

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Place of examination: Aster Hospital/Ibri		Date: 2/11/2021	Surname: <u>Abdullah Fathil Hamad Al-Khusaibi</u>	
If a dependant enter employee's name here:		Forenames: <u>Khusaibi</u>		
Birth date: <u>18/1/1976</u>		Address: <u>18899920</u>		
Nationality: <u>Omani</u>		Home telephone number: <u>98899920</u>		
Project: <u>HR</u>		Country of birth: <u>Omani</u>		
Religion: <u>Al-Khusaibi</u>		Relationship to employee: <u>Wife</u>		
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	☐ Wife ☐ Son ☐ Daughter	Number of children:	
Reason for examination: <u>Pre-Employment</u>		Job: <u>Area:</u>		
Name and address of family doctor:		List your last 3 jobs (1)		
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
	Y	N	Y	N
1. Sinus trouble		☒	21. Cancer	☒
2. Neck swelling/glands		☒	22. Heart Disease	☒
3. Difficulty in vision		☒	23. Rheumatic fever	☒
4. Any ear discharge		☒	24. Abnormal heartbeat	☒
5. Asthma/bronchitis		☒	25. High blood pressure	☒
6. Hayfever /other significant allergy		☒	26. Stroke	☒
7. Any skin trouble		☒	27. Serious chest pain	☒
8. Tuberculosis		☒	28. Any blood disease	☒
9. Shortness of breath		☒	29. Kidney disease	☒
10. Coughed/vomited blood		☒	30. Blood in urine	☒
11. Severe abdominal pain		☒	31. Diabetes	☒
12. Stomach ulcer		☒	32. Headaches/migraine	☒
13. Recurrent indigestion		☒	33. Dizziness/fainting	☒
14. Jaundice or hepatitis		☒	34. Epilepsy	☒
15. Gall Bladder disease		☒	35. Joints/spinal trouble	☒
16. Marked change in bowel habits		☒	36. Surgical operation	☒
17. Blood in stools (motions)		☒	37. Serious accident/fracture	☒
18. Marked change in weight		☒	38. Tropical disease	☒
19. Varicose veins		☒	39. Fear of heights	☒
20. Lump in breast/arm/pit		☒		
How much tobacco each day? Average daily alcohol consumption				
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs				
FAMILY HISTORY: Diabetes (X) Tuberculosis (X) Epilepsy (X) Asthma (X) Eczema (X)				
Heart disease (X) High blood pressure (X) Stroke (X) Blood Disease (X) Cancer (X)				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 2/11/2021	Signature of Applicant: <u>[Signature]</u>			

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
/		1. Eyes & Pupils
/		2. E.N.T.
/		3. Teeth & Mouth
/		4. Lungs & Chest
/		5. Cardiovascular System
/		6. Abdo. Viscera
/		7. Hernial Orifices
/		8. Anus & Rectum
/		9. Genito-urinary
/		10. Extremities
/		11. Musculo-skeletal
/		12. Skin & Varicose Vns.
/		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
166	94	34	140/90	96/min.	L R	DISTANT NEAR R L R L Uncorrected 6/6 6/6 Corrected		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
/		1. Urinalysis				7. Audiogram
/		2. Hb, Bloodcount, ESR				8. Lung Function
/		3. LFT, RFT, RBS		/		9. Chest X-Ray
/		4. Drug Screen		/		10. ECG
/		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
/		6. Sickie Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

obesity - weight reduction and exercise advised.

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 2/10/21

Name (Block Capitals): Dr. Raghu

Signature: Raghu

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr.

Signature:

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name:

Abdullah Fadhil Hamad Al-Khaysibi

Emp #:

Date of Assessment:

3058688
9/11/2021

1	Age	<i>45</i> Years	
2	Gender	Female ☒ Male ☐	
3	Total Cholesterol	<i>5.00</i> mmol/L	
4	HDL Cholesterol	<i>1.05</i> mmol/L	
5	Smoker	Yes ☐ No ☒	
6	Diabetes	Yes ☐ No ☒	
7	Systolic Blood pressure	<i>140</i> mm Hg	
8	Is the patient being treated for High blood pressure?	Yes ☐ No ☒	

Framingham Risk score: *11.2* %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 2/11/2021
Name: Abdulh Fadhil Al. Khusairi		Department/Company: Truck Oman
I. D No. 358688	Tel # 9889992	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- ☐ sitting and reading
- ☐ watching TV
- ☐ sitting inactive in a public place (e.g. theatre or meeting)
- ☐ as a passenger in the car for an hour without a break
- ☐ Lying down to rest in the afternoon when circumstances permit
- ☐ Sitting a talking with someone
- ☐ Sitting quietly after lunch without alcohol
- ☐ In a car, while stopped for a few minutes in traffic

Total 15

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Abdulh Fadhil Al. Khusairi (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 2/11/2021

