



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petroroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname		Forenames		Address	
Muhammad Usman		Khan			
Home telephone number		92885341			
Place of examination		Date: 23/1/2023			
If a dependant enter employee's name here:					
Surname		Forenames		Relationship to employee	
Birth date		Country of birth		Religion	
21/6/1978		Pakistan		Muslim	
☐ Male	☐ Female	☐ Married	☐ Single	☐ Separated / Divorced	☐ Wife ☐ Son ☐ Daughter
Reason for examination		Pre-Employment		Job:	
		Pre-Overseas		Area:	
Name and address of family doctor:			List your last 3 jobs:		
			(1)		
			(2)		
Are you a Registered Disabled Person? (UK only)			Do you belong to any Medical Insurance Scheme?		
☐			☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
Y		N		Y	
1. Sinus trouble		☒		21. Cancer	
2. Neck swelling/swallowing		☒		22. Heart Disease	
3. Difficulty in vision		☒		23. Rheumatic fever	
4. Any ear discharge		☒		24. Abnormal heartbeat	
5. Asthma/bronchitis		☒		25. High blood pressure	
6. Hayfever /other significant allergy		☒		26. Stroke	
7. Any skin trouble		☒		27. Serious chest pain	
8. Tuberculosis		☒		28. Any blood disease	
9. Shortness of breath		☒		29. Kidney disease	
10. Coughed/vomited blood		☒		30. Blood in urine	
11. Severe abdominal pain		☒		31. Diabetes	
12. Stomach ulcer		☒		32. Headaches/migraine	
13. Recurrent indigestion		☒		33. Dizziness/fainting	
14. Jaundice or hepatitis		☒		34. Epilepsy	
15. Gall Bladder disease		☒		35. Joints/spinal trouble	
16. Marked change in bowel habits		☒		36. Surgical operation	
17. Blood in stools (motions)		☒		37. Serious accident/fracture	
18. Marked change in weight		☒		38. Tropical disease	
19. Varicose veins		☒		39. Fear of heights	
20. Lump in breast/armpit		☒			
How much tobacco each day?		Average daily alcohol consumption			
Have you ever taken illicit drugs? () PDQ test all new/potential employees for illicit/recreational drugs					
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()					
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-					
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDQ reserves the right to dismiss me if it was found that I have purposely withheld important medical information.					
Date:		Signature of Applicant:			
23/1/2023					

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
✓		1. Eyes & Pupils
✓		2. E.N.T.
✓		3. Teeth & Mouth
✓		4. Lungs & Chest
✓		5. Cardiovascular System
✓		6. Abdo. Viscera
✓		7. Hamal Orifices
✓		8. Anus & Rectum
✓		9. Genito-urinary
✓		10. Extremities
✓		11. Musculo-skeletal
✓		12. Skin & Vascular Sys.
✓		13. C.N.S.

HEIGHT 176 cm	WEIGHT 71 kg	BMI 22.9	B.P. 102/38	PULSE 55/min.	HEARING L R	VISION DISTANT R L Uncorrected Corrected	NEAR R L 6/6 6/6	Colour Vision	Blood Group
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N A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N A	
✓		1. Urinalysis	✓	7. Audiogram
✓		2. Hb, Bloodcount, ESR		8. Lung Function
✓		3. LFT, RFT, RBS	✓	9. Chest X-Ray
✓		4. Drug Screen	✓	10. ECG
✓		5. Lipids (40 years +)	✓	11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test		12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ICU 24/12/11. Uncontrolled sugar levels. Advised HBA, C and Physician consultation for further Management.

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 23/1/2013	Name (Block Capitals): DR. RAKESH YELLA	Signature: 
REVIEW/CONSULTATION		
Date:	Name (Block Capitals): Dr. / Nurse	Signature: 

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age);

Employee Name: Muhammad Usman Khan

Emp #:

Date of Assessment: 114600244
23/1/2023

1	Age	Years	45
2	Gender	Female/Male	male
3	Total Cholesterol	mmol/L	6.52
4	HDL Cholesterol	mmol/L	1.150
5	Smoker	Yes/No	No
6	Diabetes	Yes/No	No
7	Systolic Blood pressure	mm Hg	107
8	Is the patient being treated for High blood pressure?	Yes/No	No

Framingham Risk score: 7.9 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations:

Assessment or Examination conducted by:

Dr. Bakesh Yella

DR. BAKESH YELLA
رئيس التمريض
LICENSE NO: 1228

GENERAL PRACTITIONER

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 23/1/2023
Name: Mohammed Usman Khan	Department/Company: T.O.	
I.D No. 11A600244	Tel # 9285341	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0	Would never doze
1	Slight chance of dozing
2	Moderate chance of dozing
3	High chance of dozing

0	sitting and reading
0	watching TV
0	sitting inactive in a public place (e.g. theatre or meeting)
0	as a passenger in the car for an hour without a break
1	Lying down to rest in the afternoon when circumstances permit
0	Sitting and talking with someone
0	Sitting quietly after lunch without alcohol
0	In a car, while stopped for a few minutes in traffic
Total 1	

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Mohd (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 23/1/2023

Fitness to Work Certificate

Employee Data		Date 23/1/2023	
Name Muhammad Usman Khan		Department/Company 70	
ID No. 114606244	Age 45/41	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers - group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers - group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges	☐	☐	
Working at height	☐	☐	
Pulling, pushing, or carrying weight over ____ Kg	☐	☐	
Ascent/descend ladders or stairs	☐	☐	
Operate motor vehicles, forklifts or heavy machinery	☐	☐	
Use of a respirator	☐	☐	
Repetitive twisting of valves or wrenches	☐	☐	
Flying	☐	☐	
Other (Specify)	☐	☐	
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature [Signature]	Date 23/1/2023	Date



DEPARTMENT OF LABORATORY MEDICINE

File No: 0187706
Name: MUHAMMAD USMAN KHAN

Address:
Gender: M Age: 45 Y Nationality: PAKISTANI
GSM No.: 92885341 ID Card No.: 114600244
Ref. By: EXTERNAL DOCTOR

Report No: 0646249
Sample Date: 23/01/2023 Time: 11:53
Received By: 181773
Received Date: 23/01/2023 Time: 12:05
Report Date: 23/01/2023 Time: 13:46
Bill No: 0861027 Bill Date: 23/01/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	20.50 mmol/L	3.9 - 6.1
Method :- Hexokinase	369 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	6.52 mmol/L	1 - 5.1
Method:-Enzymatic	252.06 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.150 mmol/L	0.777 - 1.813
Method:-Enzymatic	44.46 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	4.4 mmol/L	1.295 - 4.54
Method:-Calculation	169.9 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.98 mmol/L	0.259 - 1.036
Method:-Calculation	37.7 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	5.67	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	2.13 mmol/L	0.564 - 2.146
Method : Enzymatic	188.505 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.393 mg/dL	0.1 - 1
Method : Diazo	6.72 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.128 mg/dL	0.1 - 0.5
Method : Diazo	2.19 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	11.95 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	14.16 U/L	Male: 10-50 Female: 10-35

Processed By:
181773
Lab Technologist

Approved By:
181773
Lab Technologist

INSILAHHA
TECHNICIAN
Released By:
181773
Lab Technologist

DR. SHAYFA P
Specialist Pathologist
MOH LIC NO: 13475

MOH License No: 21829

MOH License No: 21829

Electronically Signed at: 23/01/2023 1:48:00 PM

Printed at: 23/01/2023 1:46:58 PM

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0187706
Name: MUHAMMAD USMAN KHAN

Address:
Gender: M **Age:** 45 Y **Nationality:** PAKISTANI
GSM No.: 92885341 **ID Card No.:** 114600244
Ref. By: EXTERNAL DOCTOR

Report No: 0646249
Sample Date: 23/01/2023 **Time:** 11:53
Received By: 181773
Received Date: 23/01/2023 **Time:** 12:05
Report Date: 23/01/2023 **Time:** 13:46
Bill No: 0861027 **Bill Date:** 23/01/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	119.93 U/L	Adult : Men -40-129 Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.60 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.70 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.9 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.62	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	22.00 U/L	Men : 8-61 Female : 5-36
Method : -Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	5.98 mmol/L	1.7 - 8.3
Method : Kinetic Assay	35.92 mg/dL	10.2 - 49.8
CREATININE - SERUM	89.34 µmol/L	44.2 - 123.7
Method : -Jaffé Method	1.01 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	5710 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	56.1 %	40-75%

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Lab Technologist

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181773
Lab Technologist



DR. SHAYFA P
Specialist Pathologist

MOH License No: 21829

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0187708
Name: MUHAMMAD USMAN KHAN

