PEACE LAND MEDICAL CENTER

MEDICAL EXAMINATION REPORT (CONFIDENTIAL)

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname	
Forenames	WILLIAM MASIH
Address	114837495 - TRUCKDRIVER
Home telephone number	94047512

Place of examination: MUSCAT	Date: 14/11/2022		
If a dependant enter employee's name here: Surname:		Forenames:	
Birth date: 15/3/80	Nationality: INDIAN	Country of birth: INDIA	Religion: CHRISTIAN
☑ Male ☐ Female	☑ Married ☐ Single ☐ Separated /Divorced	☐ Wife ☐ Son ☐ Daughter	Number of children: 2
Reason for examination	Pre-Employment ☐ Periodic medical check-up ☑ Pre-Overseas ☐	Job: RIGGER Area:	
Name and address of family doctor		List your last 3 jobs (1) (2) (3)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1. Sinus trouble		|	21. Cancer		|	HAVE YOU EVER BEEN:-		
2. Neck swelling/glands		|	22. Heart Disease		|	41. Rejected for employment or insurance for medical reasons		|
3. Difficulty in vision		|	23. Rheumatic fever		|			
4. Any ear discharge		|	24. Abnormal heartbeat		|	42. Awarded benefits for industrial injury/illness		|
5. Asthma/bronchitis		|	25. High blood pressure		|			
6. Hayfever /other significant allergy		|	26. Stroke		|	43. Treated for a mental condition, e.g. depression		|
7. Any skin trouble		|	27. Serious chest pain		|			
8. Tuberculosis		|	28. Any blood disease		|	44. Treated for problem drinking or drug abuse		|
9. Shortness of breath		|	29. Kidney disease		|			
10. Coughed/vomited blood		|	30. Blood in urine		|	45. Exposed to toxic substance or noise		|
11. Severe abdominal pain		|	31. Painful passage of urine		|			
12. Stomach ulcer		|	32. Diabetes		|	FOR WOMEN ONLY		
13. Recurrent indigestion		|	33. Headaches/migraine		|	Have you ever had:-		
14. Jaundice or hepatitis		|	34. Dizziness/fainting		|	46. An abnormal smear		
15. Gall Bladder disease		|	35. Epilepsy		|	47. Any gynaecological treatment		
16. Marked change in bowel habits		|	36. Joints/spinal trouble		|			
17. Blood in stools (motions)		|	37. Surgical operation		|	48. Are you pregnant?		
18. Marked change in weight		|	38. Serious accident/fracture		|	49. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		
19. Varicose veins		|	39. Tropical disease		|			
20. Lump in breast/armpit		|	40. Fear of heights		|			

How much tobacco each day? NO — Average daily alcohol consumption NO

Have you ever taken elicited drugs? ( )

FAMILY HISTORY: Diabetes ( ) Tuberculosis ( ) Epilepsy ( ) Asthma ( ) Eczema ( ) Heart disease ( ) High blood pressure ( ) Stroke ( ) Blood Disease ( ) Cancer ( )

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer.

Date: 14/11/2022 — Signature of Applicant: WILLIAM MASIH

PEACE LAND MEDICAL CENTER

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal	A = Abnormal (please describe)	PHYSICAL EXAMINATION
N	A	
✓		1. Eyes & Pupils
✓		2. E.N.T.
✓		3. Teeth & Mouth
✓		4. Lungs & Chest
✓		5. Cardiovascular System
✓		6. Abdo. Viscera
✓		7. Hernial Orifices
		8. Anus & Rectum
✓		9. Genito-urinary
✓		10. Extremities
✓		11. Musculo-skeletal
✓		12. Skin & Varicose Vns.
✓		13. C.N.S.
		14. Breast

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION DISTANT R	VISION DISTANT L	VISION NEAR R	VISION NEAR L	Colour Vision	Blood Group
175	65	21.2	120/80	72 /mins.	L R N	Uncorrected 6/6	6/6			N	
						Corrected					

