8
Method :- Hexokinase	360 mg/dL	70 - 140
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	6.50 mmol/L	1 - 5.1
Method:-Enzymatic	251.29 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.440 mmol/L	0.777 - 1.813
Method:-Enzymatic	55.67 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3 mmol/L	1.295 - 4.54
Method:-Calculation	115.97 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	2.06 mmol/L	0.259 - 1.036
Method:-Calculation	79.65 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.51	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	4.50 mmol/L	0.564 - 2.146
Method : Enzymatic	398.25 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.739 mg/dL	0.1 - 1
Method : Diazo	12.64 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.204 mg/dL	0.1 - 0.5
Method : Diazo	3.49 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	12.96 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	17.98 U/L	Male: 10-50 Female: 10-35

Sreeraj
Processed By:
SREERAJ
Lab Technologist

Approved By:
SREERAJ
Lab Technologist

Sreeraj
Released By:
SREERAJ
Lab Technologist

Dr. Shayfa P.
Specialist Pathologist

MOH License No: 6644

MOH License No: 6644

MOH LIC NO:13475

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0183596	Report No: 0646272
Name: YONUS SALIM MUDERI	Sample Date: 23/01/2023 Time: 17:17
	Received By: SREERAJ
Address:	Received Date: 23/01/2023 Time: 17:32
Gender: M Age: 53 Y Nationality: INDIAN	Report Date: 23/01/2023 Time: 18:23
GSM No.: 94381133 ID Card No.: 116159485	Bill No: 0861051 Bill Date: 23/01/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	128.68 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	8.37 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.75 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.62 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.31	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	68.42 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	7.51 mmol/L	1.7 - 8.3
Method : Kinetic Assay	45.11 mg/dL	10.2 - 49.8
CREATININE - SERUM	102.84 µmol/L	44.2 - 123.7
Method :-Jaffe Method	1.16 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	8590 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	59.9 %	40-75%

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Specialist Pathologist

MOH LIC NO:13475

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	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	31.0 %	20-45%
EOSINOPHILS	3.0 %	2-6 %
MONOCYTES	5.9 %	2-8 %
BASOPHILS	0.2 %	0-1%
HB (HEMOGLOBIN)	14.0 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	4.72 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.64 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	42.00 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	89.00 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	29.70 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	33.30 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	06 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology		
Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test		
SICKLE CELL	NEGATIVE	
Method : -Haemoglobin solubility test		

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Medical Lab technologist
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Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	+++	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



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X-RAY REPORT

Doc No:	0067734		
Name:	YONUS SALIM MUDERI		
Age/DOB:	53 Y	ID Card No	116159485
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	23/01/2023		
X-Ray Film No:	TRUCK OMAN		
Bill No:	0861051		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 



183596
53 Years

YONUS
Male

23-Jan-23 04:26:11 PM

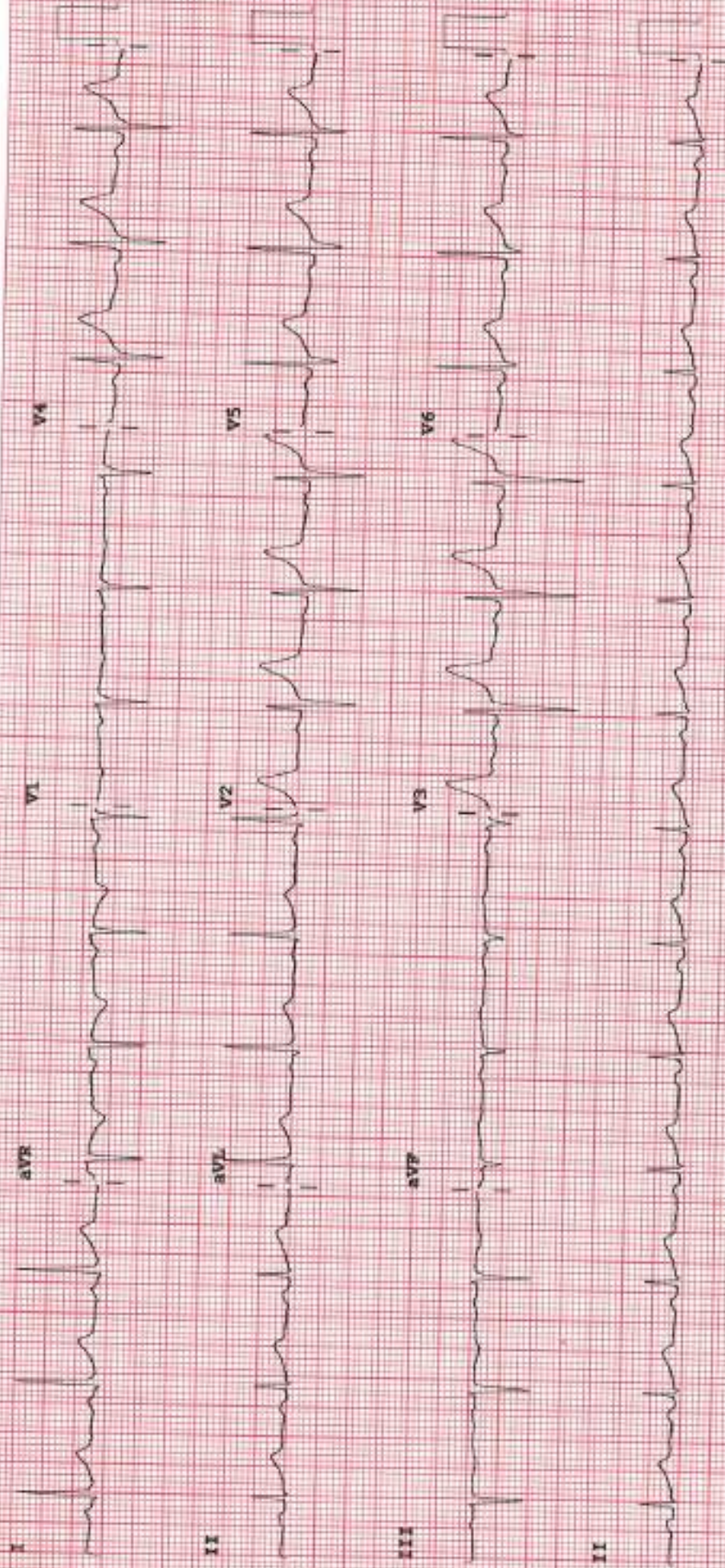
ASTER HOSPITAL IBRI (Emergency)

