

Initial Medical Examination Report
INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Surname		Forenames		Address		Home telephone number	
Place of examination: Aster Hospital, Ibr		Date: 08/04/2021		Project:			
If a dependant enter employee's name here:							
Birth date: 09/07/1973		Nationality: INDIAN		Country of birth: INDIAN		Religion:	
☒ Male ☐ Female		☐ Married ☐ Single ☐ Separated / Divorced		Relationship to employee ☐ Wife ☐ Son ☐ Daughter		Number of children:	
Reason for examination Pre-Employment ☐ Job: Pre-Overseas ☐ Area:							
Name and address of family doctor				List your last 3 jobs (1)			
Are you a Registered Disabled Person? (UK only) ☐				Do you belong to any Medical Insurance Scheme? ☐			
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)							
Y		N		Y		N	
1. Sinus trouble		☒		21. Cancer		☒	
2. Neck swelling/glands		☒		22. Heart Disease		☒	
3. Difficulty in vision		☒		23. Rheumatic fever		☒	
4. Any ear discharge		☒		24. Abnormal heartbeat		☒	
5. Asthma/bronchitis		☒		25. High blood pressure		☒	
6. Hayfever /other significant allergy		☒		26. Stroke		☒	
7. Any skin trouble		☒		27. Serious chest pain		☒	
8. Tuberculosis		☒		28. Any blood disease		☒	
9. Shortness of breath		☒		29. Kidney disease		☒	
10. Coughed/vomited blood		☒		30. Blood in urine		☒	
11. Severe abdominal pain		☒		31. Diabetes		☒	
12. Stomach ulcer		☒		32. Headaches/migraine		☒	
13. Recurrent indigestion		☒		33. Dizziness/fainting		☒	
14. Jaundice or hepatitis		☒		34. Epilepsy		☒	
15. Gall Bladder disease		☒		35. Joints/spinal trouble		☒	
16. Marked change in bowel habits		☒		36. Surgical operation		☒	
17. Blood in stools (motions)		☒		37. Serious accident/fracture		☒	
18. Marked change in weight		☒		38. Tropical disease		☒	
19. Varicose veins		☒		39. Fear of heights		☒	
20. Lump in breast/arm/pit		☒					
How much tobacco each day?				Average daily alcohol consumption			
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs							
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()							
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()							
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-							
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.							
Date: 08/04/2021		Signature of Applicant: 					



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION							
N	A										
/		1. Eyes & Pupils									
/		2. E.N.T.									
/		3. Teeth & Mouth									
/		4. Lungs & Chest									
/		5. Cardiovascular System									
/		6. Abdo. Viscera									
/		7. Hemial Orifices									
/		8. Anus & Rectum									
/		9. Gento-urinary									
/		10. Extremities									
/		11. Musculo-skeletal									
/		12. Skin & Varicose Vns.									
/		13. C.N.S.									
HEIGHT cm		WEIGHT kg	BMI	B.P.	PULSE /mins	HEARING	VISION		Colour Vision	Blood Group	
165cm		73kg	20.8	150/80 wef/af	72b1	✓ etc R ✓ etc	6/6. DISTANT NEAR R L R L				
							Uncorrected				
							Corrected				
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A				
		1. Urinalysis						7. Audiogram			
		2. Hb, Bloodcount, ESR						8. Lung Function			
		3. LFT, RFT, RBS						9. Chest X-Ray			
		4. Drug Screen						10. ECG			
		5. Lipids (40 years +)						11. CVS risk for 40 yrs. & above			
		6. Sickle Cell test						12. HIV, Hepatitis screening			
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)											
Bodybuilder HRA - Anti-doping / Screened Hypertension - Medicated / Screened No blood to clean lymph node (30)											
ASSESSMENT:											
☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT											
Date: 08/04/21		Name (Block Capitals): Dr. [Signature]				Signature: [Signature]					
REVIEW/CONSULTATION											
Date:		Name (Block Capitals): Dr.				Signature:					