Address:
Gender: M Age: 45 Y Nationality: PAKISTANI
GSM No.: 92885341 ID Card No.: 114600244
Ref. By: EXTERNAL DOCTOR

Report No: 0646249
Sample Date: 23/01/2023 Time: 11:53
Received By: 181773
Received Date: 23/01/2023 Time: 12:05
Report Date: 23/01/2023 Time: 13:46
Bill No: 0861027 Bill Date: 23/01/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	32.7 %	20-45%
EOSINOPHILS	4.0 %	2-6 %
MONOCYTES	6.8 %	2-8 %
BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	14.7 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.74 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.09 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	45.60 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	79.40 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	25.60 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.20 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

Method : -Haemoglobin solubility test

NEGATIVE



Processed By:
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Lab Technologist

Approved By:
181773
Lab Technologist

Released By:
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Lab Technologist

DR. SHAYFA P
Specialist Pathologist

MOH License No: 21829

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0187706	Report No: 0646249
Name: MUHAMMAD USMAN KHAN	Sample Date: 23/01/2023 Time: 11:53
	Received By: 181773
Address:	Received Date: 23/01/2023 Time: 12:05
Gender: M Age: 45 Y Nationality: PAKISTANI	Report Date: 23/01/2023 Time: 13:46
GSM No.: 92885341 ID Card No.: 114600244	Bill No: 0861027 Bill Date: 23/01/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	+++	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Processed By:

181773

Lab Technologist

MOH License No: 21829

Approved By:

181773

Lab Technologist

THANSILA THAHA
Lab Technologist
No: 21829

Released By:

181773

Lab Technologist

MOH License No: 21829

Dr. Shayfa P
Specialist Pathologist
MOH LIC NO: 13475
Electronically Signed at: 23/01/2023 1:46:00 PM

X-RAY REPORT

Doc No:	0067720
Name:	MUHAMMAD USMAN KHAN
Age/DOB:	45 Y Omani ID/ L.Card No.: 114600244
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	23/01/2023
X-Ray Film No:	PDO
Bill No:	0861027
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 



0187706
45 Years

MUHAMMED USMAN KHAN
Male

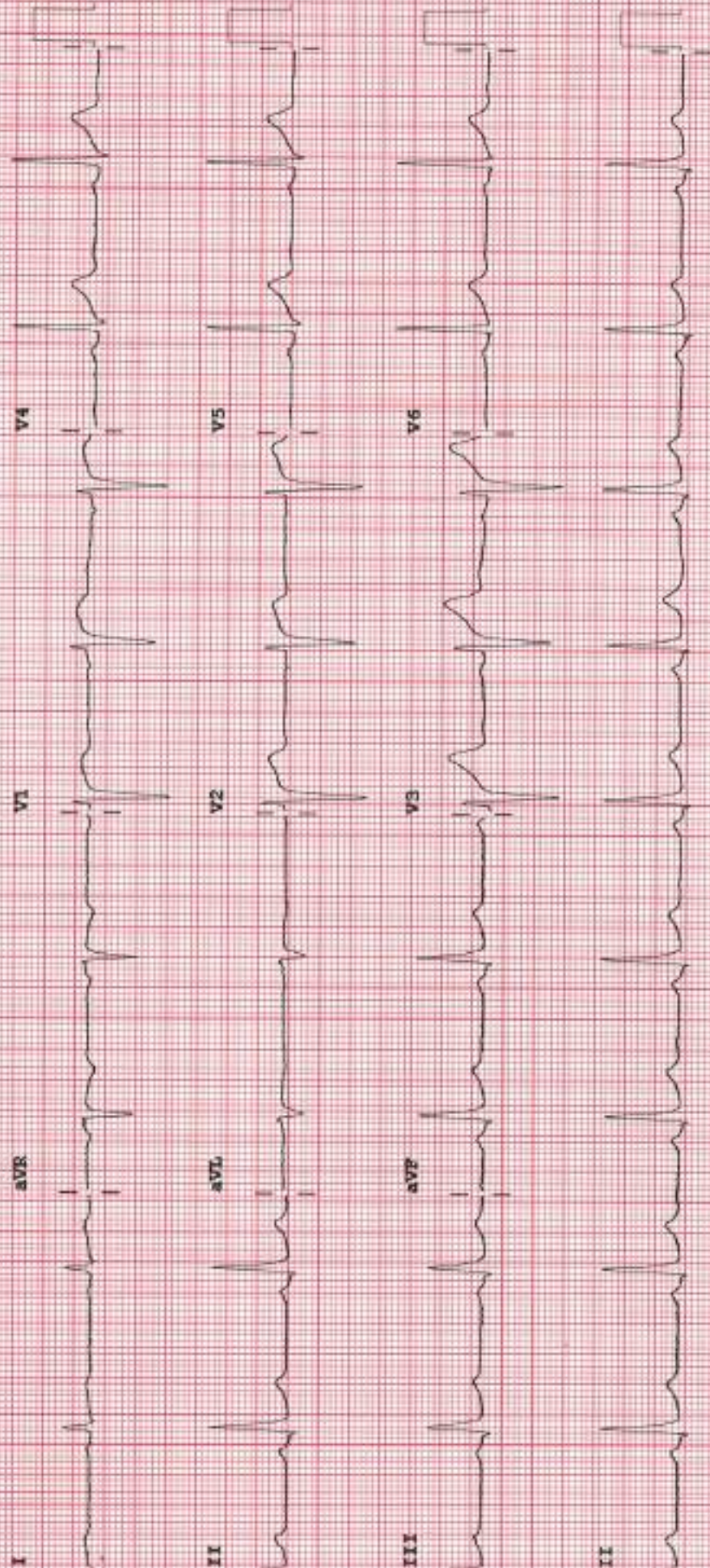
23-Jan-23 11:15:13 AM
ASTER HOSPITAL IHRI (Emergency)

