

11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

 Petrochem Development Oman MEDICAL DEPARTMENT PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS		Surname Muhammad Adam Muhammad	
		Forenames Sadiq	
Place of examination		Address	
Date 7/3/2013	Home telephone number 98979637		
If a dependant enter employee's name here		Relationship to employee	
Surname		Forenames	
Birth date 8/8/1969		Country of birth Pakistan	
Nationality Pakistani		Religion Muslim	
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated/Divorced	☐ Wife ☐ Son ☐ Daughter	Number of children:
Reason for examination		Pre-Employment ☐ Job: ☐	
Pre-Overseas ☐ Area: ☐			
Name and address of family doctor		List your last 3 jobs	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	Y
1. Sinus trouble	☒	☐	21. Cancer
2. Neck swelling/glands	☒	☐	22. Heart Disease
3. Difficulty in vision	☒	☐	23. Rheumatic fever
4. Any ear discharge	☒	☐	24. Abnormal heartbeat
5. Asthma/bronchitis	☒	☐	25. High blood pressure
6. Hayfever /other significant allergy	☒	☐	26. Stroke
7. Any skin trouble	☒	☐	27. Serious chest pain
8. Tuberculosis	☒	☐	28. Any blood disease
9. Shortness of breath	☒	☐	29. Kidney disease
10. Coughed/vomited blood	☒	☐	30. Blood in urine
11. Severe abdominal pain	☒	☐	31. Diabetes
12. Stomach ulcer	☒	☐	32. Headaches/migraine
13. Recurrent indigestion	☒	☐	33. Dizziness/fainting
14. Jaundice or hepatitis	☒	☐	34. Epilepsy
15. Gall Bladder disease	☒	☐	35. Joints/spinal trouble
16. Marked change in bowel habits	☒	☐	36. Surgical operation
17. Blood in stools (motions)	☒	☐	37. Serious accident/fracture
18. Marked change in weight	☒	☐	38. Tropical disease
19. Varicose veins	☒	☐	39. Fear of heights
20. Lump in breast/arm/pit	☒	☐	
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Ecema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if requested. The details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserves the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 7/3/2013		Signature of Applicant: [Signature]	

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
☒		1. Eyes & Pupils
☒		2. E.N.T.
☒		3. Teeth & Mouth
☒		4. Lungs & Chest
☒		5. Cardiovascular System
☒		6. Abdo. Viscera
☒		7. Hemial Orifices
☒		8. Anus & Rectum
☒		9. Genito-urinary
☒		10. Extremities
☒		11. Musculo-skeletal
☒		12. Skin & Varicose Vins.
☒		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	S.P.	PULSE /mins.	HEARING L R	VISION DISTANT R L NEAR R L	Colour Vision	Blood Group
169 cm	69 kg	24.2	160 100	62/mr		Uncorrected Corrected 6/6 6/6		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
☒		1. Urinalysis		☒		7. Audiogram
☒		2. Hb, Bloodcount, ESR		☒		8. Lung Function
☒		3. LFT, RFT, RBS		☒		9. Chest X-Ray
☒		4. Drug Screen		☒		10. ECG
☒		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
☒		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Highbf. Advised medications
Femo off 10/2011.

ASSESSMENT:

☒ FIT ALL AREAS
 ☐ FIT WITH RESTRICTION
 ☐ TEMPORARY UNFIT
 ☐ UNFIT

Date: 9/3/9.23

Name (Block Capitals): Dr. / Nurse

Signature:

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr. / Nurse

Signature:

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name:

Muhammad Asam Muhammad Sadiq

Emp #:

113882215

Date of Assessment:

9/3/2023

1	Age	Years	
		<u>53</u>	
2	Gender	Female/Male	
		<u>Male</u>	
3	Total Cholesterol	mmol/L	<u>4.63</u>
4	HDL Cholesterol	mmol/L	<u>1.03</u>
5	Smoker	Yes/No	
		<u>No</u>	
6	Diabetes	Yes/No	
		<u>No</u>	
7	Systolic Blood pressure	mm Hg	
		<u>168</u>	
8	Is the patient being treated for High blood pressure?	Yes/No	
		<u>No</u>	

Framingham Risk score: 15.6 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 9/3/2023
Name: Muhammad Asam Muhammad		Department/Company: 7.0.
I. D No. 113882215	Tel # 96979637	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0: Would never doze

