



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname: Muhammad Asif Khan		Forenames:	
Address:		Home telephone number: 9661 9438	
Place of examination:	Date: 11/2/2013	If a dependant enter employee's name here:	
Surname: Asif Khan		Forenames: Muhammad Asif Khan	
Birth date: 1/1/1973	Nationality: Pakistan	Country of birth: Pakistan	Religion: Muslim
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated/Divorced	☐ Wife ☐ Son ☐ Daughter	Number of children:
Reason for examination: ☒ Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area:			
Name and address of family doctor:		List your last 3 jobs:	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	Y
1. Sinus trouble		☒	21. Cancer
2. Neck swelling/glands		☒	22. Heart Disease
3. Difficulty in vision		☒	23. Rheumatic fever
4. Any ear discharge		☒	24. Abnormal heartbeat
5. Asthma/bronchitis		☒	25. High blood pressure
6. Hayfever/other significant allergy		☒	26. Stroke
7. Any skin trouble		☒	27. Serious chest pain
8. Tuberculosis		☒	28. Any blood disease
9. Shortness of breath		☒	29. Kidney disease
10. Coughed/vomited blood		☒	30. Blood in urine
11. Severe abdominal pain		☒	31. Diabetes
12. Stomach ulcer		☒	32. Headaches/migraine
13. Recurrent indigestion		☒	33. Dizziness/fainting
14. Jaundice or hepatitis		☒	34. Epilepsy
15. Gall Bladder disease		☒	35. Joints/spinal trouble
16. Marked change in bowel habits		☒	36. Surgical operation
17. Blood in stools (motions)		☒	37. Serious accident/fracture
18. Marked change in weight		☒	38. Tropical disease
19. Varicose veins		☒	39. Fear of heights
20. Lump in breast/armpit			
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 11/2/2013		Signature of Applicant: Asif Khan	

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION			
N	A						
☒		1. Eyes & Pupils					
☒		2. E.N.T.					
☒		3. Teeth & Mouth					
☒		4. Lungs & Chest					
☒		5. Cardiovascular System					
☒		6. Abdo. Viscera					
☒		7. Hemial Orifices					
☒		8. Anus & Rectum					
☒		9. Gento-urinary					
☒		10. Extremities					
☒		11. Musculo-skeletal					
☒		12. Skin & Varicose Vns.					
☒		13. C.N.S.					
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING L R	VISION DISTANT R L R L Uncorrected Corrected	Colour Vision Blood Group
175	71	23.2	128/72	66/min.		6/6/6/6	

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
☒		1. Urinalysis		☒		7. Audiogram
☒		2. Hb, Bloodcount, ESR		☒		8. Lung Function
☒		3. LFT, RFT, RBS		☒		9. Chest X-Ray
☒		4. Drug Screen		☒		10. ECG
☒		5. Lipids (40 years +)		☒		11. CVS risk for 40 yrs. & above
☒		6. Sickle Cell test		☒		12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Arterial ↑ ↑ right wrist. Advised diet and exercise control

ASSESSMENT:

☒ FIT ALL AREAS
 ☐ FIT WITH RESTRICTION
 ☐ TEMPORARY UNFIT
 ☐ UNFIT

Date: 11/1/2023
 Name (Block Capitals) Dr. Nurse

Signature:

REVIEW/CONSULTATION

Date:
 Name (Block Capitals) Dr. Nurse

Signature:

 Dr. WAKASH VELLA
 رقم الترخيص: 111-1-1
 LICENSE NO: 1018
 طبيب عام
 GENERAL PRACTITIONER

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Muhammad Asif Khan
Emp #: 61649158
Date of Assessment: 11/9/2023

1	Age	Years	50
2	Gender	Female/Male	Male
3	Total Cholesterol	mmol/L	5-85
4	HDL Cholesterol	mmol/L	1-10
5	Smoker	Yes/No	No
6	Diabetes	Yes/No	No
7	Systolic Blood pressure	mm Hg	108
8	Is the patient being treated for High blood pressure?	Yes/No	No

Framingham Risk score: 4.5 %

Framingham Risk Rating (Circle the appropriate score):

Low Medium High

Any further action or recommendations?

Assessment or Examination conducted by:

Dr. Rakesh Yella



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 11/2/2023
Name: Muhammad Asif Khan		Department/Company: 10
I.D No. 61649158	Tel # 9619438	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

☒ sitting and reading
☒ watching TV
☒ sitting inactive in a public place (e.g. theatre or meeting)
☒ as a passenger in the car for an hour without a break
☒ Lying down to rest in the afternoon when circumstances permit
☒ Sitting & talking with someone
☒ Sitting quietly after lunch without alcohol
☒ In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Mohd (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Asif Date: 11/2/2023

Fitness to Work Certificate

Employee Data		Date: 11/2/2023	
Name: Muhammad Aif Khan		Department/Company: T.O.	
I.D No. 61649158	Age 50/4	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		✓	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor: Dr. R. Al-Rasbi	Signature	Date: 11/2/2023	Date



