

Medical Fitness Certificate

Name of the Examined employee: JASBIR SINGH

Age: 46

ID NUMBER:

Job Title:

Date of Medical Examination: 11.10.2021

Examining Physician:

Medical Centre: APOLLO HOSPITAL MUSCAT

Company:

Assessment Result:

Fit to work without restrictions

This Certificate is valid for 2 years from the date of medical examination

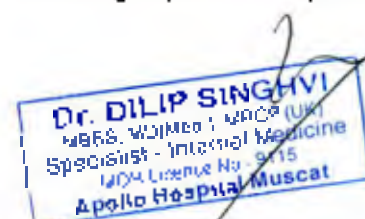
Fitness Classifications:

- Fit to work without restrictions
- Fit to work with restriction
- Unfit to work Temporarily or Definitely

Restrictions List:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
R2: Unfit for Lifting and strenuous efforts.
R3: Unfit to work in certain countries, check with geomarkethealth advisor.
R4: Unfit to work in jobs requiring precise color vision.
R5: Unfit to work in job with high level of noise.
R6: Unfit to work in high risk of malaria countries.
R7: Unfit to work in extreme heat.
R8: Unfit to work in extreme cold.
R9: Contact Geomarket health advisor/international medical coordinator – there exist specific restriction.
R10: Unfit to work for a temporarily of time until further notice.
R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
R13: Unfit to drive company vehicle.
R14: Unfit to fly long haul flights.
R15: Unfit to work in heights and confined spaces.

Examining Physician Stamp and signature



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Mind check History Form		Name	JASUR SINGH	
		GIN #		
Place of examination	Date	Attachment		
Atm	11-10-22	97083056		
Age	Nationality	Blood group		
46	INDIAN			
☐ Male ☐ Female	☒ Married ☐ Single ☐ Separated/Divorced	Number of children: 2		
DO YOU HAVE OR HAVE YOU HAD (Tick "Yes" or "No" column or put a 1/ if uncertain exclude minor ailments.)				
	Y	N		Y
1. Sinus trouble		☒	21. Cancer	
2. Neck swelling/glands		☒	22. Heart Disease	
3. Difficulty in vision		☒	23. Rheumatic fever	
4. Any ear discharge		☒	24. Abnormal heart beat	
5. Asthma/bronchitis		☒	25. High blood pressure	
6. Hay-fever/other significant allergy		☒	26. Stroke	
7. Any skin trouble		☒	27. Serious chest pain	
8. Fungal skin		☒	28. Any blood disease	
9. Shortness of breath		☒	29. Kidney disease	
10. Coughed/vomited blood		☒	30. Blood in urine	
11. Severe abdominal pain		☒	31. Diabetes	
12. Stomach ulcer		☒	32. Headaches/migraine	
13. Recurrent indigestion		☒	33. Dizziness/fainting	
14. Jaundice or hepatitis		☒	34. Epilepsy	
15. Gall bladder trouble		☒	35. Joint/spine trouble	
16. Marked change in bowel habits		☒	36. Surgical operation	
17. Blood in stools (motions)		☒	37. Serious accident/fracture	
18. Marked change in weight		☒	38. Tropical disease	
19. Darker areas		☒	39. Fear of heights	
20. Lump in breast/throat		☒		
How much alcohol do you drink?		Average daily alcohol consumption		
How many cigarettes do you smoke?		Average daily cigarette consumption		
FAMILY HISTORY Diabetes () Tuberculosis () Epilepsy () Asthma () Cancer () Heart Disease () High blood pressure () Stroke () Blood Disease ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU WISH, SIGNIFY YOUR				
I declared these statements to be true to the best of my knowledge and belief and agree that the result of this medical examination in general terms may be revealed to the Company's Doctors and in details sent to them by the examining Doctor.				
Date 11-10-22				
Signature of applicant: Jasur Singh				

