#1229

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

RUSAYL HEALTH CENTRE

INITIAL EXAMINATION REPORT

Surname: Alex CHERIAN John

Forenames: DOB: 28-04-1985 ; CN: 762140089

Address: Truckman ; Bahja

Home Telephone number: 96228688

Place of examination: Bahja

Date: 25/10/21

If a dependent or fiancee enter employees name here :-

Surname : Forenames:

Nationality: Indian | Country of birth: India | Religion: Christian

Male ☑ Female ☐ | Single ☐ Married ☑ Widow(er) ☐ Divorced ☐ Separated ☐

Relationship to employee: Wife ☑ Son ☐ Daughter ☐ Fiancee ☐

Number of Children: 0

Reason for examination: PDO medical

Pre-employment ☐ Pre-overseas ☐

Job :- Rigger

Area:- Bahja

Name and address of family doctor

List your last 3 jobs

(1)

(2)

(3)

Are you Registered Disabled Person? (UK ☐ Do you belong to any Medical Insurance Scheme? ☐

DO YOU HAVE OR HAVE YOU HAD :- (Tick 'yes' or 'No' column or put a (?) if uncertain exclude minor ailments.)

	Y	N
1. Sinus trouble		✓
2. Neck swellings/glands		✓
3. Difficulty in vision		✓
4. Any ear discharge		✓
5. Asthma/bronchitis		✓
6. Hayfever/other allergy		✓
7. Any skin trouble		✓
8. Tuberculosis		✓
9. Shortness of breath		✓
10. Coughed/vomited blood		✓
11. Severe abdominal pain		✓
12. Stomach ulcer		✓
13. Recurrent indigestion		✓
14. Jaundice or hepatitis		✓
15. Gall bladder disease		✓
16. Marked change in bowel habits		✓
17. Blood in stools (motions)		✓
18. Marked change in weight		✓
19. Varicose veins		✓
20. Lump in breast/armpit		✓
21. Cancer		✓

	Y	N
22. Heart Disease		✓
23. Rheumatic Fever		✓
24. Abnormal heartbeat		✓
25. High blood pressure		✓
26. Stroke		✓
27. Serious chest pain		✓
28. Any blood disease		✓
29. Kidney disease		✓
30. Painful passage of urine		✓
31. Blood in urine		✓
32. Diabetes		✓
33. Headaches /migraine		✓
34. Dizziness/fainting		✓
35. Epilepsy		✓
36. Joints/spinal trouble		✓
37. Surgical operation		✓
38. Serious accident /fracture		✓
39. Tropical disease		✓
40. Fear of heights		✓
HAVE YOU EVER BEEN:- 41. Rejected for employment or insurance for medical reasons		✓

	Y	N
42. Awarded benifities for Industrial injury/illness		✓
43. Treated for a mental condition. eg , depression		✓
44. Treated for problem drinking or drug abuse		✓
45. Exposed to toxic substance or noise		✓
FOR WOMEN ONLY Have you ever had:-		
46. An abnormal smear		
47. Any gynaecological treatment		
48. Are you pregnant?		
49. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE ?		

How much tabacco each day ? NA

Average daily alcohol consuption: Social Drinker

Family history: Diabetes ✓ Heart disease ✓ | Tuberculosis ✓ High blood pressure ✓ | Epilepsy ✓ Stroke ✓ | Asthama ✓ Cancer ✓ | Eczema ✓ Blood disease ✓

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :-

I declare these statements to be true to the best of my knowledge and belief and I agree that the result of this medical in general terms may be revealed to the company if required, and the details sent to my own doctor if this is considered necessary by the examining medica officer.

Date: 25-10-21

Signature of applicant: Alex John

Rusayl Industr al Estate
P.O. Box : 18, Rusayl
Postal Code : 124
Sultanate of Oman
Tel.: 24446151 / 54
Fax : 24446833

مركز الرسيل الصحي
RHC Rusayl Health Centre

Timing : O.P.D. 7 a.m. to 5. p.m.

Date : 25 · 10 · 21
Ht · 170cm
Wt - 77.25
BP - 6/6

LABORATORY INVESTIGATION

Name : ALEX CHERIAN Sex : Male Age : 36
Dr.: MARUF Company : Truebomen

HAEMATOLOGY

Total WBC .... (4-11cu/mm)
DC - NEUTROPHIL .... (40-75%)
LYMPHOCYTE .... (20-45%)
EOSINOPHIL .... (1-6%)
MONOCYTE .... (2-10%)
BASOPHIL .... (0-1%)
ESR .... (0-12mm/hr)

HB 15.11 (14gm/dl---16gm/dl)
RBC COUNT .... (4.5-6.6Million/cumm)
Platelet count .... (150-400cu/mm)
Bleeding Time .... (3-6min)
Clotting Time .... (5-10min)
HCT .... (40-45%)
MCV .... (78--92fl)
MCH .... (27--32pg)
Sickle cell ....
MCHC .... (31---35gm/dl)
Blood Group ....