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Sahar Ahmed Saqr Muddan

Emp #: _____

Date of Assessment: _____

1	Age	43 Years	
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L 7.69	
4	HDL Cholesterol	mmol/L 0.93	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	150 mm Hg	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 13.2 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 08/04/2021
Name: Saleh Ahmed Sayemuddin		Department/Company: Fawakarran North LLC
I. D No. 113/143576	Tel # 72632810	Occupation: Mechanic

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0	Would never doze
1	Slight chance of dozing
2	Moderate chance of dozing
3	High chance of dozing

<u>2</u>	sitting and reading
<u>2</u>	watching TV
<u>2</u>	sitting inactive in a public place (e.g. theatre or meeting)
<u>2</u>	as a passenger in the car for an hour without a break
<u>1</u>	Lying down to rest in the afternoon when circumstances permit
<u>2</u>	Sitting & talking with someone
<u>2</u>	Sitting quietly after lunch without alcohol
<u>2</u>	In a car, while stopped for a few minutes in traffic
Total _____	

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Saleh Ahmed (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 08/04/2021

Fitness to Work Certificate

Employee Data:		Date: 08/04/2021	
Name: Sultan Ahmed Sayaruddin		Department/Company: Fawakran North LLC	
I.D No: 12413576	Age: 43	Occupation: Mechanic	
Type of Medical Evaluation		Mark those applying >	
A1: Aircraft refuelling	☐	A6: Fire / Emergency response team work	☐
A2: Breathing apparatus	☐	A7: Professional driving	☐
A3: Business traveller	☐	A8: Remote location work	☐
A4: Catering and food preparation	☐	A9: Transfers – group A country	☐
A5: Crane or forklift driving & all heavy vehicles	☐	A10: Transfers – group B country	☐
Health Advisor Statement: The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges	☐	☐	
Working at height	☐	☐	
Pulling, pushing, or carrying weight over ____ Kg	☐	☐	
Ascend/descend ladders or stairs	☐	☐	
Operate motor vehicles, forklifts or heavy machinery	☐	☐	
Use of a respirator	☐	☐	
Repetitive twisting of valves or wrenches	☐	☐	
Flying	☐	☐	
Other (Specify)	☐	☐	
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature: 	Date: 08/04/21	Date: 

DEPARTMENT OF LABORATORY MEDICINE

File No: 0210527	Report No: 0569792
Name: SAFIQ AHMED SAYAMUDDIN	Sample Date: 08/04/2021 Time: 9:59
Address:	Received By: ASHWINI
Gender: M Age: 43 Y Nationality: INDIAN	Received Date: 08/04/2021 Time: 10:04
GSM No.: 72032810 ID Card No.: 113443576	Report Date: 08/04/2021 Time: 11:43
Ref. By: EXTERNAL DOCTOR	Bill No: 0752930 Bill Date: 08/04/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	6.02 mmol/L	3.9 - 6.1
Method : - Hexokinase	108.36 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	7.69 mmol/L	1 - 5.1
Method:-Enzymatic	297.3 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.93 mmol/L	0.777 - 1.813
" "	36.0 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	5.6 mmol/L	1.295 - 4.54
" "	216.34	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.16 mmol/L	0.259 - 1.036
" "	44.96 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	8.27	3.8 - 5.9
TRIGLYCERIDES	2.54 mmol/L	0.564 - 2.146
Method : Enzymatic	224.79 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.99 mg/dL	0.1 - 1
Method : Diazo	17.0 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.25 mg/dL	0.1 - 0.5
Method : Diazo	4.23 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	28.10 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	24.90 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	74.86 U/L	Adult : Men -40-129

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MEDICAL BIOLOGIST
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Specialist Pathologist

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Page 1 of 4

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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	6.20 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.93 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.27 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.51	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	40 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.80 mmol/L	1.7 - 8.3
Method : Kinetic Assay	28.83 mg/dL	10.2 - 49.8
CREATININE - SERUM	71.67 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.81 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	8590 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	41.8 %	40-75%
LYMPHOCYTES	48.0 %	20-45%
EOSINOPHILS	2.4 %	2-6 %
MONOCYTES	7.3 %	2-8 %