PHYSICAL EXAMINATION IF ABNORMAL, PLEASE DETAIL

Visual Fields:		Color Vision:	N
Speech:		Whisper test:	
Near Vision Right eye:	N/6	Near Vision Left eye:	N/6
Distant Vision Left eye:	6/6	Distant Vision Right eye:	6/6
Height: 172cm	Weight: 108kg	BMI: 36.4	BP: 150/90mmHg Pulse: 102b/min
Body System/Organ	N	A	Abnormality if any
Eyes and pupils	/		
Ear/nose/throat	/		
Teeth and mouth	/		
Lungs and chest	/		
Cardiovascular	/		
Abdomen	/		
Hernial orifices	/		
Anus and rectum	/		
Genito-urinary	/		
Extremities	/		
Musculoskeletal	/		
Skin/varicose veins	/		
Neurological	/		
Mental fitness	/		
Breast			

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

Name: Jasbir Singh	Age: 46	Sex: M	Company:	GLN:
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Past Medical History		Blood Group
Allergies		
Vaccination	Date of initial Injection	Booster Due Date
Hepatitis A:		
Hepatitis B:		
Typhoid Fever		
Influenza		

Tests Results	
Audiogram:	Normal
DSU S Panel	Negative

ECG:	WNL
Chest X-Ray	WNL

Blood Investigations:					
RBCs	5.13	Male 4.5-5.8 x10 ¹² /L	SGOT	26.70	Male 10-35
WBCs	19.68	Female 4.0-11.0 x10 ⁹ /L	SGPT	39.70	Male 10-40
NEUTRO	76.30	2-72%	GGT	93	Female 10-30
EOSINO	0.40	0-6%	FBS	116.50	0-100 mg/dl
PLASO	0.30	0-1%	CHOLESTEROL	232.80	0-200 mg/dl
LYMPHO	17.50	10-38%	HDL	64.30	20-60 mg/dl
MONO	5.50	0-14%	LDL	142.68	0-130 mg/dl
HEMATOCRIT	42.40	37-51%	TRIGLYCERIDES	129.60	0-175 mg/dl
HEMOGLOBIN	14.50	Male 13.5-18.0 Female 12.5-16.0 g/dl	CREATININE	0.85	Male 0.7-1.2 mg/dl Female 0.5-0.9 mg/dl
ESR	05	Male 0-15 mm/hr Female 0-20 mm/hr	URIC ACID	6.16	Male 3.6-7.1 mg/dl Female 2.5-6.8 mg/dl

Urine Analysis			
Blood	Negative	Sugar	Negative
Albumin	Negative	Others	Normal

Stool Analysis			
Parasites	Nil	Blood	Nil

Comments	Fromingham Score = 11.2% HTN/HLP - Stable Advised diet & exercise. Review 2 months.
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Examining Physician:

Hospital/Clinic Seal

Dr. DILIP SINGHVI
MBBS, MD (Med), MRCP (UK)
Specialist - Internal Medicine
MCA Licence No. 9115
Apollo Hospital Muscat

Schlumberger-Private



Fitness to Work Certificate for drivers

Employee Data		Date	
Name <u>Jasbir Singh</u>		Department/Company <u>-</u>	
I.D. No. <u>23</u>	Age <u>46</u>	Occupation <u>-</u>	
Type of Medical Evaluation		Mark those applying:	
☐ A5: HVD: Crane or forklift driving & all heavy vehicles	☐ A7: Professional driving light vehicles		
Health Advisor Statement: The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows:			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s):	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Operate Heavy motor vehicles, forklifts or heavy machinery			
Other (Specify):			
Temporary Until until			
Permanently Until:			
DR. Dilip Kumar Name of health advisor		 Signature	
		24 11 2022 Date	

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Apollo Hospital Muscat L.L.C

DEPARTMENT OF LABORATORY SERVICES

File No: 0290771 **Report No:** 0533300
Name: JASBIR SINGH **Sample Date:** 11/10/2022 **Time:** 11:09
Address: **Received Date:** 11/10/2022 **Time:** 11:09
Gender: M **Age:** 46 Y **Nationality:** INDIAN **Report Date:** 11/10/2022 **Time:** 12:06
GSM No.: 97083056 **ID Card No.:** 115440228 **Bill No:** 1106369 **Bill Date:** 11/10/2022
Doctor: DR. REHMAT SOLANKI **Company:** TRUCK OMAN LLC