Rate 58
RR 1034
PR 178
QRSD 112
QT 431
QTc 424

--AXIS--

P 81
QRS 77
T 75

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50~0.50~40 Hz W

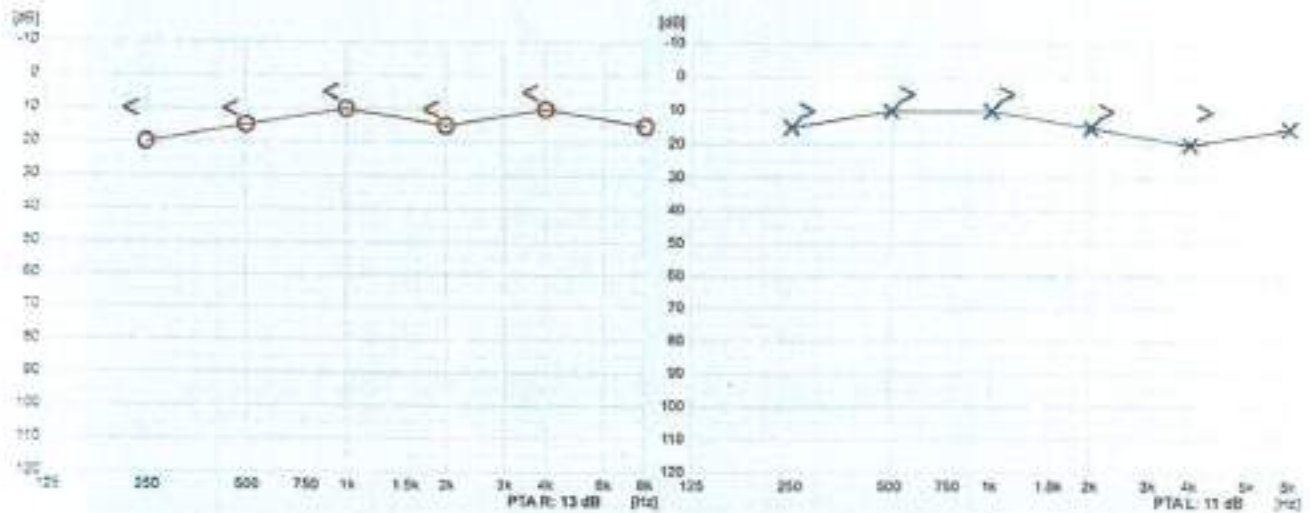
PH10 CL

P?

Aster QUALITY HEARING AND SPEECH THERAPY CENTER

مستشفى أسطر
نحن نعالجك بك دائما

Code: 0861027
Last name, First name, Birth: MUHAMMAD USMAN, KH00001.2023
Test type: Tonal audiometry
Test date: 23.01.2023



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldMasked	A	A
Referred	B	
No response	I	

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:

Date: 23/01/2023

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