

Initial Medical Examination Report
INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Surname: Azam Muhammad					
Forenames: Muhammad					
Address:					
Place of examination: Aster Hospital, Ibra	Date: 15-03-2021				
Home telephone number:					
If a dependant enter employee's name here:					
Project:					
Birth date: 08-08-1968	Nationality: Pakistan				
Country of birth:	Religion:				
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced				
Relationship to employee ☐ Wife ☐ Son ☐ Daughter					
Number of children:					
Reason for examination Pre-Employment ☐ Job: Pre-Overseas ☐ Area:					
Name and address of family doctor	List your last 3 jobs (1)				
Are you a Registered Disabled Person? (UK only) ☐	Do you belong to any Medical Insurance Scheme? ☐				
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
Y	N	Y	N	Y	N
				HAVE YOU EVER BEEN:-	
1. Sinus trouble	☒	21. Cancer	☒	40. Rejected for employment or insurance for medical reasons	☒
2. Neck swelling/glands	☒	22. Heart Disease	☒	41. Awarded benefits for industrial injury/illness	☒
3. Difficulty in vision	☒	23. Rheumatic fever	☒	42. Treated for a mental condition, e.g. depression	☒
4. Any ear discharge	☒	24. Abnormal heartbeat	☒	43. Treated for problem drinking or drug abuse	☒
5. Asthma/bronchitis	☒	25. High blood pressure	☒	44. Exposed to toxic substance or noise	☒
6. Hayfever /other significant allergy	☒	26. Stroke	☒	FOR WOMEN ONLY	
7. Any skin trouble	☒	27. Serious chest pain	☒	Have you ever had:-	
8. Tuberculosis	☒	28. Any blood disease	☒	45. An abnormal smear	
9. Shortness of breath	☒	29. Kidney disease	☒	46. Any gynaecological treatment	
10. Coughed/vomited blood	☒	30. Blood in urine	☒	47. Are you pregnant?	
11. Severe abdominal pain	☒	31. Diabetes	☒	48. Have you had an illness not mentioned above	
12. Stomach ulcer	☒	32. Headaches/migraine	☒		
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒		
14. Jaundice or hepatitis	☒	34. Epilepsy	☒		
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒		
16. Marked change in bowel habits	☒	36. Surgical operation	☒		
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒		
18. Marked change in weight	☒	38. Tropical disease	☒		
19. Varicose veins	☒	39. Fear of heights	☒		
20. Lump in breast/armpit	☒				
How much tobacco each day?		Average daily alcohol consumption			
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs					
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()					
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-					
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination at general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.					
Date: 15-03-2021		Signature of Applicant: <i>[Signature]</i>			

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION									
N	A										
		1. Eyes & Pupils									
		2. E.N.T.									
		3. Teeth & Mouth									
		4. Lungs & Chest									
		5. Cardiovascular System									
		6. Abdo. Viscera									
		7. Hernial Orifices									
		8. Anus & Rectum									
		9. Genito-urinary									
		10. Extremities									
		11. Musculo-skeletal									
		12. Skin & Varicose Vns.									
		13. C.N.S.									
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group
168	68	24	160 90	/mins. 68	L R	DISTANT NEAR					
						R L R L					
						Uncorrected					
						Corrected					
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A				
		1. Urinalysis						7. Audiogram			
		2. Hb, Bloodcount, ESR						8. Lung Function			
		3. LFT, RFT, RBS						9. Chest X-Ray			
		4. Drug Screen						10. ECG			
		5. Lipids (40 years +)						11. CVS risk for 40 yrs. & above			
		6. Slide Cell test						12. HIV, Hepatitis screening			

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT: High BP, Advised to recheck after 10 days.

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: Name (Block Capitals): Dr. NANDANA PAMIDU Signature: 

REVIEW/CONSULTATION

Date: 15-03-2024 Name (Block Capitals): Dr.



Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Muhammad Azam

Emp #:

Date of Assessment: 15-03-2021

1	Age	Years	51
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L	3.78
4	HDL Cholesterol	mmol/L	0.98
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	160
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 13.2 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 15-3-2021
Name: Muhammad Azim		Department/Company: Myckom
I.D No: 113882215	Tel # 98979631	Occupation: Driver

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- ☐ sitting and reading
- ☐ watching TV
- ☐ sitting inactive in a public place (e.g. theatre or meeting)
- ☐ as a passenger in the car for an hour without a break
- ☐ Lying down to rest in the afternoon when circumstances permit
- ☐ Sitting & talking with someone
- ☐ Sitting quietly after lunch without alcohol
- ☐ In a car, while stopped for a few minutes in traffic

Total ☐ 0

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, _____ (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature:  Date: 15-3-2021

Fitness to Work Certificate

Employee Data		Date	15-3-2021
Name		Muhammad Azam	
Department/Company		Truck oman	
I.D No.	113882215	Age	51.7
Occupation		Driver	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	✓
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ✓			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature	Date	15-3-2021
Dr. Wandana Ramidi			



DEPARTMENT OF LABORATORY MEDICINE

File No: 0220737	Report No: 0567687
Name: MUHAMMAD AZAM MUHAMMAD SADIQ	Sample Date: 15/03/2021 Time: 17:48
Address:	Received By: JIBI
Gender: M Age: 51 Y Nationality: PAKISTANI	Received Date: 15/03/2021 Time: 17:53
GSM No.: 98979637 ID Card No.: 113882215	Report Date: 15/03/2021 Time: 19:21
Ref. By: EXTERNAL DOCTOR	Bill No: 0749589 Bill Date: 15/03/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	4.87 mmol/L	3.9 - 6.1
Method : - Hexokinase	87.65 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	3.78 mmol/L	1 - 5.1
Method:-Enzymatic	146.13 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.98 mmol/L	0.777 - 1.813
" "	38.0 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	1.5 mmol/L	1.295 - 4.54
" "	58.04	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.3 mmol/L	0.259 - 1.036
" "	50.09 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	3.86	3.8 - 5.9
TRIGLYCERIDES	2.83 mmol/L	0.564 - 2.146
Method : Enzymatic	250.455 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.96 mg/dL	0.1 - 1
Method : Diazo	16.50 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.33 mg/dL	0.1 - 0.5
Method : Diazo	5.68 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	23.10 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	45.80 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	87.65 U/L	Adult : Men -40-129

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
JIBI
Lab Technologist

Released By:
JIBI
Lab Technologist
MOH LIC No: 4384

Specialist Pathologist

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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.46 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.81 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.65 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.82	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	42.0 U/L	Men : 8-61 Female : 5-38
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	5.40 mmol/L	1.7 - 8.3
Method : Kinetic Assay	32.43 mg/dL	10.2 - 49.8
CREATININE - SERUM	83.83 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.95 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	7570 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	51.6 %	40-75%
LYMPHOCYTES	35.5 %	20-45%
EOSINOPHILS	2.2 %	2-6 %
MONOCYTES	10.4 %	2-8 %

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Lab Technologist
MOH LIC No: 4384

Approved By:
JIBI
Lab Technologist

Released By:
SREEJA S.
Lab Technician
MOH No: 11155
Lab Technologist
MOH LIC No: 4384



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INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.3 %	0-1%
HB (HEMOGLOBIN)	16.3 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.86 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.15 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	46.80 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	79.90 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	27.80 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	34.80 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	02 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL	NEGATIVE
URINE ROUTINE	
URINE BIOCHEMISTRY	
GLUCOSE	NIL
PROTEIN	NIL
KETONE	NIL
BILIRUBIN	NIL
pH	ACIDIC

Processed By:
JIBI

Approved By:
JIBI

Lab Technologist

Lab Technologist

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JIBI

Lab Technologist

MOH LIC No: 4384

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Specialist Pathologist

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Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Jibi
Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
JIBI
Lab Technologist