Rate 80
RR 750
PR 156
QRS 84
QT 389
QTc 449

--AXIS--

P 22
QRS -14
T 20

12 Lead; Standard Placement



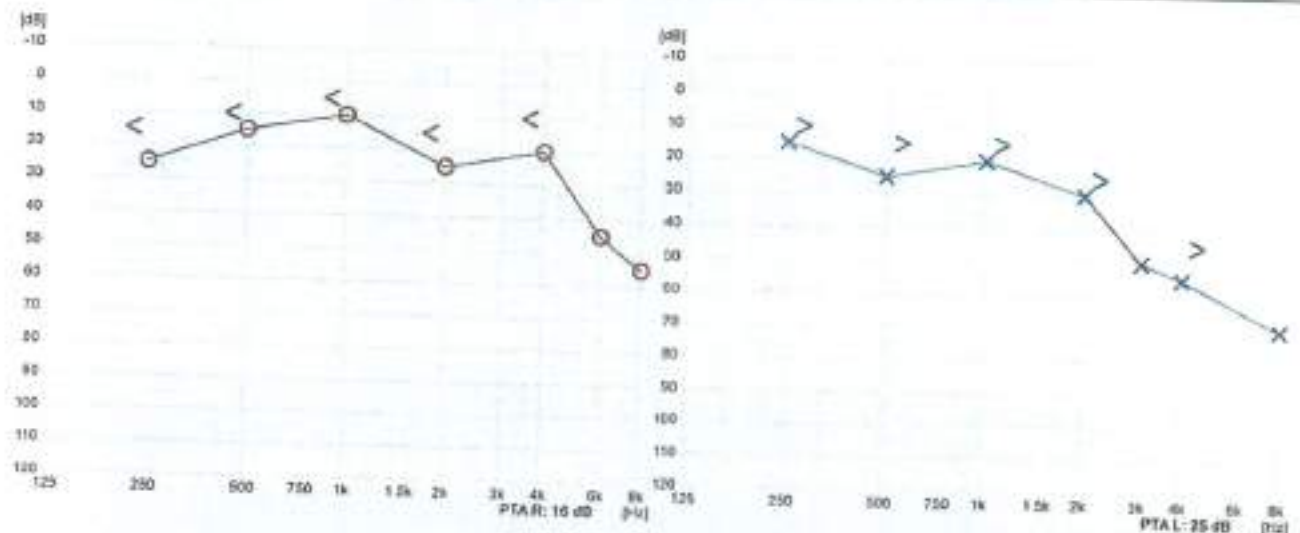
Device:

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

50~ 0.50~ 40 Hz W P10 CL P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0801051	Last name, First name YONUS SALIM, MUDERI	Born: 23.01.2023
Test type: Tonal audiometry	Test date: 23.01.2023	



Legend	R	L
Air	○	×
AirMasked	△	□
Gain	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldMasked	A	A
Binaural	B	
No response	I	

Comments

RIGHT: MINIMAL HEARING LOSS (WITH MODERATE SLOPE AT HIGH FREQUENCY)
LEFT: MINIMAL HEARING LOSS (WITH MILD TO SEVERE SLOPE AT HIGH FREQUENCY)

Signature:

Refined by Hedera Biomedica on 2019 - www.hedera-biomedica.com



Date: 23 / 01 / 2023