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Page 2 of 4

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INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.5 %	0-1%
HB (HEMOGLOBIN)	15.5 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.75 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	3.13 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	50.00 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	87.00 FL	76 - 98 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	27.00 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	31.00 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	04 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

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Page 3 of 4

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INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



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Page 4 of 4



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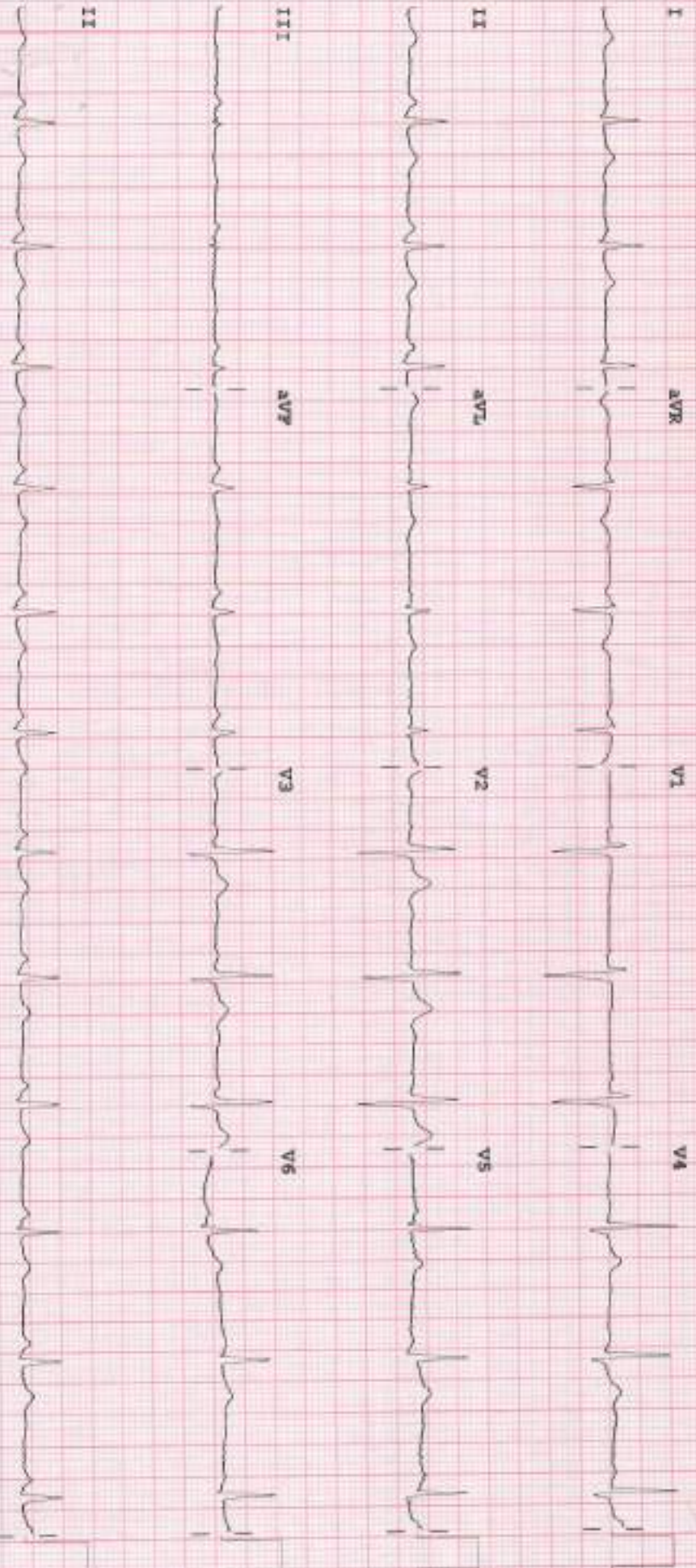
210527

SAFIQ AHMED
Male08-Apr-21 10:56:11 AM
Oman AlKhair Hospital (Emergency)

Rate	74
RR	811
PR	136
QRSD	95
QT	365
QTc	405

--AXIS--
P 66
QRS 37
T 31

12 Lead, Standard Placement



Device:

Speed: 25 mm/sec

Lead: 10 mm/mV

Chest: 10.0 mm/mV

50-0.50-40 Hz W

PH10

CL

P7



Signature

Dr. Safiq Ahmed



X-RAY REPORT

Doc No:	0057935		
Name:	SAFIQ AHMED SAYAMUDDIN		
Age/DOB:	43 Y	Omani ID/ L.Card No::	113443576
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	08/04/2021		
X-Ray Film No:	TRUCK OMAN		
Bill No:	0752930		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

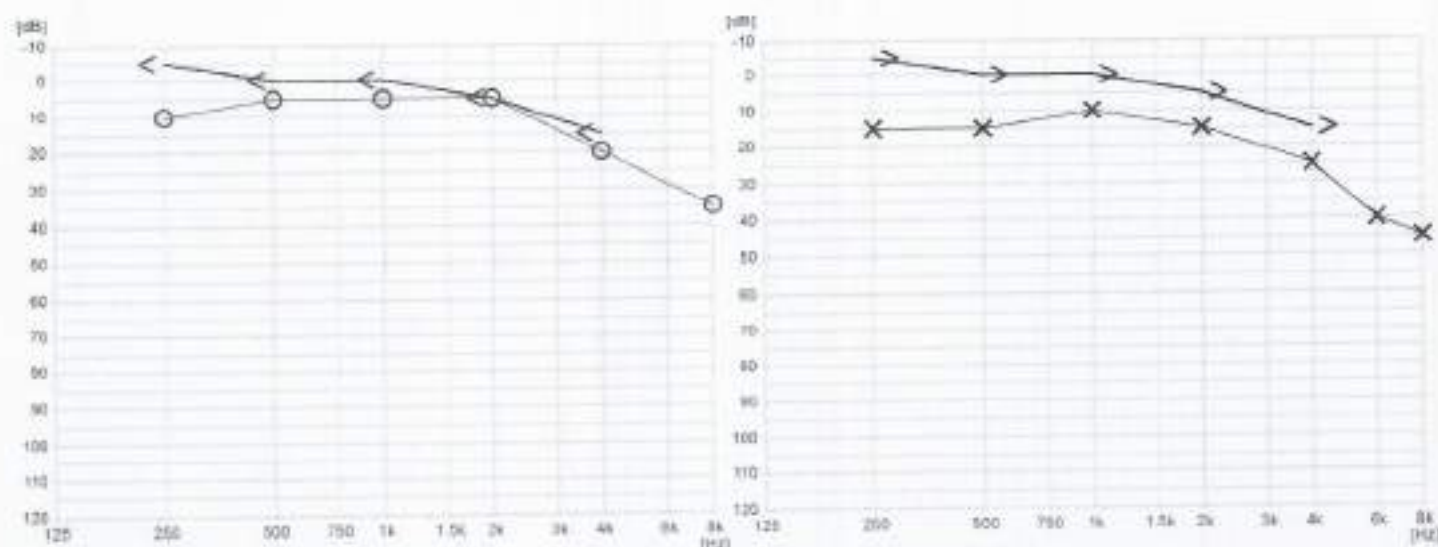

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925

Seal



SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0752930
Last name, First name: SAYAMUDDIN, SAFIQ AHMED
Born: 2021
Test type: Tonal audiometry
Test date: 08.04.2021



Audiometry (unaided)								
Freq [Hz]	500	1000	1500	2000	3000	4000	5000	6000
Left	15	10		15		25	40	45
Right	5	5		5		20		35
Calculate % hearing loss (if known)								
			L (%)	R (%)	Binaural (%)		Comments	
Does the applicant exceed 35dB loss in either ear at 0.5, 1.0 or 2.0KHz?					Yes/No			

Legend	R	L
Air	○	×
Air/Masked	△	□
Bone	<	>
Bone/Masked	[	]
MCL	m	m
UCL	m	m
Free Field	⊙	⊗
Free Field/Masked	A	A
Should		B
No response		I

PTA
Right:- 5 dB HL
Left:- 13.3 dB HL

Comments
BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS WITH SLOPE AT HIGH FREQUENCIES

Signature:

Date: 08/04/2021