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis	✓		7. Audiogram
✓		2. Hb, Bloodcount, ESR	✓		8. Lung Function
✓		3. LFT, RFT, RBS			9. Chest X-Rsy
		4. Drug Screen	✓		10. ECG
✓		5. Lipids (40 years +)	✓		11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test			12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☑ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Dr. MOHAMMED AKBAR KHAN
General Practitioner
MOH Lic. No. 4404

Date: Name (Block Capitals): Dr. / Nurse Signature:

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse Signature:

Peace Land Medical Center
P.O. Box 1403, Postal Code: 133, Al Azaiba, Roundabout Al Sahwa Tower
Sultanate of Oman
Tel: 24617117/24617148/24617149

LAB RESULT

Name:	WILLIAM MASIH	**Doc No:**	0027228
Age:	42 Y **Nationality:** INDIAN	**File No:**	0037479
Gender:	M	**Bill No:**	0043360
Ref. By:	DR.SHIMA	**Date:**	14/11/2022
GSM No.:	94047512	**Time:**	11:39

Test	Result	Normal Range
TRUCK OMAN-PDO MEDICAL CHECKUP ABOVE 40 YRS		
COMPLITE BLOOD COUNT		
RBC	5.5 10"12/l	Male 4.38 -5.78 10"12/l Female 4.0- 5.0 10"12/l
HAEMOGLOBIN	15.5 gm %	Male 13 - 17 gm % Female 11 - 14 gm %
HCT	46.5 %	Male 39.30 -50.00 % Female 37 -47 %
MCV	88 fl	84-94 fl
MCH	27.0 pg	27 - 33 pg
MCHC	33.1 g/dl	29.6 - 35.6 %
WBC COUNT	5.3 10"9 d/l	5.0 - 11.0 10"9/l
DIFFERENTIAL COUNT		
NEUTROPHIL	61 %	40-75 %
LYMPHOCYTE	34 %	20-45 %
EOSINOPHIL	02 %	1-6 %
MONOCYTE	03 %	2-8%
BASOPHIL	00 %	0-1%
ESR	-	Male 0 - 22 mm / 1st hour Female 0 - 20 mm / 1st hour
PLATELET	**160 10"9/l**	156 - 342 10"9/l
SICKLE CELL TEST	NEGATIVE	
LIVER FUCTION TEST		
ALKALINE PHOSPHATASE	79 U/L	53 - 128 U/L
S. BILIRUBIN TOTAL	**0.44 mg/dl**	0 - 2.0 mg/dl
S.G.O.T.	**21.4 U/L**	0 - 35.0 U/L
S.G.P.T.	**35.5 U/L**	10 - 45 U/L

PEACE LAND MEDICAL CENTER

Medical Technologist

Peace Land Medical Center
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Tel: 24617117/24617148/24617149

LAB RESULT

Name: WILLIAM MASIH
Age: 42 Y **Nationality:** INDIAN
Gender: M
Ref. By: DR.SHIMA
GSM No.: 94047512

Doc No: 0027228
File No: 0037479
Bill No: 0043360
Date: 14/11/2022
Time: 11:39

Test	Result	Normal Range
GGT	**34.7 U/L**	0 - 55.0 U/L
ALBUMIN	**4.1 g/dl**	3.50 - 5.20 g/dl
TOTAL PROTEIN	**6.7 g/dl**	6 - 8 g/dl
S. BILIRUBIN DIRECT	**0.16 mg/dl**	0.0 - 0.20 mg/dl
RENAL FUNCTION TEST		
UREA	**27.6 mg/dl**	18.0 - 55.0 mg/dl
S.CREATININE	**0.89 mg/dl**	0.70 -1.30 mg/dl
S.URIC ACID	**4.4 mg/dl**	3.5 - 7.2 mg/dl
LIPID PROFILE		
Total Cholesterol	**170 mg/dl**	0.0 - 200 mg/dl
Triglyceride	**84.0 mg/dl**	0.0 - 150 mg/dl
HDL - CHOL	**43.3 mg/dl**	35.0 - 79.0 mg/dl
LDL - CHOL	**109.9 mg/dl**	< 100 mg/dl
VLDL	**16.8 mg/dl**	2.0 - 30 mg/dl
FASTING BLOOD SUGAR	96.3 mg/dl	74 - 100 mg/dl
URINE ROUTINE ANALYSIS		
PHYSICAL		
Quantity	**5 ml**	
Colour	Yellow	
Sp. Gravity	1.015	
pH	Acidic	
Appearance	Clear	
CHEMICAL		
Nitrite	Negative	
Protein	Negative	
Glucose	Negative	
Ketones	Negative	