DEPARTMENT OF LABORATORY MEDICINE

File No: 0177759	Report No: 0648274
Name: MUHAMMAD ASIF KHAN	Sample Date: 11/02/2023 Time: 10:21
	Received By: JIBI
Address:	Received Date: 11/02/2023 Time: 10:23
Gender: M Age: 50 Y Nationality: PAKISTANI	Report Date: 11/02/2023 Time: 11:26
GSM No.: 94619438 ID Card No.: 61649158	Bill No: 0863420 Bill Date: 11/02/2023
Ref. By: JAMAL T M	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
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PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	4.80 mmol/L	3.9 - 6.1
Method : Hexokinase	86.4 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.85 mmol/L	1 - 5.1
Method: Enzymatic	226.16 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.10 mmol/L	0.777 - 1.813
Method: Enzymatic	42.53 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.64 mmol/L	1.295 - 4.54
Method: Calculation	140.62 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.11 mmol/L	0.259 - 1.036
Method: Calculation	43.01 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	5.32	3.8 - 5.9
Method: Calculation		
TRIGLYCERIDES	2.43 mmol/L	0.564 - 2.146
Method : Enzymatic	215.055 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.456 mg/dL	0.1 - 1
Method : Diazo	7.8 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.214 mg/dL	0.1 - 0.5
Method : Diazo	3.66 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	14.40 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	16.90 U/L	Male: 10-50 Female: 10-35

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
JIBI
Lab Technologist

Rechecked By:
JIBI
Lab Technologist
MOH LIC No: 4384

DR. SHAYFA P
Specialist Pathologist
MOH LIC NO:13475

Electronically Signed at: 11/02/2023 11:27:00 AM

Printed at: 11/02/2023 11:27:31 AM

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INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	117.44 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	8.34 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.63 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.71 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.25	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	32.88 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.30 mmol/L	1.7 - 8.3
Method : Kinetic Assay	25.83 mg/dL	10.2 - 49.8
CREATININE - SERUM	77.88 µmol/L	44.2 - 123.7
Method :-Jaffé Method	0.88 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	8350 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	53.5 %	40-75%

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Report Status: Final

Address:
Gender: M **Age:** 50 Y **Nationality:** PAKISTANI
GSM No.: 94619438 **ID Card No.:** 61649158
Ref. By: JAMAL T M

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	37.4 %	20-45%
EOSINOPHILS	1.2 %	2-6 %
MONOCYTES	7.3 %	2-8 %
BASOPHILS	0.6 %	0-1%
HB (HEMOGLOBIN)	15.1 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.48 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.04 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	47.70 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	87.00 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	27.60 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	31.70 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	03 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL **NEGATIVE**

Method : -Haemoglobin solubility test

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Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

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X-RAY REPORT

Doc No:	0068297
Name:	MUHAMMAD ASIF KHAN
Age/DOB:	50 Y Omani ID/ L.Card No.: 61649158
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	11/02/2023
X-Ray Film No:	PDO
Bill No:	0863400
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 



