

ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)



RUSAYL HEALTH CENTRE
ISO 9001- 2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname/Forenames		RAMESH KUMARAN	
Nationality		INDIAN	
Mobile No.	Home/Leave Address:	Company Number:	Reference Indicator:
92669826		ANTC ID- 62020482	

Personal Details

A <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	<input checked="" type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced /Widow(er)
Home/Leave Address:	<input type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter No of Children: 2

Reason for Examination (tick as appropriate)

Periodic Medical Examination Final / Retirement Other Reason:

Employee only

Present Job and Location: CAMP BOSS, T.Rukmani	Next Job and Location:
Are you a registered person with special needs? <input type="checkbox"/>	Do you belong to any Medical Insurance Scheme? <input type="checkbox"/>

Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

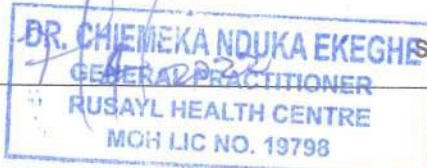
Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' Please describe

	N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?			
1 Ear, nose, eye or throat problems			
2 Chest problems like asthma, bronchitis, other bad cough			
3 Heart abnormality, chest pains			
4 Abdominal pains, abnormal bowel motions			
5 Urogenital problems (kidney disease, menstrual disorder)			
6 Skin trouble or allergies			
7 Epileptic fits, dizzy spells or migraine			
8 History of mental illness, depression anxiety			
Diabetes, thyroid disease			
10 Blood disorder e.g. anaemia, blood cancer e.g. leukaemia			
11 Any history of accidents or fractures			
12 Have you had any serious allergies			
13 Do any dependants have a significant ongoing illness?			
14 Any family history of cancers			
Do you take any regular medicines, or have you taken in the past?			
Do you smoke? If yes, what and how much each day?			
Do you drink alcohol? If yes, what is your average weekly intake?			
Have you ever taken elicited/recreational drugs?			
Are you doing regular sports or physical activities?			

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.

Date: 1/20/2014

Signature of Applicant:



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION								
N	A									
<input checked="" type="checkbox"/>	1. Eyes & Pupils	1/2 eye +								
<input checked="" type="checkbox"/>	2. E.N.T.									
<input checked="" type="checkbox"/>	3. Teeth & Mouth									
<input checked="" type="checkbox"/>	4. Lungs & Chest									
<input checked="" type="checkbox"/>	5. Cardiovascular System									
<input checked="" type="checkbox"/>	6. Abdo. Viscera									
<input checked="" type="checkbox"/>	7. Hernial Orifices									
<input checked="" type="checkbox"/>	8. Anus & Rectum									
<input checked="" type="checkbox"/>	9. Genito-urinary									
<input checked="" type="checkbox"/>	10. Extremities									
<input checked="" type="checkbox"/>	11. Musculo-skeletal									
<input checked="" type="checkbox"/>	12. Skin & Varicose Vns.									
<input checked="" type="checkbox"/>	13. C.N.S.									
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L (N) R (N)	Uncorrected Corrected	DISTANT R 6/6 L 6/6	VISION NEAR R 6/6 L 6/6		
175	94	30	119/77	56						

N A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS			N A
<input checked="" type="checkbox"/>	1. Urinalysis	TC - 242 ↑			7. Audiogram
<input checked="" type="checkbox"/>	2. Hb, Bloodcount, ESR	Hb - 54 N			8. Lung Function
<input checked="" type="checkbox"/>	3. LFT, RFT, RBS	LDL - 154 ↑			9. Chest X-Ray
<input checked="" type="checkbox"/>	4. Drug Screen	SGPT - 242 ↑			10. ECG
<input checked="" type="checkbox"/>	5. Lipids (40 years +)	FBS 90.4%			11. CVS risk for 40 yrs. & above
	6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Dyslipidemia
Borderline obesity
Borderline elevated liver enzymes

ASSESSMENT AND RECOMMENDATIONS:

FIT ALL AREAS FIT WITH RESTRICTION TEMPORARY UNFIT UNFIT

FIT

Date: 21/4/2022 Name (Block Capitals): Dr. / Nurse

Signature: 

REVIEW/CONSULTATION

DR. CHIEMEKA NDUKA EKEGHE	GENERAL PRACTITIONER
RUSAYL HEALTH CENTRE	
MOH LIC NO. 19798	

Date: 21/4/2022 Name (Block Capitals): Dr. / Nurse

Signature: 

Low fat diet
Repeat FFP, LFT in 3 months.
Iron rich PO and 8/12
Regular exercise

Signature: 