Medical Technologist

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Gender:	M	**Bill No:**	0043360
Ref. By:	DR.SHIMA	**Date:**	14/11/2022
GSM No.:	94047512	**Time:**	11:39

Test	Result	Normal Range
Urobilinogen	Normal	
Bilirubin	Negative	
Blood	Negative	
MICROSCOPIC		
PUS CELLS	1-3	
EPITHELIAL CELLS	1-2	
RBC'S	NIL	
CASTS	NIL	
CRYSTALS	NIL	
BACTERIA	NIL	
OTHERS	NIL	

Medical Technologist

PEACE LAND MEDICAL CENTER

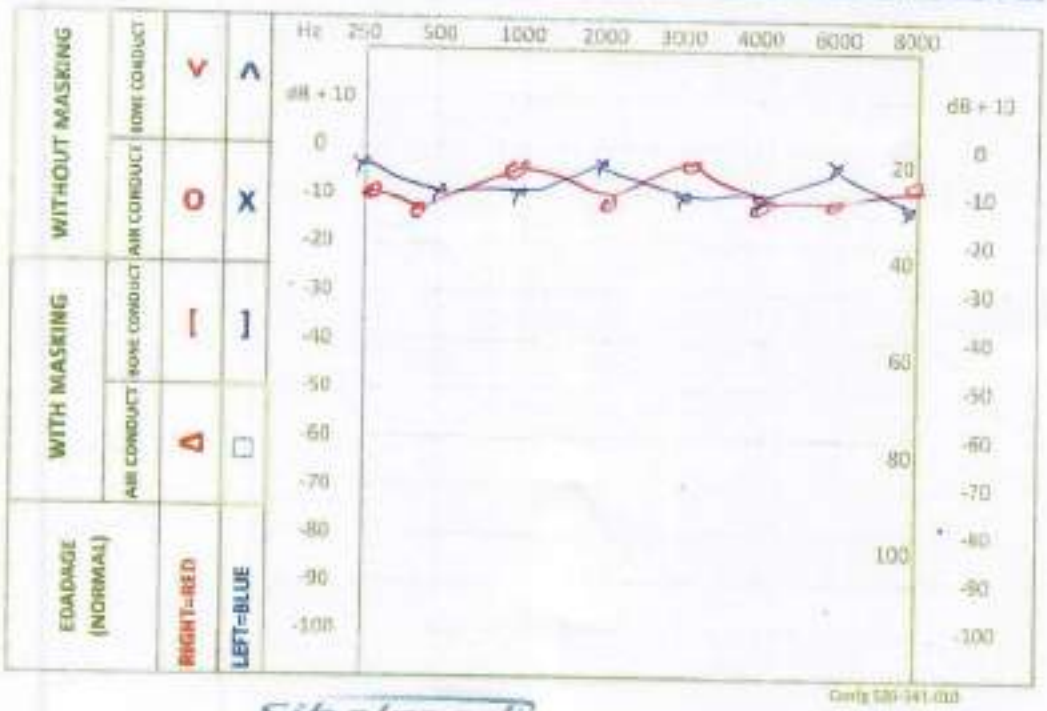
مركز بلاد السلام الطبي
Peace Land Medical Center