1: Slight chance of dozing

2: Moderate chance of dozing

3: High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

1 Lying down to rest in the afternoon when circumstances permit

0 Sitting a talking with someone

0 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Adnan Date: 9/3/2023

Fitness to Work Certificate

Employee Data		Date 9/3/2023	
Name Muhammad Azam Muhammad		Department/Company TO	
I.D No. 113882215	Age 53/4	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers - group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers - group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature 9/3/2023	Date	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0220737
Name: MUHAMMAD AZAM MUHAMMAD SADIQ
Address:
Gender: M **Age:** 53 Y **Nationality:** PAKISTANI
GSM No.: 98979637 **ID Card No.:** 113882215
Ref. By: EXTERNAL DOCTOR

Report No: 0651470
Sample Date: 09/03/2023 **Time:** 11:55
Received By: SREERAJ
Received Date: 09/03/2023 **Time:** 12:10
Report Date: 09/03/2023 **Time:** 13:17
Bill No: 0867333 **Bill Date:** 09/03/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	6.55 mmol/L	3.9 - 6.1
Method :- Hexokinase	117.9 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	4.63 mmol/L	1 - 5.1
Method:-Enzymatic	179 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.030 mmol/L	0.777 - 1.813
Method:-Enzymatic	39.82 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.23 mmol/L	1.295 - 4.54
Method:-Calculation	86.08 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.38 mmol/L	0.259 - 1.036
Method:-Calculation	53.1 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.5	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	3.0 mmol/L	0.564 - 2.146
Method : Enzymatic	265.5 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	1.0 mg/dL	0.1 - 1
Method : Diazo	17.1 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.258 mg/dL	0.1 - 0.5
Method : Diazo	4.41 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	30.01 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	56.55 U/L	Male: 10-50 Female: 10-35

SREERAJ
Processed By:
SREERAJ
Lab Technologist

Approved By:
SREERAJ
Lab Technologist

SREERAJ
Released By:
SREERAJ
Lab Technologist

DR. SHAYFA
DR. SHAYFA
Specialist Pathologist

MOH License No: 6644

MOH License No: 6644

MOH LIC NO: 13475

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INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	85.20 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.91 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.80 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.11 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.54	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	49.16 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	5.32 mmol/L	1.7 - 8.3
Method : Kinetic Assay	31.95 mg/dL	10.2 - 49.8
CREATININE - SERUM	55.46 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.63 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	7960 cells/cumm	4000 - 11000 cells/cumm
Method :-Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method :-Fluorescence Flow Cytometry		
NEUTROPHILS	60.7 %	40-75%

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INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	27.3 %	20-45%
EOSINOPHILS	2.6 %	2-6 %
MONOCYTES	9.0 %	2-8 %
BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	18.1 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	6.52 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.42 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	52.10 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	79.90 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	27.80 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	34.70 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test



DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

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Sreeraj

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Lab Technologist

MOH License No: 6644

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SREERAJ
Lab Technologist

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INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



DR. SHAYFA P
Specialist Pathologist

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Lab Technologist

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Lab Technologist

MOH License No: 6844

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X-RAY REPORT

Doc No:	0069187
Name:	MUHAMMAD AZAM MUHAMMAD SADIQ
Age/DOB:	53 Y Omani ID/ L.Card No.: 113882215
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	11/03/2023
X-Ray Film No:	TO
Bill No:	0867333
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