INVESTIGATION	RESULT	REFERENCE RANGE
TRUCK OMAN PRE-EMPLOYMENT CHECK UP		
Fasting Blood Glucose	116.50 mg/dL	Normal: <100 mg/dl Prediabetes: 100-125 mg/dl Diabetes: 126 mg/dl or higher
ESR	05 mm/hr	Male : 0-10 mm/hour Female: 0-20 mm/hour
S Creatinine	0.65 mg/dL	Male : 0.7 - 1.2 mg/dl Female : 0.5 - 0.9 mg/dl
Sickle cell Screen test	Negative	
CBC		
WBC COUNT	19.88 $10^3/\mu\text{L}$	4.0-11.0 $\times 10^3/\text{mm}^3$
RBC	5.13 $10^6/\mu\text{L}$	4.20 - 6.30 $10^6/\mu\text{L}$
HGB	14.50 g/dl	male 13.5 - 18.0 g/dl female 11.5 - 16.0 g/dl
HCT	42.40 %	37.0 - 51.0 %
MCV	82.70 fL	80.0 - 97.0 fL
MCH	28.30 pg	26.0 - 32.0 pg
MCHC	34.20 g/dL	31.0 - 36.0 g/dL
RDW	12.90 %	11.0 - 14.5 %
NEUT#	15.01 $10^3/\mu\text{L}$	1.50 - 7.00 $10^3/\mu\text{L}$
LYMPH#	3.45 $10^3/\mu\text{L}$	0.60 - 4.10 $10^3/\mu\text{L}$
MONO#	1.08 $10^3/\mu\text{L}$	0.00 - 0.70 $10^3/\mu\text{L}$
EOS#	0.38 $10^3/\mu\text{L}$	0.00 - 0.40 $10^3/\mu\text{L}$
BASO#	0.06 $10^3/\mu\text{L}$	0.00 - 0.10 $10^3/\mu\text{L}$

Reported By

AJMAL

Lab Technologist

MOH License No: 13772

Printed at: 11/10/2022 12:27:34

Verified By

Dr. Mohammed Atif Syed

Specialist Pathologist

MOH License No: 20491

Page : 1 of 5

مستشفى أبولو مسقط ش.م.م

Apollo Hospital Muscat L.L.C

DEPARTMENT OF LABORATORY SERVICES

File No: 0290771
Name: JASBIR SINGH
Address:
Gender: M **Age:** 46 Y **Nationality:** INDIAN
GSM No.: 97083066 **ID Card No.:** 115440228
Doctor: DR. REHMAT SOLANKI

Report No: 0533300
Sample Date: 11/10/2022 **Time:** 11:09
Received Date: 11/10/2022 **Time:** 11:09
Report Date: 11/10/2022 **Time:** 12:08
Bill No: 1106369 **Bill Date:** 11/10/2022
Company: TRUCK OMAN LLC

INVESTIGATION	RESULT	REFERENCE RANGE
NEUT%	76.30 %	37.0 - 72.0 %
LYMPH%	17.50 %	10.0 - 58.5 %
MONO%	5.50 %	0.0 - 14.0 %
EOS%	0.40 %	0.0 - 6.0 %
BASO%	0.30 %	0.0 - 1.0 %
PLATELET	261.00 $10^3/\mu\text{L}$	140 - 440 $10^3/\mu\text{L}$
LFT		
Total Bilirubin	1.59 mg/dL	Up to 1.1 mg/dL
Direct Bilirubin	0.30 mg/dL	Up to 0.3 mg/dL
Indirect Bilirubin	1.29 mg/dL	0.2 - 0.8 mg/dL
AST (SGOT)	26.70 U/L	Men : 10 - 50 U/L Female : 10 - 35 U/L
ALT (SGPT)	39.70 U/L	Men : Up to 41 U/L Female : 10 - 35 U/L
ALP	97.20 U/L	Men : 40 - 129 U/L Female : 35 - 104 U/L
Total Protein	7.10 g/dL	6.5 - 8.7 g/dL
Albumin	4.20 g/dL	3.4 - 4.6 g/dL
Globulin	2.9 g/dL	1.8 - 3.6 g/dL
GGT	93.00 U/L	0 - 50 U/L
A/G Ratio	1.448275	1.1-1.8
LIPID PROFILE		
Total Cholesterol	232.80 mg/dL	< 200 mg/dL
Triglyceride	129.60 mg/dL	< 50 mg/dL

Reported By:



AJMAL

Lab Technologist

MOH License No: 13772

Printed at: 11/10/2022 12:27:34

Verified By:



Dr. Mohammed Atli Syed
Specialist Pathologist

MOH License No. 20481

Page : 2 of 6

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Apollo Hospital Muscat L.L.C

DEPARTMENT OF LABORATORY SERVICES

File No: 0290771
Name: JASBIR SINGH
Address:
Gender: M **Age:** 46 Y **Nationality:** INDIAN
GSM No.: 97083056 **ID Card No.:** 115440228
Doctor: DR. REHMAT SOLANKI

Report No: 0533300
Sample Date: 11/10/2022 **Time:** 11:09
Received Date: 11/10/2022 **Time:** 11:09
Report Date: 11/10/2022 **Time:** 12:08
Bill No: 1106359 **Bill Date:** 11/10/2022
Company: TRUCK OMAN LLC

INVESTIGATION	RESULT	REFERENCE RANGE
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HDL Cholesterol	64.20 mg/dl	>45 mg/dl
LDL Cholesterol	142.68 mg/dl	<100 mg/dl
Total Chol/HDL Chol ratio	3.63	Desirable < 4

URINE DRUG SCREEN

Amphetamine (AMP)	Negative	Negative
Barbiturates (BAR)	Negative	Negative
Cocaine (COC)	Negative	Negative
Morphine (MOR)	Negative	Negative
Marijuana (THC)	Negative	Negative

URINE ROUTINE ANALYSIS

Physical

Quantity	40 ml	
Colour	Pale Yellow	Pale yellow
Sp. Grav. ly	1.030	1.003-1.035
pH	5	5-9
Appearance	Clear	Clear

Chemical

Glucose	Negative	Negative
Protein	Negative	Negative
Ketones	Negative	Negative
Blood / haemoglobin	Negative	Negative
Bilirubin	Negative	Negative
Urobilinogen	Normal	Normal
Nitrite	Negative	Negative

Reported By:

AJMAL

Lab Technologist

MCH License No: 13772

Printed at: 11/10/2022 12:27:34

Verified By:

Dr. Mohammed Atif Syed

Specialist Pathologist

MOH License No: 20491

Page: 3 of 5

مستشفى أبولو مسقط ش.م.م

Apollo Hospital Muscat L.L.C

DEPARTMENT OF LABORATORY SERVICES

File No: C290771 **Report No:** 053330C
Name: JASBIR SINGH **Sample Date:** 11/10/2022 **Time:** 11:09
Received Date: 11/10/2022 **Time:** 11:09
Address: **Report Date:** 11/10/2022 **Time:** 12:08
Gender: M **Age:** 46 Y **Nationality:** INDIAN **Bill No:** 1108389 **Bill Date:** 11/10/2022
GSM No.: 57083056 **ID Card No.:** 115440228 **Company:** TRUCK OMAN LLC
Doctor: DR. REHMAT SOLANKI

INVESTIGATION	RESULT	REFERENCE RANGE
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Leucocytes	Negative	Negative
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Microscopic Examination

Pus Cells	2 - 3 Cells/hpf	0-5 cells/hpf
RBC	NIL cells/hpf	0-2 cells/hpf
Epithelial Cells	0 - 1 Cells/hpf	0-8 cells/hpf
Casts	Absent	Absent
Crystals	Absent	Absent
Others	Absent	Absent

STOOL ROUTINE ANALYSIS

PHYSICAL

Colour	Brownish	Yellow sh Brown
Consistency	Semi solid	Well Formed
Reaction	Alkaline	Acidic
Adult Worms	Absent	Absent

MICROSCOPIC

Ova.	Absent	Absent
Cyst	Absent	Absent
Pus Cells	0-2 Cells/hpf	Few
RBCs	Absent Cells/hpf	Absent
Epithelia cells	Few Cells/hpf	Few
Trophozoites	Absent	Absent
Larvae	Absent	Absent
Eggs	Absent	Absent
Worms	Absent	Absent

Reported By:

AJMAL

Lab Technologist

MOH License No: 13772

Printed at: 11/10/2022 12:27:34

Verified By:

Dr. Mohammed Atif Syed
Specialist Pathologist

MOH License No: 20431

Page: 4 of 5

DEPARTMENT OF LABORATORY SERVICES

File No: 0290771
Name: JASBIR SINGH
Address:
Gender: M Age: 46 Y Nationality: INDIAN
GSM No.: 97083056 ID Card No.: 115440228
Doctor: DR. RHMAT SOLANKI

Report No:	0532300		
Sample Date:	11/10/2022	Time:	11:09
Received Date:	11/10/2022	Time:	11:09
Report Date:	11/10/2022	Time:	12:08
Bill No:	1106369	Bill Date:	11/10/2022
Company:	TRUCK OMAN LLC		

INVESTIGATION	RESULT	REFERENCE RANGE
Fat globules	Absent	Absent
Vegetable cells	Present	Present

Remarks and comments - Sickie cell screen test

1. A False negative solubility test result may occur with blood taken from severe anemic patients or if the proportion of Hb-S is less than 20 % or following blood transfusion.
2. A False positive result may be caused by the presence of abnormal plasma proteins or when patient is receiving parenteral nutrition.
3. This test provides only a preliminary screening result. Hb HPLC must be used to obtain a confirmed results
4. There is a possibility that an interfering substance in the specimen may cause erroneous results.

Urine drug screen

Method

Rapid Chromatographic Immunoassay

Interpretation:

Negative. The drug concentration is below the designated cutoff levels for the particular drug tested

Positive: The drug concentration is greater the designated cutoff levels for the particular drug tested

Remarks and comments - Urine drug screen

1. Multi-Drug Rapid Test Panel (Lunne) provides only a qualitative, preliminary analytical results
2. A secondary analytical method must be used to obtain a confirmed result.
3. Gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method
4. This test does not distinguish between drug abuse and certain medications
5. A positive result may be obtained from certain foods or food supplements

Reported By

Alfred

அ.ஜ.க.க.

Lab Technologist

MOH License No. 43772

Printed on: 11/10/2022 12:27:34

Verified By:

Dr. Mohammed Aïf Syed

Specialist Psychologist

MOH License No: 20491

AUDIOGRAM EXAMINATION SHEET

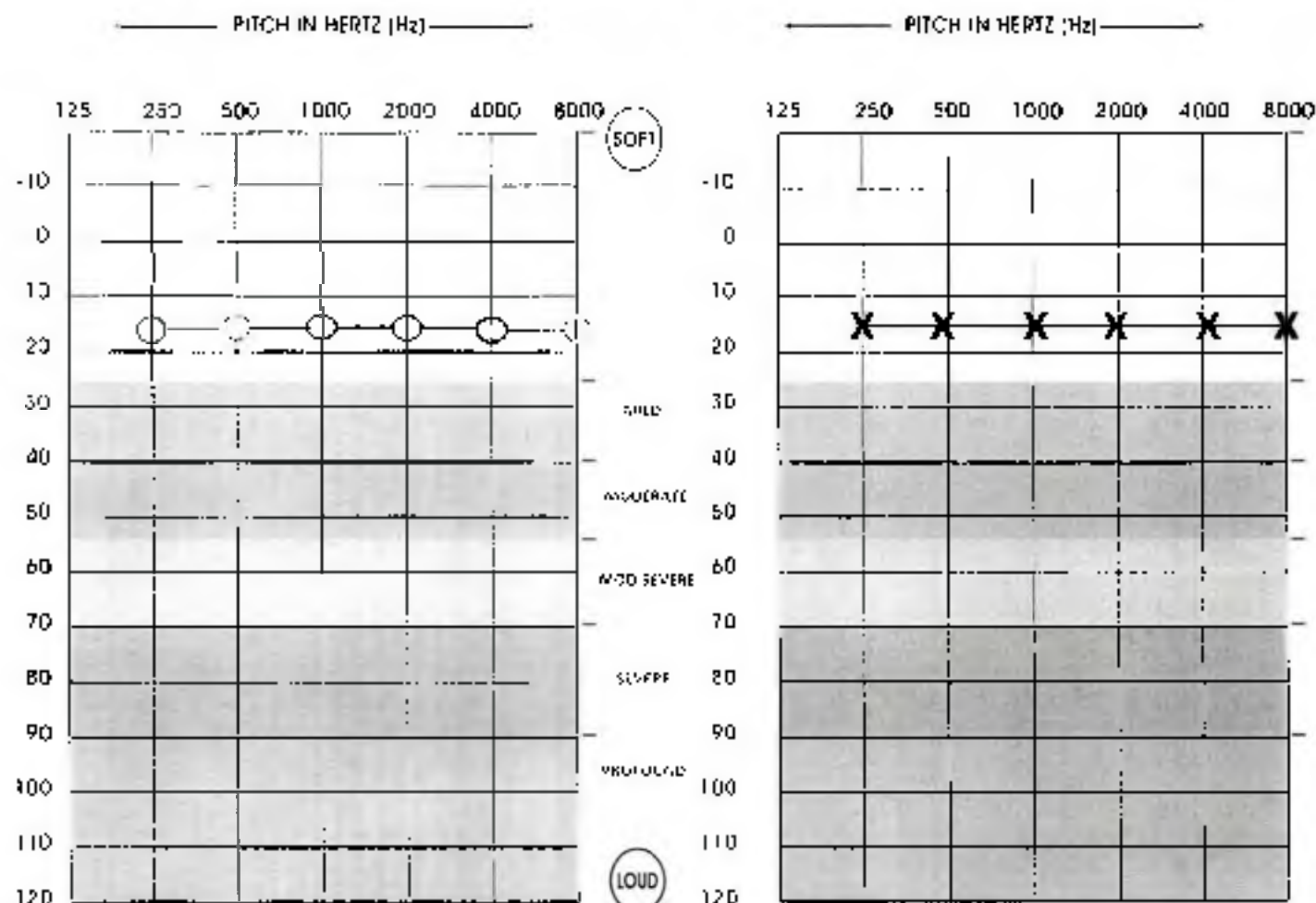
PO Box: 1097 Al-Hamra, Postal Code: 111
Muscat, Sultanate of Oman
Tel.: 2478 2760, Fax: (4711009)