WILIAM NASH
42 Y(M) «Blank»
14/11/22 08:25
0037479
73344
Bill # 0043380
PEACELAND

NAM
AGE
REF. L

METRY TEST REPORT

COMPANY	Tank oman
OCCUPATION	Rigger
DATE	14/11/22



Sibelmed

INTERPRETATION
X LEFT EAR
O RIGHT EAR

RESULT
NORMAL
HEARING LOSS
RIGHT
LEFT

PEACE LAND MEDICAL CENTER

ص.ب ١٤٠٣ الرميالحمدي ١٣٣ دوار العذيبة ضمن ابراج الصحوة مبنى ٢ سلطنة عمان
P.O. Box 1403, Postal Code : 133, Al Azaiba, Roundabout al Sahwa Tower, Sultanate of Oman
Tel.: 24617117 / 24617148 / 24617149 هاتف: ٢٤٦١٧١١٧ / ٢٤٦١٧١٤٨ / ٢٤٦١٧١٤٩

2022-11-14 08:28:05

6Channel+1 Rhythm Report

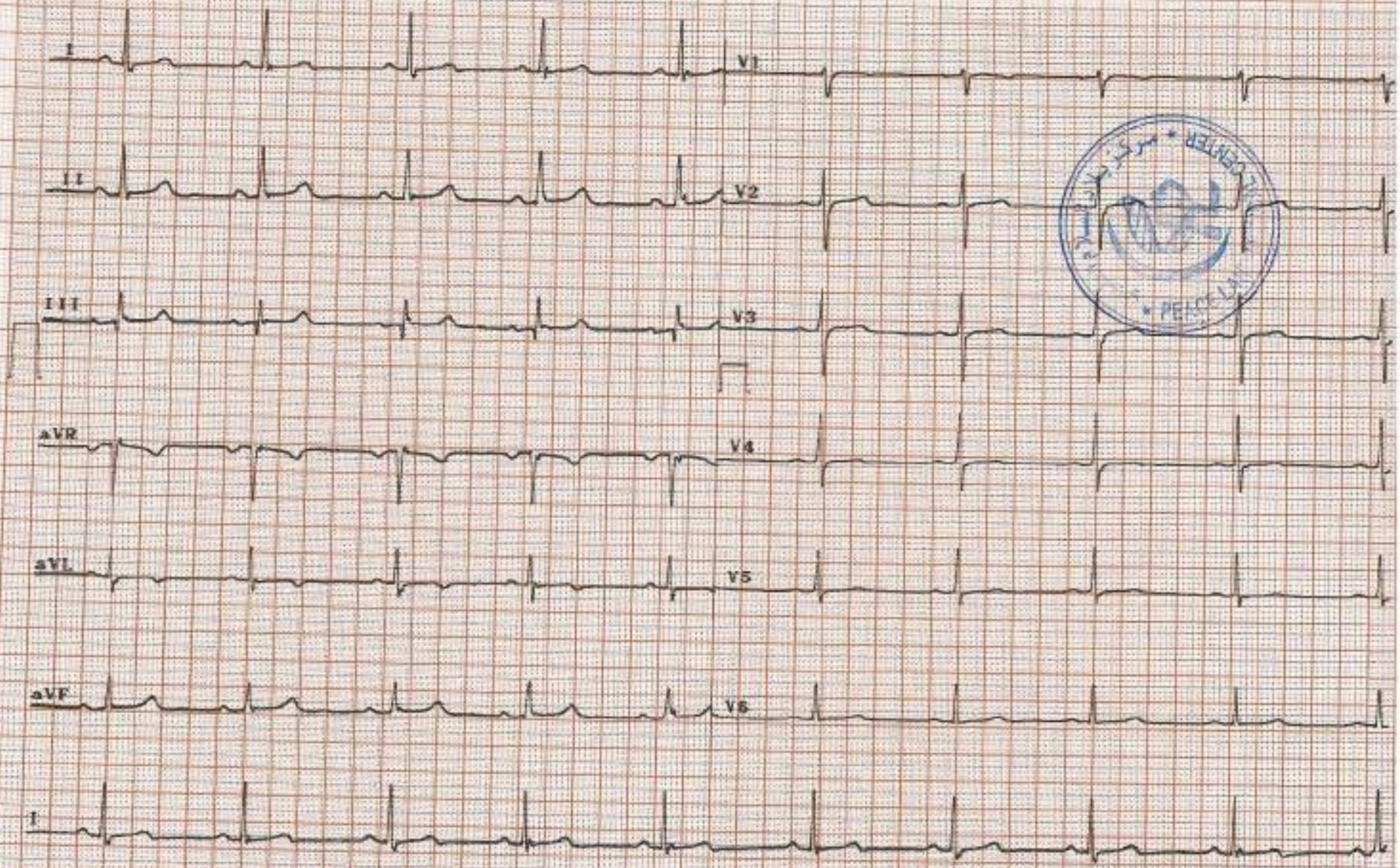
Hospital:PLMS

Confirmed by:

WILLIAM MASH
42Y(M) <Blank>
14/11/22 08:25
0037479
PEACELAND
73344
Bl# 0043380

Heart Rate : 58 BPM
PR Int.: 180 ms
QRS Dur.: 78 ms
QT/QTc: 418/409 ms