Fitness to Work Certificate

Employee Data		Date 2/11/2021	
Name Abdullah Fadhil Mohamed Al. Khaznabi		Department/Company Truck Driver	
I.D No. 3058688	Age 45yrs	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		✓	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor Dr. Al. Khaznabi	Signature [Signature]	Date 2/11/2021	Date



DEPARTMENT OF LABORATORY MEDICINE

File No: 0238692
Name: ABDULLAH FADHIL HAMED ALKHUSAIBI
Address:
Gender: M Age: 45 Y Nationality: OMANI
GSM No.: 98899920 ID Card No.: 3058688
Ref. By: EXTERNAL DOCTOR

Report No: 0586997
Sample Date: 02/11/2021 Time: 12:48
Received By: JIBI
Received Date: 02/11/2021 Time: 12:53
Report Date: 02/11/2021 Time: 14:24
Bill No: 0792635 Bill Date: 02/11/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	4.86 mmol/L	3.9 - 6.1
Method :- Hexokinase	87.48 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.90 mmol/L	1 - 5.1
Method:-Enzymatic	228.09 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.050 mmol/L	0.777 - 1.813
" "	40.59 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.82 mmol/L	1.295 - 4.54
" "	147.5	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.04 mmol/L	0.259 - 1.036
" "	40 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	5.62	3.8 - 5.9
TRIGLYCERIDES	2.26 mmol/L	0.564 - 2.146
Method : Enzymatic	200.01 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.469 mg/dL	0.1 - 1
Method : Diazo	8.02 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.128 mg/dL	0.1 - 0.5
Method : Diazo	2.19 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	13.29 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	19.64 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	78.39 U/L	Adult : Men -40-129

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
JIBI
Lab Technologist

Released By:
JIBI
Lab Technologist
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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children: (Aged) 7 months - 1 Year :- <462 1 Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years (M) :- <390 13 Years - 17 Years (F) :- <187
TOTAL PROTEIN-SERUM (Colorimetric Assay)	7.52 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.86 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.66 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.83	1.2 - 1.5
GGT (GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	35.58 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	3.80 mmol/L	1.7 - 8.3
Method : Kinetic Assay	22.82 mg/dL	10.2 - 49.8
CREATININE - SERUM	67.15 μ mol/L	44.2 - 123.7
Method : Jaffe Method	0.76 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	5860 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	40.0 %	40-75%
LYMPHOCYTES	49.1 %	20-45%
EOSINOPHILS	1.5 %	2-8 %
MONOCYTES	9.2 %	2-8 %

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GSM No.: 98899920 **ID Card No.:** 3058688
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INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.2 %	0-1%
HB (HEMOGLOBIN)	14.7 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	6.78 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.96 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	49.30 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	72.70 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	21.70 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	29.80 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL	NEGATIVE
URINE ROUTINE	
URINE BIOCHEMISTRY	
GLUCOSE	NIL
PROTEIN	NIL
KETONE	NIL
BILIRUBIN	NIL
pH	ACIDIC

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GSM No.: 98899920 **ID Card No.:** 3058688
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Report Date: 02/11/2021 **Time:** 14:24
Bill No: 0792635 **Bill Date:** 02/11/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

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Lab Technologist

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Lab Technologist

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X-RAY REPORT

Doc No:	0058674
Name:	ABDULLAH FADHIL HAMED ALKHUSAIBI
Age/DOB:	45 Y Omani ID/ L.Card No:: 3058688
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	02/11/2021
X-Ray Film No:	TO
Bill No:	0792635
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 



DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925

238692
45 Years

ABDULLAH FADHIL
Male

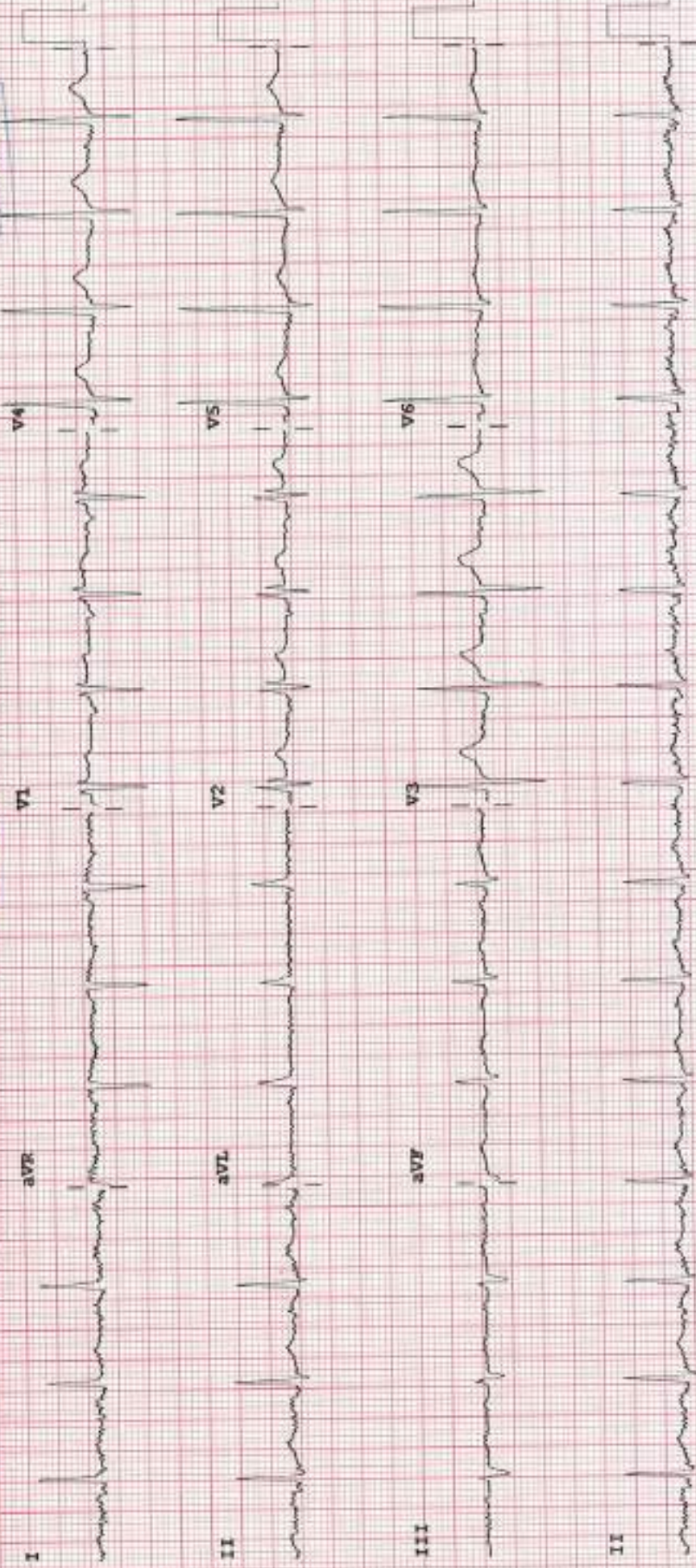
02-Nov-21 12:39:19 PM
ASTER HOSPITAL IBRI (Emergency)

Rate 94
RR 638
PR 172
QRS 100
QT 349
QTc 437

--AXIS--

P 36
QRS 16
T 51

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

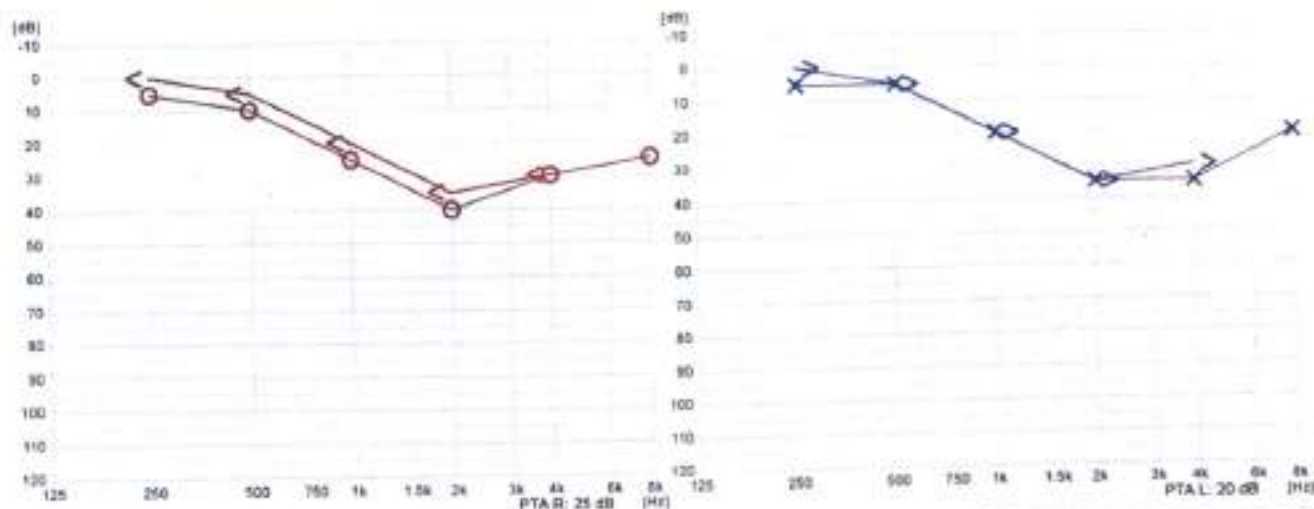
50~ 0.50~ 40 Hz W PH10 CL P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0792635	Last name, First name AL KHUSAIBI, ABDULLAH	Born: 02/11/2021
Test type Pure tone	Test date: 02/11/2021	



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldAided	A	A
Binaural	B	
No response	I	

PTA

Right:- 25 dBHL

Left:- 20 dBHL

Comments

BILATERAL MINIMAL TO MILD SENSORINEURAL HEARING LOSS

Signature:



Date: 02/11/2021

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