SREJA S.
Lab Technician
MOH No: 4355
Released By:
JIBI
Lab Technologist
MOH LIC No: 4384



X-RAY REPORT

Doc No:	0057800
Name:	MUHAMMAD AZAM MUHAMMAD SADIQ
Age/DOB:	51 Y ID Card No 113882215
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	15/03/2021
X-Ray Film No:	TRUCK OMAN
Bill No:	0749589
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

Adil



ECG

Rate 66

PR 158

QRS 80

QT 398

QTc 417

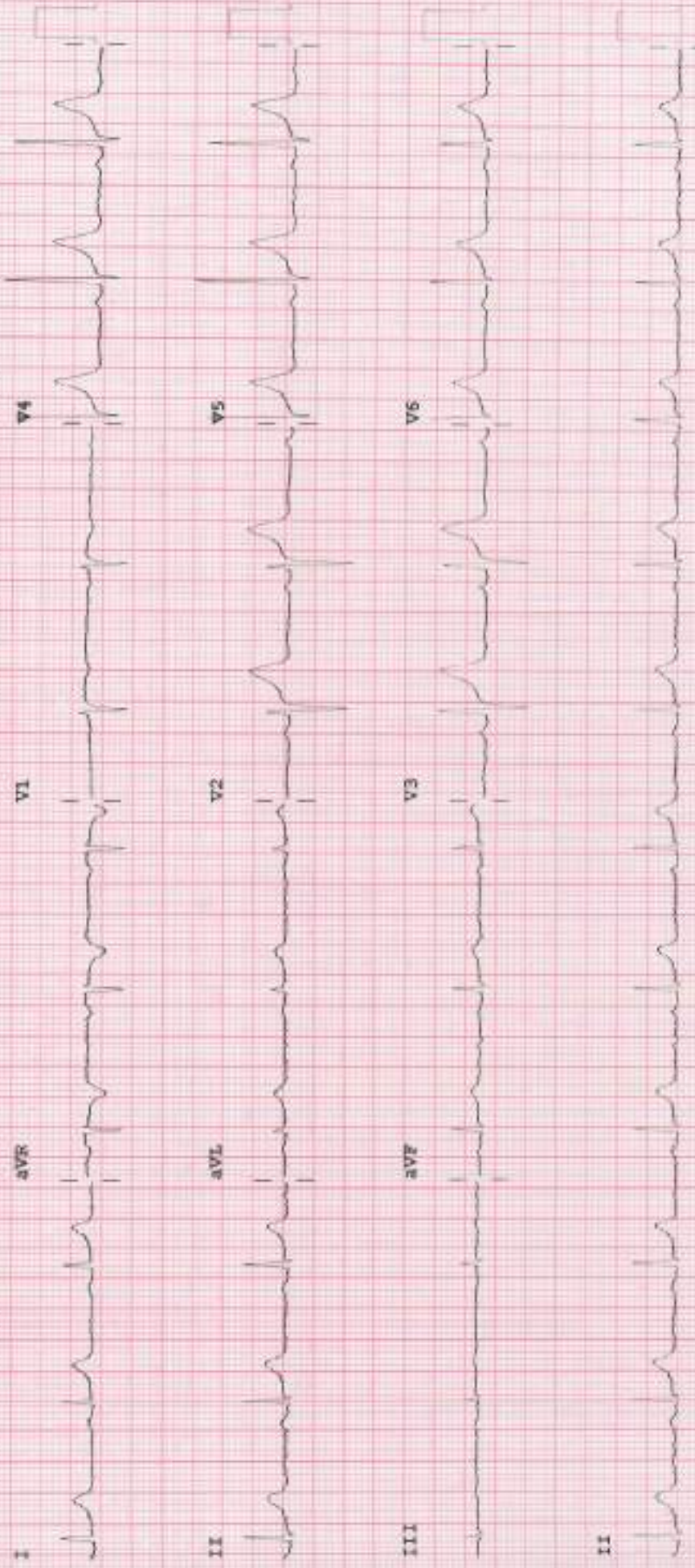
--AXIS--

P 18

QRS 35

T 30

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50 ~ 0.50 ~ 40 Hz W

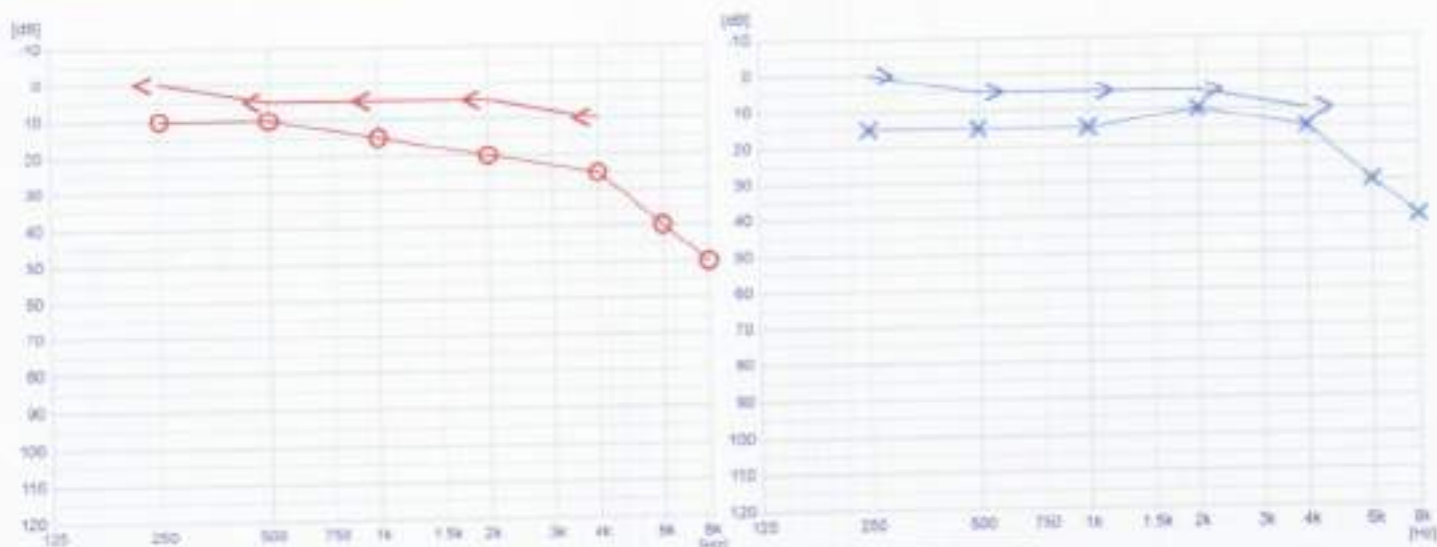
PH10

L

P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0749589
Last name, First name, Birth: MUHAMMAD SADIQ, MUHAMMED AZAM
Test type: Tonal audiometry
Test date: 15.03.2021



Audiometry (unaided)								
Freq [Hz]	500	1000	1500	2000	3000	4000	6000	8000
Left	15	15		15		15	20	40
Right	10	15		20		25	40	50
Calculated % hearing loss (if known)								
			L (%)	R (%)	Binaural (%)	Comments		
Does the applicant exceed 35dB loss in either ear at 0.5, 1.0 or 2.0 kHz?					Yes/No			

Legend	R	L
Air	O	X
Air/Masked	Δ	□
Bone	<	>
Bone/Masked	[	]
BCL	M	M
UCL	m	m
Free Field	Ø	X
Free Field/Masked	A	A
Binaural	B	
No response	I	

PTA
Right :- 15 dB HL
Left :- 13.3 dB HL

Comments
BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature:



Date: 15/03/2021