P-R-T axes: 44 35 63

** Analysis Result ** (Unconfirmed Report)
SINUS BRADYCARDIA(Heart Rate:50-59)
NORMAL AXIS
[MINIMALLY ABNORMAL OR NORMAL VARIATION ECG]



0.1Hz- 40Hz,AC50Hz.PN.Qik. 10.0/5.0mm/mV. 25.0mm/sec. CARDIO-M PLUS 1.13.30 Medical Escort Co

Results

Copy Results

Estimated 10-year Global CVD Risk

5.6%

Risk Category

Low Risk

Estimated Vascular Age

45 Years

Treatment Guidelines

ATP-III (2004)
Treatment Targets
LDL <100 mg/dL (<4.14 mmol/L)
Non-HDL <190 mg/dL (<4.93 mmol/L)

CCS (2009)
Initiate Pharmacotherapy if
LDL >5 mmol/L (>193 mg/dL)
TChol/HDL-C >6 mmol/L (>231 mg/dL)

Treatment Targets
≥50 % decrease in LDL-C

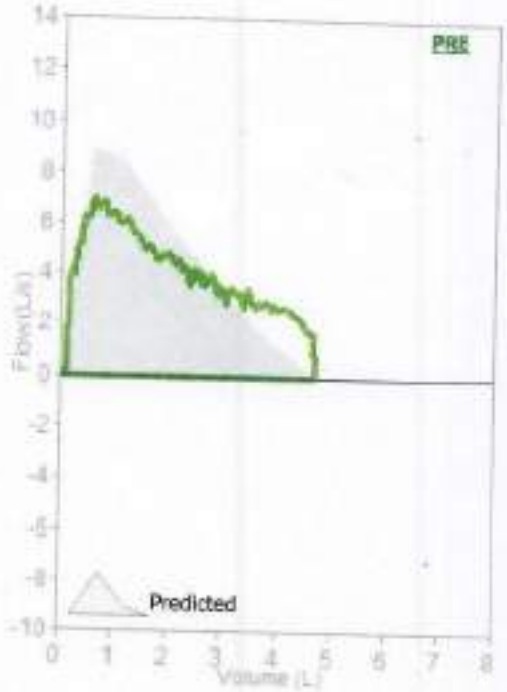
ESC (2007, see info for more)
Treatment Targets
LDL <3 mmol/L (<120 mg/dL)
TChol <5 mmol/L (<194 mg/dL)