177759

muhammas asif

2/11/2023 01:44:17 AM

Aster Hospital IBRI

ECG Room

ECG Room



Rate 61

PR 172

QRSD 101

QT 457

QTc 461

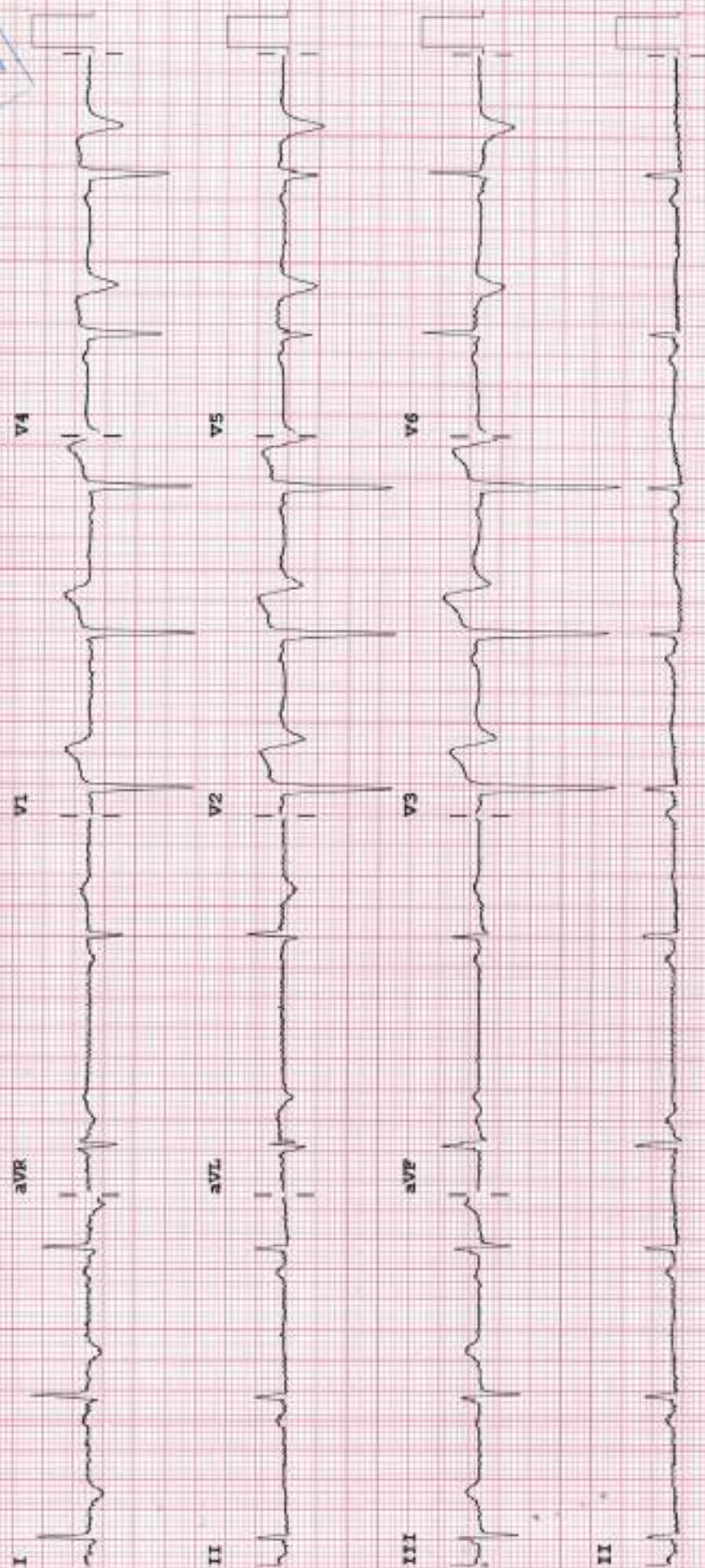
--AXIS--

P 31

QRS 13

T 143

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50~ 0.50~ 40 Hz W

PBI0

L?

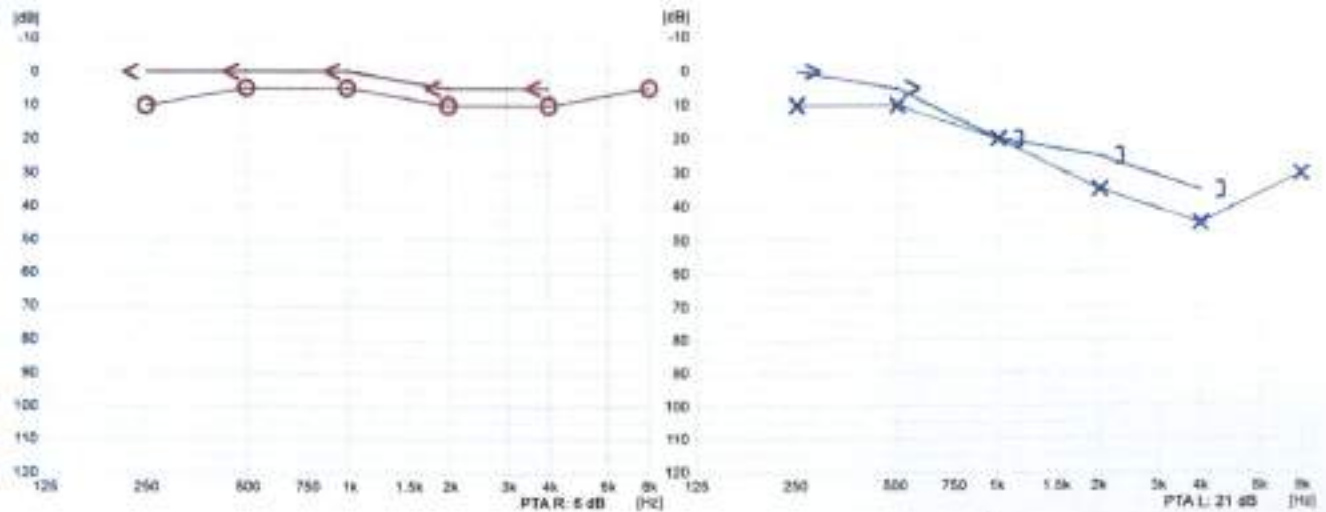
P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0863420 Last name, First name: MUHAMMAD ASIF, KHAN Born: 4.06.2021
Test type: Tonal audiometry Test date: 11.02.2023



PTA

Right: 6.6 dB HL

Left: 21.6 dB HL

Comments

RIGHT EAR: HEARING SENSITIVITY WITHIN NORMAL LIMITS
LEFT EAR: MINIMAL HEARING LOSS WITH NOTCH AT 4KHz REGION

Signature:

Date: 11-02-2023

Refill by Hedera Biomedica Srl 2018 - www.hedera-biomedica.com
IBRI No: 1093393
Postal Code: 133
tbn: 3903