220737

muhammad azam

3/9/2023 10:19:28 AM

Aster Hospital IBRI

ECG Room

ECG Room

Rate 78

PR 150

QRSD 79

QT 375

QTc 428

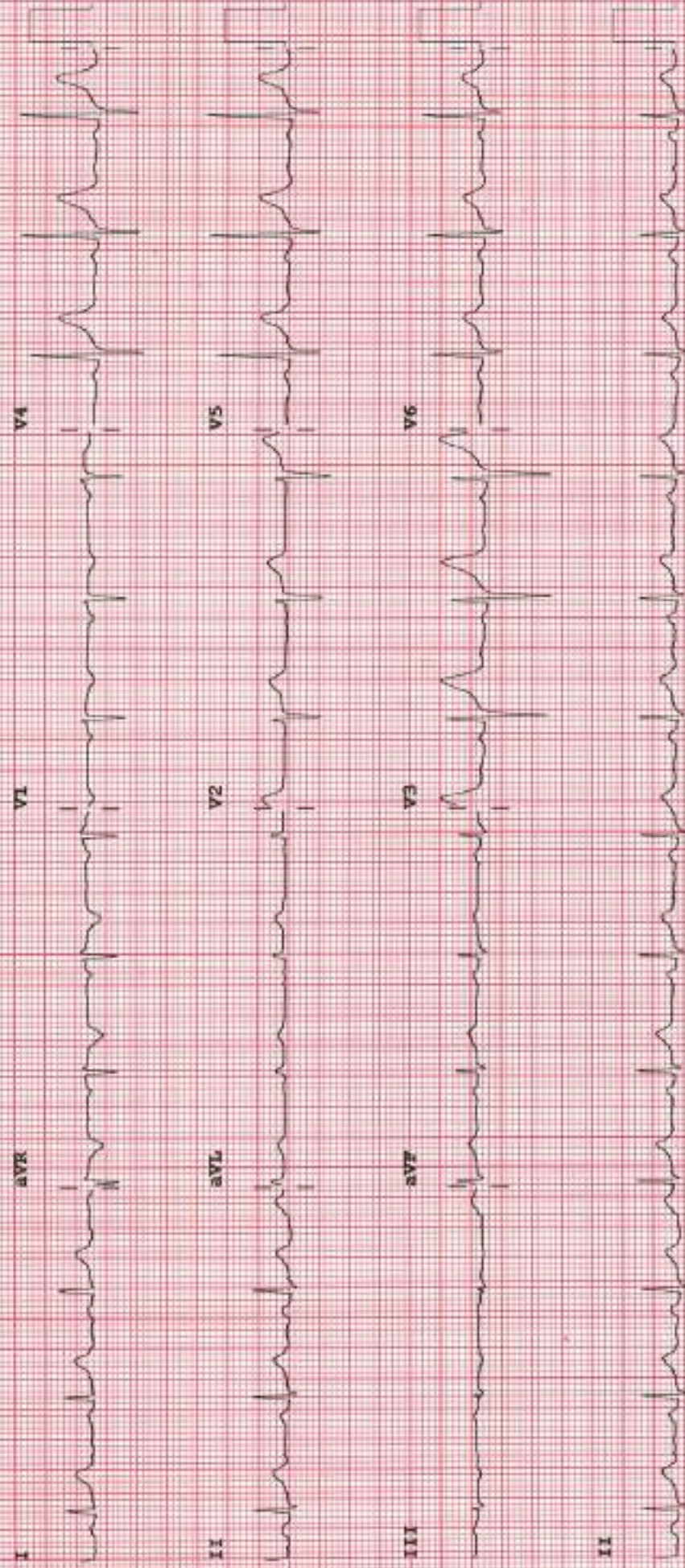
--AXIS--

P 56

QRS 25

T 29

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50~ 40 Hz W

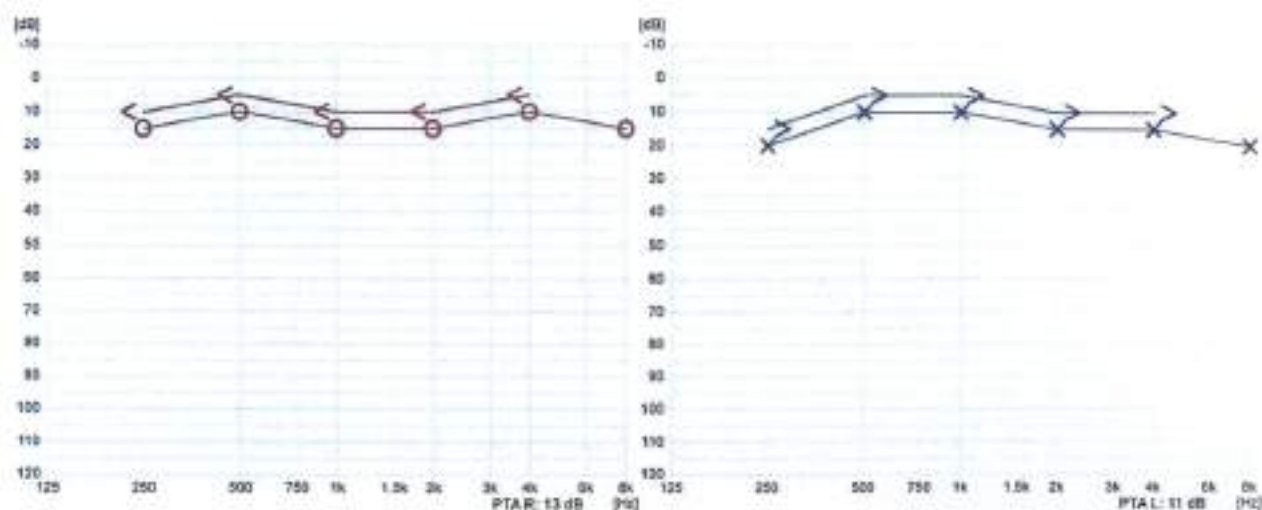
PM10

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P7

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0067333 Last name, First name: MUHAMMAD, AZAM MUHAMMAD BORN: 09.03.2023
Test type: Tonal audiometry Test date: 09.03.2023



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldMasked	A	A
Wax/ear	B	
No response	I	

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:



Date: 9/03/2023