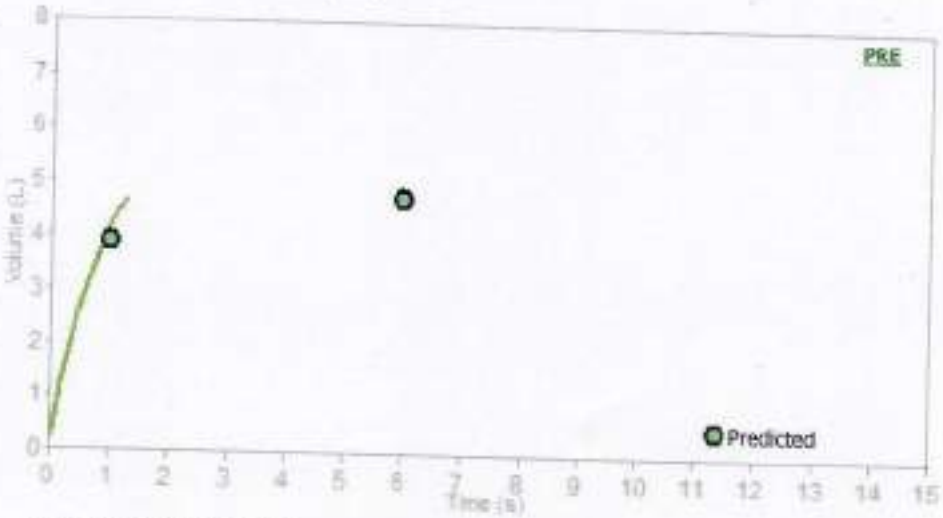
Pulmonary Function Test Results

Visit date 14/11/2022

Patient code	114837495	Age	42
Surname	MASIH	Gender	Male
Name	WILLIAM	Height, cm	175
Date of birth	15/03/1980	Weight, kg	65
Ethnic group	Not defined	BMI	21.22
Smoke		Pack-Year	
Patient group			

FVC FEV1 FEV1%





Quality Control Grade: F
0 Acceptable trials

Interpretation

Normal Spirometry

PRE Trial date 14/11/2022 10:57:07

Parameters		LLN	Pred	Best	%Pred	Z-score	PRE # 1	PRE # 2	PRE # 3	POST	%Pred	%Chg
FVC	L	3.69	4.74	4.68*	99	-0.09	4.68			*		
FEV1	L	3.03	3.90	4.20*	108	0.58	4.20			*		
FEV1/FVC	%	72.4	82.5	89.7*	109	1.16	89.7			*		
PEF	L/s	5.57	8.99	6.96*	77	-0.98	6.96			*		
ELA	Years		42	42	100		42					
FEF2575	L/s	2.31	4.09	4.05	99	-0.04	4.05					
FET	s		6.00	1.25	21		1.25					
FIVC	L	3.69	4.74									
FEV1/VC	%	72.4	82.5									

*Best values from all loops - BTPS 1.078 28 °C (82.4 °F) - Predicted Knudson

Conclusion / Medical report

Signature

Instrument used
Minispir S S/N C11507
Last calibration check 01/11/2021 09:35:10

مركز بلاد السلام الطبي
Peace Land Medical Center

Fitness for work certificate

Employee Data		Date	14/11/22
Name	William Magih.	Department/Company	Truck Oman
I.D No.		Occupation	Rigger

Type of Medical Evaluation Mark those applying √

A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	✓
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	

Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.

Fit with no restrictions			✓
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	*Temporary restriction*	*Permanent restriction*	
Work near moving machinery or sharp edges			
Working at height			
Puling, pushing, or carrying weight over ___ Kg			FIT
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinary			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			Date 14/11/22
Name of health advisor Signature			Dr. MOHAMMED AKBAR KHAN General Practitioner MOH Lic. No. 4404

P.O. Box 1402, Postal Code: 133, Al Ansab, Mountainpost al Salmia Tower, Sultanate of Oman
Tel: 24617317 / 24617168 / 24617149