FILE NO: 29071 BILL NO: _____ DATE: 11-10-22

NAME: JASBIR SINGH AGE/SEX: 46 y/m

COMPANY: TRUCK OMAN DOB: _____

CONSULTANT (REF): _____



WEBER					

						SPECIAL TESTS			
dBHL	PTA	SRT	SIS(%)	MCL	LCL	SISI	TOT	MLB/BLB	OAE
RIGHT	15								
LEFT	15								

INTERPRETATION :

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

RECOMMENDATION :

SIKKU SOMAN
AUDIOLOGIST
MOH Licence No: 16915
Apollo Hospital Muscat

Id: 290771

Jasbir

Male ... (---) Unknown

Height: 0 cm Weight: 0 kg BP: 0/0 mmHg

MedL:

Tech:

Note:

10/22/10 12:35:26

HR

138 bpm

PR

138 ms

QRS:

92 ms

QT/QTcM

322/404 ms

QTcB

430 ms

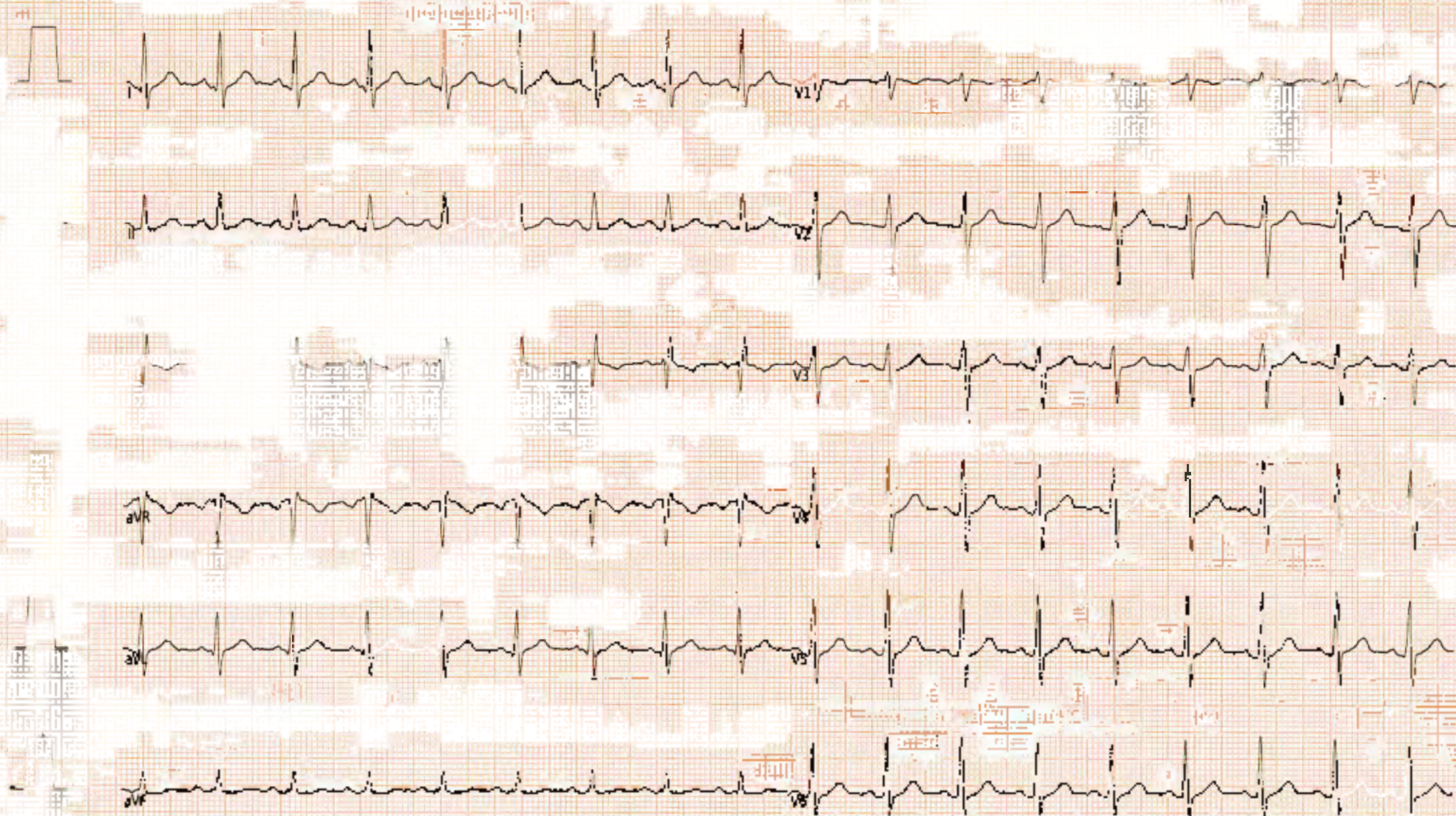
QTcF

390 ms

Pw-d/5w: 1.14/0.41 mV

SaK-Lyon 1.55 mV

Axis: 33/48/10 °



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Apollo Hospital Muscat L.L.C

NAME	: JASBIR SINGH	AGE	: 45 Yr:07/03/1976:
GENDER	: Male	PATIENT ID	: 790771
COMPANY	: TRUCK OMAN LLC (Credit)	DATE	: 11/10/2022 15:19 PM
CONSULTANT	: DR. DR. REHMAT SOLANKI	BILL NO	: 1106369
BILL DATE	: 11/10/2022		
TEST NAME	: CHEST PA		
REFERRED BY	: SELF		

RADIOGRAPH CHEST PA VIEW

OBSERVATION : Allowing for the rotation and mid inspiratory film
Trachea appears to be in mid line.

Bilateral lung fields appear clear. No mass lesion or opacification

Bilateral costophrenic and cardiophrenic angles appear normal.

Bilateral hilum appears symmetrical and normal in size.

Cardiac silhouette appears within normal limits.

Bony thoracic appears normal.

No Soft tissue mass or calcification can be seen

IMPRESSION:

Unremarkable chest radiograph

Please correlate clinically & other investigation.

Please note: This is a summary note and has no own handwriting. This is a computer generated report. Interpretation and all test or diagnostic result interpretation should be considered as preliminary and should be confirmed with clinical correlation. It is generated by computer using algorithm and is based on data entered. If possible the findings should be confirmed with higher resolution imaging, special studies and comparison and with other modalities.

Prepared By : drsarada

DR. SARADA NUFAKKI



<http://apollohospitalmuscat.com/Patient-Diagnosis/Report/Report.aspx?ReportID=790771&Page=2> 11/10/2022