BIOCHEMISTRY

Diabetic profile
Blood sugar(fasting) 115 (70mg/dl-110mg/dl)(3.8mmol/l---6.1mmol/l)
PPBS .... (80mg/dl-130mg/dl)(4.50-7.3mmol/l)
RBS .... (64mg/dl-160mg/dl)(3.6mmol/l-8.9mmol/l)
HBA1C .... (4--6.5%)

Lipid profile
Triglycerides 205 (upto 200mg/dl)
Total Cholestrol 243 (<200mg/dl)
HDL 38.53 (>40mg/dl)
LDL 141.37 (Up to 130mg/dl)

Liver Function test
Total billrubin 1.09 (upto 1.0mg/dl)
SGOT 56.90 (Up to 40IU/L)
SGPT 59.32 (up to 41IU/L)
Total Protein .... (6-8.3gm/dl)

Renal function Test
S creatinine 0.919 (0.7-1.4mg/dl)
Urea 29.35 (10-45mg/dl)
Uric acid 5.16 (3.4-7.0 mg/dl)

Cardiac profile
Troponine T .... (>0.01ng/ml)

H.Pylori Test ....

Malaria Parasite ....

Micro Filaria ....

URINE ANALYSIS

Colour: pale yellow
Sp gravity: 1.020
Reaction: N
Albumin: N
Sugar: N
Acetone: N
Bile Salts: N
Urobilinogen: N
Occult Blood: N
Microscope:
Pus cells: .... /HPF
R.B. Cs: .... /HPF
Epithelial cells: .... /HPF
Casts: .... /HPF
Crystals: ....
Parasites: ....
Other: ....

Pregnancy Test

STOOL EXAMINATION

Colour: ....
Consistancy: ....
Reaction: ....
Occult Blood: ....
Microscopic ova: ....
Cyst: ....
Entamoeba: ....
Flagellaes: ....
Pus Cells: ....
R.B. Cs: ....
Epith: cells: ....
Other: ....

SEMEN ANALYSIS

Quantity: .... Reaction ....
Total Sperm Count .... million/ml
(Normal 60-150 million/ml)
Microscopic: Active motile: .... %
Sluggish motile: .... %
Dead Sperms: .... %
Pus Cells .... R.B. Cs: ....
Epith: Cells: ....
Morphology Normal: .... %
Abnormal: .... %

V.D.R.L. ....
R.F. ....
HBsAg. ....
HCV. ....
HIV ....

Medical Officer

DR. MOHAMMAD MARUF FERDOUS
MEDICAL OFFICER
RUSAYL HEALTH CENTRE
MOH LIC NO. 12009

Lab Technician

RUSAYL HEALTH CENTRE
P.O. Box: 18

FOR COMPLETION BY EXAMINING DOCTOR OR SISTER
FURTHER DETAILS OF MEDICAL HISTORY AND RECREATIONAL ACTIVITIES

N - Normal A - Abnormal Please Describe

PHYSICAL EXAMINATION

N	A	
✓		1. Eyes & Pupils
✓		2. E.N.T.
✓		3. Teeth & Mouth
✓		4. Lungs & Chest
✓		5. Cardiovascular System
✓		6. Abdo. Viscera
✓		7. Hernial Orifices
✓		8. Anus & Rectum
✓		9. Genito - Urinary
✓		10. Extremities
✓		11. Muscula-skeletal
✓		12. Skin & Varicose Vns.
✓		13. C.N.S.
✓		14. Breasts
		15.

- BMI - 22.64 kg / day

HEIGHT cm	WEIGHT kg	B.P.	HEARING	HEARING	VISION:	DISTANT R	DISTANT L	NEAR R	NEAR L	COLOUR VISION	BLOOD GROUP
170	77	142/78 mmHg	L.	L	Uncorrected					✓	
			R	R	Corrected						

LABORATORY AND SPECIAL INVESTIGATIONS

N	A		N	A	
✓		1. Urinalysis			6. Audiogram
✓		2. Hb Bloodcount ESR			7. Lung Function
	✓	3. Serum Profile			8. Chest X-Ray
		4. Stool			9. Drug Screen
		5. E.C.G.			10. CR Screen

- dyslipidemia,
- Total Cholesterol = 248 mg/dl.

OTHER FINDINGS (physique, scars, disabilities, mental stability etc.)

- BMI : Healthy wt.

Adv.

- Do regular physical exercise
- Avoid extra calories and fatty foods.

ASSESSMENT

[✓] FIT ALL AREAS [ ] FIT HOME SERVICES ONLY [ ] UNFIT/UNSUITABLE [ ] MAY BE REASSESSED

Date 28 - 10 - 21 Signature [redacted] R. Name (Block Capitals) [redacted] Doctor / Sister

DR. MOHAMMAD MARUF FERDOUS
SENIOR
RUBAYL HEALTH CENTRE
MOH LIC NO. [redacted]

REVIEW/CONSULTATION

Date Signature Name (Block Capitals) Doctor / Sister